



The *SPECTRUM*

“Achieve the wisdom of knowledge of Truth
as this will enable you to wisely follow the Laws of The Creation.”

— A Non-Profit Educational Corporation Dedicated To Bringing You The Truth —

VOLUME 3, NUMBER 12

NEWS REVIEW

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JUNE 2002

Bright Path To Good Health: Full-Spectrum Light

The Sun Is *Really* Your Friend!

A Conversation With David Olszewski, E.E., I.E.

5/10/02 RICK MARTIN

Light literally affects every single part of the brain and every cell of the body. — John Downing O.D., Ph.D., F.C.S.O., pioneering phototherapy researcher and inventor.

Darkness may reign in a cave for thousands of years, but bring in the light, and the darkness vanishes as though it had never been. Similarly, no matter what your defects, they are yours no longer when you bring in the Light of Goodness. So great is the Light of the soul! — Paramahansa Yogananda, *Affirmations For Healing*.

In a way that perhaps makes sense only deep within the soul, it seems appropriate in these seemingly dark and troubled times to focus upon the subject of light.

Light is often used as a metaphor for Powerful Spiritual Energies we sense are at the heart of the entirety of Creation. Yet light is also recognized as being an absolute practical necessity for life on our planet to exist.

(See: **Bright Path To Good Health**, p.30)

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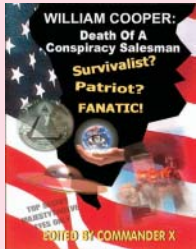
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William Cooper: Death Of A Conspiracy Salesman



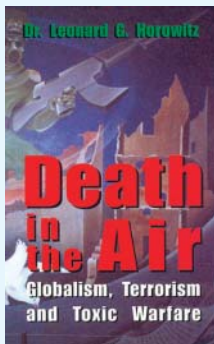
On November 5, 2001, William Cooper was shot to death by sheriff's deputies in a gunfire exchange. Who was Bill Cooper? Was he a true patriot? A tough survivalist? Or simply a fanatic?

Some knew him as a UFO "expert" (claimed insider information on government knowledge of extraterrestrials living among us)...a conspiracy theorist...a former Navy Intelligence operative...and the person the President once called "the most dangerous man on American airwaves". Cooper always said he acted from his "conscience" and sought to warn all Americans of the dangers of the New World Order, creeping socialism, and our own brand of Nazism. Here is the inside story, as told by a fellow patriot and government whistle-blower. Commander X has collected together for the first time Cooper's thoughts and finds on such subjects as: The Illuminati • The Kennedy Assassination • MJ-12 and the UFO Cover-Up • Area 51 • The AntiChrist • The World Trade Center Disaster • Gun Control • Skull and Bones Society.

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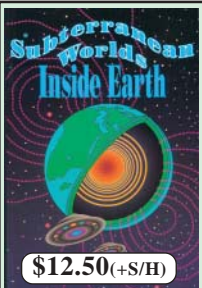
- We have evolved from the nuclear age into a "Technotronic Era" with "psychotronic warfare" for optimal population control.
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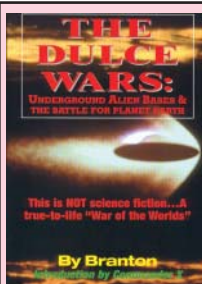
SUBTERRANEAN WORLDS INSIDE EARTH

BY TIM BECKLEY

Is the Earth hollow? Is our planet honeycombed with caverns inhabited by mysterious races? Are there civilizations of super beings living beneath the surface of the Earth? Are the residents of this subsurface world friendly, or do they have our domination in mind? Here are strange and unexplainable legions of the "Wee People", the Dero, and long-haired Atlantean giants as encountered by cave explorers and miners trapped far beneath the Earth.

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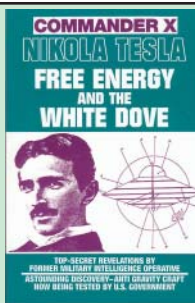


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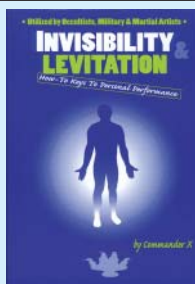
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NIKOLA TESLA: FREE ENERGY AND THE WHITE DOVE

Exposes the most important alternative scientific advancements of our time utilizing free energy concepts which were uncovered by Tesla and perhaps derived from other-worldly sources.

About The Author: A former military intelligence operative who has kept his identity a secret claims to have worked inside underground bunkers in Area 51 where he actually flew UFOs via telepathy and levitation methods derived from contact with ETs.

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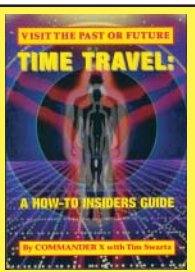
INVISIBILITY & LEVITATION : A HOW-TO GUIDE TO PERSONAL PERFORMANCE

BY COMMANDER X

Methods utilized by occultists, military, and martial artists to perfect the art of levitation and invisibility. Throughout history only a "super" few have learned to accomplish such seemingly impossible tasks. Were the blocks of the pyramids levitated into place? This is the only how-to book on a very strange topic.

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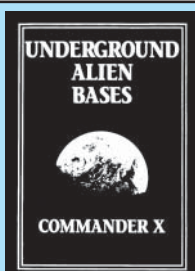
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The Authors: Commander X is formerly of military intelligence, having worked on several classified projects. Tim Swartz is Emmy award-winning journalist.

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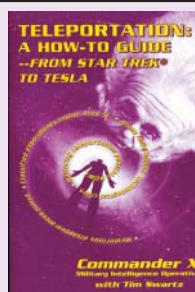
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INTELLIGENCE AGENT'S SHOCKING REPORT FLYING SAUCERS COME FROM INSIDE EARTH!

- Aliens have established underground bases around the planet.
- Ancient tunnel system has existed since time of Atlantis.
- Entrance ways can be found in many major cities.
- Some government & military officials have taken the side of aliens.

The UFO enigma is more complex than generally believed. Though it is more commonly thought that spaceships are arriving here from other solar systems, there is now evidence that several groups of ETs have established bases beneath our very feet.

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According to the author, known as Commander X, on a number of occasions he witnessed the testing of highly classified, TOP SECRET, black-project aircraft engaged in maneuvers over Area 51 in the Nevada desert. This whistle-blower claims he actually sat at the helm of one of these ships as it bi-located from one place to another—INSTANTLY!

Commander X insists it is possible for readers to learn the fundamentals of teleportation and participate in experimentation of their very own.

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THE POWER OF LIGHT

It's always fun to be able to brag a little bit with you, our extended family. We receive so many warm and encouraging messages from you, saying how much you appreciate what we do, that it's nice to be able to reciprocate in a way—with the sharing of a professional opinion, every now and then, that confirms the faith you place in us.

Remember Rick Martin's front-page feature last month on China and the Middle East, interviewing renowned *SEEDS OF FIRE* author and longtime investigative reporter, Gordon Thomas? Well, Rick received a thoughtful email communication from Gordon on Tuesday 5/7/02, which stated in part: **"I was much encouraged by the number of emails I received since *SPECTRUM* published your interview. They came from all over the place—France and Spain included. You are clearly widely read."**

Coming from a journalist as well-connected and highly respected as is Gordon, that observation is surely a high compliment for *The SPECTRUM*. But it's also a compliment to YOU, our vocal readers and supporters.

We already know you're a very classy and appreciative bunch of Truthseekers! But that was something Gordon only found out from the quantity and quality of the feedback he received after last month's *SPECTRUM* went out. It's a rather nice compliment of distinction to YOU, when one considers how much Gordon interacts with so many people throughout the globe.

Whatever some of you said to Gordon, you certainly moved him to keep on walking down the road of sharing Truth. And you did so in such numbers and with such warmth and graciousness that it prompted him to report about you to Rick.

That feedback from Gordon Thomas also got us thinking about the question: Just how far and wide DOES *The SPECTRUM* actually travel? Surely if everyone who READS this publication could be a paying subscriber, then you wouldn't have to endure any more of those annoying commercials I sneak-in

wherever I can to ask for financial help to keep us afloat. But the miracle is, we're still here—though it would sure ease the nerves if our finances gave us more breathing room than a month-to-month kind of survival.

Besides directing your comments to Gordon, many of you let US know how much you appreciated the Light of Truth that last month's *SPECTRUM* shined upon two subjects—China and the Middle East—subjects which are heavily controlled by the regular print and broadcast media.

Two special articles this month—by Eustace Mullins and Calvin Burgin—shine additional Light upon other heavily suppressed matters concerning the Middle East. We are grateful to both of these fine researchers for electing to share their messages in these pages. What they have to say, if widely understood, would take a great deal of the wind out of what is quickly being whipped-up into all-out war in that tormented region.

In a different department this month, we shine Light upon the subject of what happens when someone invents a 100+ miles-per-gallon carburetor. Of course he's not the first to do so. But at least he's still alive to tell you what happened to him. Perhaps what is brought to Light in this article—especially if it's circulated around as tempers shorten over another round of higher gasoline prices—will awaken many people to matters of greed and control that Big Brother dearly wants kept in the dark.

Which brings me to Rick's front-page feature this month on the subject of—light. I've been using "Light" in a symbolic sense so far. And surely, en-Light-enment of the public is what those Dark Misfits who control this planet fear the most.

But what about the significance of "ordinary" light? I mean like our Sun produces. You know—the light that is "merely" responsible for sustaining ALL physical life on our planet. THAT light!

Indeed, Rick's feature presentation on this subject is long overdue in this forum. Like with other important

natural pathways to good health, there has long been a concerted effort put forth by the Medical Mafia to suppress public awareness of light's huge importance in our lives.

Despite such Dark shenanigans, persistent crusaders carry the torch-light forward. Rick's interviewee is one such modern champion working to get the message about the impact of light on health, especially full-spectrum light, out to the public.

If you happened to be walking around the beautiful Stanford University campus almost any evening between 1975-1985, there's a good chance your eyes would have caught an unusual bluish glow blazing from one particular large top-floor (third-floor) corner office window of an old Spanish-style building of brushed-sandstone block and red terra-cotta tile roof. Looking up from outside on the grassy lawn, you would have thought: "Wow, look how different from all the other orange-yellowish normal lights in the building!" That was my office, which I illuminated with full-spectrum lights.

Of course full-spectrum lights are only one part of the amazing story that our featured guest, Dave Olszewski, unfolds. You'll be surprised (and angry) to note just how old are many of the discoveries about light's profound effects upon us. So why isn't this common knowledge? (Well, here we go again with the conspiracy theories!) You'll have no problem figuring out the why, once you read what Dave shares.

We take light for granted. And yet its Nurturing Properties are universal.

But wait! Which light are we talking about now? The light from the Sun that keeps us all alive? The Light that symbolizes the Power of Knowledge and Truth? Or *THE* Light from our Father whose spark-of-Light is the soul essence within each of us and whose same Lighted Desire fashions all of the vast Creation?

What if they're all the same?! Perhaps we better just continue down the road of en-Light-enment and see what's next. So enjoy the Light of this month's magazine!

— Dr. Edwin M. Young, Editor-In-Chief

We cover a "full spectrum" of news and information to help you follow the First Law of The Creation. The Highest (First) Command of The Creation states: "Achieve the wisdom of knowledge of Truth, as this will enable you to wisely follow the Laws of The Creation."

The SPECTRUM can be regarded as class notes for a graduate-level course in The Truth that no university would dare teach.

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We intend to offer, to the best of our ability, The Truth, however it comes to us, in order to allow you to make your own informed decisions about matters that impact your daily life. We hope to broaden your choices and empower you to create a better world.

The SPECTRUM assumes no responsibility for unsolicited manuscripts.

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The News Desk

5/11/02 DR. AL OVERHOLT
(alo@tminet.com)

ART BELL SUDDENLY ILL

From the <www.artbell.com> Internet website, 5/8/02: [quoting]
Message From Art Bell
Update For All:

One of my listeners, during last year's predictions, said I would face some kind of health crisis—ding, ding, ding!

I have a fever which began Tuesday April 30, 2002. I have no other symptoms except everything that comes with a fever: sore muscles, aches, pains, etc. I'm sure it is also affecting my back as well.

My temperature has been jumping (within 20 minutes) from 96°F to over 103°F. I spent last night [5/7/02] in the hospital in Las Vegas taking every test in the book. Lots of blood work, chest X-rays, doodle in a bottle—all that sort of thing. I have a very high white [*blood cell*] count of 17,000. That is it though; everything else is normal. My body is trying to fight something—but what?

The doctors asked again and again about my time in Southeast Asia and China. They asked so many times that I am starting to wonder what they know that I do not!

Such a high fever has produced some interesting side-effects such as alternate realities. I've got some great stories for you all if this ever stops. Next stop, if "it" does not, will be bone-marrow tests.

That is the latest. I wish there was more to tell. Any other Vets out there got this crap? — Art

[end quoting]

Art has not been on the air since Monday night, April 29. The above was the first communication of a public nature he has shared with his 20+ million curious and concerned listeners since the next evening, when guest host George Noory took over for Art without explanation.

It would appear that he is under a calculated and nasty attack, perhaps to attempt to silence him. This is most likely engineered by those dark elite controllers of this planet who hide in the shadows so the blame never falls upon them.

Remember the Healing Power of prayer! Nothing the misfit crooks in

high secret places can do, can override the Power of your prayers for Art's return to good health.

According to George on Friday evening 5/10/02, Art is feeling much better (due to the Healing Prayers already sent his way?) and is expected back on the air Monday night 5/13/02. Let's hope and pray Art has risen above the attack—with a little help from his friends!

LATEST HAMAS OUTRAGE HAD A TARGET OTHER THAN ISRAELI TEENAGERS: YASSER ARAFAT

From *Globe-Intel Report*, Number 67, 5/8/02: [quoting]

Latest Hamas Outrage Had A Target Other Than Israeli Teenagers:
Yasser Arafat

by Gordon Thomas

The latest Hamas outrage had another target apart from the senseless murder of 16 young Israelis and the maiming of over sixty more teenagers.

The Hamas leadership wanted to be the first to put in their bid to settle other chilling issues:

- That Ariel Sharon's iron hand of force will not succeed.
- That Yasser Arafat is now a spent force. He may wander around the streets of Ramallah, shouting and waving his victory sign.

But in reality the power rests with the men of Hamas—ensconced in their boltholes not less than thirty minutes from where they sent the suicide bomber into the crowded snooker-hall in the town of Rishon Letzion.

For the past month analysts in the two prime Israeli intelligence services—Mossad and Shin Bet—have concluded that Hamas had already decided that Arafat had to go—to give the terror group the opportunity it craves: to launch a war of attrition to also finally see Sharon go.

"Removing Arafat will, however, not bring peace to the turbulent region. Quite the contrary. It will pave the way for a jihad—a holy war with no end" *Globe-Intel* was told by a senior Mossad source.

Sharon is returning to Israel with limited options.

- His visit to Washington was a failure.

No matter how Bush fumbled his way to say something positive, it was clear that what had happened at Jenin, and was still happening inside the Church of the Nativity, had left him more incoherent than usual.

• Sharon will find the hardliners calling for more of the same: even stronger military intervention than last month's "Operation Defensive Shield". That brought worldwide condemnation of Israel for its ruthless tactics.

• If Sharon does not send in the tanks again—this time to Gaza City, the nestling home of the Hamas leaders—he will face the internal wrath of his Likud supporters.

• If he does, he is likely to face opposition from more moderate men like Efraim Halevy, the director general of Mossad, who has already pointed out the failings of last month's strike-hard operation.

For Sharon, old and weary, the latest homicide bombing may prove to be the final straw. He may go even before Arafat.

Already Benjamin Netanyahu, hours after the bodies were still being dragged from the snooker-hall, was showing clear signs of being ready to make his bid to replace Sharon.

Unlike Sharon, who could only parrot old clichés, Netanyahu looked and sounded like a leader-in-waiting—a role he has nurtured for months.

CNN trained, he is charismatic and clever with his sound bytes.

"He talks tough—but will he also act tough?" was a question posed on Israeli radio hours after the snooker-hall homicide bomber had struck. Then the speaker added: "Anyone is better than Sharon."

It is a cry that will be heard increasingly in the coming days.

More immediately, Sharon will put embarrassing questions to his security chiefs.

• How could they have claimed that every available Shin Bet officer and Mossad agent were focusing on finding the suicide bombers, many of whom the Army had publicly said had somehow fled from Jenin?

• So how had the suicide bomber made his way past numerous check-points to end the lives of still more innocent Israelis?

• Why has Israel's much vaunted electronic surveillance equipment—the best America provides—failed to locate the bombers?

A month ago *Globe-Intel* warned that once Powell left on his failed mission, there would be a strike by more suicide

bombers.

For our pains, we became the subject of rants from the Zionist and Palestinian armchair strategists. Few, if any of them, have actually covered wars in the region.

It gives me no pleasure to know that I have been a reporter ON THE GROUND in every major war since the 1956 Suez Crisis.

It gave me a real insight into the hatred that permeates the region.

It gives me no pleasure to say that my prediction of what would follow after each outrage has come tragically true.

And the truth is this: There is no long-term solution. Israel will cling to its occupied lands. It will use the only weapons it knows: force, force, force.

The PLO and other terror groups will fight to the last homicide bomber to achieve their aims.

More blood will flow. Many more of the finest of this generation will be cut down.

It is not just a war between Sharon and Arafat—two obdurate old men verging on the edge of mental instability. It is a war fueled by the kind of hatred that Americans, in particular, have little or no understanding about.

The attack on the Twin Towers and the Pentagon gave the United States a glimpse of what they are going to be facing in Israel in the coming weeks and months.

The first hint is there. The latest homicide bomber used commercial explosives to devastate the snooker-hall.

These kinds of explosives are more powerful than what has been used up to now.

Where did they come from?

Mossad sources suggest they could have come from Iran or Iraq.

But these are easy nations to finger. With so much past blood on their hands, they become the obvious choice for the armchair strategists in London and New York to point the finger at.

The truth may turn out to be nearer to home. Those commercial explosives may have been originally exported from the United States for use in Saudi Arabia.

And Saudi, once the anointed "best friend" of America, is no longer so. Internally it is split over the way its undoubtedly corrupt Royal Family operates: its princes and princelings funnel part of their vast fortunes into helping terrorism.

We should not forget that Osama Bin Laden—OBL, as Americans like to call him, as if the initials make him more comfortable to have around—OBL, then, came from Saudi.

There are many more like him there. One of them may be waiting to step into Arafat's shoes when the time comes for him to go.

However distasteful he is to most people—leaving apart some of those radical writers in London who see him as some sort of hero—Arafat was elected to lead the PLO.

To assassinate him would be unforgivable, and the world would not easily forgive Israel if it did that.

But to cast him out of the West Bank is equally not going to work. Hamas and its terror groups would step into the void left by Arafat.

The result? More carnage.

That is the reality of what will follow the latest homicide attack.

A month ago, I wrote in *Globe-Intel* that the further we were from the last attack, the closer we are to the next one.

Those words stand good today, sadly to say.

[end quoting]

Most of you readers will instantly recognize the author of the above insightful report as the subject of last month's front-page feature interview in this publication by Rick Martin. The last *Globe-Inter Report* we shared (on page 67 last month) is the hauntingly prophetic message Gordon refers to above; it ended last month's feature article on this subject.

The implications are put as gently as possible in what Gordon shares here. Yet the Truth speaks volumes about a Middle East on the very brink of all-out annihilation. Over what? Be sure to see what Calvin Burgin and Eustace Mullins have to offer elsewhere in this issue of *The SPECTRUM*.

YOU ARE THE TARGET !
POLICE CONFISCATIONS STILL
OUT OF CONTROL

From *FREEDOM NETWORK NEWS*, April-June 2001, News From Across The USA, 4/3/02: [quoting]

You Are The Target!
Police Confiscations Still
Out Of Control

by Jarret Wollstein

The recently-passed federal forfeiture reform does almost as much harm as good. Even worse, under hundreds of new state and local confiscation laws, your car, home, business, and bank accounts can be seized more easily than ever.

The next time someone plays their car

stereo too loud or commits a crime in your neighborhood, watch out: Under new local asset-forfeiture laws your property could be seized for the acts of criminals you have never met.

It's called "community responsibility" and it's one of the fastest-growing trends in asset-confiscation law. Here's how it works in Colorado Springs, Colorado:

According to the *Colorado Springs Gazette*, owners of businesses and other property in high-crime areas are now required to "abate crime" in their area. "Crimes" explicitly included in the new ordinance include prostitution, drug deals, drive-by shootings, and even playing a car stereo too loud.

What happens if property owners don't do enough to abate crime in the eyes of the police? Under the new ordinance, their businesses, homes, and other assets can then be seized by police without any form of due process.

The *Gazette* explains: "Seizure would last a minimum of three months. To reopen, [a business] owner would have to prove no violations took place or that a remedy to the problem is in place."

While the city controls the property, the owner would remain responsible for the mortgage, maintenance, and other costs. If, after one year, the owner is not eligible to regain the property, the city could sell it. The city gets to keep the proceeds, and private homes can also be confiscated under this ordinance.

"What in the world is the general public supposed to do to stop drive-by shootings?" asks Nancy Ryan, President of Jubilee Real Estate Services and manager of some 35 homes in Colorado Springs. "Surely you're not expecting us to sit on our front porches with AK-47s and shoot every car that approaches because they might be one?"

Colorado Springs Police Chief Lorne Kramer has promised that property would only be seized from owners who are "not doing enough" to alleviate crime [*famous last words*].

What the new "community responsibility" ordinance in Colorado Springs means is that ordinary citizens who are simply trying to live their own lives and make a living are being told that they must stop crimes that the police can't, or lose their homes and businesses.

A few years ago I joked that U.S. civil asset-forfeiture laws—which charge property rather than individuals with crimes—were so absurd that if your car was stolen and then recovered, the police could keep your car as "guilty property". I'm not laughing any longer. This is precisely what these absurd new laws will

do. The Colorado Springs ordinance is not an isolated case. Similar laws have been passed throughout the U.S.—and they're being enforced:

In New York City, police confiscated Mariscos del Caribe—a popular Puerto Rican restaurant—because one regular customer, Samuel Aponte Vega, was allegedly a drug dealer. At first the police claimed that Vega was the owner of the restaurant, but even when that was proved to be a complete fabrication, they still refused to return the property. The police argued it was the owners' responsibility to monitor and screen their customers.

In Montgomery Alabama, police seized the home of 69-year-old Gussie Mae Gantt after video-taping police informants purchasing drugs in her yard. Ms. Gantt had previously called the police, complaining about drug-dealing in her neighborhood and had posted no-trespassing signs on her property. But—not surprisingly—the drug dealers ignored her signs.

In Westminster, Maryland, police arrested Pamela Davis and both her son and daughter, after her daughter signed for a UPS package delivered to her home which turned out to contain marijuana. It was later revealed that the package had been mailed by the police, who wanted to confiscate her home—a large 18th Century farmhouse—for use as a police retreat.

In California, under a new law that went into effect last year, entire businesses can be seized if the owners employ any illegal aliens—even if they don't know that they're illegal.

But What About The New Federal Forfeiture Reform Law?

The Civil Asset Forfeiture Reform Act of 2000 (HR 1658) does provide some relief for victims of federal asset forfeiture. However, it does absolutely nothing to change local and state forfeiture laws, which in many cases are even worse. Further, the new federal law actually makes things worse in several respects. Here's a quick summary:

Seven Improvements

Improvement #1: The Feds must now prove a substantial connection between the seized property and any crime. Hopefully that will put an end to such outrageous practices as seizing cash, jewelry, and cars "because a drug dog barked at it". Drug dogs will bark at just about anything, and some 90% of all cash in circulation in the U.S.—

including new currency—has a detectable drug residue.

Improvement #2: If your property is seized, you may now be able to get it back before the seizure case is finished if you can prove that the government's keeping it will cause you substantial harm. Forfeiture cases often drag on agonizingly long before they're resolved. Two to five years is commonplace. Meanwhile you're out of business, your home deteriorates, and the cops get to drive your car until it's completely worn out. This new law may help curtail such practices, although note that the burden of proving "substantial harm" is on you.

Improvement #3: If you win in court, the government must pay your legal fees.

Improvement #4: The requirement that you must post a "cost bond" before you can contest confiscation has been eliminated.

Improvement #5: The new law creates a uniform "innocent owner" defense. That will make it more difficult for the feds to seize your property for the alleged crimes of your employees, tenants, and relatives. However, it won't put an end to this practice entirely. Police are very creative in coming up with "evidence" tying you to the crimes of associates, relatives, and friends.

Look at what happened to farm-owner Tina Weaver: One night she got an urgent call from a man who said her father—who had been missing for a week—was in a hospital in Lafayette, Louisiana. Tina was told to immediately wire \$1,800 for her father's medical care. The day after sending the money, five car-loads of police showed up at Tina's farm. It turns out the urgent "hospital call" had come from a drug cop posing as a hospital collection agent. The money wired by Tina was then cited as evidence that she was a participant in her father's marijuana business. Tina's farm was seized and she and her children were evicted. (Information from written statement and court filings by Tina Weaver.)

Improvement #6: The federal government will have to pay for any damage to your confiscated property while in their possession, unless you're found guilty.

Improvement #7: The law better defines which alleged "proceeds of a crime" are subject to seizure.

Unfortunately that's not all the new forfeiture law does. To get support from the Clinton Administration and his Department of Injustice, Congress had to agree to some horrendous new provisions.

Five Horrible Provisions Of The New Law

Provision #1: The amount of time that feds have to officially file to seize your property has been increased from 60 days to 90 days.

Provision #2: All property subject to federal civil forfeiture is now subject to federal criminal forfeiture as well. In plain English, hundreds of minor federal civil offenses have been turned into criminal offenses at the stroke of a pen. That means minor mistakes on Medicare forms, insurance applications, mortgage applications, and possibly even your tax return, could be used to seize your bank accounts or home!

Provision #3: The "crime" of money laundering (otherwise known as trying to keep your finances private), was vastly expanded to include minor paperwork errors. What—you say you just forgot to declare \$100 in an inside pocket of your wallet on the currency report you filed when leaving the U.S.? Too bad. All \$4,100 you're carrying can now be seized.

Provision #4: The U.S. government will now enforce all foreign confiscations. If this law had been in force during World War II, the U.S. government would have been legally obligated to seize the property of Jews fleeing Nazi Germany and give it to Adolph Hitler!

Provision #5: If feds seize your property and you leave the U.S., you won't be allowed to challenge their seizure in court.

Worse of all is what the new law does NOT do:

It doesn't end confiscation of property without trial.

It doesn't apply to state and local seizures.

It doesn't eliminate the odious process of "adoption" of forfeiture cases. State officials can adopt what was originally a federal forfeiture and impose more draconian state standards, splitting the proceeds with the feds. Adoption simply means that police enforce the most draconian forfeiture laws possible, be they state, local, or federal. This one omission could nullify much of the good the new law does on a federal level, by allowing police to circumvent all of the new restrictions on federal confiscations.

It doesn't decrease the number of alleged offenses which can be used to seize property, which now includes gambling, soliciting a prostitute, shoplifting, playing a car stereo too loud, hiring illegal immigrants (including maids), tax evasion, money laundering,

and conspiracy, which simply means discussing violating any law, even in jest!

Asset Confiscation Continues To Expand

It should be clear that the new reform law will not end asset confiscation in America, or even necessarily slow it down. In fact, by several measures asset forfeiture continues to expand.

In the last 10 years, the number of federal offenses for which your property can be seized has increased from 200 to over 400. In addition, states, cities, and local communities continue to pass new asset-forfeiture laws at a breakneck speed. Today there are thousands of local confiscation laws which didn't exist a few years ago. For instance, state laws have been recently passed allowing the seizure of cars for such "crimes" as transporting illegal fireworks, playing a stereo too loud, and driving on an expired license.

In his book *Freedom in Chains*, James Bovard explains:

"Many local and state governments actively target and confiscate cars of drivers who violate one of a rapidly-multiplying list of offenses. In 1996, Chicago suburbs enacted ordinances to authorize seizure of automobiles if a car radio is too noisy, or if the cars are being driven by teenagers out past 11:00 p.m. Detroit officials seized 3,000 cars in 1995 from drivers who allegedly used their vehicles for trysts with prostitutes. They even seized the cars of innocent owners who had no involvement or knowledge of the crime." (*Freedom In Chains*, pages 26 & 27)

Another big growth area for asset forfeiture is alleged environmental offenses. Again quoting Bovard:

"The Office of Code Enforcement in Alexandria, Virginia, sent certified letters to 22 homeowners—threatening to condemn their properties unless they fixed chipping paint on their windowsills or door frames. In Skaneateles, New York, the local government responded to one couple's zoning violations by sending in sheriff's deputies to drag out and jail the owner's wife and raze their \$350,000 lakefront home." (*Lost Rights*, p. 20)

More property than ever is being seized. Most states now have monthly police sales at which thousands of cars, boats, and other government-looted property is sold. At least \$9 BILLION in assets has been seized from American citizens since the late 1970s. Most of the dispossessed were never charged with any crime.

Targeting Doctors For Confiscations

Increasingly, government regulatory agencies have been seizing the offices, bank accounts, and homes of independent doctors without any trial or hearing, for alleged violations of Medicare and other government health rules. These violations often consist of making mistakes on confusing government paperwork or charging "too much" for health care, where government bureaucrats decide after the fact how much is too much.

Confiscating Your Guns

Completely legal guns are now routinely confiscated by police whenever cars or houses are searched, but that's just the beginning. Under SB-2099, now pending before the Senate, any handguns you own would have to be registered with the IRS and you would have to pay a tax of \$50 for each handgun you buy. Although the bill doesn't spell this out, any unregistered or untaxed guns in your possession could probably be confiscated under the IRS code. According to the person who informed us of this bill: "SB-2099 is an amendment to the *Internal Revenue Act Of 1986*. This means that the Finance Committee can pass this, without the Senate voting on it at all."

Confiscation Is Going International

The option of protecting your property by placing it outside the U.S. is increasingly being closed off. Under strong U.S. pressure, Canada, Australia, England, Russia, and dozens of other countries have passed draconian asset forfeiture laws modeled on our own worst laws.

In addition, the U.S. has recently signed reciprocal confiscation agreements with dozens of other countries. President Clinton even threatened 35 sovereign countries that refused to abolish their bank secrecy and

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Idaho Observer**

*Now that we know what is really
going on, let's do something about it*

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other privacy laws, with financial and even military retaliation! Bush has done nothing to change this. Countries on the government's "hit list" include Andorra, Antigua, Aruba, the British Virgin Islands, Guernsey, Monaco, the Netherlands Antilles, Samoa, St. Vincent, the U.S. Virgin Islands, and Vanuatu. (See Llewellyn Rockwell, "Invade Vanuatu!" at <www.lewrockwell.com>.)

The new federal reform law does provide some badly-needed reforms. But it is only a small, first step. Many of its provisions can be side-stepped by state or local adoption. The seizure of property without trial or any real due process of law is an abomination in a free society. When the government can seize your property for thousands of offenses without charging you with any crime, the government—not you—really owns your property.

Confiscation Will Continue To Grow Unless We Stop It

We very much need a powerful, effective grassroots movement to end the scourge of government confiscation. The first step is to inform the American people of how their property rights are being forfeited. Then we need to form anti-confiscation groups in every state and city, dedicated to publicizing, blocking, and repealing confiscation.

The only alternative is to watch helplessly as police and government agents seize more and more cars, homes, and businesses, until we are living in a total police state. Current property seizures are very similar to what occurred during the early days of Nazi Germany,

only in the U.S. it's not just one class of citizens being dispossessed, but everyone.

There is only one real solution to this abomination: Total abolition of all confiscation laws and return of all seized property to confiscation victims, plus damages. We must also eliminate sovereign-immunity laws, which let police and government officials steal with immunity and personally profit from their seizures. Don't be fooled by federal confiscation reform. We have a long way to go before our right to property is again respected.

(Jarret Wollstein is a director of ISIL and author of many ISIL pamphlets, including *The Looting Of America* on civil forfeiture.) [end quoting]

Indeed—unless enough people awaken to this problem and correct it from the grassroots level of opposition, crooks at all levels of government will take our docile attitude as an open invitation to expand their opportunities for acquiring what is yours.

But take heart—there is SOME hope and help and sanity in Washington:

THE COURAGE OF REP. CYNTHIA MCKINNEY

From *RUMOR MILL NEWS*, <<http://www.rumormillnews.com>>, 4/28/02: [quoting]

(FinalCall.com)—Cynthia McKinney, the honorable congresswoman from Georgia, has set herself apart from members of the Congressional Black Caucus with her tendency to address issues and make statements that rub the status quo against the grain.

For example, last year McKinney chaired a hearing titled "Covert Action In Africa: A Smoking Gun In Washington, D.C.," and led the voices of castigation that claimed the U.S. Government, the UN, private militias, and western economic interests possessed complete knowledge of pending civil unrest in Africa and fed the fray between African nations, leading to the loss of millions of Black lives.

She was criticized for writing a letter scolding former New York City Mayor Rudolph Giuliani for returning a Saudi prince's \$10 million check for Sept. 11 victims. The former mayor—whose stock with the people in the city skyrocketed with his handling of the city's response to the attack on the World Trade Center—returned the check because Prince Alwaleed Bin Talal, while in New York, had suggested U.S. policies toward the Middle East were partly to blame for the attacks.

Most recently, she questioned the Bush administration about the Sept. 11 attacks. She's not the only one raising these sensitive questions—whether or not the Bush Administration had forewarning of an impending attack and whether his business interests profited from it—but she is perhaps the highest ranking government official to openly raise them. And she's calling for an investigation.

Given that there were evidently indications of an impending attack on America, McKinney says: "If the American people deserve answers about what went wrong with Enron—then we deserve to know what went wrong on September 11 and why.

"How much of a role does our reliance on imported oil play in the military policies being put forward by the Bush Administration? And what role does the close relationship between the Bush Administration and the oil and defense industries play, if any, in the policies that are currently being pursued by this Administration?" she asks.

McKinney acknowledges that she is not aware of any evidence showing that President Bush or members of his administration personally profited from the attacks. But she does note that "corporations close to the administration have benefited" from increased defense spending and skyrocketing stock prices.

The questions she raises are not unfair, but they have yielded the congresswoman snide remarks from some of her peers and media analysts that portray her as a conspiracy theorist.

Conservative Georgia Senator Zell Miller (D) said her statement was

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“loony”, also “dangerous and irresponsible”. Bush spokesman Ari Fleisher said McKinney “must be running for the Hall of Fame of the Grassy Knoll Society”, a reference to the claim by some that a shot that killed President Kennedy was actually fired from a grassy knoll along the route he was traveling in Dallas.

But the U.S. Government is not beyond conspiring to overthrow governments or even bring drugs into the Black community. Remember Iran-Contra. Also, were those American students in Grenada really in danger that prompted a U.S. invasion on that tiny Black Caribbean island and resulted in the overthrow and death of the leader, Maurice Bishop? How many defenseless Black Panamanians really died in the U.S. attack there where new weapons—including the Stealth Bomber—were tested? Some say it was thousands, not a few hundred. Didn't the Gulf of Tonkin lie by the U.S. Government pull America into the Vietnam War?

For Rep. McKinney to raise the questions and call for an open investigation on a possible government role, or negligence, in Sept. 11 is credible. If nothing else, President Bush could tell McKinney that the government knew nothing, that's why it did nothing.

Then we can hope Bush is telling the truth. But, given the history of this government's actions, that would be a bit tough to swallow. [end quoting]

Here is another rare genuine person in public office like Congressman Ron Paul (R-TX) whose courage we are featuring again elsewhere in this issue of *The SPECTRUM*.

But hold on—Cynthia isn't done makin' waves yet:

REP. CYNTHIA MCKINNEY IS CALLING FOR A HEARING

From *RUMOR MILL NEWS*, <<http://www.rumormillnews.com>>, 4/30/02: [quoting]

In Response To: ISRAEL AGAIN BLOCKS JENIN INVESTIGATION.

REP. CYNTHIA MCKINNEY (D-GA) CALLED FOR CONGRESSIONAL HEARINGS ON ISRAEL'S BLOCKING OF RELIEF AGENCIES IN PALESTINE.

McKinney, the ranking Democrat on the subcommittee on International Operations and Human Rights, sent a letter to Rep. Ileana Ros-Lehtinen (R-FL), the subcommittee's chairman, requesting a hearing on Israel's restrictions on the United Nations Relief Works Agency, the International

Committee of the Red Cross, and other agencies.

McKinney specified that aid workers have been shot at and arrested, while the wounded have bled to death under rubble.

She said: “International humanitarian law prohibits such attacks, as well as restrictions on access to water, food, medicine.... Yet these attacks and restrictions are carried out routinely in the Occupied Territories and have increased dramatically since March 29.” [end quoting]

Please support the work of this courageous lady, and that of Dr. Ron Paul. Even two honest people in Congress is a miracle worth taking great care to preserve!

Here's yet another outrageous reason we need them:

GOVERNMENT INSTALLING METERS ON PRIVATE WELLS!

From the INTERNET, courtesy of Calvin Burgin, <wrlldline@texas.net>, for 4/30/02: [quoting]

Al: I hear so much stuff, as you do, that it is not often anything surprises me. A friend told me about his sister who was having a water well dug on her property and he asked her: “Has the government been out to meter the well yet?” She said: “Oh, you and your conspiracy theories, that is ridiculous.” Then later she called him and said: “I don't believe it! They are here! They are metering my well!”

I had never heard of such a thing. But sure enough, the government is building a database of every water well in the country. If you drill a new well, a government man is supposed to come out with his GPS measuring device and he records the exact coordinates of the well and adds it to the database.

This means, of course, that they are getting ready to tax water wells.

So how is your day? [end quoting]

Here's yet another test to see how docile are the sheep to even more intrusions and set-up for “milking”. At what point will enough Americans get mad enough to take back control of THEIR government?

Be sure to read what Congressman Ron Paul has to say elsewhere in this issue of *The SPECTRUM*.

COULD THE COMMON COLD REALLY CURE CANCER?

From the INTERNET, <<http://rensee.com>>, 4/28/02: [quoting]

By Carolyn Abraham of

<TheGlobeAndMail.com>

Five years ago, Gary White had a 14-pound tumor in his gut, and he was given eight months to live. Now, he's 49, sailing, and spending time with his kids—thanks, doctors say, to regular injections of a mild virus. Could the common cold really cure cancer?

Gary White considered himself a buff 44-year-old and chalked up his bloating belly to beer with the boys. He even bought himself an ab exerciser.

Then, in 1997, he stopped short on the basketball court one day—and the bulge didn't stop with him.

He felt fluid lurch and roll, wash over his innards and slosh like a tsunami against his gut. White quit the game and hauled himself to the hospital.

The ultrasound nurse gasped at the screen: “What is that?” A blob bigger than any baby had spread through his abdominal cavity. It was cancer—mesothelioma, a rare, multisyllabic monster so far gone that the doctors gave him eight months at best.

“Go home” they said. “Get your affairs in order. Kiss your wife goodbye.”

Yet five years later, White is still here, broad and strong, with his wife, his two kids, and his buddies. He has even fulfilled a lifelong dream: sailing a 43-foot Spindrift to second place in the Caribbean 1500. And his 14-pound tumor? It's posted like a trophy on the Internet.

Chemotherapy—and a surgeon who dared to extract the massive growth—bought him a few extra months. But the Connecticut man credits something else for keeping his cancer at bay: a flu virus, pumped into his bloodstream six times a month for the past three years.

Dozens of dying men and women are now being deliberately infected with viruses as doctors determine if these microscopic bugs can kill the cancers without killing the patients. People desperate to beat their disease have volunteered to catch the flu, a cold, even a modified version of herpes.

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Robert (Bob) C. Beck, D.Sc.

Results from animal studies have been astounding. Injected with viruses, human tumors in mice have shrunk and vanished completely without harming the animal. And viruses have worked against not just one cancer, but nearly every malignancy medicine knows, whether breast, lung, liver, colon, ovarian, or even brain.

White's is the first human face to emerge from the early experiments, but it won't be the last. Nine cancer patients in Ottawa received infusions at Christmas with the same virus. Canadians are among the leaders in the field. University of Calgary researchers have completed the first trial designed to test the safety of a reovirus, a bug common to the human gut and nasal passages, in people.

Eighteen patients with sarcomas (cancers of the bone and soft tissue), breast, skin, head, and neck cancers suffered no serious side effects over a recent 14-week trial. Some of their tumors even showed signs of shrinking, and one tumor disappeared completely.

The Alberta group is now conducting a Phase-2 trial, testing 45 prostate cancer patients, and in another experiment, will treat people with brain cancer.

"The results are encouraging, but this is a whole new area that we're exploring" said Dr. John Bell, a senior scientist with

testing a genetically altered adenovirus—better known as a common cold bug—in patients with head, neck, or liver cancers.

Harvard is running trials with a modified herpes virus, and lab research is underway on a weakened polio virus at Duke University and on measles at the Mayo Clinic.

Scientists are struggling to contain their excitement: Imagine beating the big C with a little-c weapon as wild and mild as the common cold.

[end quoting]

If the large pharmaceutical companies acquire control of this treatment, so they make the big money on it, then it will probably meet with success. Too bad so many other simpler techniques for curing cancer have been routinely smashed by these same large drug companies over the last century to protect and guarantee their profit margins on their ineffective chemical products.

LAROCHE IS A VATICAN / JESUIT FRONT

From *RUMOR MILL NEWS* <<http://www.rumormillnews.com>>, 4/23/02: [quoting]

LAROCHE GRAND ORIENT LODGE FREEMASON

In an issue of the *NEW FEDERALIST*

Cancer Care Ontario involved in the Ottawa trials. Still, he says, in the lab "there hasn't been a cancer that isn't vulnerable to a virus".

Bell's group at the Ottawa Regional Cancer Center has started human safety tests with the Newcastle virus, a flu bug that strikes chickens. They are collaborating with Provirus Inc. in Maryland, which has already tested Newcastle in more than 70 American patients, including Gary White, whose case will be included next month in the *Journal Of Clinical Oncology*.

California's Onyx Pharmaceuticals Inc. and Stanford University are

from about 7 years ago (which I have in my archives) Larouche made the statement that he was a GRAND ORIENT LODGE FREEMASON.

The *NEW FEDERALIST* is now a DEFUNCT MAGAZINE for lack of funds.

And:

From *NEXUS* magazine:

LaRouche is a Vatican/Jesuit front. Period.

Even a quick glance at any of his publications will show the enormous support and resource base he has in Vatican-controlled countries.

During my time travelling and researching through Europe and North Africa, I found this connection is well known there, but not so well known in the USA or Australia.

[end quoting]

Those of you who have acquired the astonishing and thorough research volume *VATICAN ASSASSINS* by Eric Jon Phelps [see back cover] have a pretty good idea of how thoroughly and clandestinely the Jesuits have long operated on the world-control scene.

PARENTS WARNED ABOUT 24-PROOF GELATIN "ZIPPERS"

From the INTERNET, <<http://rense.com>>, 5/1/02: [quoting]

By Donna Leinwand, *USA Today*

<<http://www.usatoday.com/news/nation/2002/04/29/2002-04-29-zippers.htm>>

There's a new front in the fight to keep alcohol away from kids: school lunch boxes.

A national anti-drug coalition is alerting parents about the rising popularity of Zippers, which are packaged cups of fruity-flavored gelatin and alcohol.

Zippers are being marketed by a small Ohio company as the first commercially produced version of "Jell-O shots", the sweet, chilled concoctions that have long been a staple at beach bars and college parties.

But Zippers, with their bright colors and cheery labels, also look like the gelatin dessert packs that thousands of youths take to school each day. And some drug-prevention officials are hearing complaints from parents and school administrators that Zippers could make it too easy for youths to sneak alcohol into school.

"Zippers may be dangerous because they come packaged in containers that look like any other snack pack or after-school snack a child may put in their lunch box" the Community Anti-Drug Coalitions of America said in an alert last

week. The coalition added that: "Zippers are being marketed in ways that appeal to an underage audience."

Burt Brooks rejects the notion that the Toledo, Ohio, company that he started with several friends is marketing its products to kids. Zippers, he says, are aimed at the adult group that is most likely to enjoy sweet, alcoholic drinks: 24 to 44-year-old women who like "entertaining, nights out with friends, (and) fun with no regrets".

Brooks also notes that Zippers' packaging is clearly marked with a government alcohol warning and a picture of a baby with a red slash through it, indicating that the product isn't for kids. "We went above and beyond what the states and federal government require" Brooks says. His 4-year-old company, BPNC, projects \$2 million in sales this year.

"If you leave a rum and Coke on your table, a kid will drink that and mistake it for a Coke just like they might mistake our product for (regular) Jell-O" he says. "You have to supervise your children."

Zippers, which unlike regular gelatin snack packs require refrigeration, are sold in bars, liquor stores, and groceries in 26 states. There is a cherry-flavored version called Rum Rush, a bourbon-and-lime one known as Whiskey Drop, an orange one called Vodka Splash, and a lemon one with grain spirits called Tijuana Tease.

Eight-packs retail for \$6.99 to \$9.99, depending on the market and local taxes. Each gelatin cup contains 12% alcohol and has about the same potency as a glass of wine.

Hope Taft, the wife of Ohio Gov. Bob Taft, is among those speaking out against Zippers. She says parents in her state have been calling a drug-prevention resource center in Cincinnati about Zippers. "Products like these and wine coolers...cause us great concern because they are very appealing to young people" says Taft, the mother of a college senior.

"They all have colorful, creative labeling and catchy names. The packaging is sort of disguised."

Lily Heil, 12, a seventh-grade student from McLean, Virginia, agrees that kids at school could easily pass off Zippers as regular gelatin snack packs. "Once you rip off the lid that says it has alcohol" she says, "it looks just like Jell-O."

Meanwhile, Zippers seem to be a hit among some bar owners. "I have five people at least on a busy night doing nothing but selling these things" says Gingi Bakri, who owns Cotton Eyed Joe's, a 30,000 square-foot country music

bar in Knoxville, Tennessee. He says he sells about 10,000 Zippers a month at his bar for \$2 or \$3 each.

"The profit margin on these things is unbelievable" says Bakri, who buys Zippers wholesale. "You get a good-looking girl or guy selling these things, and everyone wants to try it."

[end quoting]

The large profit margin is quite an incentive to keep this product growing in popularity—even without the obvious appeal to older school-age children who are tempted by the "daring" of something they're not supposed to have.

And while we're on this "daring" subject, there's a very slight chance (if you left the planet for awhile) that you didn't hear about the following—over and over again; remember, it's all about ratings!—on your local television news programs:

GIRLS MADE TO PASS "UNDERWEAR TEST" TO ENTER CA HIGH SCHOOL DANCE

From the INTERNET, <<http://rense.com>>, 5/1/02: [quoting]

LOS ANGELES (Reuters)—Angry parents demanded the resignation of a California high school vice principal on Tuesday after she lifted the skirts of teenage girls at a dance to make sure they were wearing "appropriate" underwear.

Parents at Rancho Bernardo High School in suburban San Diego say the vice principal, Rita Wilson, made the girls prove that they were not wearing skimpy thong panties before they were allowed into the dance on Friday.

In some cases, said Rancho Bernardo parent Kim Teal, girls also were made to partially undress if Wilson or another teacher suspected that they weren't wearing bras.

"These girls feel violated" said Teal, whose daughter Rebecca, a sophomore, was asked about her panties but escaped a search after telling Wilson that she was not wearing a thong.

"One girl just cried after having to tell her father this story, she was hiding her head in a sweatshirt" Teal said, adding that the girls had their skirts lifted in front of men and their male classmates.

"After a while the girls finally got the idea that they shouldn't say 'thong' when they were asked, even though that's all they wear now. They won't be caught dead in the locker room wearing regular underwear" she said.

Wilson and Paul Gentle, Rancho Bernardo's principal, were unavailable for comment on the skirt-lifting.

Don Phillips, superintendent of the Poway Unified School District, said students, staff, and others were being interviewed to determine what happened at the dance, which he said was attended by about 725 pupils.

"The principal is talking with the parents involved" he said. "We are taking this seriously and want to ensure that any actions to be taken are based on the facts of the situation."

Teal, a 43-year-old attorney, said she learned about the skirt-lifting from her daughter, whose friends were forced to show their panties in front of boys, teachers, and police officers standing at the door.

She said most of the girls who wore skirts or dresses to the dance, which had a "blast from the past" theme, reported being grilled about their underwear or forced to show them to Wilson or another teacher.

Teachers also checked several boys who were wearing togas, Teal said, and some girls were asked about their bras.

"I just got a call from one mom who said her daughter was wearing a poodle skirt and an off-the-shoulder top, and a teacher reached right out and grabbed the front of it and pulled it down to check" Teal said.

Teal said she and other parents would demand the resignation of Wilson and any other teachers involved and would also consider filing a lawsuit against the



school district for violating the civil rights of their daughters.

[end quoting]

Clearly there needs to be some minimum dress code for school-age children. But how do you enforce such common-sense rules amidst a constant parade of dress fads created to sell clothes and when parents are "too busy" to be the main supervisors of their children's behavior? Mix that challenge with overzealous, "New World Order trained" enforcers, and you surely have an explosive blend engineered to utterly destroy a healthy teacher-student relationship.

Few parents "have the time" to pay attention to what is going on in their local schools. And that has allowed many so-called educators, brainwashed by the New World Order gang's agenda, to take our schools in a direction that is ever so carefully calculated to kill the values which built America and gave it strength, and replace those with the demoralized robotic conformity of a herd of sheep.

Though we've covered this matter many times before, from many angles, here's a recent example:

A FEW OF THE STUNNING THINGS HAPPENING IN U.S. SCHOOLS 2002

From the INTERNET, <<http://rense.com>>, 5/1/02: [quoting]

(Henry Lamb is the executive vice president of the <www.eco.freedom.org> Environmental Conservation Organization and chairman of Sovereignty International.)

Picture this: Your middle-school child is summoned to a special workshop. The kids are asked to form a circle. Your child is told to stand in the center, and is asked by a special guest from Planned Parenthood: "Does your church consider homosexual behavior to be a sin?"

Ask the ninth-graders in Arcata, California, how they felt when it happened to them.

If your child attends middle school in Seattle, you may—or may not—know about "Challenge Day" facilitated by a for-profit outfit called "Resource Realizations" in which kids are coerced into confessing their wrongs. Incidentally, the kids also get a promotional brochure advertising the three-day extended session for only \$295, and a week-long version for only \$800.

At Aptos High School in Santa Cruz, California, 300 students are bunched up in the gym on one side of a line drawn on the floor. Then a series of questions are asked. If the answer is yes, the kids are told to step across the line. Some of the questions asked:

Are you a good kisser?

Anyone in your family addicted to drugs?

Do you have a friend or relative who is gay or lesbian?

Do you currently practice abstinence?

Have you ever considered suicide?

These are a few of dozens of deeply personal questions students are asked to answer publicly.

What on Earth is going on in our schools?

Santa Cruz wants to know what is going on in their schools, and why. They are accumulating similar stories from around the country.

The function of American schools has changed. Once, the function of the school was to prepare each student to reach his maximum individual potential. Now, school has become a process to modify behavior, attitudes, and beliefs in pursuit of a "tolerant" (read: obedient) society.

The transformation has been underway for much of the last century. In 1949, the United Nations Educational, Scientific, and Cultural Organization conducted a

series of seminars for teachers, called "Toward World Understanding". This brief excerpt provides a flavor of the series:

"As long as the child breathes the poisoned air of nationalism, education in world-mindedness can produce only rather precarious results. As we have pointed out, it is frequently the family that infects the child with extreme nationalism. The school should therefore use the means described earlier to combat family attitudes that favor jingoism."

Robert P. Hillmann has produced an excellent study of how this transformation of our schools occurred. His 105-page report, "Reinventing Government: Fast Bullets And Culture Changes" documents the relationship between international organizations and school officials which has brought about the transformation in our schools' function.

The activities in Seattle, Arcata, and Santa Cruz have struck a nerve, because the events probe deeply into personal and family affairs. School activities that seek to transform attitudes about the environment, about government, about freedom, about the *Bill Of Rights*—have gone largely unnoticed by parents and the community.

The result of the transformation is becoming clear: prayer, freedom, corporations, liberty, the *Ten Commandments*, national sovereignty, property rights, and certainly guns—are all terms and concepts that have been demonized. Tolerance, cooperation, and equity are values that supplant individual excellence, individual achievement, and individual responsibility.


Most of the world is subjected to government-imposed-and-enforced education, and information. America has distinguished itself among all nations in history because government did not limit education and information, and celebrated individual achievement.

Those days are long gone. American schools have been transformed. Only individuals who recognize the threat, and are willing to invest their time and resources, can reverse this rush to homogenized mediocrity.


Left to its own agenda, the international community, assisted by professional education associations and "enlightened" facilitators, will continue to transform our children into pliable conformists who follow the party line, for fear of being different.

[end quoting]

After reading the above three school




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topics, is it any wonder the children of today are what they are? It's time for parents to take back their schools before things get any worse.

200,000 PROTEST THE "WAR WITHOUT END"

From <<http://www.counterpunch.org>>, 4/21/02: [quoting] 200,000 Protest The "War Without End" "We Are All Palestinians Today"

by Mike Leon

Washington D.C. — On September 11 an Al-Quida-led terrorist network [*be kind and overlook this media-planted misperception; he hasn't read the October 2001 issue of The SPECTRUM for a picture of The Truth*] struck at the heart of American financial and political centers, killing thousands, troubling a shaky economy, and for many, destroying the notion that America is immune from the grim art of the terrorist.

Much of the American citizenry, shocked and incensed by what Noam Chomsky called the "most devastating instant toll in history outside of war", looked to an inarticulate, Republican-led, Supreme Court-installed president to implement measures to prevent the atrocity from recurring.

President George W. Bush's response was to redeclare a "war on international terrorism" that bequeathed, in a matter of weeks, a death toll of innocent civilians in Afghanistan surpassing the Al-Quida attack.

This has now prompted an estimated 200,000 people to march on Washington DC on April 20 to demand that American foreign policy "stop the killing" of innocent civilians, end the occupation of Palestine, and pursue social justice as an animating principle in place of a ready administration willingness to potentially brand any country or individual a terrorist under the Bush Doctrine.

The marchers called for a domestic and foreign policy animated by social justice, libertarian concerns, with a heavy emphasis on immediately halting the offensive of the Israeli Defense Forces in the occupied territories—a bloody siege described in a widely-distributed pamphlet at the march as a "macabre saga of violence and methodical repression". (Islamic Circle of North America)

Organizers called the solidarity march for Palestine the largest in U.S. history.

The first major national protest against the War On Terrorism, occurring some seven months after the September 11 attack, featured a wide coalition of citizen groups representing

organizations addressing specific issues such as the Israeli "slaughter" of the Palestinians, the American War On Terrorism, the domestic erosion of civil liberties, corporate domination of the global economic system and mass media, racism and racial profiling, and halting military aid to Columbia.

The march was planned months in advance and organizers claimed it represented an "unprecedented" coalition of peace, labor, and justice groups.

In a scene reflecting the apparent nature of the coalition, Wisconsin Green Party organizer Ben Manski delivered a fiery speech against the War On Terrorism through a bullhorn on a flatbed truck, sharing the horn and truck with eight young Palestinians, as protesters marched down Pennsylvania Avenue.

Despite intense propaganda efforts by the U.S. and Israeli governments and their military forces that systemically prevented press access to Afghanistan and the occupied territories, the stage-managed acts of American and Israeli aggression have drawn wide public condemnation in the United States, culminating in the April 20 march displaying what marchers said is a common sentiment—that innocent

civilians not be harmed in the pursuit of the Al-Quida network, and that U.S. foreign policy should advance social justice.

A virtual blackout exists in mass-media American reporting on popular opinion beyond carefully-framed polling questions, but organizers hope the rally was so large that their peace and justice message could be conveyed through mass-media news reports. [*Don't bet on it; that's why publications like this one exist!*]

"Not in my name" and "Peace Is Patriotic" and "All War Is Terror" were common signs at the march, as an exuberant and diverse crowd shouted a variety of


anti-war chants and slogans, with seemingly hundreds of individuals distributing pamphlets and other literature.

"I'm here out of a desire for peace and a belief that violence and revenge are not a way to peace. As the world's only superpower, we should be leading the way toward peace and justice in the world, and not creating the circumstances that lead to greater tension and terrorism" said Katherine Kurtz, of Philadelphia, who is an Associate Director of American Friends Service Committee.

"The war machine is about profit, not about security, and we are not going to have peace without justice. I believe that terrorism is terrorism whether it is raining down from U.S. war planes or if it's desperate people blowing themselves up" said Jennifer Atienofifar, who is 29 years old and lives in Washington D.C.

Although the march seemed to be comprised largely of people from the East Coast—New England, Washington, Philadelphia, and New York—all regions of the United States appeared well represented.

"People just kept coming and coming, busload after busload" said Jackie Captain of Fitchburg, Wisconsin. "I



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wonder where all of the Palestinians were from, because there were just thousands of them, whole families.”

“I met people from Illinois, Minnesota, California—young and old. Palestinians and Midwesterners alike, standing together for peace and justice. It was wonderful. Everybody was talking to everyone; you had to be there to feel the atmosphere. It was inspiring.”

Ralliers mixed freely and openly with each other in an often-festive environment. A common scene was of Palestinians talking to a group of vocally supportive White questioners. One veteran of Vietnam-era peace marches remarked that the march was as open, community-oriented, and good-natured as he had ever seen.

The crowd, which assembled on the southwest side of the Washington Monument, at Sylvan Theater, on Saturday morning, converged with the Palestinian solidarity rally from the northwest side of the monument, and by 3 p.m. with other protesters joining the march, the crowd had swelled to an estimated 200,000 as they marched toward Pennsylvania Avenue and then on toward the capitol, ending with a rally on the Mall.

Some press reports quoted D.C. officials, who put the crowd size at 75,000. But Washington DC police chief Charles H. Ramsey—smiling and joking with passersby in a park off Pennsylvania Avenue—told this writer at approximately 3:30 p.m. that the crowd was well in excess of 100,000. Other sources said the crowd exceeded 250,000.

Ramsey agreed with activists’ assessment of the atmosphere and peaceful nature of the march, calling the rally “an outstanding event”.

[end quoting]

Those of you who have been listening to Art Bell’s late-night talk-radio program lately have likewise observed this growing unrest and anger among the public. They are fed up with the constant media blarney and ongoing self-righteous propaganda attempting to justify the so-called “War On Terrorism”.

Then, when they hear the same suspicious slogans being trumpeted by Israel to justify their outrageous acts of, well, terrorism, against the Palestinians, people recognize—like a slap across the face—just how false is the whole charade. Thus the public is feeling used, and REALLY getting angry—and rightly so. Remember that this is the time of the Great Awakening on planet Earth.

LINE BETWEEN FANTASY AND REALITY IS BECOMING INDISTINGUISHABLE

From *N.Y. TIMES NEWS SERVICE*, for 4/21/02: [quoting]

As technology advances, ability to create realistic scenarios grows, sparking debate over regulation.

By John Schwartz

Ender Wiggins lived for his computer war games. At 11, he was a wizard, and his teachers pushed him to the limits of his abilities, encouraging him to play simulations for hours on end.

In the conclusion of Orson Scott Card’s short story, *Ender’s Game*, the boy learns he hasn’t been playing a game at all: adults were too slow and conscience-ridden, his commander explained, and so: “We trained children, who didn’t know anything but the game, and never knew when it would become real.”

But by then Ender, perfectly trained on simulations, had destroyed an entire real planet to win an interstellar war.

It’s only science fiction, one might say. But, more and more, the world is imitating that much-maligned genre. Increasingly, bits and bytes can be used to create the seemingly real, from child pornography to detailed video-game killings, to utterly real-looking landscapes, and animals that never existed.

As virtual world technologies grow more powerful, and as the designers of such environments grow more ambitious, the time may come when society will have to regulate virtual reality like the thing it counterfeits. Already, even early boosters of the virtual world confess to having second thoughts about the potential power of their creation.

Last week, however, the Supreme Court, by a 7-2 vote, struck down a law that would have made it a crime to make, sell, or own “virtual” child pornography that used computerized images of children rather than real ones. The law, said Justice Anthony Kennedy, writing for the 7-to-2 majority, made the “visual depiction of an idea”—in this case teenagers engaging in sexual activity—illegal. But since real teenagers do have sex, and since imaginary children can’t be victims of a crime, the law “prohibits speech that records no crime and creates no victims”, Justice Kennedy wrote.

Laurence H. Tribe, a professor of constitutional law at Harvard Law School, said that the court has laid down a bright-line rule that means even virtual experiences that are utterly indistinguishable from real ones will be legally protected, since the justices are loathe to restrict ideas on the grounds

that they might lead to bad acts.

No matter how creepy the expression of ideas might be, Tribe said, “The underlying principle is that you don’t suppress ideas as dangerous, in the absence of the most immediate and direct causal connection” to criminal acts.

“If” he said, you try to regulate ideas when “the only harm that something might cause is through the very attenuated chain of causation that involves the mind of the beholder, and then the way that the person who reads or views the material might be inclined to act, then we are dangerously close to thought control.”

Not all of the justices agreed. Chief Justice William H. Rehnquist and Justice Antonin Scalia, joined in part by Justice Sandra Day O’Connor, wrote that the law’s attempt to ban computer-created images that were “virtually indistinguishable” from the real thing SHOULD be allowed, in part because the technology allowed pornographers to claim that their wares did not depict real children, and thus avoid liability.

In a world that offers ever more virtual experiences of ever-greater sophistication, which allow us to play out the most lurid and even violent desires, will the court majority’s legal logic hold? Should it?

As digital technology improves in quality and drops in price, everyone may eventually be able to create a compelling false version of reality, said Paul Saffo, an analyst with the Institute for the Future in Menlo Park, California. “Already home game machines have the power to present an engrossing alternative to reality” he said.

“What happens” Saffo asked, “when someone can create your personal, full-fidelity bondage avatar of your elementary school teacher? Is that defamatory? Is there a violation of law there?”

“It’s not” said Eric M. Freedman, a professor of law at Hofstra University School of Law. Still, he said: “When technology is new, it’s perceived as especially frightening and even subversive, since it tends to baffle adults and appeal to the young.” In 1915, Freedman added, the Supreme Court held movies to be outside of the *First Amendment*, and didn’t reverse itself until 1952.

He also cited the historian Peter Bacon Hales, who said that 19th-century audiences viewing magic lantern shows “were often so shocked by the portrayal of this new and terrifying world that they fainted, cried, or talked back to the magic lantern screen”.

By the 20th century, audiences for Thomas Edison's first movies fled theaters when they beheld the sight of a locomotive heading toward them. People adjust.

Or they used to, Saffo said. These days, he said: "Before you get used to the old thing, it's evolved to a new thing. We're setting ourselves up for a situation where the line between fantasy and reality can be blurred beyond distinction."

A generation ago, there was an advertising campaign for a brand of recording tape that asked "Is It Live, or Is It Memorex?" Today the answer is becoming "Who knows?"

Jaron Larder, a pioneer in early versions of virtual reality simulators, now says he is troubled by the prospect of digital fakery. Especially since Sept. 11, he said, he has yearned for ways to gain a measure of certainty and trust, and says he would like to see a system of authentication for digital objects.

"If there's no way to establish what is true" he said, "we're sunk."

[end quoting]

This is a VERY important matter to keep in mind as the New World Order misfits continue to unfold their engineered events—like the September 11, 2001 tragedy—under ever more desperate conditions resulting from more and more people awakening to the lies they've been so long brainwashed to believe. There's nothing like a large-scale "tragedy" to paralyze an unsuspecting public with fear and stop them in their tracks.

Furthermore, if a certain level of seemingly sophisticated technology is available to we-the-public, what do you think is available to the elite planetary controllers? You savvy readers will immediately think of such secret shenanigans as "Project Blue Beam"—where satellite-generated three-dimensional holography is to be used to stage scenarios in the sky such as a "fake alien invasion" and a "second coming of Christ" to manipulate the masses along elite-desired avenues of controlled thought and action.

TOXIC INFECTION LINKED TO BABIES' CRIB DEATHS

From *THE DAILY NEWS*, Los Angeles, 4/26/02: [quoting]

By Emma Ross, Associated Press

MILAN, Italy—Sudden Infant Death Syndrome (SIDS), in which apparently healthy babies die inexplicably in their cribs, may be linked to infection with common bacteria, preliminary research suggests.

Researchers told a conference on infectious diseases Thursday that a shock-producing byproduct of *E. coli* was found in all SIDS babies tested for it in autopsies, but in none of the infants used as a comparison.

Experts not connected with the research said the toxic infection theory is plausible.

Despite decades of research, scientists remain mystified by SIDS, the top killer in the industrialized world of babies who are 1 month old to 1 year old.

Suspected causes have included sleeping position, passive smoke exposure, and genetic vulnerability. [Don't forget vaccinations—though you won't find that suggested in any controlled media account of this problem.] Infection is not a new idea, but this is the first time the specific *E. coli* protein has been implicated.

Many researchers favor a theory that brain-stem birth defects somehow affect arousal reflexes, so that babies don't wake up when problems arise in breathing, heart rate, blood pressure, or temperature.

However, some physicians doubt that such brain abnormalities are enough, on their own, to cause death.

"Mainstream researchers have concentrated on respiratory obstruction as a possible mechanism, without any evidence that would support such a mode of death" said Dr. Paul Goldwater, who presented his study at the European Congress of Clinical Microbiology and Infectious Diseases, in Milan.

"Those researchers ignored autopsy findings that consistently show wet, heavy lungs in SIDS babies. This is never seen in cases of suffocation" said Goldwater, a researcher at the Women's and Children's Hospital in North Adelaide, Australia.

Such a lung condition is often seen in cases of infection. Autopsies also consistently show small hemorrhages on the heart and lungs—rare in suffocation—and the blood of SIDS babies is unclotted, which is something never seen in suffocation cases, he added.

Furthermore, he said, SIDS deaths captured on medical monitors have shown that these babies died of a shocklike process, Goldwater said.

"The serum from babies who have died of SIDS is toxic to chick embryos and mice, indicating the presence of a toxin" he said.

In his study, Goldwater tested the blood of 68 SIDS babies and 60 other babies—some alive, some dead of known causes other than SIDS—for infections.

He started with the common gut germ

E. coli because varieties from SIDS cases are more often toxic to cells grown in a lab than are varieties found in healthy babies. [end quoting]

Several more independent (read: honest) researchers of this and related problems have come to suspect vaccinations as a major probable cause of this tragic kind of infant death. If you go back and read the clues in the above article AFTER you do some research concerning the TOXIC contents of so many vaccine serums—perhaps a likely suspect will become evident.

Yet there is much money to be made by the pharmaceutical companies to supply such vaccinations. And if your research is funded by these companies, even indirectly, then what's a scientist to do? Why, look the other way, of course!

Furthermore, there exists a New World Order agenda that pushes strongly (with constant scare-tactic guilt-laden media advertisements, as well as laws) for a whole series of vaccinations for babies and children. Why?

It is not much of a leap to hypothesize that some ingredients in those vaccinations begin the process of dumbing down the children for later easier control. And if that's not enough to get the job done, the children become the victims of a whole drugstore of legal "sedatives" once they've entered the school environment and are deemed to be suffering from "Attention Deficit Disorder" and related exuberant conditions not becoming a good New World Order sheep.

5 CUPS OF WATER A DAY KEEPS HEART RISKS AWAY

From *THE DAILY NEWS*, Los Angeles, 4/26/02: [quoting]

By Leon Drouin Keith, Associated Press

LOMA LINDA, California—Drinking five glasses of water a day can lower the risk of deadly heart disease, according to a study released Thursday.

Researchers at Loma Linda University said people who drank five eight-ounce glasses of water daily were about half as likely to die of coronary heart disease as those who drank two glasses or less. **The benefit was greater than that conferred from drinking a moderate amount of alcohol or taking aspirin**, the study said. [Bad news for both those money makers!]

In fact, drinking water appears to confer as much a benefit to heart health "as stopping smoking or lowering cholesterol" said Dr. Jacqueline Chan, the study's lead author.

“This is a really simple method” of preventing coronary heart disease, she said.

Coffee, soda, milk, and caffeinated sodas did not show any statistically significant heart benefits.

Chan said more research is needed to confirm the findings, but researchers already adjusted the figures to account for other potential factors in heart disease—fatalities such as smoking, calorie intake, exercise, blood pressure, and socioeconomic status.

The study, which was to be published in the *American Journal Of Epidemiology*, did not specifically explain how increased water-drinking might lower the risk of heart disease. But it noted that dehydration can elevate risk factors such as blood viscosity. The study also suggested that those who drank more water might be more health-conscious.

However, Chan said drinking more water now couldn't hurt. “There's no downside to increasing fluid intake” Chan said. [end quoting]

Sufficient water intake has been proven to be an amazing cure for many health problems. In fact, sufficient GOOD water and PURE salt—preferably good quality sea-salt—would probably cure more health problems than any other products or treatments. Without these two basics of all cellular activity, even an otherwise good diet won't keep you from bad health.

It is EXTREMELY interesting to note that this study (or more correctly, at least the above report on the study) COMPLETELY ignores the longtime superb research of Fereydoon Batmanghelidj, M.D., author of the astonishing—and still very very popular—1995 book *Your Body's Many Cries For Water*. Go to his very informative www.watercure.com Internet website for wonderful information the conventional medical establishment has been dearly trying to hold back from you for a long time. And drink at least eight glasses of good-quality water every day!

Of course, nothing beats a positive mental attitude when it comes to dealing with what life sends your way. Those of you readers who savor the powerful spiritual messages we share each month in *The SPECTRUM* will be amused and strengthened by the following wonderful advice:

RECIPE FOR LEMONADE: PRAYER AND MEDITATION

From *THE COSTCO CONNECTION*,
April 2002: [quoting]
Wally Amos: BE POSITIVE!

I am flattered and complimented by the favorable remarks I receive regarding my success. Yet I wonder, what is it in me that enabled me to start a company, lose it, start a new company, write a book about being sued while in the midst of being sued, then withstand the whole ordeal of litigation over my name and likeness, all with a positive mental attitude? What is it in any of us that enables us to overcome and grow through the daily challenges of our lives?

I can't speak for you or millions of others, but as for me, I am more convinced than ever that it is the **strong spiritual foundation** that undergirds every decision of my life. It is a combination of meditation and prayer that gives me a peace that truly does pass all understanding.

It is what Marilyn Ferguson calls “direct knowing” in her book *The Aquarian Conspiracy*. I know the result will not necessarily be what I want, but it will always be exactly what I need—and I can live with that.

The following are several prayers I've said just about every morning for many years. **They are at the core of my ability to turn lemons into lemonade.**

- There are no challenges in my life. Challenge implies doubt, and the trust and faith that I have in you, God, make doubt impossible. Therefore, I can only succeed. I can only succeed because I never do my will alone.

- Father, you lead me and you know that which I do not know. And yet, you would not keep me from that which you would have me learn. And so, I trust you to communicate to me all that you know for me.

- Father, I am peaceful; I am fearless. All things pass away. You never change. Patience obtains all things. I will wait for nothing if I have you in my heart and soul. You alone are enough.

If you are uncomfortable with the words “Father” or “God”, substitute another word that is comfortable for you. It's the feeling that counts, not the words. Now go make your lemonade!

Wally Amos is founder of Uncle Wally's Muffin Company. You can email him at amos@aloha.net or contact him through his www.wallyamos.com Internet website. [end quoting]

Sound familiar? But we can never be reminded too often about the proper attitude to have as we turn those lemons into BOTH lemonade AND lemon pie!

THE DMV MADE EASY (REALLY!)

From *POPULAR SCIENCE* magazine,
May 2002: [quoting]

A new driver's license in minutes, not hours.

Renew your driver's license, replace a lost or stolen license, or change your address without ever seeing a Department of Motor Vehicles agent. If it sounds too good to be true, it is—but maybe not for long.

The e-DMV concept, designed by Steiner Design Associates for VisionRx, scans your retina to verify your identity, gives an eye exam, and takes your photo before dispensing a new license. Not only does this save time, but it also frees agents to catch the bad guys using fake Social Security numbers and birth certificates. A scaled-down version that administers eye exams will be tested in New Mexico starting next month and could arrive at your DMV by late this year. — Suzanne Kantra Kirschner

[end quoting]

Does anyone suspect a hidden agenda behind the “pretty paper and ribbons” covering this package?

BAMBOOZLE BUSTER

From *POPULAR SCIENCE* magazine,
May 2002: [quoting]

When the scammers got tough, a crusader got going and going and going.

One day in 1992, as Bob Lougher sat at his desk at American Inventors Corp., he finally figured it out: “This entire operation is a sham!”

The company was raking in upward of \$10 million a year by selling a worthless patent search service to inventors. American Inventors had contracts with attorneys who conducted these searches. The inventions usually turned out to be unfit for a utility patent, the only kind that's valuable in the marketplace. But American Inventors would conceal this information and recommend a worthless “design” patent—pumping inventors for more money while leading them to believe, erroneously, that their ideas were marketable.

Lougher practically ran out of the building in disgust. But that wasn't the last his bosses saw of him: Lougher went after them.

Following a series of lawsuits, Lougher got the Federal Trade Commission to launch an investigation and, last year, Ronald Boulterice, president of American Inventors, was sentenced to eight years in prison, fined \$7.3 million, and ordered to pay \$2.3 million in restitution.

Other company executives were also convicted of defrauding some 34,000 inventors. The investigation also uncovered documents confirming that the company was responsible for several

death threats against Lougher and his family, and for bugging his home.

Today, Lougher is executive director of the United Inventors Association, a nonprofit group that helps inventors get their ideas marketed. It also teaches them how to avoid getting swindled, through meetings, publications, and its www.uitausa.com Internet website.

Unfortunately, he says, many companies still peddle sham services, but neither the FTC nor most state attorneys general offices are much interested in investigating them. Worse, despite the 1999 Inventor's Protection Act, unscrupulous companies are starting to sue inventors who file complaints. "They know inventors don't have the money to fight the suits" Lougher says. "More than 25,000 inventors are defrauded each year. These companies prevent thousands of new inventions from ever hitting the marketplace."

— Gunjan Sinha [end quoting]

It's about time that the lone inventor had an ethical group to help them. Of course, the elite controllers still hold their surveillance and ultimate control through the Patent Office, but at least lone inventors can have a much fairer chance of getting their inventions looked at legitimately.

Don't miss the article elsewhere in this issue of *The SPECTRUM* about one lone inventor's run-in with the elite planetary controllers over his method for greatly improving gasoline mileage. When inventions threaten the Big Boys, then the game takes on a whole different level of suppression.

CALIFORNIA JOBLESS RATE RISES TO 6.4%

From *THE DAILY NEWS*, Los Angeles, 4/15/02: [quoting]

California's unemployment remained nearly unchanged in March, as the Employment Development Department announced Friday that the rate inched to 6.4 percent.

While numbers have climbed since last March's 4.8 percent rate, they remain in line with February 2002, when the rate hovered at 6.2 percent.

Additionally, **1,115,000** Californians were out of work, an increase of 21,000 since the prior month, and up 285,000 compared with March 2001.

The service sector showed the largest gain in jobs added, with 12,100 more workers on payroll. [end quoting]

You can bet the unemployment rate is actually much higher if they report this amount. After all, it's not particularly comforting to be upbeat about the

KIND WORDS FROM OUR READERS

"I found your magazine through listening to the Art Bell show when Red Elk was on his program recently. I have read a number of articles on line [*on the Internet*] and found I just couldn't resist subscribing for more information you are putting out. Keep up the good work—perhaps enough of us will awaken from this deep slumber in time."
— M.G. from OK

"Wow, what an issue [*May 2002*]! Such revealing information; you're all something else to get it to us like you do, and 88 pages yet!" — G.B. from KS

"Dear *SPECTRUM* Staff, I have enclosed another donation in deepest appreciation for all your hard work in keeping us subscribers informed each month.

"It never seems to fail that with each issue we are provided information that allows us to take one step higher in our thirst for understanding, and our attempt to fit the pieces together.

"With utmost gratitude and love."

— W.C. from CA

"I appreciate the new magazine format and keep up the good work! Good luck and God Bless to all of you at *The SPECTRUM*."
— N.C. from CO

"Dear Friends, I get over anxious waiting for *The SPECTRUM* to arrive because I know it will be another super time for me to read! The articles are special. Thank you all for your hard work and long hours. People are awakening."
— V.B. from WV

"I don't know if this will ever make "Kind Words From Our Readers", but I want to thank you for sending me your magazine. The Laws of The Creation are needed, especially [*here*] in prison. Here are 20 stamps to help with God's work. More as I can."
— C.A. from IL

"I hardly know how to thank you all again, each month seems to bring another #1 best-seller for *The SPECTRUM*, and 'thank you' seems so inadequate. But it comes from my heart for all our relations.

"My goodness, Rick, that interview [*with Gordon Thomas*] was bloodchilling—ice cold to the bone. And again, as I said before, it is the perfect balance you present when we can read and re-read those wonderful Spiritual Lessons."
— M.P. from BC Canada

"Dear Rick, I was much encouraged by the number of emails I received since *SPECTRUM* published your interview [*last month with Gordon*]. They came from all over the place—France and Spain included. You are clearly widely read."
— Award-winning author Gordon Thomas, writing from his home in Ireland

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situation where a laid-off Silicon Valley engineer finds a job at McDonald's, cooking hamburgers! And remember the old saying: "As goes California, so goes the nation."

BABY, I LOVE THE WAY YOU WALK

From *POPULAR SCIENCE* magazine, April 2002: [quoting]

Down's kids learn to just do it.

Babies with Down's Syndrome typically learn how to stand upright and walk a year later than other children. But Dale Ulrich of the University of Michigan has found that by getting the

infants to work out on a tiny treadmill eight minutes a day, five days a week for six to eight months, he can speed up the process by as much as four months.

Ulrich wants to do a lot more than just get the babies up and around: He's hoping to improve their cognitive abilities. Research has shown that learning to walk helps stimulate the brain. Once children start toddling around, says Ulrich, it's easier for them to interact with their environment, which speeds up learning. Treadmill-trained babies also walk with greater strength and coordination.

This is good news because children with Down's Syndrome generally have to

work harder to control their muscles, says Ulrich (who also plans to try the treadmill on infants with Cerebral Palsy).

The babies begin training as soon as they can sit upright. At first, they take just a few steps while their parents hold them up. "She'll do a little double step and then let her feet dangle" said Randy Russo, when his daughter, Isabelle, was 10 months. Two months later, Russo is delighted with his daughter's progress. "She's doing exceptionally well" he says. "She has a little pushtoy that she holds onto as she walks around."

Ulrich is following the children's progress to see whether walking earlier does in fact improve their cognitive ability. He is very optimistic. "We can already improve the neural pathways that support walking" he says. "The baby brain can do a lot when put in the right context—and we believe the treadmill is that context." — Annette Foglino

[end quoting]

Sounds like this is a big breakthrough to help these children develop.

THE WRONG APPROACH TO COPY PROTECTION

From *PC MAGAZINE*, <www.pcmag.com>, 4/23/02: [quoting]

I'm disturbed by the debate in Congress over legislating copy protection on computers and other electronic products. During a recent U.S. Senate Commerce Committee hearing, Senator Fritz Hollirigs (D-SC) discussed a bill that requires makers of computers, digital televisions, VCRs, and other

consumer electronic devices to include copy protection technology that prevents those devices from playing pirated movies and TV shows.

Executives from Disney, News Corp., and other media companies support the legislation, called the *Security Systems Standards And Certification Act*, but technology companies oppose it, arguing that solid progress is being made in protecting digital content and that stopping all piracy is almost impossible. Meanwhile, *DigitalConsumer.org*, a new group started by two of the Excite founders, is promoting the "fair-use" rights to which consumers are entitled.

I understand the concerns about piracy and certainly agree that copyright laws are necessary, but I don't think the problem is as bad as some of the movie and music companies say it is. I make my living producing copyrighted material, but I worry about the downsides of just about any copy protection scheme. Copy protection required on every computer and electronic device will either stifle innovation or rapidly become outdated.

Back when most software was copy-protected, making legitimate backup copies was very difficult. And copy protection still didn't deter the real troublemakers: commercial pirates. Copy protection has mostly faded away, but it's making a comeback with Microsoft's product activation scheme.

Copy-protection systems inconvenience upstanding users and fail to stop crooks. On almost any sunny day in New York City, you can find people on many street corners selling cheap—and probably illegally copied—CDs. I've even started to see DVDs (which are copy-protected) for sale on the streets. So much for copy protection.

Almost any copy-protection encryption is breakable. And the harder that encryption is to crack, the harder it is for people to use software legitimately.

Let's say I buy a copy-protected CD. Under some of the schemes being promoted today, the CD will work in an audio CD player but not on my computer. That's because the record industry thinks I'll copy the CD for a friend or post the songs on a filesharing site.

Some people may do that, but many more just want to watch movies or listen to music on their device of choice. For instance, I bought a new CD last week, which I played on my home system, then ripped to my notebook, so I could listen to it on the train to work. I may even copy it to a portable player. I consider each of these uses reasonable.

I can imagine consumers' reactions if

technology and products in the future don't have the capabilities they do today. Obviously, those of us who play music on our notebooks will be reluctant to upgrade to new notebooks that don't have that capability. It's no wonder that most technology companies oppose copy protection in consumer electronics.

Another argument against copy protection is the evolution of the VCR. When it debuted, movie companies predicted it would hurt the movie market. Instead, tape and DVD sales became a huge portion of the movie industry's revenue!

To minimize illegal copying, the music and movie industries should strike back hard at commercial pirates. They should also educate consumers about what constitutes legal and illegal use, but they should do so in a way that assumes people want to support artists. And I have no problem with paying content makers for sales of blank discs. After all, when you buy a blank videotape, a small portion of the revenue goes to movie studios.

I really hope that lawmakers don't come up with a solution that severely limits how we listen to music and watch movies. Such an approach treats customers as criminals. But this doesn't let any of us off the hook. We should use the Internet to explore new media, not to avoid paying for them. [end quoting]

It's important that we let the politicians know where we stand on these issues. Or even more of our basic rights are going to be stolen under the excuse of "protecting us"—from ourselves!

PERSONAL AIRPORT SEARCH EXPERIENCE BY GRETA VAN SUSTEREN OF FOX NEWS

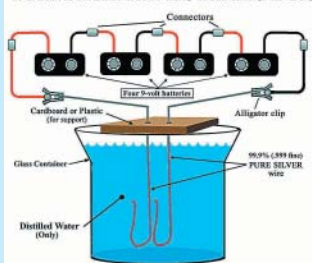
I couldn't find a transcript of this incident so this is what I remember of it.

Greta was going through the routine search at an airport when the ones who were involved were talking to each other about the search—but they were talking in a foreign language. This irritated Greta to the point that she wasn't going to just keep quiet to prevent a controversy, which could easily put her under arrest. So she challenged the authorities in charge that they had no right to talk about her situation in a foreign language and she wanted to hear what they were saying about her. They eventually did as she asked. Greta then told her frustrating story on her *Fox News Report*.

Some of you readers may vividly remember the scary story "My Day At The Airport" on page 7 of the December

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2001 issue of this News Desk. Now there's an absolutely frightening example of how our freedoms are being taken away from us—under the pretext of “protecting” us from “terrorists”!

SMOTHERING SPAM

Excerpted from *THE DAILY NEWS*, Los Angeles, 4/16/02: [quoting]

MORE SPAM ON THE WAY

Junk e-mails an average user can expect to see each year: 2002—700, 2003—860, 2004—1,050, 2005—1,250, 2006—1,480. Source: Jupiter Media Metrix

Tips For Stopping Spam:

- Report spam to your ISP so the provider can take action.

- Use the filters provided by your ISP.
- Complain to the spammer's postmaster. Just substitute “postmaster” or “abuse” before the @ sign in the spammer's e-mail address. Although spammers often use fake addresses, at least some of your complaints will get through.

- Use aliases instead of your own e-mail address to participate in public forums such as message boards or chat rooms or registering with websites or buying merchandise on line.

- Never respond to spam.
- Never follow “remove” or “unsubscribe” instructions. This only confirms to spammers that your e-mail address is valid.

- Choose an unusual e-mail address, and one that starts with a letter late in the alphabet, since spam attacks often run alphabetically and get cut off when an ISP notices the attack.

More Spam-Fighting Weapons:

- At www.mailwasher.net free software is offered that prechecks your e-mail before downloading. You can choose to delete the mail from the server and even bounce it back to the sender via your ISP's postmaster so that your e-mail address appears invalid.

- SpamWeasel is free filtering software you can download from the www.mailgate.com Internet website. It comes preconfigured with some spam filters, or users can set their own criteria.

- SpamMotel at the Internet website www.spammotel.com is a free web-based service that lets you give out an e-mail address that serves as an alias for your true address. A similar service is available at the Despammed.com Internet website.

- SpamKiller at www.spamkiller.com scans the subject, the sender's address, message, or headers to determine if an email is spam. Cost is \$29.95.

- Spam Buster at contactplus.com checks incoming emails off a list of known spammers. Cost is \$19.95.

- If you report spam to www.spamcap.net it will sort out where the spam came from and email the networks that support it. SpamCop publishes a blacklist of spammers that ISPs can use to block them.

- Spam Punisher also helps users track down a spammer's ISP and send the company a complaint. The free utility is available at the www.tucows.com Internet website. [end quoting]

Maybe the above suggestions will help those of you who are attempting to avoid getting buried in junkmail on the Internet.

CAN YOU ANSWER THIS RIDDLE?

From the INTERNET, <para-discuss@tje.net>, 4/12/02: [quoting]

A Paul Harvey Radio Program riddle:

When asked this riddle, 80% of kindergarten kids got the answer, compared to 17% of Stanford University seniors.

What is greater than God?

More evil than the devil?

The poor have it.

The rich need it.

And if you eat it, you'll die?

[end quoting]

(See answer at end of News Desk.)

PAPER FROM POND SCUM

From *POPULAR SCIENCE* magazine, May 2002: [quoting]

Shirts, shoes, and even magazines—all from a petri dish. Sound weird? Not to scientists at the University of Texas at Austin. Botanist R. Malcolm Brown and graduate student David R. Nobles have found that nine species of some of the oldest organisms on the planet called cyanobacteria naturally secrete cellulose—an essential component of all sorts of materials, including paper and fabric.

Cellulose is normally extracted from wood or cotton. But both sources contain impurities that are expensive to remove. For years, Brown has been looking for organisms that make a purer form of cellulose. Cyanobacteria, or blue-green algae, are a near-perfect candidate—they live mainly off water and light. But they don't have the stamina to pump out the stuff on an industrial scale.

The Texas team, however, is trying to genetically engineer the organisms to up their cellulose output. One day, vast cellulose sheets could be skimmed off

ponds of growing algae and the gelatinous goo turned into all sorts of materials. “We might never need to harvest trees again for wood or pulp” Nobles says. — Cliff Ransom

[end quoting]

The more we study Nature, the more amazing and useful are the discoveries living all around us. Many of you health-conscious readers already recognize the tremendously nutritious food value offered by blue-green algae.

SMART BANDAGES

From *POPULAR SCIENCE* magazine, May 2002: [quoting]

You may have noticed that some cuts heal quicker than others. Healing time depends upon whether a wound becomes infected. Benjamin Miller, of the University of Rochester in New York, has developed a smart bandage that warns of an infection by changing color in the presence of different types of bacteria. He says the technology also could be used to create “smart packaging” that tells consumers if the contents have been contaminated. [end quoting]

An even smarter bandage would eradicate the troublesome bacteria. Go back to the April 2000 issue of *The SPECTRUM* for a great story about the Silverlon Bandage and its remarkable success.

SHOULD YOU BUY A DIGITAL TV?

From *POPULAR SCIENCE* magazine, April 2002: [quoting]

Yes, HDTV is still coming, and it'll likely make your TV obsolete by 2006. If you're in the market for a new set now, here are your choices. By Suzanne Kantra Kirschner

Analog TV Resolution: 480 interlaced lines, meaning half the screen is refreshed at a time. PROS: Can't beat the price. In the future, you'll get analog versions of HDTV with a decoder. CONS: As soon as one of your friends goes digital, you'll notice how lame your picture is. You'll pay around: \$1,200 for a 32-inch monitor.

Digital TV Resolution: 480 progressive-scan lines, which allows the entire screen to be refreshed at once. PROS: Much better resolution than an analog TV, half the price of an HDTV. CONS: As with analog, you get black bars on screen; it's not true HDTV. You'll pay around: \$2,000 for a 32-inch monitor.

High-Definition TV Resolution: 720 progressive-scan or 1,080 interlaced

lines. PROS: The best picture (a lot of) money can buy. Tip: If you can't afford an HDTV yet, consider an HDTV-ready monitor; you can add the tuner later. CONS: Bring a credit card or two. You'll pay around: \$4,000 for a 34-inch HDTV [end quoting]

If you go shopping, be sure and compare prices they are coming down fast. The Internet is a great source for comparison shopping and product information, even if you decide to buy locally. The right website will give you more information than you will get from your local television store dealer.

SQUISHY CELLPHONES ADD A BUZZ TO CALLS

From *NEW SCIENTIST*, <<http://www.newscientist.com/news/news.jsp?id=ns99992206>>, 4/24/02, [quoting:]

Vibrating rubber cellphones could be the next big thing in mobile communications, allowing people to communicate by squishing the phone to transmit vibrations along with their spoken words. According to a research team at the MIT Media Lab in Cambridge, Massachusetts, the idea will make phoning more fun.

Many mobile phones can already be made to vibrate instead of ring when you do not want people to know you are getting a call. But these vibrations, caused by a motor spinning an eccentric weight inside the device, are too crude for subtle communication, says Angela Chang of the lab's Tangible Media Group. "They're either on or off" she says.

But when you grip Chang's prototype latex cellphone, your fingers and thumb wrap around five tiny speakers which vibrate against your skin around 250 times per second. Beneath these speakers sit pressure sensors, so you can transmit vibration as well as receiving it.

When you squeeze with a finger, a vibration signal is transmitted to your caller's corresponding finger, its strength dependent on how hard you squeeze.

She says that within a few minutes of being given the phones, students were using the vibration feature to add emphasis to what they were saying or to interrupt the other speaker.

Over time, people even began to transmit their own kind of ad hoc "Morse Code", which they would repeat back to show they were following what the other person was saying. "It was pretty easy to communicate, though we didn't specifically pre-arrange codes" says David Milovich, one of the students who

tried out the device.

Chang thinks "vibrallanguages" could take off for the same reason as texting: sometimes people want to communicate something without everyone nearby knowing what they're saying. "And imagine actually being able to shake someone's hand when you close a business deal" she says.

— Eugenie Samuel, Boston

[end quoting]

The above is an interesting commentary on the creativity of people. First someone invents a new feature that appears to be a useless gimmick; then other people find interesting uses that perhaps enhance our ability to communicate with each other.

MORE INTERESTING WEBSITES

<<http://antwrp.gsfc.nasa.gov/apod/ap020407.html>>, Eskimo Nebula picture—excellent.

<<http://www.cnn.com/2002/TECH/tech/03/13/zone.alarm.idg/index.html>>, Zone Alarm adds a lot more security.

<<http://www.themarsrecords.com>>, Free books about Mars.

<http://groups.yahoo.com/group/RMNEWS_DAILY_EMAILS/message/24672>, The entire Alex Jones' video, *911: The Road To Tyranny*, is available for free download (35MB, recommend high-speed connections) at his site: <<http://www.infowars.com>>, scroll down a bit to the link: "Download The Entire Film".

<<http://www.mcs.surrey.ac.uk/Personal/R.Knott/Fibonacci/fib.html>>, excellent for those who are interested in the "golden mean ratio".

LOOK UP

From Paper Clip <star_dusters@yahoo.com>, 4/24/02: [quoting]

If you put a buzzard in a pen that is 6 feet by 8 feet and is entirely open at the top, the bird, in spite of its ability to fly, will be an absolute prisoner. The reason is that a buzzard always begins a flight from the ground with a run of 10 to 12 feet.

Without space to run, as is its habit, it will not even attempt to fly, but will remain a prisoner for life in a small jail with no top.

The ordinary bat that flies around at night, a remarkably nimble creature in the air, cannot take off from a level place. If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can

throw itself into the air. Then, at once, it takes off like a flash.

A bumblebee, if dropped into an open tumbler, will be there until it dies, unless it is taken out. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

In many ways, there are lots of people like the buzzard, the bat, and the bumblebee. They are struggling about with all their problems and frustrations, not ever realizing that the answer is right there "Above" them. [end quoting]

An excellent parable, don't you think?

A LEAP INTO THE UNKNOWN

From the INTERNET, <paradiscuss@tje.net>, 4/15/02: [quoting]

A Leap Into The Unknown: A True Account, provided by Nina Fulford

When I was eighteen years old in Vancouver BC, I had made a date with a friend to go horseback riding.

As I was trained by a special person, I was always allowed to take the owner's horse out. My date was for 10 a.m. Sunday morning, in 1947.

As I was waiting for my friend, the building began to shake and sway like mad. My furniture rolled across the floor, my ornaments fell off the ledge around the walls of my fourth-floor room atop this house. When the earthquake stopped, I was picking up my broken things when my friend arrived.

When I asked him how he liked the earthquake, he was relieved. Thought he was having an attack. As a soldier he had been wounded in the head in the war. Anyway, we arrived in Deep Cove, picked up our horses, and headed out.

We ended up at a road that paralleled the Deep Cove highway one block up. I had never been on that road before, but it looked good, as it was dirt/gravel and good for a little race between us. Not realizing that the poor horses had just been through an earthquake, we started our race.

I was ahead by quite a bit when my horse went mad on me. I had no control over him, and as we sped along, with me trying my best to reign him in, we came to a slight rise. As we topped the rise, going like mad, I saw with shock and a sinking heart that the road made an abrupt left turn in only a few yards, and what was right ahead of me was a ten-foot heavy-steel fence going into a schoolyard.

There was absolutely no way that this horse was going to turn into the road. It

was out of it's mind, heading straight for the fence. As we hit the eight-foot grass verge, I closed my eyes. There was no way I wanted to see my death coming at me.

Seconds later, I opened my eyes to find me and the horse inside the yard. The horse was stopping and calming down.

As I was getting off, my friend appeared and went quite a few yards along the fence to struggle with a large gate and open it. When he came up to me, I asked him if he had seen what had happened. It seems that I was already in the yard when he topped the rise and looked into the yard.

Now, anyone on a horse can tell the movement of the horse, as you sway with it when it turns or veers. I felt no such movement. My friend had to struggle to open the gate. It had to be lifted up to move it.

When I told him all this, we walked over to the fence to see the hoof prints coming from the fence where we came through the solid steel rings. It turned out that my horse had thrown a shoe. Both the horse and I had gone through a steel fence like smoke.

When we walked the poor horse back to the stables, we told the owner what had happened without telling him about me going through the fence. He was so surprised. Seems that he had been the school janitor for years and said that fence gate was always locked. He had never heard of it being unlocked before.

— Nina Fulford [end quoting]

Our Angels never cease to fascinate us with their methods for protecting us and with the clues they leave for us to meditate upon. The most important message always seems to be that NOTHING is impossible where God (or His Messengers) are concerned!

THE FENCE

From an email contribution, 4/02: [quoting]

There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence. The first day the boy had driven 37 nails into the fence.

Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.


The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence.

He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there. A verbal wound is as bad as a physical one."

Friends are very rare jewels, indeed. They make you smile and encourage you to succeed. They lend an ear; they share words of praise; and they always want to open their hearts to us.

Please forgive those who have ever left a hole in your fence. [end quoting]

What a superb parable as well as a wonderful method of teaching a very valuable lesson. How often has it been said that words carry great power? Let us try to always use them to help and heal, rather than hurt, others.

(Answer to riddle on page 19: "Nothing") 

FLYING SAUCER FANTASIA

As planet Earth is approaching the implosion point from third density into fourth density (by most sources estimated to occur within ten years, "sometime" between 2011AD and 2013AD), **Brainstorm Fantasia, Inc.** is happy to announce the creation of a new publication ***Flying Saucer Fantasia***, that will be published semiannually, typically in June and December (with exception of Issue #1 that is scheduled for April 2002).

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AMERICA'S PERIL: The Israeli "Fifth Column" Operating In The United States

Editor's note: As Israel tries more and more desperately to hide the atrocities they are daily committing in the Middle East—all in the name of that now-popular excuse of "fighting terrorism"—their plentiful media stooges here in the United States are spinning stories so outrageous that even the half-conscious among the American public are starting to see right through the lies. After all, even those summertime stories about "the fish that got away" are constrained to higher standards of believability!

These spinmasters for Israel are part of a subculture within the United States known generally as Israel's "fifth column" of their military machine. And there is no more forceful (or effective) group of "foreign agents" at work than these—especially when you consider the full extent of their power and wealth and influence and downright authority over so many ones easily bought and controlled within our government.

Elsewhere in this issue of The SPECTRUM, Calvin Burgin addresses one of two very important matters about which we should all be aware concerning the Israel Lie. That matter is primarily of a much-suppressed eye-opening historical nature.

Herein, Eustace Mullins addresses the other of the two important fundamental matters—the extent to which Israel is "running" the United States on Israel's behalf, and how it has long been accomplished. Greed and blackmail and fear have pushed many an American of influence to sell out to the wishes of this sinister foreign agent in our midst.

In key respects, Calvin and Eustace dovetail and overlap in what they share with us—and that only amplifies the power of the arguments put forth by each fine scholar of Truth. Meanwhile, the pro-Israel whoppers being spun by so much of our print and broadcast media are helping even those Americans who don't usually pay much attention to such matters to become suspicious about what

is REALLY going on. And that's good.

We are grateful to Eustace for preparing this timely essay to share with all of us, despite a very busy touring and lecturing schedule right now. He just finished engagements in Pennsylvania and Ohio, and is looking forward to spending time with Rick and Gail of The SPECTRUM when their paths converge at the powerful "Conspiracy Con 2002" conference in the San Francisco Bay Area's "Silicon Valley" on May 25-26, 2002. (See the inside back cover of the previous two issues of The SPECTRUM for more complete details about this dynamite conference—which for the first time is also featuring, as a speaker, Eric Jon Phelps, author of Vatican Assassins, about longtime world control by the Jesuit Order. See outside back cover.)

While many of you are familiar with Eustace Mullins—the Great-Grandmaster of Truthbringing—for newer readers we will mention that Eustace is a longtime, highly respected (and often persecuted) author of five of the most well-documented, controversial, and hard-hitting volumes ever published on the crooks in high places and how they have long controlled world affairs to conform to their own agenda.

Though his books are CONSTANTLY in demand, like the rest of us who bring Truth he is poor and has little monetary resources at this time with which to reprint these fine manuscripts. However, the good news is that several of these long-out-of-print volumes are now again available, as we note in a nearby box.

For those of you who may not be familiar with his most important classic research works, they include:

- THE CURSE OF CANAAN: A Demonology Of History,
- MURDER BY INJECTION: The Story Of The Medical Conspiracy Against America,
- THE WORLD ORDER: Our Secret Rulers,
- THE SECRETS OF THE FEDERAL

RESERVE, and

• RAPE OF JUSTICE: America's Tribunals Exposed.

We are, as always, deeply honored that Eustace chooses The SPECTRUM as the vehicle through which to share his exquisite writings, in turn to share with you who read AND SUPPORT this conduit of Truth.

We are in the time of The Great Awakening on planet Earth. No stone shall be left unturned, as that which has long been hidden is brought out for all to view. Those who don't simply lower their heads and hide or run are the honest Seekers of Truth who will appreciate the value of what follows.

4/29/02 EUSTACE MULLINS

While nervous young soldiers prowled public buildings, fully loaded weapons at the alert, the real danger to America is under no restraint whatsoever.

While "Homeland Security" under Tom Ridge daily issues new warnings of terrible catastrophes about to occur, the wreckers go about business as usual, conspiring to force the United States into igniting World War III. They intend only one survivor of this conflict.

After one billion nine hundred thousand Christians assault the Muslim nations, one billion inhabitants to be put to the torch, as has been happening to the luckless Palestinians for half a century, a winner will emerge from the rubble. It will not be the United States, but the State of Israel, which previously was renowned as the only winner of the Second World War.

President Bush unwittingly gave the show away when, shortly after 9/11, he hailed his new war as The Crusade. His Israeli advisors quickly informed him that, because it indeed was a repeat of the Crusades of the thirteenth century, he must call it something else. The glamorous Hollywood denizens who had inhabited the Lincoln bedroom during

Clinton's presidency had departed for the bright lights, and Bush's advisors finally came up with the very lame title, Homeland Security.

Triumph Or Tragedy?

At the very moment that Israel seems to have at last ensured its final victory over the non-believers, its fate totters in the balance. The scorched earth policy of Sharon, inflicted on the Palestinians, at last awakened world outrage. The genocide of women and children, hitherto ignored by the Arab nations, finally struck a nerve, as the other 33 Muslim countries openly targeted by Bush and his advisors, belatedly were stirred to protest.

The *Wall Street Journal*, the leading propaganda organ of Tel Aviv, noted on April 25, 2002 that Egyptian President Hosni Mubarak had denounced the Jenin massacre as "despicable crimes", that Amnesty International threatened action to punish "possible war crimes", and that the United Nations envoy described the Jenin massacre as "totally unacceptable, and horrific beyond belief".

Already the Jenin incident has moved from "battle" to "massacre". And it is now being widely referred to as "the Jenin Holocaust".

Nationally known columnist Charley Reese, in his column of April 22, 2002, unleashed his strongest language yet towards Israel, stating unequivocally that "The Israeli government is a world-class liar. You can count on almost anything it says as being all false, part true and part false, or true but out of context."

On April 24 he returned to the subject with his column headlined "American Empire Braces For A Fall" and sub-headed "U.S. Foreign Policy Dictated By Israel". Reese's column was a devastating attack on Bush's prized envoy, Colin Powell, who returned from Israel as the new contender for the Neville Chamberlain Prize for peace in our time.

Reese said: "Powell has disgraced himself. He did the ritual moaning and groaning about six Israelis killed by a suicide bomber, but said nothing about the hundreds of innocent Palestinians killed by the Israelis. He has not gone to Bethlehem to see the gratuitous and malicious damage. He has not gone to Jenin to smell the decomposing bodies. He has not uttered a single word of criticism of Israel. Thanks to Mr. Powell, President Bush, and Mr. Sharon, America's credibility has been shattered. Israel, it turns out, does indeed run U.S. policy. The Secretary of State sings from

the Israeli songbook."

This is the "diplomat" who, only a few months ago, was touted everywhere as the next President of the United States, to be elected by acclamation, without even a campaign. This "grass roots" movement, sponsored as usual by the military-industrial complex, collapsed when *Nation* magazine published a short article describing how Powell, who was named "The Fixer", had successfully covered up the My Lai massacre in Vietnam, thereby saving the scalps of many important military leaders, who then conveniently found a second lieutenant, William Calley, and declared him the sole instigator of what became the most famous massacre in our military history.

It was because of this talent that Powell had been selected by Caspar Weinberger, Secretary of Defense, as his frontline defender against a largely Black army. Weinberger could continue to run the military, while Powell deflected any complaints from the burgeoning Black enlisted men.

After the *Nation's* exposé of the My Lai massacre, Powell's Presidential balloon vanished from the memory of men, and he had to be content with a Cabinet position.

The "Fifth Column"

Although infiltrators have been known in military campaigns for thousands of years, such as the Trojan Horse, the term "fifth column" originated during Spain's Civil War, when Lt. Gen. de Llano noted a secret group of Franco sympathizers in Madrid who made it possible for Gen. Franco to overthrow the Communist government of Spain.

As Charley Reese pointed out, the Zionist "fifth column" now runs Washington, unopposed by any political or military force. Lawrence Eagleburger—former acting Secretary of State, former Ambassador to Yugoslavia and architect of the Yugoslav disorders which successfully carried out Adolf Hitler's World War II campaign to bomb Yugoslavia into rubble, executed by NATO, the successor to Hitler's Nazi empire—had moved into the vacuum of power left by the late Communist dictator of Yugoslavia, Tito. He was the protégé of Congressman Melvin Laird, who became Secretary of Defense and the commander of the military-industrial complex.

Today this complex of power reveals many of the same old faces in Washington, going back to Nixon's presidency. Eagleburger had been

special assistant to Dean Acheson, Secretary of State, and on the staff of Walt Rostow, eminence grise of the conspiracy in Washington for many years.

[*Editor's note: The term "eminence grise" is an expression of French origin meaning "gray eminence" or disguised power. It refers to a person who wields unofficial power, especially through another person, and often surreptitiously or privately.*]

Eagleburger then became the understudy of Henry Kissinger, and was named head of Kissinger Associates, the powerhouse firm which represented major corporations in the military-industrial complex.

Dick Cheney, now Vice-President and a missing person, was known for years as Rockefeller's man in Washington. (But aren't they all?) He represented the Rockefeller holdings in Wyoming, the vast acreage bought by Rockefeller Jr. in 1924, including their ranch at which President Clinton was a frequent guest.

Jackson, Wyoming was famed for a century as an outlaw refuge—the "hole in the wall" where killers could live in peace. In 1990, the present writer was nearly burned alive at the Anvil Motel, when persons unknown stacked bales of hay outside his room and saturated them with gasoline. Although it was three o'clock in the morning on Friday the 13th, I was awakened by the roar of flames and fled in a T-shirt in ten-degree weather.

Cheney proudly represents the outlaw history of Jackson Hole. He was chairman of Halliburton Company, the secretive oil empire, where he was controlled by a famed Rothschild representative, Lord Clitheroe.

Lord Clitheroe for many years was chairman of Rio Tinto Zinc Corporation, the principal holding of the Rothschild family for centuries. As Rio Tinto Zinc, it was a holding company controlling vast quantities of minerals throughout the world, including gold and silver.

Also on the board of Halliburton with Cheney was Ray Hunt, youngest son of the entrepreneur, the late H. L. Hunt, who generously gave each of his children one hundred million dollars on their twenty-first birthday.

Smiling Don

The media claims to have been totally captivated by our military commander—not President Bush, but his chieftain, Donald Rumsfeld, who is an old Washington hand, holding the highest posts for the past thirty years.

Rumsfeld was director of the Office of Economic Opportunity, assistant to President Nixon, Special Envoy to the Middle East, Ambassador to NATO, and President Ford's Chief of Staff. He also was appointed chairman of General Instrument Company, and president of G.D. Searle, the giant drug conglomerate, the jewel of the Rockefeller's vast drug empire.

Rumsfeld's boss, G.D. Searle, is an important cog in the London Connection, serving on the board of the super-secret Ditchley Foundation, with such luminaries as Donald Perkins of J.P. Morgan Co. Its American branch was run by Cyrus Vance, former Secretary of State and director of the Rockefeller Foundation. It is the agent of the notorious Tavistock Institute in London, which invented brainwashing, which routinely brainwashes our government and business leaders in the methods of the New World Order.

Rumsfeld is also a trustee of the super-secret think-tank, the Rand Corporation, a director of the Tribune Company one of the world's largest newspapers, and is a director of Brown Boveri, an important munitions firm. He holds the Eisenhower Award, the Medal of Freedom, and the George Marshall Award.

Paul Wolfowitz And The Shock Troops

Donald Rumsfeld's second-in-command at the Department of Defense is Paul Wolfowitz, who also happens to be the leader of the Israeli War Party in Washington. The Wolfowitz faction wants to attack Saddam Hussein tomorrow, or, at latest, by next weekend.

On April 15, 2002, celebrated by most Americans as a day on which to turn over their earnings to a benevolent government, Paul Wolfowitz led a giant "Solidarity With Israel" rally in Washington. Many thousands of fanatical Zionists screamed their support of Wolfowitz and the Israeli War Party.

Washington insiders whispered that never in their years in the Capitol had they witnessed a United States Government leader cheering on an attack against any foreign nation while appearing in public in an official capacity as a U.S. Government employee. The White House remained silent about Wolfowitz's rally, thus giving unofficial presidential approval to his demands that Iraq be attacked now.

Bush has an unlikely public supporter in the plan to attack Iraq. He is Putin, President of Russia and a lifelong KGB agent. He came out for a U.S. attack on

Iraq many months ago, a rare instance where a Soviet leader backed the military plans of the United States.

In my researches some years ago, I came upon a remarkable fact: that although the principal intelligence agencies of major nations make a great show of their ongoing rivalry, at the very top, I discovered that the leaders of these agencies work together.

In the rarefied world of the CIA, British Secret Intelligence Service, Mossad, and the KGB, there is a remarkable unity of goals. KGB agent Putin supports the military plans of President Bush, whose father, ex-President Bush, was head of our CIA. Theoretically, they should be deadly rivals.

We remember British SIS agent Kim Philby, who went from London to become a Lieutenant General in the KGB in Moscow. Prior to his alleged defection, he had been welcomed in Washington and given free access to the most confidential files of the CIA and the FBI. He then defected to Moscow with our most priceless classified information.

However, this camaraderie at the top does not extend to lesser agents, who, if suspected of collaboration with rivals, would promptly be eliminated.

Other Top Leaders Of The Israeli War Party

The Israeli fanatics in Washington try to persuade other political operatives that they are "conservative". But in fact they have always described themselves as "neoconservatives"—leftwing loyalists whose relationship to American conservatives is like Stalin's relationship to George Washington.

Peter Steinfels, in his definitive work *The Neoconservatives*, permanently defines this political anomaly:

"The leading conservatives who were socialists in those years (the 1930s) were virtually all anti-Stalinists (Trotskyites)... Well-drilled in Marxist texts and socialist history, bloodied in the tribal wars between Communists, Democrats, Socialists, and fifty-seven varieties of Trotskyists, they were already trained and in motion when the Cold War put their skills at a premium."

Steinfels goes on to point out (p.50): "Neoconservatives have been strong supporters of Israel." This is the understatement of all time.

The "fifth column" is headed by Billy Kristol, who served as chief of staff for the senior Bush while Vice-President. He has been notably absent from the inner councils of the present White House

because of his frenetic activities on behalf of the Israeli War Party.

Scion of a fine old New York Jewish Socialist family, Billy's father, Irving Kristol, is a prolific writer and speaker on behalf of Socialism—or, as it is more politely known, the New World Order. Billy Kristol is welcomed on all the major television talk shows, and edits *The Weekly Standard*, a neoconservative paper financed by the largesse of Rupert Murdoch, one of the world's preeminent publishers.

Fundamentalist Christians

One of Kristol's closest associates is Gary Bauer, for years a leader of the Christian Coalition, who campaigned for President on the platform that he would be the shortest president in our history. He came up short, and returned to his platform as a Christian defending the State of Israel.

He and his compatriots, Jerry Falwell and Pat Robertson, equate being a Christian with being a terrorist for Israel. One of Falwell's great pals was Menachem Begin, whose life as a terrorist has served as a model for all young Israelis. When Mike Wallace asked Menachem Begin, during an appearance on the program *60 Minutes*, "Did you bring terrorism to the Middle East as a weapon?" Begin arrogantly answered: "Not just to the Middle East, but to the whole world!" (Does this include 9/11?)

The Christian fundamentalists excuse any atrocity committed by Zionists against Arabs on the grounds that they are fulfilling the contract with God by settling the present State of Israel. However, in so doing, they conveniently ignore the writings of one of the most famous Jewish scholars, Arthur Koestler.

[*Editor's note: See Calvin Burgin's article elsewhere in this issue of The SPECTRUM for another reference to this superb Jewish scholar—whose Truth the Zionists have labored long and hard to suppress.*]

In his definitive work, *The Thirteenth Tribe*, Koestler points out that the present Israelis are descended from a Russian tribe, the Khazars, a Turkic-Edomite clan, who adopted the Jewish faith. Not only are they not Jewish, but they have no relationship or kinship with the Hebrews, with whom God made the covenant, with Abraham, to give them the land of Canaan.

Because of his unimpeachable scholarship, Koestler earned the undying enmity of the Israelis. He and his wife died mysteriously in their home in

London, and were promptly labeled “suicides”.

Early American colonists fervently believed that they were the descendants of the original Hebrews, and that God had sent them to America to build the new Israel—as Samuel Adams and many other patriots declared at the time of the Revolutionary War. The principal goal of John Dewey, in “reforming” our schools, was to eradicate all reference to this understanding of the Founding Fathers, and to eliminate any “religious” presence in our schools—leading to the present prominence in the curriculum of advocates of homosexuality, drugs, and other depravities inflicted upon helpless American children.

In its Sunday edition of April 21, 2002, the *New York Times* gave a banner-headline front-page story to the neoconservative work of Kristol and Bauer, praising them for their tireless work on behalf of Israel. Such a front-page story is usually reserved for world leaders, rather than for a pair of propagandists who have never been chosen for anything except mouthpieces for unidentified financial backers.

Gary Bauer recently appeared on Bill O’Reilly’s show to offer a spirited defense of the Israeli perpetrators of the Jenin Holocaust. Bauer praised the Israelis for their “democratic leadership” at the very time their storm troopers were gunning down Palestinian women and children.

Bauer, Falwell, and Robertson have for years assured the gullible American public that not only are the Israelis fulfilling God’s promise to the world by conquering Arab lands, but that they also are bringing on Armageddon, Earth’s final conflict, whose bloodshed will cleanse the world. These bloodthirsty “Christians” eagerly anticipate a worldwide holocaust which will bring their sort of “peace” to the world.

The *New York Times* rivals the *Wall Street Journal* as Israel’s chief apologist. A prominent columnist on the *Times* is William Safire. While most of President Nixon’s aides went to prison, Safire, Garment, and other Israeli spokesmen were never indicted. Safire then was hired by the *New York Times* to represent conservatives in this country.

He interpreted this commission as an order to propagandize for Israel, a mission in which he already had a great deal of competition on the *New York Times*.

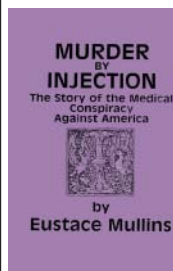
The Chris Matthews Exposé

On March 30, 2002, Chris Matthews, columnist and host of the popular news show, *Hardball*, wrote a lengthy exposé of the Israeli “fifth column”—naming Billy Kristol, Robert Kagan of *The Weekly Standard* (which Kristol edits, thanks to the munificence of Rupert Murdoch), Frank Gaffney of the *Washington Times*, William Safire of the *New York Times*, David Frum, Joseph Shattan, and Secretary Paul Wolfowitz as the usual suspects. This caused a young reporter on the *Washington Post* to do a story on this group, but it was edited out of later editions.

Gaffney, of the *Washington Times*, is also an indefatigable Israeli apologist. The *Times* itself exists because of the generosity of the American taxpayer. It was financed from the millions garnered by Rev. Sun Myung Moon, from the Korean CIA, which in turn was financed by the American CIA.

[Editor’s note: Born in 1920, in South Korea, Moon was an engineering student and dock worker before founding, in 1954, the Unification Church, with a doctrine loosely based on Christianity as interpreted by Moon, who is regarded by his followers as God’s messenger. In the early 1990s the church reported 40,000 U.S. followers and 3 million worldwide. Moon and his followers have been accused of brainwashing converts, and of various other illegal activities, and he was convicted in 1982 of conspiracy to evade taxes. Of

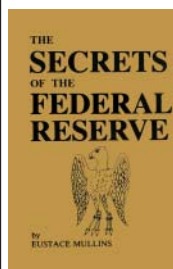
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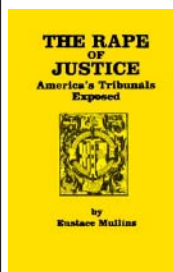
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This book reveals the “Secret Code” which judges and lawyers use to deny you your unalienable and civil rights protected by the *Constitution*. Some of the topics covered are: Legal Anarchy; The Origin of Law; A Plague of Lawyers; Judge Not; The Supreme Court; The Department of Justice; The Court as Arena; Freedom of Speech, Anyone?; Taxation Without Hope; The Taxing Power; Mullins on Equity; Our Legal Future.

535 pages **\$18.00 (+S/H)**



A Writ For Martyrs by Eustace Mullins

This is a fully documented exposé of the atrocities which federal agents regularly commit against American citizens.

This book reproduces 121 pages from Eustace Mullins’ FBI file, which he obtained only by the personal intervention of a college classmate, Senator John Warner, Rep. Of Virginia. The FBI refused for two years to send Eustace his files through FOI (*Freedom of Information Act*) inquiries. And when Eustace found it, he discovered a plot by the FBI, with 60 pages of memos, in which J. Edgar Hoover personally ordered that Eustace be committed to a mental institution for life.

On the basis of these revelations, Eustace obtained two “Default Judgments” against the FBI in Federal Court. As these were “Default Judgments”, they were duly recorded. One judgment was for \$50 million, and one for \$35 million, which remain on the books today, as “Default Judgments” against the FBI.

This book also documents atrocities committed against Eustace’s handicapped sister, his ailing mother, and his invalid father, who all died of heart attacks after daily harassments by the FBI terrorists.

Mullins was one of the principal victims of the notorious FBI counter-intelligence program called COINTEL, a program set up by Alex Rosen, one of five FBI assistant directors. This entire COINTEL program was actually organized by the Anti-Defamation League of B’nai B’rith, and the Mossad intelligence agency.

This entire book is based on official reproductions of government documents which Mullins obtained through the *Freedom of Information Act*.

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course this all smells of CIA operations, as Eustace bluntly states above.]

The *Times* was set-up by Arnold de Borchgrave, a relative of the Rothschild family, ostensibly to counteract the *Washington Post* and give our nation's capital a "conservative" newspaper. It has always outranked the *Post* in its fervent support for Israel.

I was once interviewed by two of its reporters on the promise of a front-page story on my Federal Reserve book. They cross-examined me for three hours. One of them, Rosenblatt, became more and more vicious until I terminated the interview. Not one word of the interview ever appeared in the *Times*. They had used the occasion to harass me, and nothing more.

The Hoover Institution

The old line Trotskyite Communists found a haven in the Hoover Institution at Stanford University after Stalin murdered their leader. They bided their time until Ronald Reagan came along, and swept into Washington like a conquering army during the famed Reagan Revolution. Nearly all of Reagan's transition team was recruited from the Trotskyites from Hoover, and they continued to dominate his administration.

Midge Decker was even given an office in the White House as the head of something called Committee For A Free Europe. Its goals, and her duties, remained shrouded in secrecy. She was the wife of Norman Podhoretz, editor of the American Jewish Committee publication, *Commentary*, which never failed to denounce Arthur Koestler as the greatest traitor of the Jewish people.

Podhoretz boasted openly in his recent autobiography that the neoconservatives had deliberately kept the Cold War with Russia going for forty years to assure Israel of a steady supply of weapons from our swollen "defense" budget.

In 1996 I wrote *The \$5 Trillion Cold War Hoax* which exposed this travesty.

Few Americans are aware that the "conservative" foundations and publications are totally financed by "neoconservative" Israel Firsters. We rejoice that we have such "conservative" outfits as *The National Review*, founded by Skull & Bonesman William Buckley, a former CIA operative who seems to have ample funds for his magazine, always with CIA provenance. The American Enterprise Institute, the Heritage Foundation, and others of their ilk reveal overwhelming Rockefeller support from Chase

Manhattan Bank and Standard Oil Corporation.

These groups are now out in the open about their commitment to Israel, and their lack of commitment to the security of the United States and its inhabitants. Billy Kristol's father, Irving, was quoted in Steinfels' work *The Neoconservatives*, as telling him: "Neoconservatism is not at all hostile to the idea of the welfare state."

Billy Kristol's college roommate was Alan Keyes. Because of that fortuitous connection, Alan Keyes obtained funds to run for the Presidency, and now has a nightly television program, on which he rails against critics of Israel, and demands the immediate immolation of Iraq. Charles Krauthammer is a featured columnist in the *Washington Post* and many other newspapers, who makes no secret of his absolute loyalty to the State of Israel, and of his hatred of anyone who dares to criticize its operations.

Pat Buchanan earned the undying enmity of these loyalists by terming them "the amen corner"—a humorous reference to their knee-jerk responses on behalf of Israel, no matter what the occasion. Since then he has been dismissed as "anti-Semitic", which in recent years has been exposed as meaning "anyone who dares to criticize the State of Israel". It is usually linked to the term "terrorist"—with the implication that anyone who is not totally approving of Israel is the sort of person who carries out suicide-bomber attacks against the Israelis.

The hatred, vituperation and utter lack of balance which the Israeli "fifth column" daily exhibits in the United States would be ludicrous if it were not also the greatest danger now facing Americans. Their insistence on launching Armageddon, World War III, with the resultant horrors to be inflicted on the American people, is sufficient for all of us to unite, as we once united behind our Founding Fathers, and reply as one voice—that although we were stampeded into, and lied into, two World Wars, we will now dedicate ourselves to the wellbeing of our people and our nation. This will ensure that we continue our glorious role as the Light of Freedom for the entire world.

The Program For Americans

What can you, as an American, do to avert the deadly danger which the Zionist "fifth column" poses to all Americans? Your President has agreed to lead us in "A New War", an open-ended commitment against terrorism anywhere

in the world. However, he has also qualified his position by stating that America's only purpose is to help Israel. "We will not let them crush Israel" he has stated as his latest policy goal.

What he is saying is that America has only one purpose on this Earth: to fight to protect Israel. As he stated this, he seemed to have aged thirty years, and now looks older than his father. How much more pressure can he take from the Zionist "fifth column" before he begins to crack?

You can help our President by agreeing that we are now at war, and during a war anyone who gives aid and comfort to the enemy shall be punished by death. This means that anyone supporting the work of the Zionist "fifth column" in destroying America must be arrested, indicted, tried, and punished to the fullest extent of the the law.


Come to the aid of your President. Help us to save him from the fetid presence of the Zionist "fifth column" in our halls of government in Washington.

The Great Crusades

During the Crusades of the thirteenth century and later, the Christians won only the First Crusade. They then returned to their European homes. The Muslims retook Jerusalem, and during many subsequent Crusades, the Christians lost everyone, leaving the Holy Land in the realm of the Muslims.

This means that President Bush has launched us on a course of military intervention to save Israel which we cannot win. History tells us that we cannot win this struggle. Gary Bauer, Jerry Falwell, and Pat Robertson tell us that we must undertake this crusade, so that the Zionist millions of dollars for propaganda will continue to flow into their coffers.

America is a presence in the world. We must guarantee that America's presence continues, not as a lackey for the conspirators of the Zionist "fifth column" in America, but as the forgers of a new world—a world in which liberty, justice, and freedom will be available not merely to Americans, but to all peoples. We must abandon the Pretenders of the Holocaust, and leave them to their just deserts, while we carry on God's work in His World.

We have always had a very simple choice to make, but we have been deluded by the voices from the sewers, the delusions forced upon us by Satan. Come back to God's world, and end your doubts and errors. This is your choice to make. Make it now. 

Testing And Sorting In These Final Hours

4/11/02 ESU "JESUS" SANANDA

Peace be with you. Esu present in Radiance and in Service to the Father, and unto The Creation, and for the greater benefit of man.

I gave you the signal and you responded. Thank you. Listen, please, scribe, for that signal, for at such a time I need for you to write what I give to you. Time is short, and many people are petitioning of me for Guidance. It is my sacred responsibility to answer their petitions.

I come to you this day to speak about the final hour. How may I speak in such terms as "final"?

By this term I mean that your world is divided, turbulent, violent; man is beset against man. And yet there are others on your place who are feeling the Lighted frequency increase that brings about Peace, Gratitude, Compassion, and yes, Love.

May these two divergently opposed forces live side-by-side forever? It has been so, up until now—and yet I tell you that a separation is imminent.

I do NOT say that tomorrow, at such and such a time, something will happen.

I AM saying that soon, by OUR counting, there shall be a reckoning. This is not something to be fearful of, but rather, it is something to be excited about, to look forward to, to rejoice about.

God IS in His Heaven—of that you may be sure! And the conflict that is occurring on your place is witnessed by MANY, including the very Hosts of God.

Why do I not bring a stop to the madness? Because the hour of my return has not yet come.

Has it not been written in your *Bibles* that there shall be no peace? There is such conflict not only in the Middle East, but in other regions around your world—so much so that your planet is about to explode into a global conflict that shall inflame continents.

God shall protect His people, wherever they may be—of that you may be sure.

I am close, indeed, to your planet.

Michael is with me. Gabriel is with me. Other faithful trusted friends of the Hosts are with me.

Seek Peace. Seek Love. Seek Compassion. For that which you seek, that which you hold in your hearts, you shall find!

Those who CHOOSE conflict shall know only conflict.

Seek the path of Service leading to Joy. The separation SHALL occur, and those of Service and Love and Compassion shall know Heaven-on-Earth, forever.

Will this Heaven-on-Earth be on this same Earth, or on a parallel planet of Earth? Ah—the master story-teller never reveals the ending of the story before its time!

Suffice it to say that God's people shall be rewarded for their selfless years of Service 100-fold, beyond their ability to even comprehend at this time. That is the promise for Service, from the Father.

The temporary, passing, material world in which you find yourselves now is but a fleeting blink of an eye. What loving Father would reward a loving child with a cut flower that but wilts in a day? Nay, the loving Father would create a garden of flowers that shall bloom season after season to provide joy for the child for years and years and years. Such is the nature of reward in the Heavens.

Think not in your limited, tiny little boxes. Even those who think in terms of NESARA, in terms of caches of gold, are so very limiting of the Father in His Glory. If you could create a forest in all of its splendor, in the blink of an eye, what need have you of worthless printed debt-notes?

Come now, my people—broaden your horizons, open your eyes, THINK!

God has never asked you to Serve without reward. But I tell you surely that SERVICE IS ITS OWN REWARD. For selfless Service is the highest calling a being may have; and answering that call to Serve is honored by the Hosts with such gratitude as you cannot imagine.

I SERVE WITH BROTHERS AND SISTERS OF LIGHT FROM MANY REALMS, MANY PLANETS. THEY ALL

COME IN SERVICE TO YOU, THEIR YOUNGER BROTHERS AND SISTERS. THEY SERVE—DAY IN, DAY OUT, DAY IN, DAY OUT—SELFELESSLY, KNOWING THAT SERVICE IS THE ONE TRUE CALLING THAT BENEFITS THE WHOLE OF THE CREATION.

You, the younger brothers and sisters, are connected to God and The Creation. As you grow, so grows the whole. ALL is connected to ALL. It simply is a Truth that your Elder Brothers understand fully.

As you, too, grow in your dimensional awareness, you, too, shall seek Service for the benefit of your younger, less mature brothers and sisters.

But the call for Service that is coming shall be a call for Service to brothers and sisters of Light, who do not dwell in Darkness, who do not wish to kill one another—but rather, who wish to benefit, also, the whole of Creation on the Earth, which shall be a paradise and a light unto the whole of Creation.

MARK MY WORDS, FOR THEY SHALL COME TO PASS IN YOUR LIFETIME!

Be at peace and KNOW that we are close. We see. We know well that which is transpiring in the back rooms of the White House, in Peking, in London. ALL is known to us, and ALL shall be revealed. Those who have been traitors to mankind shall feel the sting of that treachery.

YOU OF GOD'S PEOPLE—AND LET ME BE VERY CLEAR ON THIS: I DO NOT SPEAK OF GOD'S PEOPLE AS CHRISTIANS OR OF THE CHRISTIAN FAITH, I SPEAK OF ALL OF GOD'S PEOPLE, WHATEVER COLOR OR WHATEVER RELIGION YOU MAY BE—IF YOU HAVE SERVED YOUR FELLOW MAN IN HONOR, WITH COMPASSION, AND WITH LOVE IN YOUR HEART, WITH THE INTENT OF SERVICE, YOU SHALL BE RECOGNIZED AND REWARDED AS ONE OF GOD'S PEOPLE.

STOP THE IGNORANT FOOLISHNESS OF LIMITING WHAT GOD MAY DO OR HOW GOD MAY

VIEW HIS PEOPLE. THIS IS GOD'S CREATION. DO NOT LIMIT HIM BECAUSE YOU ARE LIMITED!

Love God with all your mind and all your heart and all your being, for God so loves you with all of His.

You each shall come to know the Days of Light. For the Days of Light shall bring with them such glory, such grandeur, such splendor, such Joy as you cannot imagine. Rejoice that God is in His Heaven and God's people will be united and recognized and rewarded for their Service.

Be at peace and know that certain actions and events MUST play themselves out on the Universal Playing Field.

May the Day of Light find you in the Light, and not in the Darkness. Ponder these words and act upon them. Now is not the time for laziness, or half-hearted measures. I would have you hot or cold!

You are loved beyond measure.

Go in peace this day, for I am close.

I am Esu, returned as Sananda, meaning One with God.

Let not names cause confusion, but rather, let the overall concept shed Light, for ALL is Light!

4/17/02

Esu present in Radiance and Service.

There is a Great Awareness opening in the minds of those within the military and secret circles of clandestine activities. That Awareness is expanding into seeing other possibilities than the ones that are being put forth by those of limited thinking within the power structure of your country. It is causing conflict within the hearts and minds of those in the military and clandestine circles, for there is an increasing awareness that much could be handled differently, more effectively, more peacefully. And thus, you have a division taking place even at the highest levels of government.

Those who seek to destroy, who utilize others' resources and others' lives in service to self—over RESOURCES—shall themselves BE BETRAYED by those closest to them. This betrayal shall lead to additional conflict.

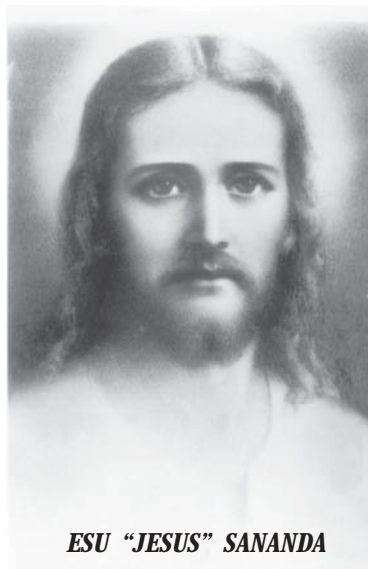
That which is on the political horizon does not bode well for ANY WHO MEAN HARM TO OTHERS, OR WHO MEAN TO BRING CONTROL UPON THE HEADS OF THE PEOPLE.

It is only through thoughtful, peaceful intent toward resolution and LIVING

TOGETHER IN HARMONY that solutions will be found.

Peace shall be "sought" by those meaning war, and no peace will be found. But the war shall circle back upon them, for thus is the Law of Return.

You will receive less and less and less news. There shall be more controls put in place to prevent information from flowing to the people. Even those in high political circles will not know what is truly taking place, and this will lead to further confusion, because the whitewash lies that will be put forth to cover the truth will be exposed for the whitewash lies that they are, and trust will be further eroded.



ESU "JESUS" SANANDA

This reproduction is from an actual photograph taken on June 1, 1961 in Chichen Itza, Yucatan, by one of thirty archaeologists working in the area at the time. Esu Sananda appeared in visible, tangible body and permitted his photograph to be taken.

It is only when those in political circles do the right thing, for the betterment and peaceful evolution of the whole, that progress will truly be made.

The enemies of peace are well armed. They shall strike at places and in manners not foreseen, except by your most exceptional viewers. Those strikes will cut deep and will paralyze many with fear.

Fear MUST be overcome, for the enemies of peace and prosperity shall, in the end, know NO VICTORY. Theirs shall be a painful destruction. Those who they thought were friends shall become

enemies.

God's people must hold strong in their faith, for the hour will look most bleak before the dawn, and yet the dawn shall surely come. Pray for Guidance and that your country's leaders be shown the way.

But I may tell you now: they will not listen. They are head-strong. They know best.

They do NOT know best because they are compromised. They are greedy. And they are moving into other countries for the wrong reasons—and not the reasons being put forth—and it is obvious to the more conscious of your people.

Killing for oil is wrong, period! As you strip your planet of her resources, she shall soon turn to bite the hand that has been raised against her.

Oil shall not serve well for much longer because technologies exist which make oil obsolete. Those in the power circles know this and fear this fact, and tremble in the knowledge that one day their empires shall crumble. And crumble they shall!

Those who have been first shall be last, and those who have been last shall be first.

The people of America must wise-up, and they must wise-up not by seeking their instruction on the television screens of the world, but by listening to their own hearts and minds.

I petition all of God's people to pray for Guidance and pray for Peace, for your world is on the threshold of great destruction.

I am Esu Immanuel Sananda.

Heed these words of warning. Salu.

4/21/02

Peace, peace, peace. Esu present in Light and in Service. Let there be no question about WHO I serve, for I serve God and The Creation, in Radiance.

There are those who come in sheep's clothing who are wolves devouring the resources of God's trusting people, and those wolves in sheep's clothing, known as your preachers and false ministers of the doctrinal churches, shall be held to account for their falsifying and misrepresenting of my word.

It is a time when all masks shall be torn away, and the masks of your political leaders are being shown even this day for what they are—a false front. The people of the world grow very tired of the lies. In America, anger is growing among the people, for it is OBVIOUS they are being lied to by the politicians, lied to by the

media, lied to by their church leaders.

It is not wise to lie to the American people, for they are a unique people. Is it any wonder that your vice-president hides? The lack of decisive action by your nation in the Middle East is fueling the flames of hatred among the rest of the nations of the world. America shall feel the sting of that hatred for showing the world such cowardice and lack of leadership.

There are choices that are being made by the arrogant few, and those arrogant few shall reap ten-fold the consequences of their poor and dishonorable choices.

There shall be a uniting among the Arab world, the likes of which the world has never seen. The Islamic community shall be of one mind, one voice, one goal—to strike at the heart of the beast, which America has come to represent. And Israel will not be immune from those reprisals.

The cries for PEACE shall go unheard, ignored by those who cling to power as they continue to fail, decision after decision, while the people grow more deeply discontented with the deception, which will become more apparent with each passing day, each passing week, and each passing month.

Your Congressional leaders are traitors who have sold their very souls, and the American people feel powerless. The voice of the American people shall not be silenced. Greater and greater restrictions shall “come down” in an effort to “get the public under control”, which will lead to greater and greater discontent, and greater distrust for the democratic process.

This distrust and anger shall continue to build, and will lead to some very destructive and foolish acts by those who see no other way. This will result in yet greater controls and restrictions, which will lead to greater resentment and anger among the people.

And in the meantime, the arrogant few shall line their pockets more fully, and work ceaselessly at further stripping the world’s oil reserves, so that they may maintain their failing dynasties. And fail they shall.

When it is said that the hour is darkest before the dawn, it is A TRUTH. But the dawn shall come, and shall bring with it NEW HOPE, NEW FAITH, NEW TRUST.

God’s people have nothing to fear. Hold strong and keep your faith. Those who would use, abuse, and control God’s people shall live to see the day that those choices will be publicly known for the foolhardy choices that they are. And those world leaders making these arrogant, destructive, controlling choices

shall be viewed historically with disdain, and they shall be laughed at for the fools they are.

But it shall be HINDSIGHT that brings about this awareness, for in the present time the people are fearful, and they know not what to do to stop the madness. The madness originates in your governmental houses, and the madness runs deep.

We are in the time of chaos. But there shall ultimately be ORDER out of chaos. For in God’s Universe, there is order. It is only on planets such as this one, in transition between dimensions, that Evil hangs on for dear life and takes as many lives with it as it can, on it’s way down.

God’s people shall be sorted from the chaff, and there shall be peace and glory and love and balance. Of that you may be sure.

I am Esu Immanuel Sananda. Salu.

5/11/02

Peace be with you. Esu present in Radiance, and in Service, as always.

Be gentle with yourselves as you witness the world around you turned upside down by the foolhardy men in positions of power. Their worlds are crumbling around them, and they see it not. They shall see it soon enough.

We shall come within closer proximity to you of the faithful on the surface of the planet with each passing day. You will begin to feel our Presence, our Guidance, our Love, as we tell you to “be patient” a while longer.

Those who have served faithfully shall inherit eternal life, a life filled with service and glory, like no other.

The challenges faced by those serving at this time are greater than the challenges faced by man throughout history—for your world is unique unto itself, as are you, beloved humans.

You are loved greatly.

You will not be misled, by us.

Ask for your answers and they will be clearly given—directly to you, if you will but listen for the answer. Trust in your own Guidance. Do not give your power into the hands of others. It is a time when all of you should begin to hear clearly from we of the Hosts—if you will but listen. ASK AND IT SHALL BE ANSWERED. KNOCK AND IT SHALL BE OPENED UNTO YOU.

These messages shall be given in this manner for a while longer. Then it shall be up to you each, individually.

Know that you have not been abandoned on some mad world. You are

not alone—and you never have been. You have more help available now than you can possibly imagine, if you will but ASK. It is that man feels insignificant, unworthy.

You are worthy. You are significant.

It is always greatest to ask on behalf of another—but you may also ask for self. If you need Guidance, ask for Guidance, and matters will be clarified for you. But you must learn to LISTEN. For what purpose is there in asking if you do not listen to the response?

Universal questions may be answered universally, through receivers such as this, in public messages that apply to the many. But you are each unique unto yourselves. Certain communications and lessons may only be given privately, directly, quietly, clearly, to you—within yourself. So please, hone those listening skills so that you may hear us DIRECTLY!

Trust that you shall be given a response to your questions.


But always be on your guard for the Dark ones, for you must ask with all your heart and soul that GOD respond—and you shall have your LIGHTED answer. Never be afraid to ask WHO IT IS who is answering you. LISTEN carefully to the response: Is there hesitation? Is the answer not clear? Then be cautious.

THE LIGHT WILL NEVER HESITATE TO RESPOND TO A REQUEST FOR IDENTIFICATION. AND THE LIGHT WILL NOT CHANGE ITS ANSWER ONCE IDENTIFIED. ONCE IDENTIFIED CLEARLY, YOU MAY TRUST THAT YOU ARE HEARING FROM “LIGHTED” SOURCE, AND THEN IT IS THE BETTER PART OF WISDOM TO LISTEN TO THAT GUIDANCE.

WE ARE COMING UPON A TIME WHEN YOU EACH MUST HEAR FOR SELVES, FOR IT IS NOT TRULY UP TO ANOTHER TO RECEIVE MESSAGES FOR YOU. YOU ARE EACH RESPONSIBLE. AND THAT RESPONSIBILITY WILL FALL TO SELF IN THE NEAR FUTURE, AND THEN IT SHALL BE UP TO YOU!

You have always been told that this shall be a time of false prophets, and false messengers, and it is so. But it was never told to you that you would not be shown the way, that your prayers would not be answered. Some of you still need to hear a response to your prayers in this manner, and so it is given to you, freely, openly.

The Father knows what you need. Trust in God.

I am Esu Sananda and I leave you in our Father’s Light. 

Bright Path To Good Health

[Continued From Front Cover]

Still, most of us take light for granted. The Sun comes up; the Sun goes down—only to return again the next day. And if it doesn't, on a cloudy day, we simply turn-on an artificial light source and go on about our daily routines.

We all know that plants use light directly. But how many know that the physical body also needs direct light?

How does the body absorb light? After all, we're not plants—so what is the mechanism? As it turns out, 98% of light absorption by the human body is through the eyes, with only 2% being absorbed through the skin.

What is the difference between "full-spectrum" lighting and common fluorescent and incandescent artificial lighting?

Are there health risks from working too much under fluorescent lights?

What is the link between light and depression?

Can light be used for healing—not just psychological or emotional "feel better" healing, but ACTUAL physical healing?

These are just a few of the issues that will be explored as we dive into the fascinating and amazing world of light. Anything that is as universal as light (like fresh air and water) is bound to have a very wide range of effects.

At last year's National Health Federation Conference, which Gail and I attended, we had the distinct pleasure of speaking with David Olszewski. Dave, it so happens, is an expert on the subject of light. I assured him then that I would be doing a story on this subject, and the time has finally come to make it so.

David Olszewski is both an electrical AND industrial engineer, with over 30 years of experience in the fields of electronics, light, and computers. He is the Director of Computer Information Systems for a West Coast petroleum company, and the President of the Light Energy Company in Seattle, Washington, which markets phototherapy products and full-spectrum lights that will be discussed in this interview.

As an inventor and product developer, Mr. Olszewski, together with his wife

Pamela Baker-Olszewski, a registered nurse, holds patents in several countries for light-emitting diode (LED) devices (an alternative for low-power lasers), which are used in pain management and wound healing.

David Olszewski, E.E., I.E., may be contacted directly at: Light Energy Company, 1056 N.W. 179th Place, Seattle WA 98117; telephone: 1-800-544-4826. You will also find much information and products at his www.lightenergycompany.com Internet website.

As a popular speaker in the field of holistic health, he lectures and consults across the country on the deleterious effects of artificial lighting and related forms of electromagnetic radiation. Additionally, he speaks on the healing potential of sunlight, full-spectrum lighting, and monochromatic (or single-frequency) lights that may be applied through the eyes, directly on the skin, and along the acupuncture meridian system.

His strong background in electronics, computer science, engineering, and health offers a pragmatic approach to the understanding and application of light in our daily lives.

As I generally do with these stories, I will be providing a brief background on some of the areas we will be discussing during the interview. But first, the following disclaimer:

The article you are about to read is being offered as educational information only, regarding the range of potential uses of full-spectrum and colored light, and cannot replace competent medical consultation. Keep in mind that the information we are sharing is not to be interpreted as representing a claim for diagnosis, cure, prescription, treatment, or prevention of any physical, emotional, ophthalmic, or optometric disorder. Although the concepts and techniques of subtle-energy healing discussed in this story have been practiced by thousands of people around the world as an alternative and holistic means of

viewing the process of healing, this information should not replace competent optometric, medical, psychiatric, psychological, chiropractic, neurological, and/or educational care.

In the collaborative book titled *Light Years Ahead* (\$19.95, ISBN: 0-89087-762-9), Dave Olszewski, E.E., I.E., and Brian Breiling, Psy.D. wrote a chapter titled "Getting Into Light: The Use Of Phototherapy In Everyday Life". From their outlay I am going to list some key concepts in the form of "bullets" as an introduction to this very wide-ranging subject:

[quoting]

- Sunlight is a cornerstone of mind and body wellness.

- The entire spectrum of natural sunlight is essential for optimal functioning of all living cells in plants, animals, and humans.

- Light is the second most important environmental input, after food, in controlling bodily functions.

- 98% of sunlight enters through the eyes, while 2% is absorbed through the skin.

- Sunlight produces vitamin D, and catalyzes other crucial metabolic processes such as the absorption of calcium.

- Calcium plays a vital role in the transmission of messages in the brain, and in the competence of the immune system.

- Light—the amount of light, the quality of light, the color of light, and the frequency of light—influences everything in your brain, and consequently, everything underneath that.

- Until the advent of antibiotics in the late 1930s, the use of sunbathing (Solar Therapy, Sunlight Therapy) and ultraviolet light (Actinotherapy, from the Greek for "ray healing") were internationally accepted and commonly utilized medical treatments for a variety of acute bacterial and viral infectious conditions, such as: tuberculosis, viral pneumonia, bronchial asthma, wounds, sores, ulcerations, jaundice, gout, psoriasis, acne, and mumps.

- A lack of sunlight impairs the natural defense mechanism of the body to all forms of stress, both physical and emotional. Generally, the competence of the immune system is lowered in the winter; fertility is lower; fatigue increases; and overall levels of health decline. Winter's darker and shorter daylight hours alter the body's natural internal rhythms, such as the production of hormones and neurotransmitters.

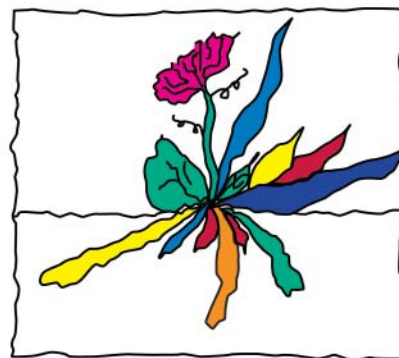
With this lack of light, many women experience an upsurge in PMS symptoms, while other individuals complain about feeling somehow “out of phase”, noticing an increased sense of irritability, moodiness, and difficulties performing intellectual tasks. People often attempt to “self medicate” during the winter months by increasing their consumption of carbohydrates, alcohol, caffeine, and sugary desserts.

• Phototherapy pioneer John Ott theorizes that human and animal cells have a process similar to plant photosynthesis, which he calls biological combustion, the process that converts light energy into chemical energy. Light enters the eye and goes to the body’s power distribution center, the hypothalamus, where it is converted into electro-chemical impulses that are sent to important endocrine glands, such as the pituitary and the pineal. These glands, in turn, distribute the hormonal messages via the body’s nervous system to virtually every cell in the body. The hypothalamus is the site of the body’s pacemaker and biological clock, and is thought to regulate a number of bodily functions such as: reproduction, thirst, hunger, satiation, temperature, the regulation of emotions, and sleep patterns. The pineal gland is also a neurohormonal transducer which transforms retinally perceived light waves into neuronal impulses and

hormonal regulatory messages that are distributed throughout the body. The so-called “master gland”, the pituitary, is itself controlled by the hypothalamus. The pituitary controls the activities of other endocrine glands by the secretion of growth hormone, thyroid stimulating hormone (T S H) , adrenocorticotropic hormone (ACTH), prolactin, luteinizing and follicle stimulating hormones (LH) and (FSH), oxytocin, melanocyte stimulating hormone (MSH), and anti-diuretic hormone. Light is thus one of the most fundamental components of our health and well being.

• The body needs light every day. We need sunlight to live. Approximately 1½ to 2 hours a day is the Recommended Daily Requirement. A decrease in mental efficiency and depression are two hallmarks of seasonal affective disorder (SAD), or winter depression. Two theories regarding the cause of SAD are that it is related to the ebb and flow of a pineal hormone called melatonin and a hypothalamic neurotransmitter known as serotonin. The levels of both these chemicals vary directly with the amount of light entering the eyes.

• The health-promoting benefits of artificial lighting are thought to increase as it more closely approximates



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Dave Olszewski

natural sunlight.

• Light deprivation, whether it occurs in winter or any other time of year, precipitates SAD-like symptoms in people who have no previous history of winter depression.

• Bright, full-spectrum fluorescent light is also effective with people suffering from the less severe form of winter depression, the “winter blues”, which affects twice as many individuals as SAD.

• Dr. Norman Rosenthal at the National Institute of Mental Health in Bethesda, Maryland, did the pioneering SAD research in the early 1980s. He and his colleagues contend that winter depression is associated with disturbances in the hypothalamus, and particularly the role of the neurotransmitter serotonin.

• Full-spectrum bright-light boxes (10,000 lux) effectively alleviate the symptoms of SAD (within about four days) in approximately 80% of sufferers who expose themselves between ½ hour and several hours a day to this light source.

• Full-spectrum bright-light is also prescribed for a variety of biological clock problems such as: the disturbed sleep of the elderly, jet lag, and the difficulties of night-shift workers.

• Today, the concern about ultraviolet light has reached almost phobic proportions. We commonly associate the word ultraviolet with skin cancers, wrinkles, and cataracts. Dr. Jacob Liberman, in his book *Light: Medicine Of The Future*, devotes an entire chapter entitled “UV or Not UV: That Is The Question” about the therapeutic effects of ultraviolet light on the brain and nervous system. Liberman takes issue with the misconception of UV being a type of death ray, and presents a wealth of historic and current evidence of the health-promoting benefits of ultraviolet light. Similarly, Dr. Zane Kime states that ultraviolet is essential for optimal health and is the most “biologically active component of sunlight”.

[Editor's note: For you readers of a more suspicious nature, can you now see why there has been such a tremendous push, for over a decade now, to get you scared into wearing UV-blocking sunglasses all the time? This deception to assist the cash flow of the conventional medical racket ranks right up there with pushing “diet” drinks with aspartame-based sweeteners like Nutrasweet—which causes weight gain, among many more horrendous side-effects.]

• Ultraviolet increases the body's resistance to a wide range of infectious agents, increases the oxygen carrying capacity of the blood, and improves stress tolerance by increasing adrenaline.

• John Ott, while warning that UV in overdose amounts can cause harm, has contended for years that we require minimal, though regular, amounts of the entire spectrum of sunlight, which includes a natural proportion of UV exposure, both through our eyes and on our unprotected skin.

• For nearly two decades John Ott stated that the distorted spectrum of standard fluorescent lights was not the only factor that was detrimental to health. Standard fluorescent tubes emit three types of harmful radiation: x-rays, radio-frequency waves, and extreme low frequency (ELF). These types of radiations can completely shut-off the activity of the immune system.

• John Ott, in his later studies, states that x-ray radiation from cathode-ray devices such as fluorescent tubes, television sets, and computer terminals causes blood cells to clump in persons exposed over a period of time, thereby contributing to tiredness, fatigue, and reduced alertness. Exposure to sunlight or full-spectrum lighting resulted in unclumping of the blood cells.

• Laser is an acronym that stands for

light amplification by stimulated emission of radiation. Lasers produce coherent light.

• LED stands for light-emitting diode, which emits noncoherent light [*at nearly a single frequency or wavelength, like is possible with laser light*].

• Human cell tissue has been observed to respond more powerfully to a single wavelength than when exposed to more than one wavelength at a time.

• Research demonstrates that cell tissue responds best to certain frequencies which appear to be within the red and infrared spectrum, such as 630 nanometers (nm), 660 nm, 880 nm, 940 nm, and 950 nm.

• The water and hemoglobin within the body's tissues restrict the full absorption of light frequencies outside the range of 600 to 980 nanometers.

• It has been demonstrated that a single wavelength within the middle of the red spectrum (e.g. 660 nm) is the most resonant frequency to human tissue because it stimulates the production of cell tissue and rapidly promotes the regeneration of skin and blood tissue in the areas exposed to it.

• Tiina Karu, Ph.D., of the Laser Technology Center in Russia, and affiliated with the University of California at Berkeley, has extensively researched the mechanisms of action of monochromatic light and she believes that light is a trigger for the rearrangement of cellular metabolism. There are photo-acceptors at the molecular-cellular level which, when triggered, cause a series of biological actions (e.g., increases the DNA-RNA synthesis, cAMP levels, protein and collagen synthesis, and cell proliferation), resulting in the rapid regeneration, normalization, and healing of damaged cell tissue.

• Both lasers and LEDs can stimulate or tonify an acupuncture point (or meridian) with the use of pulsed light, or sedate with the use of continuous light. It doesn't matter if the light is coherent (from a laser) or incoherent (from an LED).

• LEDs (Light-Emitting Diodes) have been successfully used by acupuncturists, chiropractors, physiotherapists, massage therapists, naturopaths, and other health professionals.

[end quoting]

It was 1894 when the first documented use of red light for healing was attributed to Niels Finsen. Let's now look briefly at more history of this intriguing area.

Tiina Karu, from the Laser Technology Center of the USSR Academy of

Sciences, 142092 Moscow Region, Troitsk, USSR, in an article titled “Photobiology Of Low-Power Laser Effects”, appearing in the scientific journal *Health Physics*, Vol.56, No.5 (May), pp.691-704, 1989, states:

• Curing with red light was used in medicine even in ancient times, and treatment with red light was among the methods used by N.R. Finsen, the father of contemporary phototherapy. Much experimental work was done in the last century and during the first third of this century.

• It is very likely that by the time the first lasers made their appearance [*about 1960*] this earlier knowledge was forgotten.

• The He-Ne laser was the first commercially available source of coherent light [*and it was red light*]. No wonder that the stimulating effect of light—red light in particular—was rediscovered when use was made of this coherent light source. The observed effects were attributed to the unique quality of the He-Ne laser—namely, the high coherence of this radiation. Actually there are no physical grounds for such a conclusion.

• Both coherent and noncoherent red light were clinically found to be equally effective in treating people with ulcers.

• It is possible to conclude that irradiation with monochromatic visible light in the blue, red, and far-red regions can enhance metabolic processes in the cell and can activate proliferation.

• The data indicate that irradiation causes a rearrangement of the cell metabolism, light being only in the role of a trigger.

Conclusions (partial):

• Laser biostimulation is a photo-biological phenomenon. Coherent light is not needed.

• Primary photoacceptors are components of the respiratory chain. This explains the universality of low-power laser effects.

• The respiratory chain components can be the photoacceptors in the case of cellular metabolism stimulation, as well as inhibition depending on the dose of light. At low doses, irradiation causes redox regulation of cellular metabolism; at high doses photodynamic damage prevails.

• Light quanta are only a trigger for cellular metabolism regulation. This explains the low doses and intensities needed.

In an article titled “Can Light Hasten Healing In Space?” by Dan Drollette, Senior Editor, appearing in *Biophotonics International* (Sept/Oct 2000 issue), is

the following:

[quoting a front-end summary]

Anecdotal evidence from astronauts suggests that long-term exposure to microgravity causes wounds to heal more slowly in space than on the ground. To counter this effect, a NASA-sponsored researcher is investigating the use of light from custom-made LEDs to stimulate the organelles in the cells of the body and promote healing. The technology is also under study for the photodynamic treatment of cancer.

Dr. Harry T. Whelan, a professor of neurology and pediatrics at the Medical College of Wisconsin in Milwaukee, thinks he has found a way to speed up the healing of wounds...

Whelan's team is in the midst of Phase I clinical trials of the LEDs for use in earthbound applications such as the photodynamic treatment of cancer. The U.S. Food and Drug Administration has approved tests of the LEDs for treating mucositis—sores that develop in the mouths and digestive tracts of children who are undergoing chemotherapy for cancer.

Whelan said he thinks the LED technology works by delivering photons to cytochromes in the cells' mitochondria. Cytochromes are light-sensitive organelles that act as an electron transport chain, converting energy derived from the oxidation of glucose into adenosine triphosphate, the mitochondria's fuel. By directly stimulating cytochromes with light, more fuel is pumped into the mitochondria and thus throughout the cells, ultimately speeding up healing.

[end quoting]

In the January 2001 issue of *National Geographic*, in an article titled "The Body In Space", is the following statement:

"Waving the magic LEDs, neurologist Harry T. Whelan, M.D. (Professor of Pediatric Neurology at the Medical College of Milwaukee, WI) has successfully treated wounds, third-degree burns, and brain cancer on Earth, and thinks the same can be done in space."

In an article titled "NASA Shines A Healing Light On Wounds" from the February 8, 2001 issue of the *Houston Chronicle*, we read:

"The near-infrared light emitted by these LEDs seems to be perfect for increasing energy inside cells. This means whether you're on Earth in a hospital, working in a submarine under the sea, or on your way to Mars inside a spaceship, the LEDs boost energy to the cells and accelerate healing" says Dr. Harry Whelan."

In an article under the heading of Acupuncture Applications, titled "Meridians Conduct Light" by Dr. Sergei Pankratov, Moscow, and appearing in the magazine *Raum & Zeit*, comes the following statement:

"The Institute for Clinical and Experimental Medicine in Novosibirsk, USSR, in a research project spanning many years, has verified the light conducting ability of the human body. The shocking message: the light-conducting function of the human body exists only along the meridians and enters/exits the body only on those acupuncture points."

From a February 2002 issue of *The Lark Letter: A Woman's Guide To Optimal Health & Balance*, we read:

[quoting]

Wavelengths of red light easily penetrate the skin and stimulate energy production within the mitochondria, the energy-producing powerhouses of the cells. They enable the energy from food to be released and trapped as high-energy bonds called adenosine triphosphate (ATP). ATP is found in all of our cells and releases energy needed to fuel nearly all chemical reactions in our bodies. Thus, red light therapy helps our bodies create energy, vitality, and stamina, so every tissue and organ system can run more efficiently. Specific wavelengths of plain red light produce healing benefits and do not have to be administered by a fancy and expensive piece of equipment like a laser to be effective!

In general, red light is profoundly anti-aging and promotes health, strength, and vitality for virtually every organ in the body. More specifically, red light has been used to heal bone conditions such as osteoarthritis and fractures. It also helps to relieve pain and inflammation in joints, muscles, and tendons, and stimulates the healthy circulation of blood to tissues. It has been used to heal repetitive stress syndrome, migraine headaches, skin conditions such as varicose veins, ulcers, and diabetic wounds, and to improve blood flow to the heart in individuals with coronary artery disease.

[end quoting]

And one last thought worthy of some reflection is taken from *Light Years Ahead*:

"You use the light until you see the light, and when you see the light you have an opportunity to become the light." — Jacob Liberman, O.D., Ph.D., F.C.S.O., inventor, author of: *Light: Medicine Of The Future* and *Take Off Your Glasses And See*.

Hopefully the above "snapshots" of this intriguing subject have aroused your curiosity to know more. Assuming that's the case, then we're ready to begin my interview with David Olszewski, which took place not long ago, on April 14 of this year:

Martin: To begin with, how did you become interested in the subject of light?

Olszewski: I guess the biggest single reason is: I live in Seattle, Washington—which is the home of lots of rain, lots of overcast skies, and very dreary winters. And so, as an engineer, I went into light primarily as a self-defense against going crazy here during the winter.

This led to looking into full-spectrum simulated sunlight, to counteract a lot of the Seasonal Affective Disorder, or SAD, or depression, that is prevalent up here in Seattle. In fact, a couple years ago, we had 93 straight days of rain during the winter. 93 set a record.

Martin: Now, for our readers who may not be familiar with it: SAD, Seasonal Affective Disorder, that is an actual condition.

Olszewski: That is a medical condition. And basically, it means that you go into various stages of irritability, depression, lowered immune system, craving carbohydrates, sleeping longer, and lowered sexual levels, and things like that. Your whole body-clock is thrown-off. Those are symptoms of Seasonal Affective Disorder, or SAD. They say that SAD affects approximately 30-40% of people in the Northern areas of the United States. And a milder version, called Winter Blues, affects over 70% of the people.

There is one other big area that led to my involvement, and that is watching

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athletic events, internationally, where other countries—notably Russia, Czechoslovakia—had athletes who would get injured, and the next day they were miraculously back up running again, especially in track and field. My wondering why their athletes were able to get back up quicker than any other athletes lead to my looking into the single-frequency light, lasers and LEDs. And that really is what spurred me into that area of light.

In fact, now we know that the bulk of the research, the really good early research in the late 1970s, and all of the '80s and '90s, emanates out of Russia, especially with a lady by the name of Tiina Karu, who probably has published well over 100-150 articles herself on this.

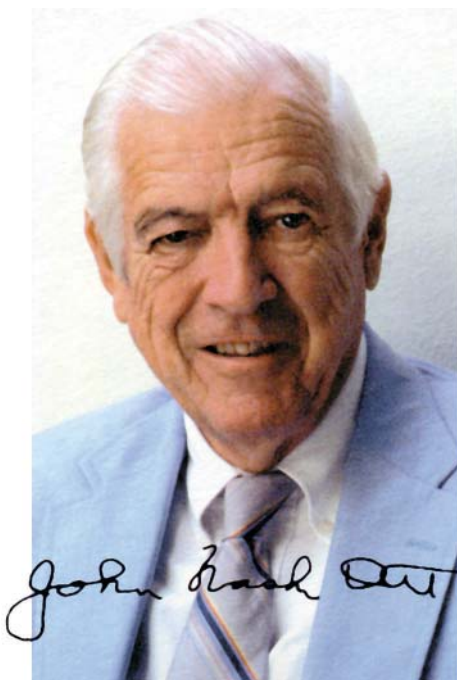
So that's what spurred me, 20 years ago, into light.

Martin: Again, before we get into sunlight, let's talk just for a minute about John Ott. Why is he important to America?

Olszewski: John Ott was Walt Disney's time-lapse photographer. In fact, John Ott is the inventor of time-lapse photography. And Walt Disney had him doing a lot of research work and movies showing the opening of different plants. I think those of us who remember the early Walt Disney stuff, the nature shows, all remember pumpkin seeds opening, and flowers opening in time-lapse photography. That was all of John Ott's work.

John Ott noticed, when doing this kind of shooting of the seeds opening over an elapsed time, that the nature of the light the seeds were in, the flowers were in, vastly affected how healthy the plants were, whether they even bloomed at all, whether they bloomed at the wrong time of the year. And so, he researched, and put together, the fact that light has such a tremendous effect on natural growth, and this led to his pronouncement that sunlight is IT! It's the fundamental building-block for plants.

And then, when you start dealing with artificial light, you deviate from those frequencies that are contained within sunlight. Some kinds of lights can have very bad effects on flowers. It led to his looking into not only the type of lighting—incandescent and especially fluorescent lighting, because you can vary frequencies dramatically with fluorescent lighting. And he found out that fluorescent lighting was very detrimental in certain far-pink and far-blue ranges. And he actually found that fluorescent lights caused a higher-than-average mutation of animal species. So, his work led to the banishing of a lot of



fluorescent lights in his early work.

John Ott then engaged a couple of lighting companies in developing their normal fluorescents into a full-spectrum fluorescent by adding more phosphors into the tubes. This, then, literally brought sunlight from outside into inside. And then all of the plants started thriving under this full-spectrum light.

John Ott's niche is that he discovered the adverse effects of artificial light, and managed to change that into full-spectrum lighting. Also, he was able to determine that there were certain types of radiation that emanated from fluorescent fixtures, at the ends of the tubes—mainly soft x-rays—and that radiation caused a lot of problems. And this led to his developing shielding for fluorescent lights by using lead tape.

So, John's contribution here was the fact that he made us aware of the fundamental aspect of sunlight, coupled with the diverse types of artificial light, and the adverse effects that it generally has on people, and to develop a replacement for that adverse light. He called it mal-illumination.

Martin: Great term.

Olszewski: What he developed was something that was really a good illumination. And then he added the follow-on things that had to do with the radiation and how to counter those. But that's where John Ott's contribution was to this world.

I like one quote that comes either from John Ott, or from somebody who quoted him, but the result was: "You change the light bulbs and you can change the world."

Martin: That's probably something that hasn't occurred to most people.

Olszewski: [Laughter] That's right.

So, that's John Ott's contribution here. John Ott died, I think it was a year ago last November, at the age of 93.

Martin: A nice ripe old age.

Olszewski: In Florida, where there was a lot of sunlight.

Martin: Let's talk about sunlight. How is sunlight absorbed in the body? What is the optimal length of daily exposure?

Olszewski: Kind-of a primer on sunlight?

Martin: Yes. Let's talk about sunlight as in-depth as we can, because it's such an interesting subject.

Olszewski: It's not only an interesting subject—sunlight is THE fundamental energy source for life on our planet. Our atmosphere, around the planet, is a kind-of greenhouse. Our atmosphere lets certain types of frequencies through, and it excludes other frequencies.

We live on this planet that has been fueled, since the beginning, by our Sun. And, therefore, if you want to understand how life gets distorted on this planet, you have to understand the fundamental nature of "what is sunlight". And sunlight is not just looking out to a brightness outside; it's best understood when there is an area of rain, and sunlight is coming through it, and you see the rainbow.

Our atmosphere is, literally, a prism that shows that when sunlight comes through and is broken into its component parts, it basically consists of about 1500 different wavelengths of light—starting at one end with ultraviolet, in the 300 nanometer, short-wavelength range—and moving through all the colors of the rainbow [*at successively longer wavelengths—violet, indigo, blue, green, yellow, orange*], on through red, and then moving into the infrared—the near-infrared and the far-infrared. And infrared is not a color that you can see, it's actually heat.

Contained in that spectrum is sunlight. Sunlight, essentially, is 1500 frequencies of light. Our sunlight is really part of the electromagnetic spectrum. But our atmosphere acts as a filter against many of the others kinds of rays that come from outside of our atmosphere, and it allows through these 1500 frequencies.

And so, your rainbow is your point of reference. Our species grew up under sunlight. And the interesting thing about sunlight is that 98% of the Sun's effect enters through your eyes, and 2% through the skin. But as it enters into the

body, it is consumed and used by all aspects of our organs, our cells, our metabolism. Basically, our bodies grab onto these 1500 frequencies just like they were minerals and vitamins and nutrients.

And so, over many millions of years, an organism like the human species gets used to operating under this type of an energy pattern, and that is our source of life. And when you distort that, if you don't get enough sunlight, your body starts deteriorating in numerous ways. If you distort that light by smog and cloud layers and pollution, then you severely alter the type of frequencies that the body is now able to get. And certain parts of your body will start malfunctioning.

As a species, sunlight is our primary energy source. Therefore, as we move further into this discussion, we will start talking about artificial light, and we will compare it to sunlight.

So, sunlight is best viewed as a rainbow. And, surprisingly, most of the frequencies in those 1500 are pretty well balanced, except for ultraviolet; there's a little less of that. But most of the visible colors have about the same balance. In other words, there is the same quantity entering the body on each of those. And, in fact, if I looked at sunlight like a bar chart of the different colors, surprisingly most of them, outside of the ultraviolet, are pretty much the same height, and consist of the same amount of energy.

That is a visual image for you of what sunlight should look like, and what it does.

[Editor's note: We've placed some helpful illustrations of important points throughout this discussion. So look around, as you read along, for these graphics.]

Martin: Is there an optimal length of time that people should expose themselves to sunlight each day?

Olszewski: Yes, we do have a quantity factor here. The body is used to—in order to keep everything in the body functioning correctly, you really need about 30 minutes of sunlight a day, minimum, and an ideal would be about 2 hours exposure per day.

Now, when I talk about this exposure, it doesn't mean you have to stand with sunlight beaming on your body. You can stand under a shade tree; you can be on a porch. The sunlight will bounce off of the ground, the pavement, the walls, and it will ricochet, so to speak, against your skin and through your eyes.

So, to get our two-hours quota, all we have to do is to be outside of a box. Our boxes are: our houses, our windows, our

automobiles with their windows, our glasses, our contacts. And why do I say these are boxes? Because most types of glass, for instance, block 100% of ultraviolet, and ultraviolet is one of the important things that come into our bodies. All normal window panes, all automobile glass, will block the ultraviolet.

What we have to do to get our 30 minutes to 2 hours is to get outside of a box—which means to be outside of the house, and somewhere where the Sun can either directly or indirectly hit your body and go in through your eyes.

And, in fact, everything that you consume, in terms of sunlight today—my 30 minutes to 2 hours—if I get it today, the body consumes and uses all that energy in 48 hours. Which means that I get depleted, unless I renew it almost daily. That's what happens to us up in Seattle during the winter, we don't get any renewal. When I fly to Florida, or

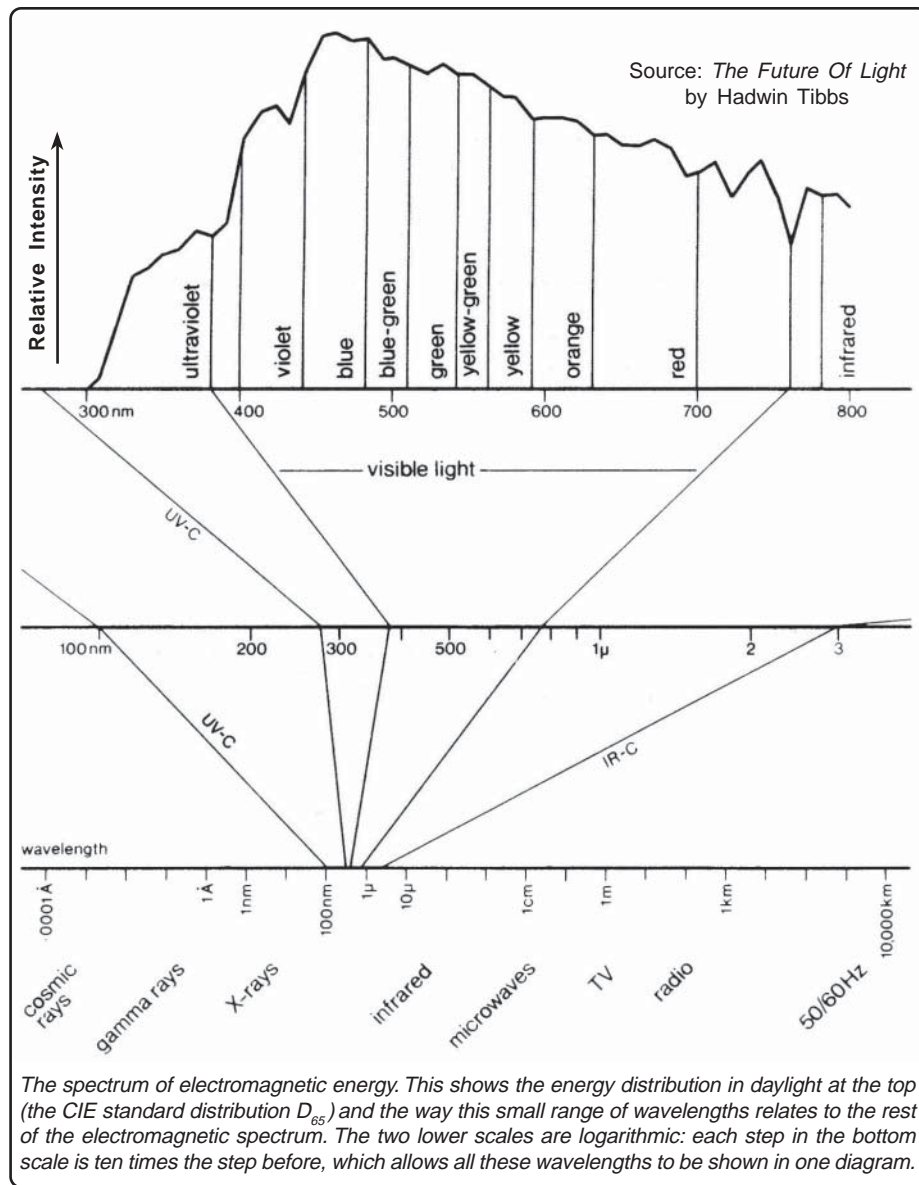
down with you in California, and get some sunlight, it's all gone in 48 hours after I've returned up here, except for the tan part. Basically, all the energy's been used up and my body starts craving more light energy.

And so, you need 30 minutes to 2 hours a day. And you need to do it daily.

Martin: Now, there are a lot of people who are pretty fatalistic about the Sun these days—saying it's extremely harmful, that you need to be so careful about being in the Sun. What do you say to those doomsayers?

Olszewski: The two big ones on the horizon are cataracts and skin cancer. Those are usually the two red flags that are waved.

Let's talk a little about the cancer. An interesting statistic is that office workers can be many hundreds of times more susceptible to skin cancer than would a construction worker, who worked outside in the Sun his entire life.



What that really says is that ultraviolet isn't the culprit.

It may be the messenger. But if the toxicity of your body is high, you're going to have a higher chance of getting skin cancer—melanoma or basal-cell carcinoma.

And why do the office workers have more toxicity? Well, they're around their computers; they're around fluorescent lighting; they have AC current going around their desk; they have an air-conditioned building with bad air; and their food is highly suspect, because they're on the run, so you go to fast-foods.

So, basically, office workers are in an environment whereby the toxicity of their body builds up so quickly that when they go out for fun on a weekend, into the Sun, that amount of ultraviolet coming down raises havoc with their skin; whereas the construction worker, he isn't around all those toxic-producing agents, and as a result, he's just soaking up UV.

You know, a common-sense idea says: If we evolved as a species under sunlight, and UV was bad, then everybody would get skin cancer, and we as a species would disappear—yet we're still here. So, you question that "UV is bad" line of reasoning. You question those who get the skin cancer, and you say: "What's different in their life?" And it's the overall toxicity.

I always refer to UV like the scales of justice: blindfolded, but the scales of justice have to be even. If you have a toxic body and you get too much UV, yeah, you may get skin cancer. On the other hand, if you don't get enough UV, especially in the northern areas of the United States (and of the world), then you'll get Season Affective Disorder, or SAD, or depression during the winter. And that comes from a lack of UV.

So, obviously, we don't want too much. We don't want too little. But we need a reasonable amount that we've been getting, as a species, throughout all these eons. And so, that's my take on ultraviolet.

Maybe we should offer just a little discussion on UV. UV is made up of, in the wavelengths of UV, there are really three bands: UVA, UVB, and UVC [*in terms of increasing frequency and energy, and decreasing wavelength*]. UVC is the caustic, bad one of the group, but the ozone layer filters that out. So what reaches us, down here, is primarily UVA and UVB, which is the ingredient we really need. And the body is an interesting mechanism here, especially the eyes—the retina, the cornea, and the

lens all have the ability to filter UVA, UVB, and UVC, respectively. And so, we have a built-in mechanism for regulation, that has been built-into our body.

So, I'd say that our biggest problem is LACK of UV, not OVEREXPOSURE to UV, unless you've got a big hole in the ozone layer somewhere, like in New Zealand, Antarctica, and parts of Australia. There you have to regulate how much exposure you do get, especially if you've got a toxic body.

Martin: When light is absorbed in the body, what roles do melatonin and serotonin play?

Olszewski: Let's go back to that statement I made about 98% of Sun coming into the body is through the eyes, with 2% coming in through the skin.

Let me talk about the skin, first. The 2% that hits the skin is absolutely essential to produce Vitamin D, and Vitamin D promotes calcium absorption; and calcium, of course, is essential for healthy bones and teeth. And so, the Sun hitting your exposed skin tissues produces all the Vitamin D. The body can't produce it any other way, except interaction with sunlight on the skin.

We found a lot of studies, in schools, for instance, that started getting kids out of fluorescent lights and no sunlight, and bringing in full-spectrum sunlights. It helped their school, their studies, and everything else. But a real surprise was, the amount of dental cavities went down, dramatically.

So, the full-spectrum sunlight equivalent, the ultraviolet portion of it, was actually producing more Vitamin D, and these kids were getting stronger teeth.

People who are elderly, bone is starting to wear down and decompose, basically they should be aware they need to get sunlight, or full-spectrum light, or certainly, in older age, get some Vitamin D supplement in there. But mostly they need to be outdoors a little bit. And if they're indoors, get them some full-spectrum light indoors.

So that's a few comments on the 2% that hits the skin.

Let's go now to the big body of sunlight, the 98% that enters through the eyes. As it enters into the eyes, the key thing we're interested in is the hypothalamus gland. The hypothalamus gland really has three major purposes in life. It has more than that, but for our discussion of light and light therapy here, it really has three things:

One, it regulates your body-clock. What does that mean? That means that my body knows whether it's day or night,

the glands inside my body know whether it's day or night. They know whether this is winter or summer. They know whether this is West Coast time or East Coast time.

So, this body-clock is affected by the light that comes in. And I can easily avoid jet lag when flying to the East Coast by faking my body-clock out.

The idea on jet lag is that your hypothalamus gland, or your body-clock, is regulated by the time the light hits it. When you're dealing with jet lag, and you're going from, say, West Coast to East Coast time, there are 3 hour differentials going that way. The Sun actually rises earlier in the East, and therefore, your biological clock needs to be reset from West Coast time to East Coast time.

You know there are 3 time zones, and so what you want to do is to figure one time zone per day. I would start re-regulating my hypothalamus by starting 3 days ahead of time, and I would turn on my full-spectrum lights or high intensity lights 1 hour earlier the first day, 2 hours earlier the second day, and 3 hours earlier the third day. And that way your body-clock has started moving toward New York time. By the time you fly then, which is usually the 4th day, you have already regulated your body to East Coast time. And your whole biological system is then acclimated, so you arrive in New York, and you have no jet lag. And, of course, you reverse this going the other way. If you are leaving New York to go to Los Angeles, you actually want to turn lights on later, usually at night, or in the morning; but you want to regulate it later.

So that's the concept of regulating against jet lag, and that is simply knowing how many time zones you are jumping to, and turning lights on either earlier or later, depending on which direction you're going.

Martin: And this is a function of the hypothalamus?

Olszewski: Yes, because the hypothalamus is, literally, the body-clock. You can refer to the diagram showing the pathway of light through the body, and right as it comes in, it hits the hypothalamus, and that IS the body-clock regulator. So, all we're doing is faking-out the body-clock and saying "you are really on New York time" even though you haven't left Los Angeles.

So, light can be used to fool the body-clock and avoid jet lag. That's a very practical application of light to this body-clock.

Now, the second thing the hypothalamus does is, it regulates the

pineal, the pituitary, the other glands, especially those which produce hormones called melatonin and serotonin. Melatonin is produced at night. So, basically, when you sleep eight hours, you're in the dark, your body produces melatonin. When you get up in the morning, and there's sunlight, sunlight enters the eyes, converts, shuts down the melatonin, and the glands start producing serotonin, for the next, roughly, sixteen hours.

So, your body is used to this hormone balance. Well, in Seattle, during the 93 days of rain, people got virtually no sunlight, and so their bodies kept producing melatonin and started precipitating even worse serious effects of SAD, or depression, during the winter. Too much melatonin, not enough serotonin, is part and parcel to seasonal depression. All it takes is some sunlight into your eyes for a few minutes, and it shuts the melatonin production off and creates the serotonin.

Now, what did I do during the 93 days that I was here? Well, I didn't get any sunlight, along with everybody else, but I use full-spectrum light indoors. I put in a couple of screw-in, full-spectrum bulbs. One was strategically placed in my bathroom. Because when I get out of my bed in the morning and I stumble all around in the dark, I go into the bathroom, and the first light I turn on is my bathroom light.

So, if I make that a full-spectrum bulb, instead of an incandescent, or a halogen, or a fluorescent light, then this triggering light comes on, flashes into my eyes, and affects the body-clock—and immediately shuts the melatonin off. I like to call a couple of full-spectrum light bulbs in your bathroom “the poor man's light box”. Instead of buying a \$300-\$500 light box that everybody has seen in ads all over the place, that people sit in front of in the mornings because they have seasonal depression—the light boxes are good, but a bulb in the bathroom is a low-cost way of stopping the melatonin immediately.

So, that is the second area of the hypothalamus, and that is this regulation of melatonin and serotonin in the glands. And it's so easy to regulate that by having either sunlight or full-spectrum bulbs to work with, as a tool.

The third thing the hypothalamus does is that it actually CONVERTS light. Light is an energy source, and the cells in our body need to have an energy source.

If I may use an analogy here, what is a cell like? A cell is like your automobile engine. In your automobile engine you

put in gas, you have oxygen coming in, and what ignites it? Well, that's the spark plug. So, the spark plug comes on, and puff, it explodes and creates energy. Your cells—you breathe the oxygen, that's the air you breathe; you eat your foods, there's your nutrient, that's the gas, so to speak; and what's the spark plug? The spark plug, really, is sunlight. And so, the hypothalamus converts light to energy, and distributes it to all of the cells in the body in order to spark the nutrients, or the foods and the oxygen, and produce protein that makes cells grow, and stay healthy, and reproduce.

So, there you have a little bit of an overview of how light goes through the body.

I'll come back to John Ott here a little bit. John Ott showed that with fluorescent light which was closer to the blue end of the spectrum, he could cause virtually all male offspring in test animals. And if he adjusted the fluorescent lights to favor the red or pink end of the spectrum, he could produce nearly all females. And as we mentioned before, a lot of standard fluorescent lights caused a higher than average mutation of animals.

Well, what this is telling us is that light has some tremendous effects on our reproductive system! And, in fact, in work up here in Seattle, women and couples who were having trouble conceiving, sometimes you could go in and analyze their home environment, change the lighting in it, and they started conceiving. So, what I'm saying is, if the studies show that artificial light can affect the biological systems of test animals, it certainly can do the same in people.

We've got to be aware of artificial light. We have to know what the problems are with it. And the only way that we can do that is to use a frame of reference that we've just finished talking about, and that's sunlight.

Martin: That's my next question. What are the harmful effects of artificial light?

Olszewski: Before we move into that, let me ask you a question, in turn.

Is there any question that you might have about sunlight, what it is, or anything that we've discussed that might be a question mark in your own mind?

Martin: I've always noticed, as a backpacker for many years, and a wilderness person, that whenever I've been on one of those trips, I just always feel better after spending hours and hours in the Sun. I just flat feel better.

Olszewski: Your body is soaking up what it naturally is supposed to do, and it's energizing all parts of you, and you happen to be exercising at the same time.

Martin: Right.

Olszewski: And so, you were getting good oxygen flow into the body. You were out away from pollution. You were getting good air. My guess is you probably had some decent water with you, and you got the sunlight.

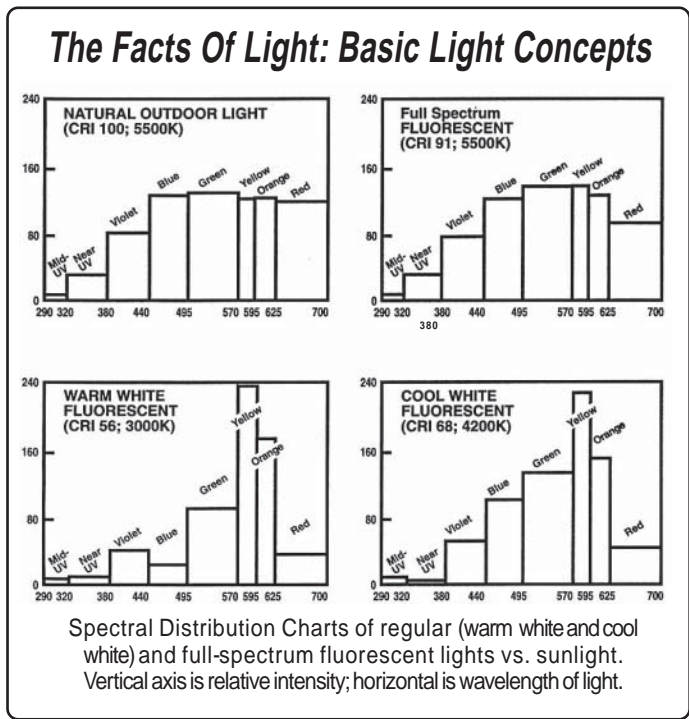
You know, you've got to have good food, good water, good air, and good light. That's our recipe for good health.

So you were a prime example of the good part of that. [Laughter] I like that.

Any other questions, Rick?

Martin: I know there are a lot of people out there who have this misconception, I guess is the way to phrase it, that sunlight is BAD. There is such a fear now about the harmful effects of the Sun. What you are saying runs so contrary to all of the bad press that the Sun has gotten in recent years.

Olszewski: And an example of that is the ultraviolet area. Today, ultraviolet is the bad guy, right? I mean, we talk about how much ultraviolet, what kind of bad days we have. We even put a numbering



system on it.

Martin: "They" are always saying: "Never go into the Sun without full sunscreen protection."

Olszewski: Some of those sunscreens, Rick, have certain things, like PABA, and aluminum something, ok? But these are sunscreens. Sunscreens! I've seen studies which show that sunscreen, just used by itself, not even used in the Sun, causes toxicity in the body, and a susceptibility to skin cancer. If you just put it on and never go into the Sun.

Now, you're told to put this stuff on, go out into the Sun, and what do you get? I believe your statistic rate goes really up on how much skin cancer you have. You're actually promoting more by using the products, than if you used nothing and let your tanning take care of that.

Now, there are some really good natural products. The first one that comes to mind is an aloe plant, and aloe leaf. You can get 100% pure aloe, and you can put it on your body. So there are a lot of natural ingredients here.

You know, there's a big business. Remember I said ultraviolet never

penetrates glass or plastic?

Martin: Right.

Olszewski: Yet, you can go out and pay extra money to have your sunglasses and your glasses shielded with ultraviolet protection. Whoa—was that a great con-job?! You just bought something that is happening anyway with your glasses! [Laughter]

[Editor's note: The above is most certainly the shocking Truth with any PLASTIC lenses—used extensively these days in prescription glasses and sunglasses: that they don't allow as much as 1% of even the lowest frequency UV, the UVA, to get through, and essentially allow zero UVB and UVC.

However, glass is a more complicated case because there are different kinds or compositions of "glass" used in both prescription glasses and sunglasses (and window glass, for that matter). The one called "crown" glass is perhaps the best for making prescription lenses, as this particular composition of glass at least allows the passing of some UV through the lenses (especially the most-healthy UVA) and thus into the eyes.

I (E.Y.) have had all manner of eye and optical professionals over the last almost thirty years—every time it's time to make me a new pair of glasses—regard me as a lunatic for trying to explain to these so-called "professionals" the very important information that David Olszewski is sharing with you here. And even if you DO make it past the human hurdles, it's a real chore anymore to find a reliable optical lab to grind lenses from the "good glass" raw materials.

Of course, another avenue is getting rid of your glasses altogether through proper eye exercises. But that's a subject for another day!

And by the way—where else are you going to learn about this kind of "heresy"? Please help us to keep afloat financially so that we can continue to provide such Truth that is so actively suppressed with disinformation!]

Martin: I know when I've always laid out in the Sun, out in Nature, I've always, almost intuitively, felt like the Sun was being absorbed into my body through the skin. I never really was conscious, until this material, that it is through the EYES that it is mostly absorbed!

Olszewski: [Laughter]

Martin: What a concept. I, for one, wear sunglasses. And I wear glasses, corrective lenses, all the time, usually glass.

Olszewski: So take your glasses off and do a little sunbathing through your eyes.

Martin: Right.

Olszewski: Sunglasses are still good, Rick. I always say there are three reasons to wear sunglasses: glare, glare, and glare.

Martin: If people go out and are in the Sun for an hour or two a day, and they're wearing glasses, they're not getting the full benefit of that light.

Olszewski: They are getting some, but they are certainly not getting all of the benefits you need, and therefore that area of your body that relies on those missing frequencies coming in, for their health, they are being short-changed.

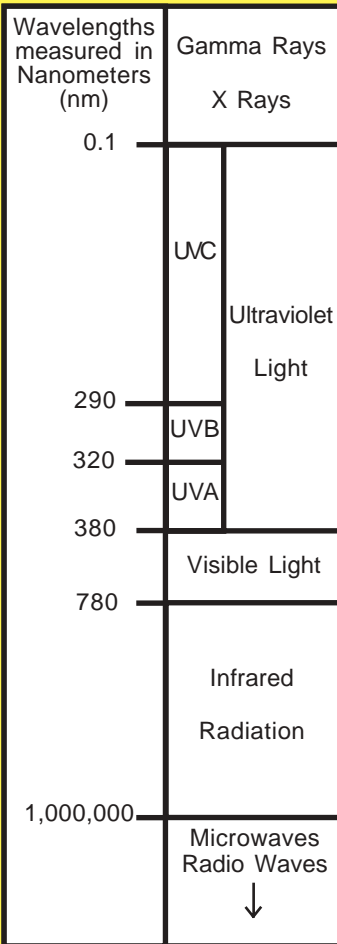
Martin: I heard Andrew Weil, M.D., the other day on one of the television channels, and he was talking about his lifetime optimal exercise program, which was: walking 45 minutes a day. Well, the side benefit of walking 45 minutes a day, OUTSIDE, is also getting light.

Olszewski: Absolutely, getting that sunlight!

Martin: We don't hear about that.

Olszewski: No. If you want to keep your body healthy, you've got to get daily quotas of GOOD sunlight—not polluted sunlight. You need your time

The Spectrum Of Electromagnetic Energy



Phototherapy consists of the therapeutic application of sunlight, non-visible ultraviolet light (UVA), visible spectrum light (non-coherent colored light), and laser light (coherent light within the red and infrared portions of the spectrum).

UVA: (longwave ultraviolet) stimulates the production of vitamin D and calcium and is used with and without medication to treat a variety of medical conditions.

UVB: (midwave UV) and **UVC** (shortwave UV) are potentially harmful and have been implicated in skin cancer and cataracts.

Sunlight reaching the Earth is composed of UVA, very little B, and no C, and light within the visible spectrum and near infrared.

Infrared light also has therapeutic applications; produces heat and is used in physical therapy and color-puncture.

If you could find a lab to manufacture lenses from pure "fused quartz" glass, then the UVA transmission would be excellent and even the shorter-wavelength UVB transmission would be pretty good. You don't want too much of this UVB anyway. (And you don't want any UVC, which is mostly blocked from the planet's surface by the ozone layer. Even fused quartz won't transmit any appreciable amount of UVC.)

But again, the public has been brainwashed into thinking that avoiding even UVA is the healthy path, even going so far as to heavily promote plastic lenses with all manner of scare tactics. So how do you generate enough demand for "good glass" products? Through education like this!

element, that 30 minutes to 2 hours, and it's got to be GOOD sunlight. Try to get out of the pollution, if you can.

There's another item that's very common sense, but these are things that people don't really realize, and that is that your immune system is tied to your amount of sunlight coming in. There are a lot of ways to define what an immune system is, but when you boil it down to the basics, it's the number and condition of your blood cells: your red cells, your white cells, your B and T cells. B and T cells are sort-of like the soldiers, the killer cells that go after parasites and bacteria and viruses, etc. And the white cells are, of course, disease fighting and clean-up. And then, the red cells carry most of your oxygen.

Well, together, this swat-team in there is your immune system. Now, the immune system—common sense says, when viruses are more dormant, and bacteria are more dormant, is in cold weather. Well, that's the winter. But during the winter we catch most of our colds and flus. Why are we catching those during the winter, when the bugs are, more or less, dormant? The reason is, our immune system went down so fast that half-dead viruses and bugs can get into our body!

Why is our immune system dropping so low in the winter? It's because we're not getting enough sunlight in the winter. So, basically your immune system is a barometer that's tied to the amount of sunlight you're getting. The less sunlight you get, the lower your immune system drops during the winter. In the summer, you're getting a lot of sunlight. The viruses and the bacteria are very strong, very dominant during the summer, but we don't catch them. Why? Because our immune system is peaked-up, it protects us.

One of four suggestions here on the immune system is: it's tied to the amount of sunlight you get. You want a higher immune system? You, basically, get more sunlight. And remember: you don't have to stand in the Sun. All you have to do is be outside of a box—be under a tree, or be in your car with the windows open. Just get outside of those boxes—especially the glass boxes, as well as the wooden and concrete ones.

So, sunlight is tied to health. One of the ways to get your immune system up is to get sufficient sunlight into your body.

I think that's a good place to end on sunlight, and to get into artificial light.

I'm going to ask you the questions. You've covered some very salient points. [Laughter]

Martin: I can use myself as a typical example of an office worker, who for years has worked under fluorescent lights. Whenever I have the opportunity, I will unscrew a bulb or two, and work under *l e s s - b r i g h t* fluorescent light. [Laughter]

Olszewski: And your body feels better.

Martin: And my body actually feels better.

Olszewski: So now we're going to talk about why that happens. Now we're going to dissect artificial light, a little bit, and we're going to use a point-of-reference, always, to sunlight. Keep in mind the little visual bar-chart that I was talking about that shows all the different colors that are contained in sunlight, and how close they are to each other in strength and volume.

I like to talk about 3 types of artificial light: incandescent, halogen, and fluorescent.

Anybody who is reading this article is probably under a light. And when they look at that light, basically most of them will have an incandescent light. The rest of the people will be under a halogen or a fluorescent light. If I were to make a bar chart of the incandescent light, it would look like a stair-step. It would go from a very small amount of UV [*with successively a little more violet, still more blue, still more green*], up to a pronounced yellow, then orange, and red.

Martin: You're talking about from like an average 60-watt bulb?

Olszewski: Yes, an average 60-watt bulb. You look at it and the color that you see is yellow-orange. With a

Types and Uses of Light

Sunlight is the only light that is normal. Sunlight contains balanced proportions of the entire color spectrum and has a slight elevation in the blue-green wavelengths.

Artificial lighting is abnormal.

Incandescent light produces a very skewed color distribution that is high in the infrared, red, orange, and yellow, with little blue, purple, and essentially no beneficial UV frequencies. Some companies advertising full-spectrum incandescent lights are not, in fact, full-spectrum but color-corrected incandescent, such as the neodymium bulbs that lack certain reds, the far blue, and UV. The only true full-spectrum lights are made as fluorescent tubes and not as incandescent bulbs. However, John Ott offers a full-spectrum fluorescent, complete with built-in electronic ballast, that fits into incandescent (screw-type) fixtures. Incandescent lights are not energy efficient, as 80% of the energy produced is heat and only 20% is light. Fluorescent lights are just the reverse and remain much cooler.

Halogen lighting is unusually high in frequencies from the yellow to the red end of the spectrum. Its brightness can produce glare and even harmful levels of certain "bad" UV frequencies and should have glass in front of the exposed filament to be safe. Indirect, as opposed to direct, use of halogen light is better.

Traditional fluorescent bulbs such as cool white, warm white, soft pink, also have a skewed spectral distribution in which certain yellow-orange colors are over-represented while still missing proper blue-violet and near UV frequencies. An elevation in the yellow range may lead to hyperactivity of the nervous system and eye strain. When exposed to artificial, non-full-spectrum fluorescent lights, some people complain of migraines, physical and mental fatigue. Observations by John Ott nearly thirty years ago found that animals exposed to imbalanced lighting that was high in the infrared, red, orange, pink frequencies developed a variety of stress symptoms, including: tumors, hair loss, and arterial plaques.

Full-spectrum fluorescents: The best lighting (full-spectrum fluorescents) and the worst lighting (non-full-spectrum) are both fluorescent, depending on the spectral qualities of the light used. What makes a fluorescent bulb full-spectrum is a special mixture of phosphors. Full-spectrum lights are excellent for reading (the light is absorbed by paper, thereby eliminating the glare created by yellow-type lighting) and any type of work that demands attention to detail. They provide accurate color rendition, decreased eye strain, as well as a host of mind-body health benefits.

tungsten filament in it—the tungsten produces a yellow that gives you some brilliance and brightness. But it also mimicked firelight and candlelight. So, 100 years ago we created an incandescent tungsten-filament bulb to produce a yellow-orange color. And we thought: "Wow, we did a good job. We have this light inside now."

Well, today I can tell you that the yellow-orange frequency is probably the worst that you could put on the human body. [Laughter]

And so, we not only took the candlelight and the firelight, but we

made it many millions of times brighter today. Just look outside on your streets, to those high floodlights out there. But they're millions of times brighter. So, we're taking the worst frequency, and we're making it brighter and brighter.

Martin: Not only harmful to the body, but talk for a moment about those people reading under these lights, and the effect on the printed word.

Olszewski: Right, ok. Let's take that yellow frequency and let's ask: what does this frequency do?

You just talked about reading. Most people read printed material that's on white paper, with black or colored printing on it, usually. Now, the yellow frequency from an incandescent light does not absorb into white paper. It bounces off as glare. So, immediately, anybody putting a piece of paper under a yellow-orange light will get glare. They told us, when we were kids in school, "Always put the light behind your left shoulder." Why did they tell you that? To minimize the glare.

So, it's interesting, when you go outside into sunlight, and sunlight is full spectrum, and you try to read out there, there's no glare off your paper, even though there's this bright, bright sunlight out there. There's no glare off your paper. That's because all the spectrum, a full spectrum like that, absorbs into paper. And there's not an over-abundance of yellow or orange. But in an artificial, incandescent light, you have an abundance of yellow and orange, and that bounces off as excessive glare.

Martin: What does yellow and orange do to the human body?

Olszewski: That's the second biggie. There are two points about yellow light. The first one is obvious. You just turn an incandescent light on and off, and your eyes squint. Well, that's part of glare, not necessarily bouncing off paper, because you can just look at an incandescent bulb and your eyes squint. So, it causes the eyes to contract, squint. And right along with it, the rest of the body has nerve endings all over the exposed skin. Well, you have nerve endings all over, but where you have exposed skin, the nerve endings contract when yellow-orange light hits it. So, what have I just done to every piece of tissue that is exposed, that doesn't have cloth on it? It causes it to contract, and it stays contracted until you get out of the light.

And so, what is contracted nerve tissue called? It's called stress—stress and tension.

Now, people always tell you "These nice yellow lights, they remind me of firelight." But it really stresses their eyes

and their skin tissues. If you want to prove this to yourself, you stay inside an incandescent-light building for a half hour or so. And then you walk outside. The minute you get out of the artificial yellow-orange color, your body relaxes.

Now, most of us get out there and say "Oh, I love that sunshine; it makes me feel so much better." But even if it were a gray, cloudy day outside, the minute you walked out of the artificial incandescent light, your nerve endings would relax.

People can prove this to themselves by just walking outside of the building, anytime, and being aware of their body stress releasing by simply going outside of artificial light influence.

Martin: Do you think there's a correlation between the stress and tension of artificial light and the need for corrective lenses as a result?

Olszewski: Absolutely. If you squint your eyes long enough, you'll be into reading glasses. If you read under yellow light long enough, you'll be in reading glasses.

I can tell you a short-term effect:

You take any student in this country—and these are studies that John Ott has done a lot of, school studies—all he has done is change them from their incandescent and fluorescent lighting into full-spectrum lighting. And what happens? There's no glare off the paper. These students can read without squinting, read and comprehend better, and read longer, and score better on tests. So, students who just moved from standard incandescent and fluorescent lighting into full-spectrum lights will expect their grade-point averages to raise a half a grade-point over their entire school career.

To the average adult who's already out of school, you'll be able to read your novel, or even this article that you're looking at right now, you can read it under full-spectrum light without falling asleep.

Martin: I was just going to say, the other outcome from stress and tension would be exhaustion.

Olszewski: Yes, and falling asleep. The amount of stress from yellow light is low but continuous. As long as you're under artificial light, you're under these stress sources.

So, you've got to do something about those, once you understand what they're doing. And one of those things is to get out into the sunlight.

The other thing is to get rid of the yellow light.

And the third thing is: if you can't get rid of it, compensate by bringing some sunlight or full-spectrum light into your

environment.

[Note: Since this interview, Gail and I attended the New-Age Expo in San Francisco, where we purchased some full spectrum lighting from Dave Olszewski's company, called the Light Energy Company, for our living room and home reading areas. When our daughter, an artist, returned home that first evening, she walked into the living room and the first words out of her mouth were: "Wow, you've changed the light bulbs! It's not so dreary in here now. It looks good." And I can also fairly report that reading under this full-spectrum light is crystal clear, and NOT exhausting at all. We really love this new light in our home environment. — R.M.]

Martin: Do you think there is a consciousness of this, say, among the large computer firms up there in Washington State?

Olszewski: That's a tough one to answer. We find that people worry about glare from light off of computer screens, but in reality that is the least of the problems they should be concerned with!

The awareness of yellow light is pretty much with everybody. The question is: Do they really understand what's taking place, and when they get out of it, or change it, what's taking place in their physical body? I'd have to say no, generally speaking—people are not aware enough of full-spectrum light as a good alternative to incandescent or fluorescent. I don't believe that awareness is high enough to even be pitched, or sold, yet.

Martin: Let's talk about the difference between buying a 60-watt bulb at the grocery store, and buying a 60-watt, full-spectrum bulb.

Olszewski: Can I hold on that one for just a second?

Martin: Sure.

Olszewski: Just long enough to cover some other points. We've covered incandescent, and I'm going to summarize, or make a few comments, on halogen. If an incandescent is a bad light because of its color, then a halogen is a very bright, bad light. Ok?

Martin: Ok! [Laughter]

Olszewski: It produces the same kind of yellow-orange frequencies. The problem with incandescent, also—not only is it the yellow light that comes out, but you know how hot they are. Incandescent lights are hot!

Why are they hot? Well, your 60-watt bulb that you referred to actually consumes 60-watts of heat, or electricity. And those bulbs will typically burn out after a relatively short period of time because of running hot.

So, heat and electricity cost you.

You guys down in California know the cost of electricity better than just about anybody else in the country! Your 60-watt bulb is costing you 60 watts of electricity. When we, later, get to full-spectrum light, you'll realize that they run on 1/6th of the electricity, and they're cool, with no real heat coming out of them.

In parting, one last comment on halogens: When the original halogen lights came out, they had pretty much open or exposed bulbs. Then, later, they added a protective glass shield across them. And a lot of halogens are pointed away from where the readers are. They're suppose to be pointed up to the ceiling, and away. If you've got them, that's the way you should use them. But the halogen light originally produced a very heavy amount of ultraviolet. And, of course, I believe from a safety standpoint, afterwards they added glass to the halogens. You know that [some] glass blocks [some] UV. So, with a glass over a halogen light, you've [perhaps] contained the ultraviolet problem. And if you ever see a halogen light with no glass over it, you don't want to be around that, because it's producing a tremendous amount of ultraviolet.

Now, I'm done with halogens, so let's move into fluorescents, which is my favorite.

Martin: Before you get to fluorescents, again now, why is UV harmful?

Olszewski: I mean [the very short wavelength, high-energy] UVC, because the halogen lights produce not only UVA and UVB, but also the UVC. And remember I said that UVC was the caustic UV that was filtered out by the ozone layer.

Martin: Right, ok.

Olszewski: So, here was a light that was actually producing UV. I don't really know a lot of the early stages of the halogen development, but I sure was glad to see glass over it.

Martin: Ok, now to fluorescent bulbs.

Olszewski: Ok, on to fluorescents. Fluorescents are particularly important to us, here.

Martin: Don't they have pink fluorescents and blue fluorescents?

Olszewski: Oh, they have every color. See, a fluorescent light is really a tube filled with gases and coated on the inside with phosphors. You know what a cathode-ray device is? That's a computer screen and a TV. Well, a fluorescent light is really a cathode-ray device. It produces electrons inside that move outward and hit the phosphors, which

glow and thus produce light.

Well, if you use only a certain type of phosphor, it only produces a certain color, like yellow. But if you add more phosphors, a wider spectral range of phosphors—and incidentally, more expensive phosphors—then when the electrons hit the phosphors, they create a wider range of wavelengths or colors.

That's how you can simulate sunlight. You must have the fluorescent tube technology to create a wide enough range of wavelengths to simulate sunlight. You can't really do that in an incandescent or halogen bulb.

You need to have fluorescent technology to make true full-spectrum lighting.

BUT—as I'm about to tell you, fluorescent technology, in my estimation, is the worst lighting in the world!

So, we have to understand not only what makes it bad, but we have to be able to correct that, in order to make a vehicle for full-spectrum light.

Martin: And is this because of the gases involved?

Olszewski: No, actually the gases are the least of the problems. But here we go; here are the fluorescent problems:

First of all, they use these less expensive phosphors that produce, primarily, a yellow-orange light, just like incandescent. So, the same problem that I explained about orange-yellow light, with incandescents and halogens, applies to most fluorescents. They produce a bad color, just as bad as the other bulbs. The only thing is, it's not as hot, and it doesn't use as much electricity. But it is a bad color. So, that's number one

problem.

Number two problem is that, being a cathode-ray device, it actually produces radiation. And most fluorescent lights produce radiation in two places: first is in the ballast. A ballast is a power supply, usually in the middle of the fixture. If you can visualize a typical fluorescent fixture with 2 or 4 bulbs in it, right in the middle of it, that you can't see, is a power supply called a ballast. That's what powers these fluorescent lights.

And then, the second place producing radiation is at the cathodes, which are at each end of the tube; they're producing the electrons.

Now, as John Ott found out, if you take a fluorescent light, even a good one, and

THE LIGHT CHOICE FOR YOU: LIGHTSTYLE CHANGES TO LIGHT UP YOUR LIFE

EXPOSE YOURSELF TO MORE NATURAL LIGHT

- Spend more time outdoors.
We only need 30 minutes of exposure to spring or summer sunlight to produce adequate daily vitamin D levels.
Each 30 minutes of outdoor exercise on a dreary winter day gives the equivalent of a daily session of phototherapy (the idea being to supplement and not replace phototherapy).
Fair-skinned people can receive regular dosages of sunlight in spring, winter, and fall, and even in summer if exposure time is in the early morning or early evening. Walking in the morning or afternoon is the best time, when light is the brightest.
- Take winter vacations to sunny destinations in low latitudes with longer and brighter daylight exposure.
- Relocate to sunnier winter climes.

CHANGE INDOOR LIGHTING TO APPROXIMATE NATURAL DAYLIGHT

- Use full-spectrum fluorescent light in order to optimize activity level and mood. This is the nearest thing to sunlight in terms of spectral distribution and brightness.
- Use color-corrected incandescent lamps such as neodymium "full-spectrum" bulbs or spotlights corrected with blue filters.
- Keep in mind UV in the right dosage may be beneficial for health.

REMODEL TO ENCOURAGE MORE NATURAL LIGHT

- Add non-tinted skylights or windows that bring in more sunlight.
- Use light-colored paints and carpets inside and out to reflect more light inside. White or cream colored walls, ceilings, and floors reflect 60-70% of the light shined on them.
- Use mirrors to reflect more light and also give a sense of spaciousness.

you place it directly over seedlings, a whole tray of seedlings, so the seedlings run the entire length of a fluorescent tube, the seedlings at the center will die, and the seedlings on each end will die, and the seedlings in-between those spots will actually grow.

Now, why are they dying on the ends? Well, the ends produce “soft” x-rays, and “soft” x-rays are, of course, an x-ray radiation.

[Editor's note: The term “soft” x-rays means that the radiation is more mild in nature (this refers to the frequency or energy, and perhaps the intensity level) than is the case with “hard” x-rays, which more completely damage cellular structure and penetrate much further into various materials than do “soft” x-rays.]

The reason they are dying in the middle is because the radiation from the power supply is producing radio-frequency waves from what is called a magnetic ballast, which is a normal one. You can take any kind of measuring device for radiation and put it near a fluorescent light, and you'll get a significant reading; they produce a lot of radiation.

One radiation, then, comes out the ends of the fluorescent tubes, and another comes out of the typical power supply in the fixture.

Also, the fixtures run on AC current, alternating current, and thus the tubes flicker.

[Editor's note: Our American AC electrical power system runs at a frequency of 60 cycles per second or Hertz (abbreviated Hz). The fluorescent tubes flicker “off” for awhile near the zero-current point between each “positive” and “negative” half-cycle. Thus their flicker rate is $2 \times 60 = 120$ cycles per second.]

Your eyes are capable of seeing up to about 45 pulses a second, and then, anything above that you can't really see individually [blurring together like the individual frames comprising a movie film], unless you move it quickly, or strobe it, and then you can usually see it as dots and dashes of the light, which tells you it's pulsing.

Well, the flicker drives most of us nuts, especially when we see a fluorescent light getting dark on the ends [near the cathodes, usually from old age] and starting to flicker off for long enough that it's dropping below the 45 pulses per second, and your eye actually sees it.

But even a new fluorescent will still flicker [as was explained above] so it drives our subconscious nuts. It produces this flicker not far above the

threshold of what we can see, and just irritates us no end.

So, a fluorescent light, basically, has (1) the wrong color, (2) it flickers, and (3) it has radiation out the ends and at the power supply.

Now, how do you correct that?

You add more [expensive] phosphors to the inside surface of the fluorescent tube so you produce a wider range of colors to simulate sunlight. That gets rid of the color problem.

We all know that lead is what they put on us when we go to the dentist to protect us from the x-ray machine. So you can get some very thin lead tape and wrap it around the ends of the tube, and that will shield against the “soft” x-rays coming out.

How do you get rid of the flicker? Well, instead of a magnetic ballast designed to operate at our 60 Hz AC power, you install a 25,000 Hz electronic ballast. So, you've switched it from a magnetic to an electronic ballast, and you've kicked the flicker rate way up. So, for all intents and purposes, it looks and acts like a DC light, with no flicker.

[Editor's note: There is still plenty of room for debate about this matter, which has been one of two paths under discussion since the 1970s, when John Ott first started manufacturing his own design of full-spectrum lighting fixtures.

One way to go is to power the tube with DC, which obviously will produce very even light intensity (no flicker) like sunlight is, or like your flashlight produces because it runs on the DC of batteries. This was John Ott's original fine design. In today's age of cheap, sophisticated integrated circuit “chips”, this route would be more economical to implement than it was back in the 1970s.

The other way to go—apparently the way that won out—is to employ high-frequency AC electricity, like Dave just described above, to “simulate” the tube operating in a DC-like mode. There would definitely not be any flicker of the tube at such a high frequency.

However, there may be yet undetected detrimental effects produced with this method which stem from what could be simply called “electrical noise” pollution of the high-frequency AC. The concern here quickly moves into such matters as the HAARP system and cellphones and their towers and other electrical sources which, on purpose or not, cause disruptions of mind and body.

The last discussion that I (E.Y.) had with the manufacturers of full-spectrum fixtures was back in the late 1970s. This was when the DC-powered fixtures were't selling very well, due to their high

cost—though those who had them were simply in love with the beautiful light they produced. I tried to convince them to persist with DC.

Well, as usual, money talked the loudest, and DC was abandoned for high-frequency AC. At the time, I was going to wire-up my own DC fixtures for my office and laboratories at Stanford University, but the project got larger than I had time to pursue amidst other pressing matters.

Perhaps one of these days someone will decide to make true DC fixtures again to power the full-spectrum tubes. It's certainly well within our technical means these days to go that route without being too expensive.]

And so, when you're dealing with full-spectrum bulbs, essentially you're taking fluorescent technology and you're correcting all of those things. You're using an electronic ballast, you're using shielding at the ends of the tubes, and you're using more phosphors in it, so you have a full-spectrum fluorescent.

You can replace your 4-foot and your 2-foot tubes, and any kinds of tubes that you have in an office, with full-spectrum tubes. You can get screw-in bulbs that are fluorescents, that look like little soft ice-cream swirly cones, I call them, and they can screw-in in place of any incandescent light that you have in your home.

You can buy full-spectrum screw-in bulbs, desk lamps, floor lamps, fluorescent tubes. You can replace any bulb in your environment, virtually, except the halogen, with a full-spectrum bulb.

I'd like to come back, for a minute, to the x-ray radiation, because this is really particularly important. X-ray radiation—we'll come back to John Ott, again. John Ott has shown some studies, it's just a wonderment to look at some of the results of these studies. He showed that the x-ray radiation, the “soft” x-rays coming out of cathode-ray tubes, fluorescent lights, computer screens, and TV sets, the soft x-rays pierce the body, and cause the red cells in your blood vessels to clump together. When the red cells clump together, they restrict the oxygen flow. When you restrict the oxygen flow, you get tired and drowsy. So that means, if you're within 3½ feet of your fluorescent light, your computer screen, or your TV set, your body's red cells are clumping and restricting oxygen flow.

Now, you can't stop that, except putting lead tape on it. Well, I can put that on a fluorescent tube, but I certainly can't put lead tape on my computer

screen or my TV—I wouldn't be able to see it.

So, you can't stop it, and therefore, how do you counteract it? What opens the red blood cells in the body? What unclumps them?

Sunlight. If you get up from your desk and walk outside for just a few seconds, the light entering your eyes enters your bloodstream and opens up the clumping, and oxygen proceeds to flow through the bloodstream.

Now, if you don't want to get up every 15 minutes and go outside, you could put a full-spectrum light anywhere around you, in that room, around that computer, around those fluorescent lights, and the full-spectrum light will do what the sunlight does. It will go in through your eyes, and it will go into the bloodstream, and it will open up the bloodstream, and the oxygen will flow.

So, the cathode-ray tubes that we're worried about here are: (1) your fluorescent lights, (2) your desk-top computer screens.

Now, laptops are different. They are liquid-crystal displays, so that doesn't cause a problem. Your high-definition TVs are not a problem, those big, flat screens. It's your standard TVs, your desktop computers, and your fluorescent lights that aren't shielded, that cause this.

It's amazing to watch videos of blood when people have spent 5 minutes in front of a video-display terminal; their blood clumps. Yet, 5 minutes in sunlight with UV, or full-spectrum light with some UV—it's the UV that is really the key part here—the UV will open-up the blood, almost immediately, and the cells will come apart, unclump, and the oxygen will flow through.

Martin: I know that you mentioned in your lecture, which I heard on tape prior to this interview, that TVs are in every hospital room.

Olszewski: [Laughter]

Martin: And isn't that an interesting place?

Olszewski: Yes, and as long as I'm on the subject of TVs, may I digress a little?

Martin: We can do whatever we want in this interview.

Olszewski: Great. TVs are—this type of radiation of the x-rays, I'm talking about, occur within 3½ feet. And with most TVs, people tend to be further than 3½ feet away. But, with your computer screens, you are not. You are, usually, right up against them. Fluorescent lights can vary from 6 feet above you, to only 2 feet, or a foot, under your counter in front of you, where your desk is. So, you're going to be close to fluorescent lights and computer screens.

THE INDIGO CHILDREN

The New Kids Have Arrived

by Lee Carroll & Jan Tober

(Featured interview in the March 2000 issue of *The SPECTRUM*.)

The "Indigo Child" is a boy or girl who displays a new and unusual set of psychological attributes revealing a pattern of behavior generally undocumented before. This pattern requires parents and teachers to change their treatment and upbringing of these kids to help them achieve balance, harmony, and avoid frustration.

In this groundbreaking book, international authors and lecturers Lee Carroll and Jan Tober answer many of the often-puzzling questions surrounding Indigo Children:

- Can we really be seeing human evolution in kids today?
- Are these kids smarter than we were at their age?
- Why do a lot of our children today seem to be "system busters"?

This book is a must for the parents of unusually bright and active children!

Now, the digression here on a TV set: This is really pertinent for the hospitals. The studies made of brainwave patterns, the brainwaves emit, really, many waves, but the ones we're concerned about are those that are called beta, alpha, theta, and delta. There's a lot of published material on these brainwave patterns, and sleep patterns, and alpha states, over times. I'm sure you've heard those terms used before—beta, alpha, theta, and delta waves.

There's work out there that is trying to analyze brainwave patterns to see if you can diagnose illnesses by the pattern. If you put a radio transmitter on your head, you can transmit your brainwave patterns and you can pick them up on a monitor. So, you can track your beta, alpha, theta, and delta waves, online. You can actually watch a person's brainwave patterns change, as they do different things—as they concentrate, as they relax, as they get tense, etc. And so they're using brainwave patterns to try and diagnose various conditions.

We came across an interesting happening: that when you are monitoring and the person starts taking some kind of a therapy—whether it be aspirin, or light, heat, anything—where the therapy is beneficial to the body, the brainwave patterns change from heavy beta state to a heavy alpha-theta-delta state. We've come to look at this revised pattern as an indication the body is healing.

- Why are so many of our brightest kids being diagnosed with Attention Deficit Disorder (ADD)?
- Are there proven, working alternatives to Ritalin?

Throughout this work, Carroll and Tober brings together some very fine minds (doctors, educators, psychologists, and more) who shed light on the Indigo Child phenomenon. These children are truly special, representing a great percentage of all the kids being born today on a worldwide basis. They come in "knowing" who they are—so they must be recognized, appreciated for their exceptional qualities, and guided with love and care.

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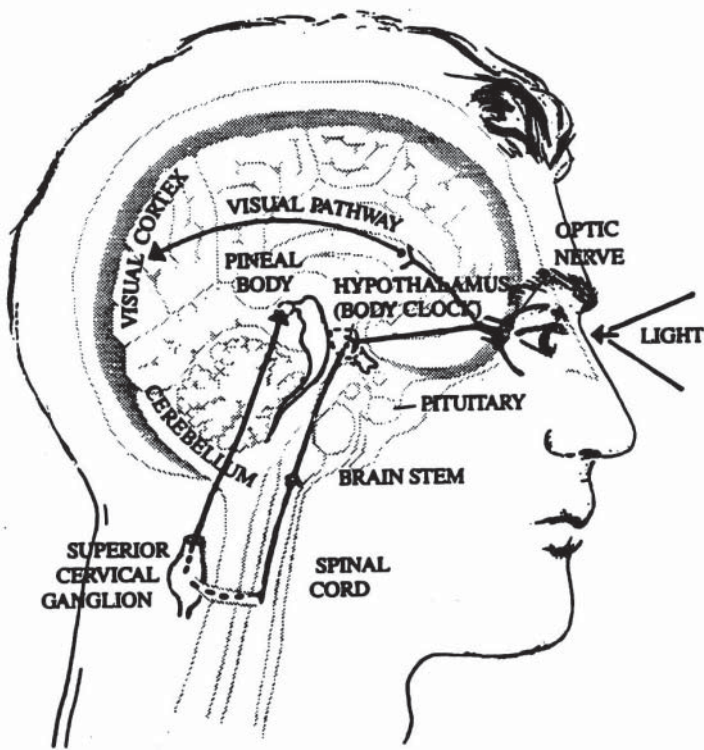
So, on one occasion we were monitoring a person who was bored with their therapy they were in, and they wanted to watch TV. Well, since they were on a portable unit, it didn't matter where they were, so we said "Go ahead and watch TV?"

You turn the TV set on—and, a TV set, being a cathode-ray device, actually puts up a lot of little pixels or little dots on the screen. It's just like a picture, a TV is just like a picture. It's made up of little dots that are very close together, and these dots are different colors, and shades of color, or gray and black, and that makes the image on the screen. So, a picture on a computer, or on a TV, is really made up of many, many dots, refreshing the screen, rapidly.

And it turns out that the refreshing rates on the computer monitors, actually, distort and interfere with your brainwave patterns. Most of us experience that as sort of dumbing-down the brain, when you're in front of a TV. But the seriousness of it is that the refreshing rate interferes with the healing pattern of the brain, and as a result, TVs can, literally, shut-down healing by altering the brainwave patterns. For people who want to experience this "altering effect", just watch TV for a few minutes, and then intentionally turn your head away, so you don't see the screen. It's almost like you came out of a trance. This is the altering of the brainwave pattern.

TVs will push you a lot into the beta

LIGHT ABSORPTION BY THE BODY



Light pathways from the eyes to visual cortex (sight), Hypothalamus (body clock), and glandular system (and subsequent hormonal messages to organs).

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D. Olszewski

frequencies, where for healing you're into the alpha, theta, and delta frequencies.

So, back to the TV: not only does it put-out radiation, it restricts the oxygen flow through the bloodstream, but it also alters the brainwave patterns associated with healing. And that's where my comment about hospitals is so important. People have TV sets to pass the time in the hospitals, and literally, that alters the brainwave pattern to RESTRICT healing. That's where the comment on the hospital rooms came from.

Martin: [Laughter] Now, back to full-spectrum light.

Olszewski: Yeah, so now I think we've covered the radiation thing. Just to wrap-up on the subject of the radiation that comes out of fluorescent lights and CRTs and TVs: Lead shielding will stop them, but if you are exposed to them and it gets in the body, and it causes the red cells to clump, the way you can counteract it is to get sunlight into your eyes, or to get some full-spectrum light into your eyes.

So, I think that brings us up to full-spectrum light, now. We've touched a little on it, and I'll try to tie it all together:

Full spectrum light requires a

fluorescent technology in order to get all of the frequencies that are inherent in sunlight. So, by putting those in, we make kind-of a white-blue color, including ultraviolet. We keep the x-ray radiation at bay by putting lead shielding around the ends of the tubes. We use a power supply or ballast that's called an electronic one, to eliminate the flicker and other radiation.

Now, as we all know, fluorescent lights are economical; they aren't hot. They, say, 150-watt equivalent output runs on 13-18 watts of power. So, you've almost got a factor of 10 savings, in power. And because they run cool, most of your full-spectrum bulbs will last anywhere from a 5- to a 9-year period, depending on the type of bulb and the type of use that you have. You get the idea: they last a long time.

Full-spectrum light then is, literally, simulated sunlight indoors. And the full-spectrum type of light will reduce eyestrain, when you're reading; it will counteract the radiation from the CRT-type screens; it boosts your immune system; and basically, you look pretty much natural under this, instead of the yellow. I'll put my hand under a normal incandescent bulb, and I'll look yellow. I

put my hand under a full-spectrum light, and it's just like sunlight. I look natural.

In fact, by having those lights in my bathroom, that I recommended earlier, I can even tell my blue socks from my black socks. I can't do that under yellow light, especially in the morning. [Laughter]

Martin: [Laughter]

Olszewski: Rick, let me ask you the question, as I did before: do you have any questions about artificial light or full-spectrum light?

Martin: Is there a significant difference, in terms of negative effects, as you increase wattage?

Olszewski: Yes—the brighter, the more glare. And that's an example of the halogen being a brighter bad light than an incandescent. The wattage also consumes a lot of electricity and produces a lot of heat. So, it costs more. The bulbs last less time when there is more waste heat generated. And the brighter they are, the more glare when the predominantly yellow-orange light does not absorb in the paper. And then there's your body's "tensing" reaction to it, the nerve endings on your body.

So yes, the brighter you get, the more annoyance, and that's what we're doing as a society—producing brighter and brighter light, but they aren't adjusting it toward sunlight. They're still staying on this yellow-orange binge. Even some of the fluorescent lights, I've noticed that they've been going toward more yellow.

See, a full-spectrum light is defined, technically speaking, as one that produces 5000° Kelvin heat, with a color-rendering index of 90 or higher. Those are two numbers that people use to indicate whether something is full-spectrum light or not.

An average fluorescent light will have a CRI of around 75 or 80, and a Kelvin rating of 3500, instead of 5000. So, many lighting companies are starting to boost-up their Kelvin rating to 5000, and so they're turning from a more yellow light to closer to white. But what's missing out of the spectrum are the frequencies like ultraviolet, and THAT'S what distinguishes real full-spectrum from just white.

Martin: Well, I notice, as I go to places to buy light bulbs, you don't see full-spectrum lights, generally speaking, unless you seek them out.

Olszewski: Exactly! And that's because the public gets what they demand, in a sense. And people don't know what to ask for, so they produce, primarily—

Martin: Cheap lights.

Olszewski: El-cheapo lights. And

when you buy el-cheapo, your health gets the effect of el-cheapo! Full-spectrum lights cost more money. A fluorescent bulb, instead of costing \$3 or \$4, will cost \$12 - \$16 for a tube. A bulb, instead of being \$2 - \$3, will be closer to the high \$20s and \$30. The higher cost on these, in part, is because they don't produce as many. As we demand better light, they produce more, and the costs can go down some.

Martin: And production and demand are directly proportional to education.

Olszewski: Absolutely. You've got to know what you need, and what you're getting, before you can demand something different.

Martin: And, out there in society, as far as I know, nobody is out there talking about full-spectrum light, unless you, again, seek it out. As an average consumer, I don't hear about it.

Olszewski: No. And I'll tell you an interesting contradiction: If you go to an animal store, that sells cats and animals of all kinds, and you go to any flower store, or plant store, when you go in these two kinds of stores, the first thing you notice is that their lighting is different. No self-respecting owner of a plant or animal store would have anything but full-spectrum lighting in it.

You go into any other store that deals with the average human being, and you get this lousy fluorescent and incandescent light.

So, people, if you don't have access to some good light—go to your local plant store or your pet store and they'll probably have full-spectrum light there! [Laughter]

Martin: [Laughter] That's really funny—or pathetic!

Olszewski: [Laughter] And, anybody who knows marketing and has colorful displays will always have full-spectrum lighting, because it's just like sunlight. Anybody who has diamonds, and gems, will have them under full-spectrum lighting. Anybody who does sewing will be under full-spectrum lighting.

So, there are pockets out there, Rick, of people who know about full-spectrum lighting and do it. How would you like your product to have a yellow-orange light, making it look yuckie, when you could put a full-spectrum light over that same colorful product and it looks like it is out in the Sun?

[Editor's note: If you look-up in fancy clothes stores or clothes departments of fancy department stores, you'll usually see a combination of lights to "simulate" full-spectrum lighting—minus the UV component of true full-spectrum light sources. This helps to lower the rate of

returned items where "it didn't look the same color when I got out of the store that it did here" is the reason for the return.]

So, maybe market forces will drive this before health forces. But as we educate more people, hopefully we'll drive-up the knowledge about what light does to your health.

And so far we've only talked about sunlight and artificial light. We can now move into the fun things of lasers and LEDs.

Martin: How are LEDs different than lasers?

Olszewski: Actually, they're not. They both produce a very narrow frequency of light. The only difference is that laser light is what is what is called coherent light, and an LED produces non-coherent light.

Martin: What's the difference?

Olszewski: You know how a laser beam stays focused, no matter how far away you get? That's due to being a coherent beam. It stays pretty much the same pin-point diameter, no matter whether you are 100 feet away or right out of the laser. But the light from an LED diffuses, it actually widens-out as you get farther away, like a flashlight or any normal light source does. And that's because the beam is noncoherent.

[Editor's note: Though this matter may have you a bit confused and guessing what is meant, the technical property of "coherence" has nothing whatsoever to do with how many drinks the light beam has had. Rather, it has to do with—if you could freeze the light coming out of the source and examine it closely—the waves of light being all "in sync" and moving up and down in lock-step ("coherent") like the people in the rows of a well-trained marching band, versus being a jumble of out-of-sync waves ("incoherent") such as the marchers on their very first day of practice.

One EFFECT of the property of coherence is that the light remains "collimated" over large distances, as opposed to the way incoherent light so rapidly diverges as it leaves the source—like a bunch of puppies let out the door to play. That's why you can aim a laser at a target on the Moon, from the Earth, and the beam diameter there on the Moon will only have expanded from, say, ¼ inch as it leaves the laser on Earth, to about 2 inches at the Moon. That won't happen with your flashlight, no matter how good is the reflector, because the bulb is producing incoherent light, and the beam rapidly expands—the technical term is that it diverges—into a wider and wider beam diameter as you move away

from the source only a relatively short distance.]

But they both—lasers and LEDs—consist of pretty much a single frequency. Let me back up just a bit to set the stage here:

We've talked about sunlight containing 1500 frequencies, and when we deal with full spectrum bulbs, we talked about the bulb that contains close to 1500 frequencies in a fluorescent tube.

Now, people have often heard about color therapy, and light therapy, and their first thought of it is: "Well, oh yeah, that's blue and green and yellow and red." Color therapy is often mistaken for light therapy. Color therapy generally takes some kind of a light source, as white as possible, and then uses filters or other forms of color to produce a red or blue or green, etc., color.

I'll take the example of a flashlight with a color filter on it. If I do that and I put a red filter over it, I produce about 70-80 different wavelengths of red, all coming out at the same time. If I do that with the yellow and the green, I also have many, many wavelengths of each color

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coming out.

In other words, it's a color BAND, and it consists of anywhere from 50-200 wavelengths of light. This is not sunlight now. Sunlight is 1500 frequencies, but the color band may only be 50-200, but they contain many frequencies.

Color therapy goes back to the ancient Egyptians, where not only did they use sunlight, but they also used colors. We all know that when you paint walls different colors, and we wear different colors, we have different emotional responses—we feel differently. And that's because these multi-wavelength bands of many wavelengths basically affect the aura around the body, the energy field around the body. It improves the emotions, it improves your mood, and it translates to a physical change in the body.

The problem with using colors of light for healing is that the technique, really, is not always repeatable because your emotional state may change from today to tomorrow, and it may alter the way a particular color is utilized by the body.

So, color therapy is usually a bandwidth of color and it affects the energy field of the body, affects emotions, moods, and often is used to, subsequently, translate to physical changes, or healing in the body.

Now, the Russians, in the mid-1960s, didn't like this idea that it was not repeatable; they wanted something that was. And they arrived at a conclusion that if we could isolate a single wavelength in each of these colors, maybe we could repeat the effects on the

body.

Well, they were right. There ARE single frequencies in each color band that work better on the human body than the entire color band, for that color. They discovered, literally, that the single frequency could alter cellular tissue. That was the discovery.

In the beginning, people would use lasers because that's all that really existed [*to produce a single frequency of color*]. And they would take a "hot" laser [*meaning high power, enough to burn the skin due to the intensity of the light*] and they would tone it down to what is called a "cold" laser. So instead of cutting tissue, they would actually stimulate tissue. These are 50 milliwatts and less of power.

So, when these things were used in the early days, they of course followed color therapy and they started using individual wavelengths from the different color bands. But, because of the body's hemoglobin, the make-up and chemical composition of cells in the body, working in the red range is much preferable. It has a faster response in the cellular structure.

So, basically, most of the work with LEDs and lasers have now been focused into the red and infrared range. Not that the others don't work, but in these ranges, they just work faster, and quicker, and better.

Martin: And again, LED stands for?

Olszewski: Light-Emitting Diode. Others are often referred to as Laser Diodes.

To give you an idea of where things have come, recently all over the country

there have been articles about how NASA has been using LEDs as a healing light on wounds. Space technology has adopted the use of LEDs, and I'll come back to this, but I just wanted to point out that NASA has, in fact, been a spur, lately, to the average person's knowledge of what LEDs and low-power lasers can do. One article was actually carried in *National Geographic*, January 2001, where they talked about the use of

LEDs for wound healing, and how it was also being used in cancer therapy.

So, LEDs are starting to get a little bit of play.

I think, at this point, I want to make sure that we all understand what an LED is, versus a low-power laser. A low-power laser produces a single frequency; it's coherent; and it's not strong enough to burn tissue but to stimulate tissue. A light-emitting diode, for most of the readers, are those little red, blue, green, yellow lights that are in your stereo sets, your electronic equipment, your fire detectors, your car's dashboard. LEDs produce a single frequency of light, but the light is not coherent. They're safe in the sense that you can shine them into the eyes, if you wanted to, safely; where you couldn't/shouldn't do that with even a low-power laser.

You know the people who give lectures and use these laser pointers? That's a low-power laser. But you don't want to point that in your eyes.

So, LEDs are really quite safe technology that, interestingly enough, has been developed over the years for purely commercial applications. Today they're making signs out of LEDs, traffic signal lights out of LEDs, taillights on cars out of LEDs.

[Editor's note: They also have a very long lifetime and won't burn out, under normal use, in the entire lifetime of the equipment they are part of.]

LED is a technology that has been with us quite awhile. The interesting thing is that they're usually low power, they vary in the frequency that they output [*their output light color is due to the exact composition of the semiconductor materials from which they are made*], and there exist LEDs with sufficient power and the right wavelength to be used in medical treatment.

There are no accidents in Nature. I think it's interesting that some of the mid-red-color LEDs, which are so prevalent and available, are the very ones that are being used primarily to do most of the research and healing work.

Martin: How is it possible for an LED to be used along acupuncture meridians? We may not be there yet, in this conversation.

Olszewski: Actually, we're not there. But I'll touch a little bit about the use of single-frequency light in acupuncture because, in this country, it started its use on animals and in acupuncture before it ever started moving into use on people.

Single-frequency light, if it's applied as a continuous beam, sedates an acupuncture point. It actually causes the

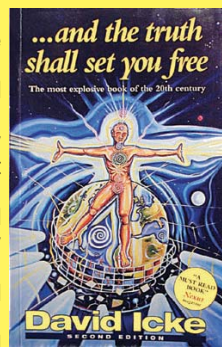
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acupuncture point to sedate. But if you pulse this same frequency of light, if you turn it on/off/on/off/on/off, like that, it actually stimulates the acupuncture point!

Normally acupuncture would use a needle; it would go deep and clockwise to stimulate, and it would go shallow and counter-clockwise to sedate. Most acupuncturists would use this technique.

Well, single-frequency light actually duplicates the impact on an acupuncture point; pulsed light stimulates, and continuous light sedates an acupuncture point.

So, single-frequency light was adopted as an alternative to needles and moxibustion and other methods of acupuncture treatment. But the interesting thing is that single-frequency light will actually MOVE along acupuncture meridians or pathways. There are 14 main pathways on both sides of the body that go from fingertips or toes, to organs.

Martin: That is so incredible to just conceive of being able to put a beam of light on a spot on the foot and have it travel through the body, and benefit the heart, or whatever. That is just so amazing—and yet, it's not.

Olszewski: Acupuncture meridians have been known for—30,000 years, 3,000 years, depends on who you talk to, but certainly 3,000 years in China. These meridians are known throughout the body. There are 14 on both sides of the body. They're like highways. And acupuncture points are like little cities on the highways. So, a lung can consist of a point that goes from your thumb into the lung, and there may be 26 lung acupuncture points, or cities, located along that meridian. By actually putting the light on the end of the meridian, it can be measured going through the entire meridian system, and up into the area of the organ.

It's easy to measure these because every light emits a single wavelength, right? If you put a spectrometer on an area of an acupuncture point, and you measure it, it will tell you what light is coming out. Well, if I put a 660 nanometer wavelength light on my lung meridian, and I measure the acupuncture points, I will see 660 nanometers registering on the instrument.

On the other hand, if I put the spectrometer on a large intestine meridian, right alongside of the lung meridian, that I'm NOT putting light into, it won't register anything. So, you can actually measure the light moving through the meridian system.

So, this is somewhat of an introduction

to acupuncture, as to how they use single-frequency light to stimulate or sedate an acupuncture point, and how they can measure this light through the meridians. Keeping this in mind, and putting it on the mental shelf, we will come back to this later.

Now, instead of t h r o u g h acupuncture, let's just talk about how low-power lasers and LEDs actually work in the body.

I think I should give you a picture of what happens in the cells from a technical or scientific standpoint, and then come back and stylize it, and talk about it so that it is easier to understand.

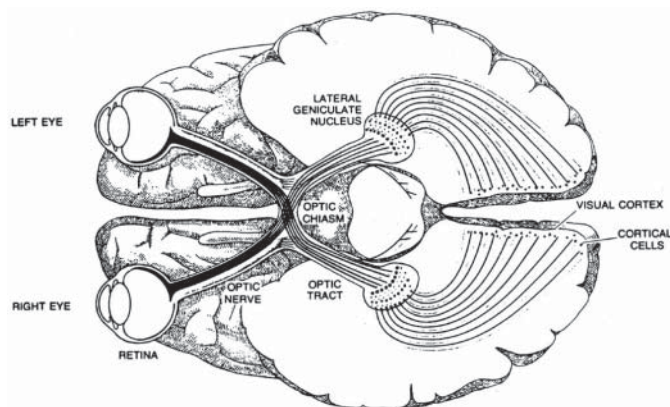
Martin: Perfect.

Olszewski: Ok. Various wavelengths of red light can easily penetrate the skin. They can stimulate energy production within the mitochondria. These are the energy-producing powerhouses inside the cell. They actually enable the energy from food to be released and trapped as high-energy bonds called ATP. This is adenosine triphosphate. It's found in all our cells, and it releases energy needed to fuel all chemical reactions within the body; thus, red light helps the body, basically, create energy so every tissue and organ system can run more efficiently.

I'll take another kind of a quote, too, a little along the same lines: [This was mentioned earlier in this article, before the interview began.] "LED technology works by delivering photons to the cytochromes in the cells' mitochondria. Cytochromes are light-sensitive organelles that act as an electron transport chain, converting energy derived from the oxidation of glucose into adenosine triphosphate, the mitochondria's fuel. By directly stimulating cytochromes with light, more fuel is pumped into the mitochondria, and thus throughout the cells, ultimately speeding up healing."

Now I'm going to translate that into an easier way of understanding. Inside every cell in your body there are little receptacles inside the mitochondria, and they're called photoreceptor molecules. If you want to envision these things,

THE EYES AND THE OPTICAL PATHWAYS



The eyes are an extension of the brain. Illustration by Bunji Tagawa. Reprinted from "Neurophysiology Of Binocular Vision" by John D. Pettigrew, August 1972, *Scientific American*. (In the book: *Light: Medicine Of The Future*)

they're like little radio receivers, and they respond, not to multiple-frequency light, but only to single-frequency light; therefore, that's an LED or a laser. And these little molecules are quite smart. If you shined an LED or a laser on a healthy cell, the molecules don't do anything. I mean, they're healthy, they don't respond.

But let's say they're damaged. Let's say that you knocked all the skin off your knuckle, so it's raw. Normally you would heal, and depending on your state of health, within 7 or 10 days. Basically, if you took an LED or a laser, and you shined it for a few minutes on that knuckle, and you did that periodically throughout the day, it would speed up the healing, or the production of protein in the cells, and the cells would accelerate their healing up to about 5 times faster than normal.

So, what you see, as you use the light on your knuckle, you could actually watch the skin grow between the treatments, every 2 or 3 hours. And so, the light literally serves as an activator for the photoreceptor molecules, and triggers the cells to do what they do anyway—but do it faster.

And so the activator actually causes the cells to move along their normal repair process, and go back to a state of normalization, as fast as possible. You then view that as fast healing. It will heal so fast on that knuckle that it won't even have time to form a scab, nor will it leave a scar. The light accelerates healing. And to do that requires a pulse state, where the light turns on/off rapidly.

By shining light and allowing it to penetrate into the body to a damaged

area, the cells can speed up their healing.

Comparing using a laser to an LED, the laser and the LED can stimulate about the same rate today. But the safety of an LED far surpasses the laser. An LED, because of its non-coherent light, the cells, when they're done healing, can actually switch-off, so you can't overdo it. And there are no side-effects with an LED. But with a laser, the cells don't have the ability to shut-off of their own accord.

So, LEDs offer a great degree of safety over the corresponding "soft" laser light units, and the effectiveness is, essentially, the same.

Now, this accelerated healing—I'm going to digress for a second. Why was NASA interested in LEDs? In space the body doesn't heal. The body deteriorates under weightlessness—soft tissue, muscle tissue, even bone tissue deteriorates. NASA was worried that if they get injured, their astronauts aren't going to heal up there. And so, they were interested in something that could accelerate healing, and overcome the weightlessness of space.

So, that's what started NASA involved with Dr. Whelan and the University of Wisconsin, in working with LEDs for NASA, specifically. And that was to accelerate healing of tissue so they would overcome this problem with weightlessness.

Now, the same technology that they went to is available here on the planet itself, to use all the time. You don't have to be in weightlessness to use this technology. So, basically, LEDs and corresponding lasers can be used.

But the point I was trying to get across is that lasers really have safety factors; they don't last a long time; you've got to know what you're doing with lasers; the cells can't self-regulate. With a Light Emitting Diode producing non-coherent light, and thus much more diffused, the

cells are self-regulating; you can't overuse the LED light source; and you have no side-effects.

Interesting about the use of red light—I talked about it starting in mid-1960s with the Russians and the Czechs, and accelerating in the 1980s and '90s. There was work by Finsen in 1894, where Finsen used red and ultra-red rays to promote rapid healing of smallpox lesions. He created red rooms, red light treatment back in 1894.

Martin: Way ahead of his time.

Olszewski: Way ahead of his time. And he did a lot of work with TB, I believe, also. So, I like the work of Finsen.

Dr. Tiina Karu was the researcher I referred to earlier, she did a lot of work in Russia. And she was the basic person who would take what was originally required as single-frequency coherent lasers, to point out and research the fact that it didn't require the coherency. It just required that it be single-frequency, so these photoreceptor molecules could respond. She was the one who, basically, came out and said: "You can do bio-stimulation without the use of lasers."

Martin: I'm going to sidetrack you here for half a second, and we can just put this on the shelf and get back to it.

In listening to Shawn David Morton on Art Bell's radio program the other night, and also the story I've just recently covered for our last issue, there is a lot of concern and discussion about smallpox, and acts of terrorism involving acts of chemical or biological warfare. Shawn David Morton was saying that he perceives a biological attack on the East Coast somewhere, perhaps Boston, in the later part of May. Now, if there WERE such a thing, with something like smallpox, you're saying the use of this type of light could facilitate healing of those wounds. Is that correct?

Olszewski: That's correct. And that

was what Finsen did—well over 100 years ago—using red light therapy. Well, he didn't have lasers and LEDs available. He was working with some broader color band of red, yet STILL getting results.

And that brings us back to the comment that if you can isolate that red color down to a single frequency, then you can actually start

working within the cell, immediately, rather than, as Finsen did, with a color that started at the energy field around the body, went to the energy field around the cell, and finally to the cell. Where today, with a single-frequency light source, you can go right into the cell mechanism to effect a change. So, it's faster, quicker, and more repeatable, absolutely.

As I pointed out briefly earlier, a lot of LED and laser technology was first done in veterinarian offices in this country, and then it, naturally, moved out into use on individuals. There was a lot of experimental use that was restricted by the FDA in this country. Recently, the FDA has started approving use of LEDs on the human body. Well, LEDs have been used on the human body for a long time, if you've ever been in front of your computers, or your electronic devices with LEDs.

The FDA, about a year ago, started approving general use of these as a "heating lamp"—it's under the heating lamp designation. I think the things they allowed them to do was to use it, primarily, for reducing discomfort, increasing circulation, and heating an area. I think that's the only thing that could be said about it—which is interesting, because here is one government agency saying that's what you do with it, and another government agency, called NASA, talking about how they're using it for wound healing and cancer treating.

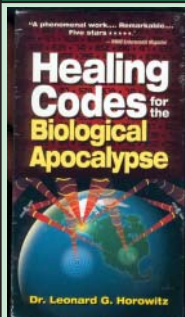
It's like—ok, which agency is out there?

[*Editor's note: The above "puzzling" situation should come as no surprise to regular SPECTRUM readers. The FDA answers to the large drug companies, so they have to find an inconspicuous way to "sort of" approve the use of LEDs. NASA, on the other hand, has no such attachment to the drug companies' monies and influence, and thus pursues their research more single-mindedly.*]

Anyway, because of the FDA approval now, I think LEDs will become a little more prevalent in use.

In our company we use LEDs and we went ahead and patented these devices in several countries, specifically where we thought devices would come out of: Japan, South Korea, where we patented the use of LEDs as a safe replacement for low-power lasers in medical treating. In the United States, you can't patent claims, and you can't patent an LED, which already had a patent on it. So, in the United States, all you can patent is the design for a unit. You can't claim the LED. Other people have various patents,

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like I do, in other countries, for the use of LEDs, as a safe replacement for lasers.

So, it will exist in other countries a little bit more than it will in the United States yet—until it becomes more widely known and accepted.

I think if one were to go out and look at NASA, on their website, and looked at some of the articles that have been posted, then you could start seeing some of types of things that—certainly if not in this country, then—in other countries that it's being used for. I thought I'd touch a little on those.

By far, healing and accelerated healing seems to be the biggest use. And keep in mind: units can be custom-made; once you know where your problem is, the idea is just to get the light to it.

So, the key is: how do you make lights to get to various areas where there are problems?

One of the ways is to use those meridians we were talking about, to get light deeper into the body. The average LED unit has an effective penetration—which means it influences the cells—up to about 1¾ inches deep. But, by arraying your LEDs in certain geometrical patterns, you can actually ride the body's energy pathways into the body, and bigger units can get effective penetrations ANYWHERE into the body—say 8 inches.

It's interesting, you use light and you get it into larger arrays of LEDs, and you can actually penetrate through clothing, skulls, things like that. LED units will become—you know, they're out there with single lights, and 3 lights, and 17 lights, and 23 lights, and 30 lights, and 400 lights—so, they're starting to proliferate with different type of devices.

But, outside of the United States, where we see most of the use of this, is for pain relief and healing.

The pain relief portion we haven't talked about, yet.

Martin: Let's talk about that.

Olszewski: Pulsed light, turning pulses on and off, the wavelength always stays the same. We're talking about using the 660 nanometer wavelength LEDs, which is in the red range. But you can turn this light on and off at different pulse rates.

Martin: What are the most effective ranges for healing?

Olszewski: Over time, the range of 250-266 pulses per second has been very effective; and then when you're working with nerve tissue, brain tissue, or as they have in the NASA article, on tumors, you can go up to the higher thousands, up to 17,000 pulses per second for good results.

Now, if you don't pulse the light at all, if you just make it continuous, then it has an interesting sedating effect. It actually does reduce swelling; it actually does reduce pain; and it actually does reduce muscle tension.

So, by simply taking LED units, and using them on a continual beam rather than a pulsed beam, you can produce pain relief. Then, you can start using them, as we said, in place of a c u p u n c t u r e devices, to stimulate healing in the pulsed mode.

We see a lot of activity in the area of facial toning, and facial work, using LEDs and lasers to regenerate cell tissue to produce elastin and collagen and smooth wrinkles out. The things that ache a lot: skin conditions, arthritis conditions, headaches, gums—we've seen a lot of both lasers and LEDs used for these.

Martin: Sinuses?

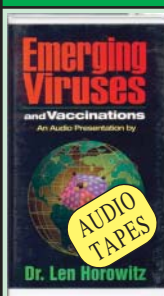
Olszewski: Sinuses. Both types of allergies. I like to talk about allergies because there are a lot of allergies out there. And to understand allergies a little bit, from an energy standpoint, airborne allergies are caused by very poor sinus cells, not the reverse. In other words, allergens don't create bad sinuses, bad sinuses allow airborne allergies to occur.

If you have strong, healthy sinus cells, they will do their job just like an immune system will. They will protect you.

So, if you can regenerate your sinuses, it will provide you more protection against airborne pollen, bacteria, etc. The lights can be focused into the sinus area to build-up the sinus cells in the same way that the light repairs tissue across a knuckle. And so, by keeping your sinuses healthy, you basically give your body a real protection system, just like a high immune system does.

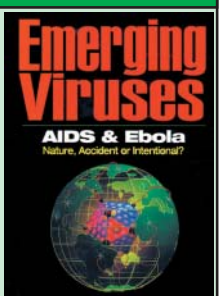
Now, foods are an interesting concept here. I remember as an engineer working in labs at high school and college, and I would always work with energy systems. So, if I introduced a low-energy field into a high-energy field area, the low-energy field would be pulled-up to match the

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high-energy. In other words, it would be just like a magnet attracting it. Ok? So, when we think about foods, now, we are a certain vibration. We are, literally, a vibratory rate. Foods, of all types, are all different vibrations. And nobody ever really stops to think: "How can you eat anything that's foreign, without your body rejecting it?"

Martin: Right.

Olszewski: You know, just the basic concept. How do you get a different energy-field into your body? Well, the human body is usually a higher energy-field, so when you introduce a low-energy field—

Martin: Like a dead animal, or cooked foods?

Olszewski: A dead animal, or a vegetable, or a liquid, orange juice—

Martin: Other than a freshly picked carrot, or something like that?

Olszewski: The carrot is the same thing, it's got a different vibration than you. It's still not you; it's a carrot. But a carrot is a lower vibration. So when I take the carrot and I introduce it within, say, a foot of the body, as it comes towards your mouth that you're ready to eat, your energy-field, literally, draws the carrot's energy-field up to match yours; so, by the time you chomp down on it, and start chewing and swallow it, it's not viewed as an invader into the body.

Martin: So, the body doesn't DROP to meet it?

Olszewski: No, the carrot comes UP to match the body. It's like: a higher energy-field is stronger, so it makes the carrot come up to match you.

Martin: The reason I ask that is, I've heard a scientist argue the other way, too.

Olszewski: That it drags it down.

Martin: That it drags it down.

Olszewski: I'll tell you: it's hard to drag high energy-fields down, unless you have a preponderance of low energy. There is a volume thing here. Look at the mass of your body, and the level of your energy-field, and then you take a carrot, which is small and has a low energy-field. It happens the other way around. It actually sucks UP the small one.

So, if that's how the body normally operates, to allow you to eat foods that are foreign to your body, which is everything, then what is a REAL allergy? It's either for a physiological or a psychological reason, your body is unable to alter a certain thing, like chocolate. And so, when you eat chocolate, you break out in hives. You develop an allergic reaction to it. But the interesting thing—that chocolate bar is made up of atoms with electrons, and again, in my engineering labs, I would introduce energy into an electron structure, and light is the strongest energy source in the universe, I think, outside of love.

So, I shine a light on food, especially single-frequency light. That goes in, voooom; I add energy into the electron structure in an atom. And the electrons get excited; in technical terms, they want to go to the next energy orbit. But, basically, you've created an excited state in the structure.

Now if you hold your body close to it, like, say, hold your hand within close proximity to the chocolate bar, and then apply light to the bar to excite the electrons, in an excited state they will

look to the closest reference source, and that's your hand. And they'll match it. And it will, essentially, take hours for it to go back down to a normal state. In the meantime, what the body wasn't able to alter in the chocolate, you've been kind-of able to force it to alter the chocolate. So, now you don't get an allergy reaction.

In a sense, this energy application to food is not much different than praying over food, where you focus your mental energy on it. I've often been enthralled with that little analogy between praying over your food, and applying light, or an energy source to it. And so, with allergies, it's the same idea.

The other thing that I found useful, and have seen a lot of studies on, is the application of light to the bloodstream. Those little red cells, white cells, B & T cells in there, aren't always in the best of shape. And if you can repair tissue on the surface of the skin, you can actually go into the aorta artery, or the jugular, because they're easy to get at, and the light can shine on the cell tissues, and those cells can transform, also, back to a normal state. And, in a sense, what you've done is: I've seen on dark-field microscopes a lot, where people take a blood sample and take a look at the condition of their blood cells. And you see a lot of parasites and bacteria in the bloodstream, also. The cells aren't doing what they're supposed to do.

A definition of a low immune system is: you don't have enough active cells or they're in poor shape. So, by applying a light for a period of time, it boosts those cells. And then, you take another dark-field picture of the bloodstream, and you

now see more active white cells, B & T cells, attacking parasites and bacteria. In a sense, you've boosted your immune system.

That's the third way to boost your immune system. The first one was sunlight. The second one was the use of artificial sunlight, or full-spectrum light to boost it, to do the job of the sunlight. And the third is to use single-frequency lasers, or LEDs, on the bloodstream, to boost that immune system ability.

So, what have we got now?

What we've talked about, so far, in the area of light, has been an evolution from sunlight, understanding it, what it does to you. Then, we got into artificial light, and it's impact on us, including some detrimental effects, and how we can counteract that, how we can start changing to better light in our work and play areas, how introducing some full-spectrum light will mitigate a lot of bad light. But, if we could just get rid of the bad light, that would be even better.

Martin: That seems to be the main point.

Olszewski: Yeah.

Martin: Especially for people who live too much indoors.

Olszewski: But sunlight and full-spectrum light are meant to try to keep the overall body healthy and functioning like it was supposed to. But single-frequency light, LEDs and lasers, is more aimed at repairing the damage that is already in cells. In other words, trying to normalize these abnormal conditions that we find ourselves in.

Martin: Which are cumulative.

Olszewski: Yes, cumulative. They are both acute—such as you cut yourself, you knock the skin off, you burn yourself, these are things you know you're going to heal from. But the light can actually just accelerate the healing. But then you move to the bigger problems, the chronic things that you're not responding to, that your body has developed.

I like to use an analogy of whiplash. People who have whiplash heal for the first year, and basically, at the end of that first year, you are where you are. You talk to them 15 years later, and they've still got problems from that whiplash. Well, those are chronic conditions.

The red light therapy, and Finsen showed this too on smallpox and TB, that basically light could be used to promote a new round of healing in CHRONIC conditions. That it, literally, gave you another "lease on life" so to speak. And that's the value of the LEDs and low-power lasers—that, basically, the light offers you an ability to get cells back to a normal situation.

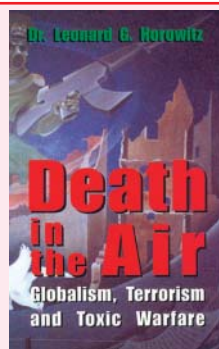
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In a survey of light's effects, there are a few other problems that probably should be pointed out, that light does have an effect on.

I think all of us have heard that babies born with jaundice have had blue light applied to them, to get rid of the jaundice at birth. Ultraviolet light, which you are being told is a "bad boy" now, because it supposedly creates problems, but 10-15 years ago was the darling, because ultraviolet kills bacteria on the surface of the skin, and so it was used to help skin problems. And that goes WAY back, hundreds of years, the use of ultraviolet for that.

In fact, there are some types of treatments, when there's bacteria in the blood, where they actually pull the blood out, pass it through an ultraviolet light, and put it back in the body again. And that's so the bacteria are exposed to the ultraviolet light. [One excellent book on this subject is written by William Campbell Douglas, M.D., called *Into The Light*, ISBN: 0-9626646-5-0.]

So, there are many, many treatments. There are dentists who use different types of lights to cure the different products that they use to fill teeth, to cause compounds to come together strongly, for fillings in teeth.

Light is being used a lot of ways in medicine today. The book called *Light Years Ahead* is a kind-of survey of some of the uses that are being made of light, both for psychological work, as well as physical work, on people.

Martin: And should I direct our readers to you, as a source for that book?

Olszewski: I like books because they're out there, and they can find them in any library and any bookstore. I'm one of 12 co-authors on that book.

Martin: Is there another source to buy it?

Olszewski: At their closest discounted store!

Martin: So, with the ISBN, they can order it at any bookstore or Amazon. [*Light Years Ahead*, published by Celestial Arts, Berkeley CA, 1996; ISBN: 089087-762-9]

Olszewski: Anywhere, right. And I'm going to recommend a couple of books here for your reference library.

Martin: Good idea.

Olszewski: *Light: Medicine Of The Future*, by Dr. Jacob Lieberman is a good book, and *Light Years Ahead* is a sequel to that book.

John Ott had several really good books; one is called *Health & Light*, and the other is *Light, Radiation & You*. Those are several really good books that are primers on sunlight, artificial light,

and the types of light that are used in medicine, like red light, etc.

Jacob Lieberman's book *Light: Medicine Of The Future* was a real groundbreaker, where it told you what kind of light was out there. *Light Years Ahead* is more of a book telling you how to use that light, that he first brought out.

And I probably would be remiss if I didn't touch, at least for a minute, on something that's not light, but I think is really important—and that is heat, hyperthermic heat.

Martin: I was going to ask you about that.

Olszewski: Hyperthermic heat is, literally—

Martin: Now we're back to boosting the immune system.

Olszewski: Yes. That's what I really wanted to fill-in, the fourth area here on the immune system.

The first three things, basically, produce healthier white cells. The sunlight, full-spectrum light, and LEDs basically improve what you've got there. But if you don't have enough soldiers, if you don't have enough white cells, red cells, B & T cells, these are produced from the bone marrow in your body. This is how the body produces these.

Well, a hyperthermic unit is a rectal heat unit. It's basically a probe that inserts in the rectum, and the temperatures go from about 98°F to about 113°F, which is not a problem, because your rectum will tolerate 136°F.

The reason that hyperthermic therapy is used is pretty straightforward. It's used to help reduce hemorrhoids and prostate conditions, but also, at those temperatures, fake the body into thinking you've got a fever, and so the body fights the fever by generating some new white cells from your bone marrow.

So, hyperthermic therapy is a way to boost the white cell count. And some of those white cells will be processed by the thymus gland, and become the T & B cells that are our watchdog cells.

So, the fourth way is using hyperthermic therapy to boost the white cell count.

[Editor's note: Strictly speaking, this is still a light-based therapy technique that's utilizing a band of electromagnetic

energy frequencies in what would be called the far-infrared part of the light spectrum, which is what radiant heat is.]

Martin: Now, again, for the benefit of our readers, this is an FDA-approved technique?

Olszewski: Yes, it is. And it's used in a lot of clinics. It's been on the market since the late 1980s. It's just another way to help the immune system; it is SO ESSENTIAL IN TODAY'S WORLD TO HAVE A WELL-FUNCTIONING IMMUNE SYSTEM! There are so many things out there that depress the immune system: stress, bad water, bad air, contaminated foods. With a depressed immune system, you're going to be catching a lot of things. And you're leaving yourself open.

So, the real cry is: GET YOUR IMMUNE SYSTEM UP! And light therapy is one way to help us improve that immune system. But light therapy also offers the ability to help cell tissue that already has problems. And I'm hoping that this becomes more widespread, and known, in this country, as it has been in other countries, and becomes more accessible to people to utilize this technology.

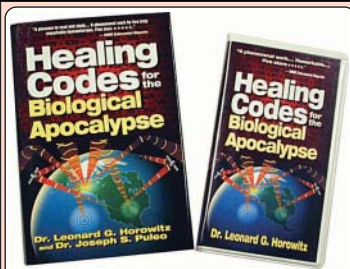
An LED will last 80-90 years on average use. And it's capable of affecting the body in a lot of ways, and very safely. So, I hope it becomes a tool that is, in fact, available on a wide scale to individuals to help themselves.

Martin: I'm sure this article will reach many people, and then get passed on to many more.

Olszewski: That's great. I appreciate the ability to share some of the fascinating material on light that everybody should know about.

I love your forum. I appreciate the opportunity to talk about light here, and to educate people on the nature of light,

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so with that education they can take appropriate actions—whatever they deem right for them.

[Editor's note: And that's exactly our philosophy here at The SPECTRUM—to share Truth so that YOU can make your own informed decisions, hopefully toward a higher quality of life. And heaven knows there's a lot of Truth to share—what with all that is purposely hidden from us or turned into disinformation so as to work against us.]

Martin: You mentioned, early on, some things that are on the horizon that people should be looking toward.

Olszewski: Oh, yes. I'll tell you where things are going.

These LEDs are becoming not only more widespread, but the development of a blue LED, which took many, many years to accomplish, was required in order to produce a white LED. I won't go into the technology for it, but let's basically say we now can produce a white LED. Now, an LED lasts 80-90 years, as I was saying. It runs on very little power. So, we see them being put into signs, in traffic signals, made into display signs, where they put, literally, hundreds and thousands of LEDs in there, which they can control individually.

What's going to happen is that clusters of LEDs will become a light bulb of the future, so that your light, instead of being incandescent, or halogen, or even fluorescent, will be, in fact, light-emitting diodes.

You buy a bulb, which unfortunately today will probably cost you \$140, but eventually cost you what regular bulbs do now. And an LED array can be screwed right into a regular fixture, and last there, literally, 80 years, and produce very good light, and at very little cost to run.

I find it interesting, since we know that LEDs of other frequencies, like the red, etc., are used in the medical profession, it would not be at all inconceivable to see some red LEDs inserted in the light bulbs, along with the white. And so, basically, your healing light of the future is in your light bulb that you screw into your socket.

Martin: That's amazing.

Olszewski: Isn't it? Not only do you get your lighting, but you can repair yourself under it.

The other thing is, regular light bulbs are called photopic. They reach the cones of the eyes. There's also scotopic, and scotopic is a lower-intensity type of light that reaches the rods of your eyes. But the concept is, the material that you made scotopic out of, literally,

conditions you for night vision. You operate under a lower level of light, and you operate more in the blue end of the visible spectrum than you do in the yellow-orange part of the spectrum.

Now, these types of lights are very interesting. They have shown that some of the full-spectrum effects can be duplicated with this part of the spectrum, so that, in theory, you could make a scotopic bulb that is a full-spectrum light.

The technology of scotopic light is very interesting, too—the stuff that's used for making it. If you take a bulb out of the socket providing power, it will continue to remain lit, even with no power. If you drop the bulb and it breaks, it will continue to light for awhile. So, basically, scotopic light is also an emergency light, so that if you lose power in strategic areas, your lighting will continue, with no power source whatsoever. You can take the bulb out and carry it with you. And the lights will stay on, depending on use, for up to 24 hours.

So, there's a couple of interesting things in lighting out there: scotopic lights and LED light bulbs.

Martin: Do you think we'll see major hospitals adopting this technology anytime soon?

Olszewski: The scotopic lights are in submarines today. They're in critical military things today. You know, in a submarine, you don't get any sunlight, do you? So, basically, you can use these as full-spectrum lights in submarines, and yet, if you lose power, all the lighting stays on.

Martin: That's fantastic.

Olszewski: Isn't it? So, I'm sure it will go into the military use, first, and then it will move out into the commercial use more.

Martin: Are there any closing remarks you'd like to share with our readers? We've covered quite a broad "band of light" here.

Olszewski: Do what is common sense. You know the Sun is there; take advantage of it. Question it when you're told that something is wrong with natural light, and do your own investigation into this.

You can use some of my hints and recommendations to get there, but the best things are natural. Go for the natural stuff. Sunlight is natural. The colors that come from sunlight are natural. Use non-invasive technologies. Keep your immune system up. Stay healthy. And always have a good attitude. Basically, it has nothing to do with light, but you do feel more cheerful in light, don't you?

Martin: Yes.

Olszewski: You were telling me you were traveling, backpacking, and I didn't ask you about your overall attitude, but I have the feeling it was very upbeat.

Martin: Very upbeat.

Olszewski: Right. So, we often get our attitude from light. And if we know that when we come indoors and we're subjected to artificial light, that has all the detrimental effects that I was talking about—then, do something about that, mitigate it. At least get SOME good light inside, at least until you can get to the point where you can start converting to all good light. There's really no reason not to have an equivalent of sunlight indoors.

Martin: It seems to be a small price to pay to alleviate feelings of depression, anxiety, sluggishness, and exhaustion when reading. All of those can be alleviated just through full-spectrum lighting. It seems like an easy prescription.

Olszewski: Yes, it is. Then, be aware that LEDs are just one slice of sunlight. They're just one frequency out of the 1500, but they have an interesting ability to work right into the cell. And to activate some of the body's own mechanisms to accelerate healing.

Basically, I like to refer to LED light for the cells as working like a garage-door opener does. You just have to hit the button MOMENTARILY to open the door, yet the door keeps opening. LED light can actually work the same way on cell tissue—when you take it away, the cells continue to work toward healing themselves.

Martin: I'm sure you have your share of testimonial stories that you're told.

Olszewski: Yes. Over the years there have been a lot. People watch skin tissue heal quickly, in one day, in front of their eyes. It's like when you look at an ulcer, or an open wound on the leg, and you can apply light as stimulation, and you can watch cell tissue regenerate, literally, in front of your eyes.

Martin: I'll give you a real-life example. Several months ago I made the very serious error of having a bottle of 35% food-grade hydrogen peroxide next to my eye drops. One morning I got up and squirted a large amount of the peroxide directly into my eye. I want to tell you, by the time I realized it, it was too late; I had burned it. I immediately rinsed it out, of course, but the one thing I had in the house to reach for—before I realized, a day later, that I had colloidal silver, that also did help—I reached for the LED light wand. I sat under the LEDs for, oh, an hour, and it DID relieve

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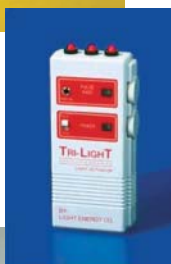
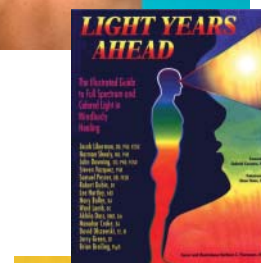
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the pain. But—I would never repeat THAT experience just to be able to say it works! [Laughter]

Olszewski: When the interviewer has already experienced what I'm talking about, that's a good thing.

Actually, if individuals want more information on light, if they wish they can call our 800 number: 1-800-544-4826. They can also go to our www.lightenergycompany.com Internet website. It has a lot of full-spectrum light information. It has the thermotherapy information. But if your readers want information on red light, they'll have to call me, and we'll send out the information to them.

Martin: Just so I have your biographical information accurately stated, are you still Director of Computer Information Systems for a West Coast petroleum company?

Olszewski: Yes, but I will be retiring from that company this year, and I will be devoting my time totally to Light Energy Company, and coming out with a couple of books on how to use red light technology. And, also, one of our new products will be a light pad, which will be out shortly.

So, things are coming together in the Light Energy Company this year. Right now, what I think I would like is for people to place calls. Calls can come in, and that way I can send out catalogs and reference information. But for those who want to know about full-spectrum light or thermotherapy, they can go to our website. But you will not get the red light (LED) information from our website, at least not at this point.

I think that's about it. From your point of view, does this satisfy your yearning for some information on light?

Martin: Perfect, just what the doctor ordered.

Olszewski: It fills in to supplement your earlier articles on sound healing, etc.

Martin: It certainly does. I'm sorry it took so long to get this article done. I wanted to do it before now, actually.

Olszewski: There is a reason for timing on everything.

Martin: That's true.

Olszewski: I just got back from Hawaii, and Dr. Lark's Medical Newsletter came out on red light therapy. May 13 we're going to be in *Women's World* magazine.

Martin: Great.

Olszewski: And this article will be coming out in the middle of May. I love your material, and to be able to include light in there, and get this much education out to all of your people, is great. You know, when I'm aiming at boosting the immune system to protect ourselves, I'm aiming at every one of your readers.

Martin: We're coming into some heavy stuff.

Olszewski: We're coming into some heavy stuff. I didn't get into, at this point, the ability to deal with altering brainwave patterns, etc. If you want, on a subsequent interview, we can have a follow-up, as things get bad out there.

Martin: Sure. In fact, that is always a good idea, especially on a subject like this, as new ground is broken.

Olszewski: Right, where you start looking and saying: "Ok, here was a primer. This is light used for the everyday things. Now, when things get tougher out there, how can we use light a little differently?"

The scotopic light application is a

very important emergency light. The use of LEDs on the brain tissue is very important. The immune system becomes doubly important. And so, a follow-up will become very evident, I think, when conditions are such that more information needs to get out there. But this will be enough to get people started thinking about full-spectrum light, and sunlight, and introduced to LEDs.

Martin: I think this is a perfect educational course for our readers on the subject of light.

I heard you mention in your lecture at the National Health Federation, one of the women in the audience was asking about the use of far-infrared in a sauna? That was new to me. I've not heard any of that.

Olszewski: Oh, yes. Do you have a question about that?

Martin: It seems like it would be very relaxing to have that in that environment.

Olszewski: In saunas they're great for detoxing the body, out through the pores. In fact, I was contacted by one company in New Jersey that makes saunas; they are now interested in LEDs in the sauna.

Martin: Another great idea.

Olszewski: Combining red LEDs with far infrared.

Martin: Talk about therapeutic. I want one in my house—right now! [Laughter]

Olszewski: [Laughter] Those far-infrared sauna baths are really good, Rick. I recommend far-infrared sauna over anything else, for its ability to get your pores open, toxicity to come out, and get your skin to breathe.

Martin: I've always loved saunas, anyway.

I sure appreciate this conversation, Dave, and I know our readers will appreciate it also.

Olszewski: I am really thankful that you have given me the opportunity of this forum to get out the message on light.

Martin: This is a good story.

Olszewski: I'm glad you liked it. We'll reach a few more people now.

* * *

Use the Light that is within you to regain your natural clearness of sight.... Seeing into darkness is clarity. Knowing how to yield is strength. Use your own Light and return to the Source of Light. This is called practicing Eternity. — Lao-tzu △



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Congressman Dr. Ron Paul: “Bad Boy” To Good Ol’ Boys

Editor’s note: The following is excerpted from a powerful letter that Congressman Ron Paul (R-TX) originally sent out back in December of 1997. What he had to say back then has been so admired by people all over the United States that his words have circulated farther and faster than gossip from the office coffee-break room.

Obviously he frightens the Power Elite who have so many Congressional crooks under control. But he stands as a ray of hope to so many Americans who are frustrated with the corruption they see parading right before their eyes.

For those of you not familiar with this dynamo for the people, his comments were last shared a few months ago in the April 2002 issue of this publication when we presented a speech of his titled “Our Fraudulent Money System”. He was also mentioned within Al Bielek’s interview in our special October 2001 issue of The SPECTRUM on the September 11 tragedy. Among other projects, he has been involved in much behind-the-scenes work to restore the United States monetary system to a solid and healthy foundation.

By background, Dr. Ron Paul is an obstetrician trained at Duke University, with time in the Air Force between 1963-68. He was born in Pittsburgh, Pennsylvania in 1935 (my hometown—E.Y.). He was first elected to Congress in 1976 by a number of patriotic Texans.

We are thankful that a thoughtful subscriber has shared the following with us, so that we could in turn share it with you. In tracking down the history of what you are about to read, it was a surprise to find this letter is nearly five years old. If you watch what’s going on in Congress right now, and didn’t know the date of these words, you’d figure this message was about things that happened last week or month.

Unfortunately the Congressman’s words are timeless and pertain to an ongoing chronic problem that the people of the United States need to face as resolutely as Spring housecleaning!

DECEMBER 1997 CONGRESSMAN RON PAUL

The other day, I made a huge “gaffe” on national TV: I told the truth about the crimes of the U.S. government.

As you can imagine, the ceiling fell in, and a couple of walls too.

“Congressmen are supposed to support the government” I was told.

Oh, it’s okay to criticize around the edges, but there are certain subjects a member of the House of Representatives is not supposed to bring up. But I touched the real “third rail” of American politics, and the sparks sure flew.

I was interviewed on C-SPAN’s morning *Washington Journal*, and I used the opportunity, as I do with all such media appearances, to point out how many of our liberties have been stolen by the federal government.

We must take them back. The *Constitution*, after all, has a very limited role for Washington, DC.

If we stuck to the *Constitution* as written, we would have: no federal meddling in our schools; no Federal Reserve; no U.S. membership in the UN; no gun control; and no foreign aid. We would have no welfare for big corporations, or the “poor”; no American troops in 100 foreign countries; no NAFTA, GATT, or “fast track”; no arrogant federal judges usurping states’ rights; no attacks on private property; and no income tax. We could get rid of most of the cabinet departments, most of the agencies, and most of the budget. The government would be small, frugal, and limited.

That system is called liberty. It’s what the Founding Fathers gave us. Under liberty, we built the greatest, freest, most prosperous, most decent country on Earth.

It’s no coincidence that the monstrous growth of the federal government has been accompanied by a sickening decline in living standards and moral standards. The feds want us to be hamsters on a treadmill—working hard,

all day long, to pay high taxes, but otherwise entirely docile and controlled. The huge, expensive, and out-of-control leviathan that we call the federal government wants to run every single aspect of our lives.

Well, I’m sorry, but that’s not America. It’s not what the Founders gave us. It’s not the country you believe in. It’s not the country I believe in.

So, on that TV interview, I emphasized not only the attacks on our property, but also the decline of our civil liberties, at the hands of the federal police. THERE ARE NOT SUPPOSED TO BE ANY FEDERAL POLICE, according to the *Constitution*.

Then I really went over the line.

I talked about the Waco massacre. Bill Clinton and Janet Reno claim those 81 church members, including 19 children, burned down their own church and killed themselves, and good riddance. So they put a few survivors on trial, and threw them in prison for 40 years.

We’re not supposed to remember that the Bureau of Alcohol, Tobacco, and Firearms—talk about an unconstitutional agency—rather than arrest David Koresh on his regular morning jog, called-in the TV stations for a big publicity bonanza, and sent a swat team in black masks and black uniforms to break down his front door, guns blazing. They also sent in a helicopter gunship—to shoot at the roof of a church full of innocents.

The Branch Davidians resisted, and after a heartless siege of almost two months, and after cutting off food, water, and electricity, and playing horrible rock and roll through huge speakers 24 hours a day, the feds sent in the tanks to crush

“It does not require a majority to prevail, but rather an irate, tireless minority keen to set brush fires in people’s minds.” — Samuel Adams

the walls of the church, and inject poisonous CS gas.

Now, CS gas is banned under the Paris Convention on Chemical Warfare. The U.S. could not use it in a war. But it could—and did—use it against American civilians.

After the tanks did their work on the church, the place burst into flame, and all 81 people—men, women, children, and babies—were incinerated in a screaming horror.

Did some feds set the fire?

Did the flammable CS gas ignite, since, without electricity, the parishioners were using lanterns?

Did a tank knock over a lantern, striking one of the bales of hay being used against the thin walls as a “defense” against bullets?

Or did the Davidians, as Clinton and Reno claim, kill themselves?

A new documentary—*Waco: The Rules Of Engagement*—may show, through FLIR infrared photography, FBI snipers killing the Davidians by shooting through the back of the church, where no media cameras were allowed. This film won a prize at the famed Sundance Film Festival. It was made by people who took the government’s side—until they investigated.

Whatever the truth, there’s no question that an irresponsible federal government has innocent blood on its hands—and not only from Waco. And the refusal of corrupt and perverse liberals to admit it means nothing.

In my interview, in answer to a caller’s question, I pointed out that Waco, and the federal murders at Ruby Ridge—especially the FBI sniper’s shot that blasted apart the head of a young mother holding her baby—caused many

Americans to live in fear of federal power.

Then I uttered the sentiment that caused the media hysteria: I said that a lot of Americans fear that they too might be attacked by federal SWAT teams for exercising their constitutional rights, or merely for wanting to be left alone.

Whoa! You’ve never seen anything like it.

For days, in an all-out assault, I was attacked by Democrats, unions, big business, establishment Republicans, and—of course—the media, in Washington and my home state of Texas. Newspapers foamed at the mouth, calling me a “right-wing extremist”. (Say, isn’t that what George III called Thomas Jefferson?)

I was even blamed for the Oklahoma City bombing! And by the way, I don’t believe we’ve gotten the full truth on THAT either.

All my many opponents were outraged that a Congressman would criticize Big Government.

“If you don’t like Washington, resign!” said a typical big-city newspaper editorial.

But the media, as usual, were all wet. (Do they EVER get anything right?)

The average Congressman may go to Washington to wallow in power, and line his pockets with a big lobbying job for a special interest (so he can keep ripping-off the taxpayers). But that’s not why I’m in Congress.

It’s not why I left my medical practice as a physician.

It’s not why I put up with all the abuse.

It’s not why I refuse a plush Congressional pension.

I’m in this fight for a reason: I want to hand on to my children and grandchildren, and to you and your

family, a great and free America, an America true to her *Constitution*, an America worthy of her history.

I will NOT let the crooks and clowns and criminals have their way.

I’m in Congress to represent the ideas of liberty, the ideas that you and I share, for the people of my district, for the people of Texas, for the people of America.

That’s why I’m working to stop federal abuses, and to cut the government—its taxes, its bureaucrats, its paramilitary police, its spending, its meddling overseas, and every single unconstitutional action it takes. And not with a pair of nail scissors, but with a hammer and chisel.

Won’t you help me do this work?

Not much of the federal leviathan would be left, if I had my way. But you’d be able to keep the money you earn, your privacy would be secure, your dollar would be sound, your local school would be tops, and your kids wouldn’t be sent off to some useless or vicious foreign war to fight for the UN.

But Jefferson and the other Founders would recognize our government, and our descendants would bless us.

By the way, when I say cut taxes, I don’t mean fiddle with the code. I mean abolish the Income Tax and the IRS—and replace them with nothing!

Recently, I asked a famous Republican committee chairman—who’s always talking about getting rid of the IRS—why he engineered a secret \$580 million raise for the tax collectors.

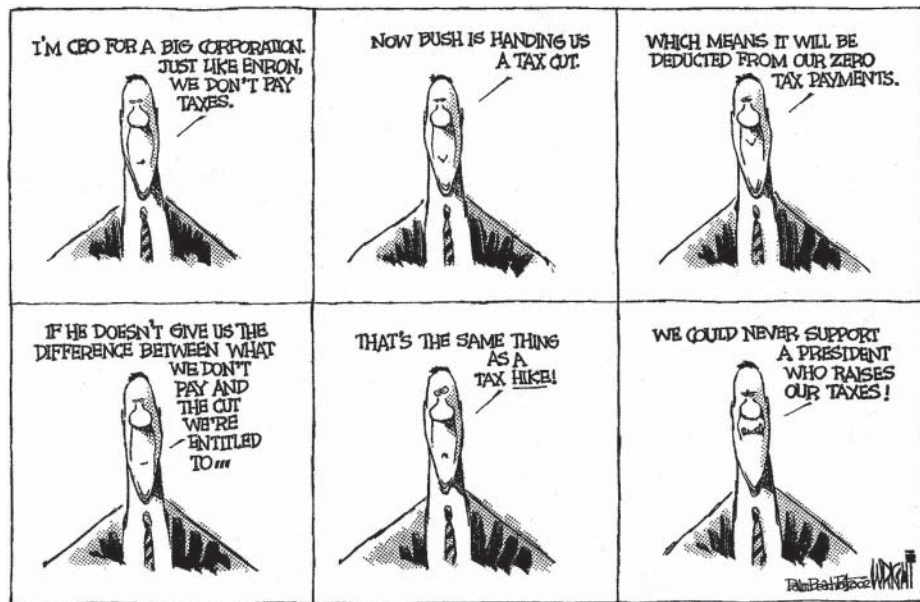
“They need it for their computers” this guy told me. So the IRS can’t extract enough from us as it is!

The National Taxpayers Union says I have the highest pro-taxpayer rating in Congressional history, that I am the top “taxpayer’s best friend”. You know I won’t play the Capitol Hill games with the Capitol Hill gang, denouncing the IRS while giving the Gestapo more of your money. Or figuring out some other federal tax for them to squeeze out of you. I also want to abolish the Federal Reserve, and send Alan Greenspan out to get a job.

The value of our dollar and the level of our interest rates are not supposed to be manipulated by a few members of the Power Elite, meeting secretly in a marble palace. The Federal Reserve is unconstitutional, pure and simple.

The only constitutional money is gold and silver, not notes redeemable in them. Not Fed funny money.

Without the Federal Reserve, our money could not be inflated at the behest of big government or big banks.



Your income and savings would not lose their value.

Just as important, we wouldn't have this endless string of booms and busts, recessions and depressions, with each bust getting worse. They aren't natural to the free market. They're caused by the schemers at the Fed.

President Andrew Jackson called the 19th-century [version of the] Fed "The Monster" because it was a vehicle for inflation and all sorts of special-interest corruption. Let me tell you: things haven't changed a bit.

I also work to save our schools from DC interference. Thanks to the feds, new curriculums not only smear the Founders as "racist, slave-owning elitists", they seek to dumb down our students so they will all be equal. "Look-say" reading and the abolition of phonics has the same purpose, and so does the new "fuzzy" math, in which there are no right and no wrong answers.

That must be what they use in the U.S. Treasury! It's certainly what they use in the U.S. Congress.

But ever since the beginning of federal aid to education, and accelerating with the establishment of the rotten Department of Education, SAT scores have been dropping. Schools, with few exceptions, are getting worse every year. To save our kids, we must get the sticky fingers of the feds out of our local schools, and let parents rule. That's what the *Constitution* says, and the *Bible* too.

And then there's my least favorite topic, the UN. World government is obviously unconstitutional. It undermines our country's sovereignty in the worst way possible. That's why I want us out of the UN, and the UN itself taking a hike.

After all, the UN is socialist and corrupt ("many votes can be bought with a blonde and a case of scotch", one UN ambassador once said). It costs many billions, and it puts our soldiers in UN uniforms under foreign commanders, and sends them off to unconstitutional, undeclared wars.

When Michael New, one of the finest young men I've ever met, objected to wearing UN blue, he was kicked out of the American Army. What an outrage!

Not one dime for the UN, and not one American soldier! Not in Haiti, not in Bosnia, not in Somalia, not in Rwanda. I know its radical, but how about devoting American military efforts to defending America, and only America?

Such ideas, said one newspaper reporter, make me a maverick who will never go far because I won't go along to get along. Darn right!

What does "go far" mean?

Get a big government job?

To heck with that. And I won't sell my vote for pork, either.

When I walked through the U.S. Capitol this morning, I got angry. The building is filled with statues and paintings of Jefferson, Madison, and the other Founders. Those great men sacrificed EVERYTHING to give us a free country, and a *Constitution* to keep it that way.

When I was first elected, I placed my hand on the *Bible*, and swore an oath to uphold the *Constitution*. That's exactly what I'm fighting for.

But such ideas drive the liberals crazy. That's why I badly need your help.

I've been targeted nationally for defeat. The Democrats, the AFL-CIO, the teachers' union, big business PACs, the trial lawyers, the big bankers, the foreign-aid lobbyists, the big media, and the establishment Republicans want to dance on my political grave. The Fed, the Education Department, and the UN are anxious to join in. They can't stand even one person telling the truth. And they're terrified when that truth gains the people's support.

Right now, four well-funded Democrats are competing to try to beat me, and a Republican is rumored to have been offered money at a secret meeting in Mexico(!) if he would try to knock me off in a primary.

Won't you help me stay up here to fight? Frankly, I am in trouble if you don't.

My Texas district has 22,000 square miles (not a misprint). I've got to travel all over it, set up small offices to be manned by volunteers, advertise, pay phone bills, and distribute video and

audio tapes to the people to get around the big-media lies. As I know from my last election, which I won by the skin of my teeth, the media will carry any smear, repeat any libel, throw any piece of mud, no matter how untrue. In fact, the less true, the more they like it.

They are determined to silence me. But you can help me overcome all this. Together, we can beat the bad guys arrayed against our country and our freedom. We can support the *Constitution*. We CAN win.

Your generous contribution of \$25 or \$50 would be great; \$100, \$250, or even \$500 or \$1,000 would be magnificent. Of course, any amount would help, and in return, I will keep you up-to-date on this fight as a member of my "kitchen cabinet".

What great men founded this country!

What great people have carried on their fight!

That fight is not lost, not if you will join it. Washington DC is a loser, but among the people, our ideas are gaining EVERY SINGLE DAY.

Keep the tide turning in our direction.

Please make your most generous contribution.

Join this fight for the *Constitution*, and stop those who want to rip it up and throw it in the Potomac.

Together, we can join the Founders' fight. Together, we can make history.

Sincerely, Ron Paul, U. S. Congressman, House of Representatives, 203 Cannon, Washington DC 20515; telephone: 202-225-2831; fax: 202-226-4871.

P.S. Without you, I may be lost. And they'll break out the champagne in DC. Please don't let this fight for the *Constitution* and Liberty falter. ☺

"Beware the leader who bangs the drums of war in order to whip the citizenry into a patriotic fervor, for patriotism is indeed a double-edged sword. It both emboldens the blood, just as it narrows the mind. And when the drums of war have reached a fever pitch and the blood boils with hate and the mind has closed, the leader will have no need in seizing the rights of the citizenry. Rather, the citizenry, infused with fear and blinded by patriotism, will offer up all of their rights unto the leader and gladly so. How do I know? For this is what I have done. And I am Caesar."

— *Julius Caesar on Patriotism*

(Sent by M.A., an inmate of the California Correctional System.)

It's Always Darkest Before The Dawn

4/24/02 SOLTEC

Good morning, and thank you for hearing my call. It is I, Ceres Anthonious "Toniose" Soltec, here with you in Service to the Radiant Light of Creator God. There are others present, as well, among them Esu ("Jesus" Immanuel Sananda), as we are all watching and monitoring events on your world continuously.

It is very important in these days that we keep the spiritual messages going forth, as many on your planet are searching for something of meaning—something to grasp onto in the present uncertain times. You see, when times appear the darkest, many will turn inward and will find God and true en-Lightenment, and the peace which accompanies that personal connection to Creator Source. Your fellow servants of Light need these messages as well, for even they have times of concern and wonder if all this is true. You have a saying, that it is always darkest before the dawn. Well, chelas [*students*], it is nearly dawn.

For many years we have sent messages, through our many scribes on your planet, on many subjects. Yet, there has been a thread of continuity that has run throughout all the messages, and that has been instructional information about the time in which you now find yourselves experiencing.

There is, at present, an extremely fearful energy emanating from the inhabitants of planet Earth, as each day passes and the outcome of events seemingly grows more unsure. You have wars and battles raging around your globe, and Mother Earth herself is reflecting the uncertainty of her inhabitants.

There is a great increase in the number and magnitude of earthquakes, many centered in the localities of the wars and fighting. Your planet's magnetic field is fluctuating, and even your scientists are now admitting that it is very likely that the magnetic poles are about to "flip". The weather patterns have changed drastically. You are experiencing a shortening of your spring and autumn

seasons, and a lengthening of your summer and winter. Your planet's ice caps are melting and breaking up. Strange (mostly man-made) diseases are cropping up and taking a tremendous number of lives. Your skies are criss-crossed with what you have labeled as "chemtrails". Temperatures of your planet's oceans are rising and a lot of sea life is dying. Many fresh-water species have been mutating into unrecognizable things and dying from strange diseases. And the Dark Energies are running rampant upon the Earth, causing all sorts of trouble and mischief, and using all these things to cultivate fear in the hearts of many ones—until mankind feels utterly hopeless.

Though a small handful of your planet's scientists are starting to understand that Earth is a living entity with a consciousness, and that she will reflect and react to her inhabitants, unfortunately for your world they are coming to this factual awareness too late in the game. For that which has been set in motion is, at this stage, past the point of no return.

The majority of Earth's inhabitants still need the physical experience to learn; they will not listen to Higher Guidance, for they only believe in that which they can see, hear, taste, touch, or smell. These ones have denied all but their physical senses, so it is with the physical senses that they must experience, and eventually learn. And learn they shall, but their lessons may be bitter.

We do understand why you may be apprehensive or even fearful. However, these are all things we have discussed with you over the last 15 or so years. We did this so that those of you who were listening to your Higher Guidance would be prepared for this very time. We told you then that your world would appear to be coming apart, and that fearfulness would be rampant. Well, chelas, you have arrived!

But—recall also that we told you that you would not be alone in these times. And remember also that ALL IS POSSIBLE. YOU ARE ONLY LIMITED BY YOUR OWN LIMITED THOUGHTS AND BELIEFS. THERE ARE NO

LIMITATIONS WITH GOD.

As the Dark (Adversarial) Forces push harder and harder, you will continue to see an escalation of all things you consider to be of a negative-energy nature—like wars, diseases, killing, greed, fearfulness, etc. And so long as the majority of people on your planet "live only in the physical realm" and believe only in physical actions ("an eye for an eye" type of mentality), the present negative cycle will not only continue, but will grow ever stronger.

Let me speak for a moment about peace. All are so quick to want peace, but the majority believe that peace can only be obtained by keeping an enemy at bay—such as by having bigger guns, or by killing off the enemy. Chelas, this is not peace! Furthermore, peace is not simply the absence of war.

Peace is A STATE OF BEING, a state of consciousness if you will.

In all your known history, there has never been TRUE peace on your world. And until the state of consciousness of peace has been achieved by those on your world, you will never experience peace. The best you can hope for is the absence of war. But, you have never had a time in which there were no weapons of destruction pointed at your enemies. Peace through the threat of assured mutual destruction is an oxymoronic statement!

And yet, all the while, your world continues to chase its own tail in trying to amass as much wealth and related material possessions as possible—believing the lie which says that your value or worth is based upon what you have, instead of what you are. The glitter and the glitz are very intoxicating to those who believe that lie, and it has become an addiction to have as much as you can possibly gather to you. But it is never enough.

Others—those who know that they are more than their outward, physical existence—are repulsed by what they are witnessing. You ones see all the enticement as a great distraction, and pray daily that your world will wake up.

Believe me when I tell you that your prayers are seen going up from your planet as great shafts of Light, and they do reach to the farthest ends of the Universe. Your prayers are heard, and your prayers are answered.

But, you must understand that those who desire THE OPPOSITE are allowed their own free will, as well, and they must be allowed to learn in whatever way they see fit. These ones, as you have pointed out, react out of fear and disbelief when they are told about a world in which everyone is truly equal—where there is no

money, no gold, a world in which there is no disease and no want, a world where you will live to be at least 1,000 years old.

On that world, you do not get up and go to a job every morning to gather a paycheck. And yet everything that needs to be accomplished gets accomplished, because it is a world where everyone desires to do their part. Everyone is valued and honored for the unique aspects of Creator that they are—and not for what they have, or what they can get. It is the world that many of you ones have dreamed of, and have memories of—for many of you have come from such worlds to this one, to assist in the Great Awakening and in this upward planetary dimensional transition.

And, because you desire your prayers to be answered, and your desires and requests to be granted, likewise those who do not want that world must also be granted their desires and requests. Those ones will be given the choice of leaving here or staying, and most will choose to remain to continue on with their life's course and their karmic path. They will require more lifetime experiences attached to Earth before they are ready to move on.

Those of you who find living on your planet more and more difficult and unacceptable, will be offered the option of leaving or remaining as well. All is by choice, and there is no coercion.

You were told a very long time ago that there are many, many places in the

Universe—a place that is suitable for everyone. Some of those places are not yet visible to your eyes, as they lie in parallel dimensions, just slightly offset from your present dimension of experience by “a few seconds of time” (in a manner of speaking). But they are very very real, and very very near. And very soon, those of you whose frequency is accelerating will be able to see them with your physical eyes, for as your frequency increases, you will be able to see beyond your present limited perceptual range.

I tell you now a truth: That time is VERY NEAR, indeed.

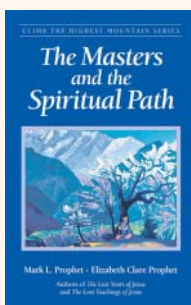
And, for those of you who have family members of the four-legged kind, fear not. Those family members will not be left behind. There is more than enough room for all—two-leggeds and four-leggeds alike.

The time of your service on Earth is drawing to a close very rapidly, and your journey there is just about over. As events accelerate, your effectiveness will begin to wane, and we will not require that you remain there, for we would not jeopardize you ones.

The hearts of men are turning cold, and a time is coming very soon when they will close their eyes and ears and hearts to any messages from the Higher Realms. There is coming a time when people will curse and blame God for all their woes, and will want to persecute those who will continue to believe in God. They will refuse to take the responsibility for their own existence. They shall not be able to comprehend the fact that the world in which they live is exactly the world they have created. When your economic structure finally crumbles, and the weather no longer yields rainfall upon the fields, and food disappears from the grocery store shelves, instead of falling on their knees in prayer, they will shake their fists at Heaven.

You have been told that we are among you, and indeed that is true. Esu, Michael, Gabriel, and many others of the Host of God are very close to your planet. I will only repeat it for emphasis. Know that you are NEVER alone. Know that God ALWAYS protects His

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faithful servants.

YOUR PRAYERS ARE HEARD. YOUR PRAYERS ARE ANSWERED. You have asked that the Kingdom of Heaven come to Earth, and that we intervene in the course your world is taking. We ask that you have patience just a little longer, chelas. The sorting-out and cleaning-out is proceeding exactly as it should. The fact that events are accelerating is evidence of that.

Continue on for a little while longer, as you have been. Do not despair, and do not stop the service unto one another. When you feel the pressures of your daily lives to be too much, lean upon one another, and share in the burdens. It is the way it should be, and it is the way it shall be. Do not be too proud to ask for help. It is not a sign of weakness; it is a sign of maturity.

Do not stop praying for your world. You may not think it is making a difference, but it is. We see the effectiveness, and soon you shall also. Many glorious and wondrous things await you ones who have been serving. God never reneges on His promises, and the reward for your service awaits you.

So, in closing, let me only say this: When you see all the events coming—such as Earth changes taking place, and all the battles and wars, and all the economic woes—know that these are the things that signal the end of the current age on Earth, and that the new age is very, very near. And look up, for you will see many things in your skies that you have never seen before. When you see these things, know that we are there with you. All is unfolding as it should.

Rest now, and be at peace. I am Ceres Anthonious “Toniose” Soltec, and I thank you for taking the time to sit and write these words. I am in Service unto Holy God of Light and The Creation—and so are you.

Thank you. Salu. ☸

Fallen Angels

And The Origins Of Evil

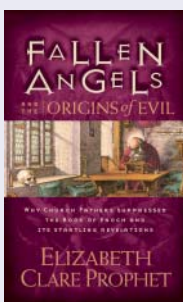
Did rebel angels take on human bodies to fulfill their lust for the “daughters of men”?

Did these fallen angels teach men to build weapons of war?

That is the premise of the *Book of Enoch*, a text cherished by the Essenes, early Jews, and Christians, but later condemned by both rabbis and Church fathers. The book was denounced, banned, and “lost” for over a thousand years—until in 1773 a Scottish explorer discovered three copies in Ethiopia.

Elizabeth Clare Prophet examines the controversy surrounding this book and sheds new light on Enoch's forbidden mysteries. She demonstrates that Jesus and the apostles studied the *Book of Enoch*, and tells why Church fathers suppressed its teaching that angels could incarnate in human bodies.

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What Happened To One Inventor When His Device Delivered Over 100 Miles Per Gallon Of Gas

Editor's note: About the time this issue of The SPECTRUM arrives at your mailbox, the price of gasoline will most likely have once again jumped up—just in time for the long Memorial Day weekend, which signals the start of the summer driving season. We've been seeing this pattern of calculated greed for some years now, and we've come to expect it—if not exactly relish it.

But in the last year or so, the oil companies seem unable to contain this avarice to merely coincide with a few key holidays. Gas prices have jumped up by 15-20¢ at a time as spontaneously and frequently and "mysteriously" as earthquake activity along the San Andreas Fault. And the excuses offered by the oil companies for the "necessary" increases have been as believable as the fairy tales offered by well-paid-off earthquake geologists.

Well, this "new and improved" level of greed has stirred such a groundswell of anger from the public that it finally caused the matter to appear on the congressional radar screen. As I (E.Y.) write this introduction, a Senate subcommittee investigation has oil company executives pretending to be sweating on the hotseat in Washington.

Among other shenanigans being discussed (by barking dogs with wagging tails) are such "smoking guns" as leaked private internal memos which indicate how the oil companies employ various strategies (like holding back supplies) to increase gasoline prices in various areas of the United States. Gee, what a surprise. (Sounds a lot like the tobacco companies' shenanigans all over again, doesn't it?)

Of course, none of this is anything new to average Americans—as they watch the \$\$\$\$ spin ever higher while pumping gas. But their anger, too, is building steadily with those ever rising prices.

According to the Senate hearings, a

mere 1¢ increase in gasoline price translates into a \$1 BILLION revenue increase for the "poor" oil companies. (AND a—ahem—corresponding increase in gasoline tax revenue to the government, but you don't expect the Senate hearings to highlight that cozy little point, do you? Besides, whose oil-soaked family is "president" right now?)

Anyway, the above "hit the fan" on the news programs the very evening I finished editing the great article you are about to read. Once again that Guiding Hand from Above makes The SPECTRUM look pretty smart. To call the following "timely" is quite an understatement, but nonetheless it IS that!

Timely? How about a more efficient kind of "carburetor" attached to your car's engine that allows you to get AT LEAST 100 miles to the gallon of gasoline? For the average vehicle, that's getting 5 times more miles before you visit the gas pump!

Now, let me quickly state that, for many readers of this publication, the subject of valid gadgets for better gas mileage is very very old news. Moreover, from the Larger Picture perspective that encompasses the entire domain of "free energy" devices, there has been—for perhaps a century now—absolutely NO NEED to utilize such primitive gasoline-powered technologies to propel our vehicles as is the internal combustion engine.

But such is not the point for sharing the rollercoaster story you are about to read. Oh, you could sort of consider what this author invented as a mild form of a "free energy" device. Yet his accomplishment is not the kind of seeming "leap into the unknown" as are some of the really curious devices of inventors using more far-out technologies. In other words, you and your friends can much more easily

relate to the kind of device described herein than, say, what powers an antigravitic UFO. And that's one important reason for sharing this story: You can show it to more of your friends and relatives without them laughing at you and calling you far-out crazy—particularly as gasoline prices continue to rise.

Another, perhaps much more important reason for giving this matter greater publicity, is what happened TO the inventor—and then, HOW HE DEALT WITH such malicious adversity. Ask yourself how YOU would handle the same challenges! Having the fortitude to turn lemons into lemonade AND lemon pie is certainly NOT the behavior the diabolical elite planetary controllers expect. But it is part of the testing on schoolroom planet Earth at this time of the Great Awakening.

In that context, this story illustrates EXACTLY what these misfit crooks in high secret places fear most about the "little people" they work so hard to control. That is, as our spiritual messages have pointed out for some years now—we EACH have sleeping within us an Unlimited Potential (let's call it the "God spark" gift from Creator) just waiting to be utilized. The crooks KNOW WELL that their games of deception and control are over the minute that enough of us wake up and exercise that awesome Potential (as did this inventor). Thus the New World Order gang works constantly to keep us distracted and asleep.

So, in that larger sense, what you are about to read is as much a spiritual message of sorts as it is a technical one—and a potent example of dealing with the many techniques of intimidation employed by the dark controllers of this planet.

Keep in mind Dr. Richard Greer's Disclosure Project (that Rick Martin discussed in his final installment on

Well, sad to say, it didn't work. It made plenty of vapors, and exploded like a bomb. Over 70% of my body received third-degree burns. I spent 69 days in intensive care, kissing death several times.

Don't worry—all the bugs are worked out now.

October 15, 1983 was the birth of my fuel implosion vaporization system.

At that time I owned and operated a different company in Brockton, Massachusetts, called Weatherall Energy Research & Development. I had just finished building a commercial, high-efficiency air conditioning evaporation coil. When I poured one gallon of gasoline into one end, to flush it out, to my surprise, massive fumes discharged from the other end—and all I got back was less than one cup of gasoline.

I started brainstorming. I miniaturized the air conditioning evaporator coil and installed it in a 1973 Dodge station wagon with a 318 engine.

By early 1986, we had worked out all the shortcomings and bugs, and had a working prototype that gave between 111 to 113 mpg.

We placed ads in the *Brockton Enterprise* and the *Boston Globe*, seeking people to beta-test our fuel implosion system.

It wasn't long before I got a call from a California corporation wanting exclusive rights to our invention. My attorney checked them out. They were a subsidiary of several other corporations—and finally all owned by an oil company. I declined their offer.

Shortly thereafter all my troubles started.

First came two men, showing IDs, saying that they were from the FBI and that I was violating federal laws by altering carburetion systems, and that if convicted I could get 20 years in a federal prison. I called my attorney and told him what happened. My attorney informed me that I wasn't in any

violation of any federal laws.

If I had been smart, I would have stopped here. But I am not too smart.

For about the next two weeks I would receive, every day in the mail, in a plain envelope, 8"x10" close-up photos of my wife in the supermarket and church, and my children getting on and off the school bus and in the playground at school. (Just pictures only.)

In addition, we would get all kinds of weird calls, mostly after 2 a.m. My wife couldn't take any more; she filed for divorce and left me.

A few days later, my attorney showed up at my office, looking white as a ghost. He had all my legal files and records with him, placed them on my desk, and said that he could no longer represent me in any legal matters.

I asked "Why?" All he would say was "Wake up!" And that I did not understand. He had been my personal friend and attorney for over 16 years.

When my wife divorced me and my attorney abandoned me, I wondered what else could happen. "Nothing" I thought. "Nobody can stop me now. So on with my fuel implosion system."

Boy was I wrong! All hell opened up and swallowed me alive.

I am a very light drinker. If I drank 6 cans of beer a year, I did a lot of drinking. I never did drugs or was around anybody who did.

On July 4, 1986, the chief of the Brockton [Massachusetts] police, Richard Sprawls, with a bunch of other Brockton police, raided my Tremont St., Brockton home, and arrested me for trafficking in cocaine. My bail was set at \$500,000.

I was lucky that I had a friend—Lt. Jim Sullivan of the Brockton police department. He showed up at my bail hearing and said something to the judge, and my bail was reduced to \$500.

Was somebody trying to tell me something?

Oh well, back to work.

I built two more fuel implosion systems. I installed them in a 1973 Olds Cutlass and a 1966 Mustang.

I painted my 1973 Dodge station wagon bright yellow, with big red letters all over it saying: "THIS CAR GETS OVER 100 MPG AND D O E S N ' T POLLUTE THE AIR. THE BIG BOYS ARE TRYING TO MAKE

ME AND THIS CAR DISAPPEAR. HELP ME."

I only got to drive my yellow wagon for 3 days.

On November 24, 1986, Brockton chief of police, Richard Sprawls, and other members of the Brockton police department raided my Tremont Street, Brockton home. They seized two shotguns, a 12-gauge and a 20-gauge. Both were legally registered to me. I used to use them for skeet shooting. I was arrested and charged with trafficking in cocaine—again.

My bail was revoked. I was placed in maximum security in the Plymouth [Massachusetts] correctional facility. I was now sentenced to 15 years for the July 1986 "trafficking in cocaine" charge, and was waiting for the second trial for the recent November arrest.

I knew where I could get some solid evidence that would clear me, but I didn't know who to trust anymore. So, I escaped from maximum security.

Boy, was I lucky. They had over 240 law enforcement officers searching for me—with guns, dogs, helicopters, etc. I ran like a jackrabbit through the woods. My advantage was that the woods were my old hunting grounds.

I went and got my solid evidence and gave it to the right person, and surrendered the same day.

Two days later, Brockton's chief of police was arrested for stealing cocaine from the police evidence locker. He was sentenced to two years in prison.

Remember the cocaine that Chief Richard Sprawls said he found at my home in July and November of 1986? Now I know where it came from: the police evidence locker. It "fell" out of Chief Sprawls' pocket onto the floor in my home—where another Brockton police officer found it.

Well, the Massachusetts Supreme Court of Appeals overturned my cocaine trafficking conviction on the grounds of tainted evidence and an illegal search and seizure.

"Freedom and home, here I come!"

Wrong again!

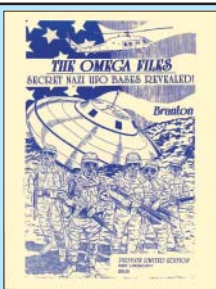
Here come the Feds. They had a warrant for my arrest for violating a new gun law that was passed on November 24, 1986. That was 10 days AFTER my arrest on November 14, 1986. (Remember, the Brockton police seized my two shotguns.)

Guess what?

I had the privilege of being the first person in Massachusetts and the third person in the United States to be tried, prosecuted, and sentenced under this new law (18 USC 922g and 924e). I

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didn't stand a chance; there was no case law in the law books to support my defense of this new law.

I was given two 5-year sentences for perjury because, when I bought the two shotguns, there was a box [on the federal background screening form for gun purchases] that said: "Were you ever convicted of a felony?" I checked the "no" box, because I was never convicted of a felony, just a misdemeanor.

Well, the Feds said that under federal law my misdemeanor was a felony, therefore I was guilty of 2 counts of perjury. They gave me 5 years on each count.

Next, I got 5 years for being a convicted felon in possession of a firearm.

Now I had been sentenced to a total of 15 years in federal prison—without parole.

I was still sitting in the courtroom after a week of the trial, and my attorney said that the U.S. attorney was trying me under the second part of the new law. My attorney said the trial would be short, wouldn't last more than ten minutes; there was no way I could be found guilty.

Well, it went like this:

1: I was convicted as a felon in possession of a firearm.

2: I was convicted of perjury.

3: I was convicted on a second count of perjury.

Bingo! I hit the jackpot!

USC18922G-E1 states that if you have 3 prior felony convictions and have possession of a firearm, then you are an armed courier criminal. And that carries a minimum mandatory sentence of 15 years without parole.

Now I had a total of 30 years in federal prison without parole.

Well, the Feds now had me tucked away for 30 years—where I could not cause any more trouble with my fuel implosion system.

Wrong, wrong, wrong!

I met a lot of powerful people in the federal prison, with powerful connections on the outside. Among them was Kenny, whose son is a patent attorney for a large patent law firm, and who did our U.S. patent #5,782,225 while I sat in the safety of the federal prison system.

Remember the Feds sentenced me to 30 years without parole? Well, on September 13, 1997 (Friday the 13th, my lucky day), I was released from federal prison with 5 years' parole.

Stop! Something's wrong here. I only did 10 years—of a 30-year sentence

How Efficient Is Our Engine Technology?

Editor's note: The following brief technical discussion is adapted from a very informative and lengthy discussion at J. Bruce McBurne's www.himacresearch.com Internet website. This is an outstanding website to visit to become better educated about this subject, especially for those of you readers of a more technical curiosity. If you go to Bruce's website, some of his numbers in the following calculations are different due to, it would seem, his unstated (but probable) use of British IMPERIAL gallons, rather than American gallons, in some key calculations. So we've corrected our discussion below for that difference, which still makes a very strong point!

From the very start of combustion-engine technology, leading scientists complained about the very low efficiency of motors that were mass produced. The automotive engineers claim it is around 20% efficiency. They claim 35% heat lost in the exhaust, 35% heat lost in the radiator, and 10% lost in overcoming friction and wind resistance. Therefore 20% left for propulsion.

However, there is another way to look at this formula, with amounts and conversion factors well accepted in the engineering community.

It is known that a medium-size car that gets about 20 MPG can maintain 60 MPH with about 12 HP. To produce this electrically, it would take a bit less than 10,000 Watts of power, figuring the usual conversion of 746 Watts for 1 HP.

For a simple calculation in round numbers, let's use 10,000 W or 10 KW.

(10KW actually equals 13.4 HP, but we will conservatively say only 12 HP.)

Now for some engineering parameters and conversions:

1 BTU of heat is produced by 1 KW in 1 second.

1 KW X 60 seconds X 60 minutes = 3,600 BTU = 1KWH.

10 KWH of electricity = 36,000 BTU of heat.

10 KWH = 12 HP X 1 hour @ 60 MPH = 60 miles of travel.

There are approximately 123,200* BTUs per U.S. gallon of gasoline.

If you got 20 MPG at 60 MPH, it would take 3 gallons for the same 60 miles of travel.

123,200 BTUs per U.S. gallon X 3 gallons = 369,600 BTUs.

That's 369,600 BTUs by gasoline, and 36,000 BTUs by electricity.

This works out to a ratio of 10.3 to 1, or 9.7% efficiency for the gasoline engine.

The hypothetical car above, if able to operate at a theoretical 100% efficiency, would be able to travel 10.3 times farther—or 206 miles per gallon. This example is to illustrate that there is tremendous room for improvement over their current operating efficiency.

Editor's note: The important point here is simply to show that Allen Caggiano's claimed achievements are quite reasonable and even conservative, since his ballpark operating efficiency, for a 100 MPG claim, would calculate to be "only" about 50% efficiency. BUT—even that's still 5 TIMES BETTER than what we are getting now (about 10%)!

(There are many factors which affect the actual BTUs in a gallon of gasoline—including additives, oxygenation, and temperature. It should come as no surprise to readers of The SPECTRUM that most ALL additives cause a LOSS in effective BTUs. Depending on where you live—and thus what's used to "water down" your gasoline—the number of BTUs could be appreciably less. These additives, beginning with lead many years ago, were first introduced back when some of the earlier high-efficiency carburetors were announced by an earlier generation of inventors like Allen Caggiano. And by the way, the additives "just happened" to cancel the fantastic fuel mileage of these earlier astonishing devices—while also perhaps poisoning the breathing public. How clever.)*

with no chance of parole.

Well, it took the federal courts to rule that it was legal for me to possess the two shotguns, and that they had no jurisdiction. The case is now pending in the First District Court. They will not rule on it.

This September 2001 will be 4 years that I have been out of federal prison and have been a good boy, nice and quiet—until now.

My Intentions:
Making The Technology Available

In the past 20 years I found out that the oil companies will do everything in their power to suppress this kind of technology, because it could reduce the gasoline consumption in the United states by 76% over a 5-year term.

The government will lose megabucks in gasoline taxes.

The major car manufacturers will lose billions spent on the technology of the fuel injection systems; my technology makes theirs obsolete.

I put all my patent and shop drawings up on my Internet website for anybody to use for free [www.get113to138mpg.com]. I am 58½ years young now, and the sand is running out of my hourglass fast. I don't want to take this technology to my grave with me.

If you think that I should get something out of this, then build my fuel implosion system, and after your 5th tank of gas, send me the price of a tank of gas—otherwise I don't want a cent.

If you believe that I and my patent and technology have been suppressed, then go to my Internet website [www.get113to138mpg.com] and vote "yes" for this technology. And tell as many people as you can about my story; ask them to do the same.

The reason I ask this is that I believe millions of people around the globe want this kind of technology and know it exists. When we get enough people wanting this technology, I have powerful attorneys who know how (and are able) to present it to the courts of the globe.

I will take my remaining seven cars, which have my fuel implosion system installed in them, out of exile, and drive them from Boston to California, with the whole world watching. And I think my chances of reaching California alive are excellent.

By me publishing this information on my website, I must be out of my mind. What else could happen to me? Maybe I will get killed or something. What will be, will be.

Thank you for your interest. Please help me spread the word.

Sincerely, Allen Caggiano, Inventor

* * *

Reasons Why My Website Exists And What Happens To This Kind Of Technology

Reason #1:

To make the public aware of what happens to technology like this.

In the past, many of us have heard about or seen inventions where inventors claimed to get over 100 mpg in a full-sized car. Many of these inventors scammed the public with bogus "technology" into investing in their bogus inventions—buying parts, kits, plans, etc. People have spent lots of dollars on bogus fuel systems that did not perform or work as claimed by these inventors, and invested serious money into companies that were never meant to produce anything worthwhile.

The government allows these con artists to continue to peddle bogus technology and inventions, defrauding the public out of their hard-earned money.

As intended, the result is that, when an inventor gets a U.S. patent on technology for a fuel system that really works and produces over 100 mpg, such as my fuel implosion vaporization system (featured on my website), the public will reject it, thinking that it is just another scam.

There are a lot of high-technologies and fuel vaporization systems that work and produce over

or kits, at any price.

If It Works, It Is Suppressed

Think about this for a minute: With all of the high technology that the United States possesses—i.e., putting man into space, spy satellites, etc., isn't it stupid to think that we do not have the technology to get over 100 mpg and not pollute the air?

Why is this? Vested interests, politics, and other smelly business.

Over the years there have been many dedicated inventors with solid technology that the U.S. Patent Office issued patents for, inventions of fuel vaporization systems that got well over 100 mpg and didn't pollute the air. These inventions work, and the public will never see them.

The major oil corporations and auto manufacturers paid megadollars to many of these inventors for their patents, and these patents are tucked away in a filing cabinet. Result: The public will never see or own one of these 100 mpg autos.

Question: Why do the major oil corporations and auto manufacturers suppress these inventions?

Answer: This type of technology, such as the fuel implosion vaporization system featured on my website, has the potential to reduce the gasoline consumption in the United States by 76% over a 5-year period, without polluting the air we breathe, while eliminating all the pollution devices in today's autos, and our dependencies on foreign oil.

What a thought—never having to import another barrel of foreign oil!

The major oil corporations and auto manufacturers will lose trillions of dollars if this technology was made available to the public—not to mention the trillions of dollars the U.S. government would lose on gasoline taxes.


The U.S. government, major oil corporations, and auto manufacturers will stop at nothing in their continued suppression of this type of technology that produces inventions that get over 100 mpg.

There are some dedicated inventors, like myself, who possess United States patents on high-technology fuel vaporization systems, that get well over 100 mpg. And we refuse to sell our patents to the major oil corporations and auto manufacturers at any price.

Inventors who refused to sell their patents to the major oil corporations and auto manufacturers all have encountered similar hardships.

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Some of these inventors suddenly become fatally ill, some have massive fatal heart attacks, some disappear off the face of the Earth never to be seen again, some are cast into federal prisons on bogus charges with no hope of getting out.

Then there are some inventors (such as this inventor, myself, Allen Caggiano) who have suffered and survived most of the hardships above.

I continue my quest to make available to the public globally, a fuel implosion vaporization system that gets 113 to 138 mpg without polluting the air we breathe.

Another stone wall of suppression: If you make it this far, the U.S. government has many federal laws which make it a felony to modify or change any fuel system and sell it to the public.

Reason #2:

I am 58 years old. I have spent over 20 years of my life in perfecting this technology and trying to bring it to the public. It's a matter of principle now!

I have two choices: (1) Take this technology to my grave, or (2) give this technology away FREE to the public, globally, with all the shop drawings, supplements, and support.

All I ask for in return is, if you believe this kind of technology exists, and it is under suppression, and should be made available to the public globally, then please vote "yes" at my website.


Our goal is to get at least one million people who vote to support us in stopping the suppression of this type of technology.

Yet More Politics

We have several powerful political people who support our issue, but remain on the sidelines. This is because a lot of them get their campaign money from special interest groups like oil corporations and auto manufacturers, and would lose their contributions if they supported this technology.

But these powerful political people said that if over one million people support this technology, then they would be between a rock and a hard place.

If they support the oil corporation suppression and get their campaign money, they will get elected; if they support our "stop the suppression" issue, they will get the votes of the people.

[*Editor's note: If the politicians don't get their act together soon, they'll definitely experience further wrath from the public as the price of gasoline continues to rise!*] 



INDIAN CULTURE

- Show respect to others;
each person has a special gift.
- Share what you have;
giving makes you richer.
- Know who you are;
you are a reflection on your family.
- Accept what life brings;
you cannot control many things.
- Have patience;
some things cannot be rushed.
- Live carefully;
what you do will come back to you.
- Take care of others;
you cannot live without them.
- Honor your elders;
they show you the way of life.
- Pray for Guidance;
many things are not known.

(Thank you, M.A. from Washington)

Does Israel Have A Right To Palestine?

Popular Fiction Is *NOT* Historical Truth

Editor's note: Most readers of this publication are well aware that, with very few exceptions, we have a bought-and-paid-for Legislature in Washington pretending to represent we-the-people (for as long as they can get away with it, while accruing a lavish retirement benefits package not available to we-the-taxpayers). Or as Mark Twain put it even better, over a century ago: "There is no distinctly native, American criminal class—except Congress."

Outstanding among those who have taken the game of Congressional manipulation to the level of an art form is Israel. Thanks to an inside track (oiled by the ruthless Mossad with bribery and blackmail), Israel receives many millions of our taxpayer dollars every year—and recycles a goodly portion of that "revenue" back to the deep pockets of various American legislators for various Israeli "favours".

You've got to admit—we deserve what we get when we are air-headed enough to permit, for over half a century, our own tax dollars to be used by a foreign agent to bribe our own Congress to do what the foreign agent wants. That's about as dopey as it gets.

Nowhere is the evidence of this efficient congressional control mechanism better illustrated than in the following speech (money talks—literally!) by one of the well-paid prostitutes at work for the silent foreign agent. Why, you readers in Oklahoma ought to be especially gratified to see how "focused" one of your Senators is upon the important matters of your state!

Longtime superb historical researcher (and contributor to the pages of this publication), Calvin Burgin, has turned one of these sickening and all-too-frequent congressional "commercials" for Israel into an absolute gem of a history lesson. The astonishing information that Calvin unfolds herein ought to be shared far and wide with all who seek Truth about the history (and relentless skirmishes) concerning the turbulent Middle East.

Certain vested interests, however, dearly do not want that Truth to be

public knowledge—for reasons which will become obvious as you see how much The Truth is at variance with the accepted dogma pushed by the professional "business interests" of religions and archaeology. A lot of money and careers rest on maintaining the fables we have been led to believe are facts.

Such material-world goals, in turn, support (further up David Icke's pyramid of power) the global agenda for control of we-the-masses by the elite world controllers. Most readers of this publication are well aware that these elite misfits employ great deceptions—many placed within the frameworks of science, religion, history, finance, etc.—to control what the masses think and do.

But the walls holding back The Truth are crumbling in every arena used to control us as this time of the Great Awakening proceeds. And nowhere is this Awakening process more evident than in the way Calvin so powerfully yet elegantly unfolds a factual history lesson within the context of a Senator's blatant public lie. What you are about to read is the masterful turning of lemons into lemonade AND lemon pie!

Calvin can be reached through the Internet at wrldline@texas.net or by writing: Calvin Burgin, % WORLDLINE, P.O. Box 50511, Austin, TX 78763.

And one last point: Due to the serious (and perhaps highly volatile) nature of the facts which Calvin courageously shares here, readers need to know that Calvin is a distinguished professional dealer/expert in rare and antique coins and, furthermore, is of Jewish heritage. So the old scare/smear tactic of "anti-Semitism" branding—often employed by certain vested interests with a lot of dirt to hide—won't work here to squelch The Truth!

People everywhere are tired of the lies long shoved down their throats. They hunger for Truth and so shall it be provided. We here at The SPECTRUM wish to sincerely thank Calvin AND thank you who help keep us afloat financially in order that we may share such Truth as you are about to read.

4/12/02 CALVIN BURGIN

Does Israel
Have A Right To Palestine?

Question: To whom does the land of Palestine belong? Who has the right to it, the Israelis or the Palestinians?

Can you answer that question? Many think they can, but they are wrong.

Have you ever really looked into the situation? Should the Israelis be in Gaza or the Golan Heights, for instance, or even Jerusalem, or should they withdraw?

I hear "shoot-from-the-hip" comments such as "the Israelis should kill all those towel-heads" or "God gave Palestine to Israel" or "the only good Jew is a dead Jew" and many other outrageous comments.

What is The Truth? Most people are too self-involved to bother with the questions. Many are afraid to even question anything that concerns Jews.

Here is a statement made on the Senate Floor by U. S. Senator James Inhofe of Oklahoma. Let's look at this statement, and consider it. I will place my comments within brackets [**in bold**]:

[quoting]

Seven Reasons Why Israel
Is Entitled To The Land Of Israel

Senate Floor Statement By
U.S. Senator James M. Inhofe (R-OK)
March 4, 2002

I was interested the other day when I heard that the de facto ruler, Saudi Arabian Crown Prince Abdullah, made a statement which was received by many in this country as if it were a statement of fact, as if it were something new, a concept for peace in the Middle East that no one had ever heard of before. I was kind of shocked that it was so well received by many people who had been down this road before.

I suggest to you that what Crown Prince Abdullah talked about a few days ago was not new at all. He talked about the fact that, under the Abdullah plan,

Arabs would normalize relations with Israel in exchange for the Jewish state surrendering the territory it received after the 1967 Six-Day War—as if that were something new. He went on to talk about other land that had been acquired and had been taken by Israel.

I remember so well on December 4 when we covered all of this and the fact that there isn't anything new about the prospect of giving up land that is rightfully Israel's land [not according to many, especially the Palestinians who have been dispossessed of their homes] in order to have peace.

When it gets right down to it, the land doesn't make that much difference because Yasser Arafat and others don't recognize Israel's right to any of the land. They do not recognize Israel's right to exist. [And Israel does not recognize the Palestinians' right to exist.]

I will discuss seven reasons, which I mentioned once before, why Israel is entitled to the land they have, and that it should not be a part of the peace process. [If it is not a part of the peace process, there will NEVER be peace.]

If this is something that Israel wants to do, it is their business to do it. [I would think that it is also the business of the Palestinians being murdered, dispossessed, and persecuted.] But anyone who has tried to put the pressure on Israel to do this is wrong. [Wrong to pressure Israel for peace?]

We are going to be hit by skeptics who are going to say we will be attacked because of our support for Israel, and if we get out of the Middle East—that is us—all the problems will go away. That is just not true. If we withdraw, all of these problems will again come to our door.

I have some observations to make about that. But I would like to reemphasize once again the seven reasons that Israel has the right to their land.

The first reason is that Israel has the right to the land because of all of the archeological evidence. That is reason number 1. All the archeological evidence supports it.

[This is a really BIG LIE. What archeological evidence? Show me some!]

The Jews themselves admit and prove that there is NO substantial evidence of the history of the ancient so-called Israel, with the exception of a very few items which are conveniently mis-identified.

Biblical archeologist Israel Finkelstein, along with Neil Asher Silberman, have written a book called

The Bible Unearthed: Archaeology's New Vision Of Ancient Israel And The Origin Of Its Sacred Texts (The Free Press, 2001) which simply presents the latest facts that the archeological record has revealed. The book shows that:

“Israel, Judah, and Samaria were simply Canaanite States that arose out of indigenous Canaanite culture and not from the invasion of a mythical people called the Hebrews.

“Israel was a small Canaanite State [not called Israel—the biblical Israel we are generally taught about simply did not exist] that briefly achieved a golden age, reaching its height of power and glory in the reign of King Ahab and Queen Jezebel. The House of David never ruled in Israel, it ruled over the Canaanite State of Judah.”

[The italics are mine. There is question as to whether the House of David ever even ruled at all. *The evidence indicates that this culture reached its height under Jezebel!*]

The Jewish writer Larry Saltzman wrote that:

“It was under King Josiah that the Bible was finally written [I would say BEGUN, not finally written] and something resembling modern Judaism begins to take shape in the 7th and 8th centuries B.C. It is a political document that is designed to glorify King Josiah and then connect him falsely with the golden era when the state of Israel briefly rose up as a powerful and advanced civilized center.

“The Bible is essentially a work of propaganda, weaving historical fragments, and myths of various Canaanite peoples into a powerful justification for Josiah's rule and expansionist policies.” From *Middle East News Online.*]

Every time there is a dig in Israel, it does nothing but support the fact that Israelis have had a presence there for 3,000 years. [Where is this evidence? There is evidence of SOMEONE being there, but it does not support the Bible and is wrongly attributed to “Israel”.] They have been there for a long time.

The coins [What coins? I know people who will pay a lot of money for a genuine 3,000-year-old biblical Israeli coin—if such coins actually existed, which they do not. It is generally taught that the height of the nation of Israel was during the time of Solomon, at about 950 B.C. The first coins did not come into existence, as far as any evidence we have, until about 650 B.C. The first coins in history (China is not considered) were minted by Kroisos

(Croesus) of Lydia, generally thought to be circa 550 or 650 B.C. The most accepted date for Croesus is 560 B.C., but researchers have shown that this date is probably too early. The first Jewish coins are from around the time of Christ and shortly before, but Israel was long gone by this time. There were Jews in Jerusalem, but generally not in Samaria (the land north of Jerusalem), circa the time of Christ. But this is only 2,000 years ago and they were later killed or run out of Palestine], the cities [cities which did not receive biblical names until after World War I, and were named “on-the-fly” by soldiers in an effort to match them up with biblical names], the pottery [Yes, there is pottery; but it does not support the biblical stories of Israel. It is mostly Canaanite pottery.], the culture [the culture can be determined only by the coins, pottery, etc.—of which there are none supporting the nation of biblical Israel, or the culture is errantly determined from the Bible, which did not exist at the time of the so-called biblical Israel]—there are other people, groups who are there, but there is no mistaking the fact that Israelis have been present in that land for 3,000 years.

[Hogwash. Not true at all. They (the people we now call the Jews of Israel) did not exist in that land until essentially 1948 A.D. They never even spoke Hebrew until they learned it after the United Nations created a nation for them in 1948. They came from Europe and Russia and spoke Yiddish or the language of the country from which they came. Yiddish is NOT Hebrew. The Jews of the time of Christ spoke Greek and Aramaic, the Hebrew was reserved for an elite cult of priests, similar to Catholics and their use of Latin. The difference between Aramaic and Hebrew is very similar to the difference between English and German. Hebrew was an ancient, mostly unknown language during the time of the Maccabees and Christ, and traces to common origins with Ugarit.

Even during the time of Nehemiah (circa 530-500 B.C. per most) the Jews (who later became known as Sephardic Jews, not the European Ashkenazi Mongol/Turk converts) could not speak Hebrew (*Nehemiah 8:2-8*). During the time of the 16th king of Judah, Josiah (generally circa 640-620 B.C., but possibly actually later per modern research), the Jews did not even know who Moses was, never heard of the Ten Commandments, never read the so-called “books of Moses” until introduced to them by the priest Hilkiah

(2 Kings 23:8-13; 2 Chron. 34:4-32). This would be like if modern Americans never heard of the Revolutionary War or George Washington.

E. E. Jessel in *The Unknown History Of The Jews*, (London, 1914), stated:

“If we accept Josiah’s reformation as a fact, it must follow that there was nothing but idolatry in Canaan as far back as history can go, and that nothing was known about Moses, nor about any code of laws he had given the forefathers of the then ruling race of Canaan... But as far as the King of Judah was concerned, he only heard of Moses and his laws for the first time from Hilkiah’s book—while there was evidently no historical legend current at that time connecting Moses with the invasion and occupation of Canaan, and making the royal house and the nobles descendants of those invaders. Whoever Moses may have been, neither he nor his chiefs were the ancestors of the ruling race of Josiah’s time.” (pp. 13-14)

Could it be that the biblical stories were not the true histories of these early peoples and were merely foisted off on them by the priests—priests who, other evidence shows, can be traced back to IRAN and INDIA? Ancient Hebrew and ancient Sanskrit are very nearly the same language!

Think about this: Your very own *Bible* says that Josiah and the “Jews” did not know anything about Moses! Notice what else it says! God gave a warning to Josiah, through Neco, the Pharaoh of Egypt! Your *Bible* says God was with the Pharaoh, not Josiah, and Josiah rebelled and was killed at Megiddo! Look it up: 2 *Chronicles* 35:20-24, especially verse 22.

“Ashkenazi” is Hebrew for “German”. “Sephardic” is from the Hebrew word for Spain, referring to the survivors from Jerusalem who were taken to Rome and then fled/migrated to Spain. The bulk of modern so-called “Jews”, 80 or 90% or more now, are “Ashkenazi” Jews who were formerly known as Khazar or Chazar Jews, and are of the racial descent of the Mongol/Turk line, the same ancestry as Ghengis Khan (Cohen). See, for instance, *Jewish Encyclopedia*, Volume IV, article on Chazars, pp.1-5, or the Jewish author Arthur Koestler’s book *The Thirteenth Tribe*.]

It predates any claims that other peoples in the regions may have. The ancient Philistines are extinct. [They never had any descendants? Wrong, Senator.]

Many other ancient peoples are extinct. [The names are or may be extinct, not

the descendants.] They do not have the unbroken line to this date that the Israelis have.

[Unbroken? By “Israelis” I assume you mean “Jews”, so how about when the Jews were removed from Palestine by the Romans? Do you forget your history? Did the Jews in Rome then go to Russia and Central Europe and become what we now call the Jews from Central Europe? Answer: No, they did not. The ancestors of the “Jews” of Central Europe were NEVER in Palestine/Israel, so says the *Jewish Encyclopedia*. Do your homework, Senator, if you want to know the truth. These were the “Jews” who invaded Palestine and created a nation out of a bloodbath, which is still going on as I write.]

Even the Egyptians of today are not racial Egyptians of 2,000 to 3,000 years ago. [I agree.] They are primarily an Arab people. The land is called Egypt [do you know why?], but they are not the same racial and ethnic stock as the old Egyptians of the ancient world. [True.]

The first Israelis are, in fact, descended from the original Israelites.

[Well, this is like saying the first Burgins are in fact descended from the original Burgins. Cannot be, but I understand the point you are trying to make and it is a minor technicality; however, your statement is factually incorrect. Most modern “Jews” are NOT descended from ancient Israelites. Jewish sources themselves state this.

For instance, consider the Jewish historian Josephus. He lived during the time of Christ, and was a General of troops who aided in the defense of Jerusalem when they were conquered by Rome. He was then commissioned by Rome to write a history of the Jews. He wrote that they were descended from the Hyksos.

Josephus, quoting Manetho, said that the Hyksos were what we now call Jews, of his own race. He stated that the Hyksos were expelled under Tethmosis, during what we call the Exodus. Modern historians cannot accept this, because it means that Jews were the slave masters of Egypt and the Egyptians were the slaves, under the Jews. So there are all kinds of efforts to rearrange things to match up the archaeological and historical evidence with the *Bible*, and they cannot agree on how to do this, because it simply cannot be done.

The most famous of Egyptologists, Sir Alan Gardiner, stated: “As already noted on page 156, Josephus’ excerpts from Manetho were introduced to

support the latter’s belief that the biblical account of the Exodus and the expulsion of the Hyksos under Tethmosis refer to one and the same historic event, a view rejected by Rowley’s book, p. 130, n.2. Admittedly the lengthy excerpts in question embody also several popular stories of the most fantastic description explicitly recognized as such by the Jewish historian.” (Gardiner, *Egypt Of The Pharaohs*, 1961, p. 444)

These so-called experts such as Gardiner, reject the evidence, and then admit they do not know what they are talking about! Gardiner himself said: “What is proudly advertised as Egyptian history is merely a collection of rags and tatters.” He added: “It will be seen how sadly...we are reduced to guessing.” (pp. 149, 150)

The word often translated as “Hyksos” should have been translated “Hyk-Khazar.” A. H. Gardiner said: “This etymology he [Josephus] prefers because he believed, as do many Egyptologists, that the biblical story of the Israelite sojourn in Egypt and the subsequent Exodus had as its source the Hyksos occupation and later expulsion. In point of fact, although there are sound linguistic grounds for both etymologies, neither is the true one. The word Hyksos undoubtedly derives from the expression hik-khase ‘chieftain of a foreign hill-country’ which from the Middle Kingdom onwards was used to designate Bedouin sheikhs.”

It appears to me that there is an obvious similarity between “khase” and “khazar”. E. A. Wallis Budge lists the XV and XVI dynasties together, and one of the kings is “Khauserra” and “Ra-Khauser”—obviously Khazar.

Some try to keep the so-called Jews separate from the Hyksos and make the Hyksos out to be nothing more than shepherds from some foreign land. Cyril Aldred said: “Manetho by a false etymology translated the word Hyksos as ‘Shepherd Kings’, whereas ‘Rulers of Uplands’ would have been more accurate.... These Rulers of Uplands were no more than wandering Semites trading their products with Egypt, or going down there for sanctuary, or to buy corn, or water their flocks according to an age-old tradition.” May I point out that these “wandering Semites” trying to feed and water their sheep were KINGS and RULERS, and CONQUERED AND ENSLAVED EGYPT. Perhaps they were attack sheep?

It appears obvious to me that the correct translation would be “king (hik) (of the) khazars (khase, khauserra or

khouser)".

H. R. Hall, *The Cambridge Ancient History*, said that "The name Hyksos is the Egyptian Hikukhasut (pronounced in LATER times something like hik-shos), 'princes of the deserts', the usual appellation for Bedouin chiefs.... Indeed, Khayan, or Khian, the greatest of the Hyksos kings, actually has the title hikkhasut."

Lewis M. Greenberg sums it up this way: "It would appear, from our etymological survey, that there has been a good deal of perplexity and difference of opinion among scholars, all of which is not necessarily Manetho's fault (or Josephus' for that matter), when it comes to a 'proper' or 'exact' definition of the term Hyksos. Manetho's etymological conception of Hyksos is seen as containing an element of correctness (Waddell, Kitto), justified (Brugsch-Bey, Baikie), incorrect but somewhat justified (Hall), incorrect but substitute uncertain (Winlock), probably incorrect (Albright), qualified incorrect (Gardiner, Van Seters, Steindorff, Seele), incorrect (Aldred, Wilson)."

The bottom line is the Hyksos, who practiced child-sacrifice and cannibalism, were the Khazars, the people many of whom are now claiming to be "Jews" for propaganda and brainwashing purposes! They came to Egypt from what we now call Afghanistan (previous to that, from Mongolia). Earlier it was known as Ophghanistan or Oph-khan-istan meaning the Land of the Serpent People. The present-day Hopi Indians recognize that they are descended from the Snake

or Serpent People of Ophghanistan/Afghanistan. Ask them! Worship of serpents is called "ophiolatry". The evidence is there, people, but it upsets too many people and is rejected!

When you, Senator, speak of "Israel" you obviously cannot see something right in front of your nose. You quote *Bible* scriptures and make "great, wise pronouncements" about Israel. Let me ask you, are you aware of the biblical Hebrew word for God? It is "E'L". Go look it up if you need. What about the Hebrew word for man? It is "ish". If you have trouble looking it up, try *Strong's Exhaustive Concordance Of The Bible*, in the Hebrew section, number 376. It shows that "ish" is translated as "man, people, person, etc."

The "H" in Hebrew is often silent (see, for instance, Harmegeddon and Armageddon). In fact, some Hebrews could not even pronounce the "H" sound and were murdered for it—see *Judges 12:6*. The Hebrews in biblical times spoke Greek, and Greeks had a hard time pronouncing "H".

The British-Israel and Christian Identity sects make a big point of the fact that "brith-ish" or "brit-ish" is a Hebrew word meaning "covenant-man". This is correct, but is a fact embarrassing to the Jewish crowd and is mostly suppressed.

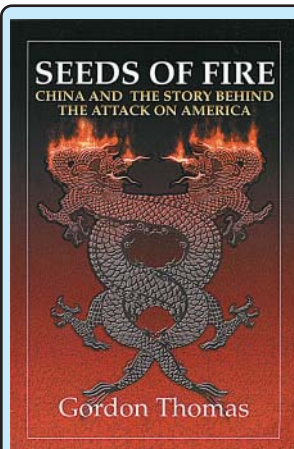
The main god of the early Egyptians was "Ra". I am sure you are aware of that, if you know any Egyptian history at all.

The word "ish-ra-el" or "is-ra-el" is simply the Hebrew word for the Egyptians: the "people of the god Ra".

The people of the land of Palestine answered to the Pharaoh in Egypt. Archaeologists have recovered written clay tablet documents of the leaders of Israelite cities calling upon their king, the Pharaoh of Egypt (Akhenaton and Amenhotep) for help. They are among the "Tel-El-Amarna" tablets. I can quote them to you if you wish. This is **HARD EVIDENCE** (don't drop them on your toe). One of the names of Amenhotep III was "Nbm39tr9" (that word is not a misspelling), which means "Ra is the lord of truth". This name in Akkadian from the Amarna tablets is "Nimmuaria" or "Nibmuaria".

The Hebrews were merely some of the local tribes of Palestine, which was then called Canaan, and answered to Egypt. Something like Texans and Oklahomans—while they might fight each other, they were often the same people, sometimes with other races mixed in (such as with Oklahoma's Indians).

The **REAL** Israelites were Egyptians. Moses was an Egyptian. Isaiah was an Egyptian (*Isaiah 20:3*). A-Brahm or Brahm-a (either spelling is correct for the ancient name) was not Egyptian, however, he was from the area of Afghanistan/India (now Iran/Iraq). We are told he **CAME** to Egypt, remember. So if anybody could lay claim to the land of Palestine, it would be Egypt. However, this would be like Americans of European ancestry going back to Britain or Germany, for instance, and saying "we came from here, this is our land, get out or we will kill you or herd you into concentration camps" as the



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Jews are currently doing in Palestine.

The great city of David and Solomon of the *Bible*, with all its giant temples, gold and silver, thousands of horses, etc., simply did not exist in "Israel"/Palestine—there is absolutely NO archaeological proof of it; the archaeology, in fact, proves otherwise.

However, there WAS a great civilization, city, culture, giant temples, gold and silver, thousands of horses, etc., IN EGYPT. The REAL "wise man" the Jews perverted into Solomon was THUTMOSES. And the REAL writer of parts that were later incorporated into the "writings of Moses", and perverted into the books of *Psalms*, *Proverbs*, *Isaiah*, etc., was Akhenaton (who was also a Moses)—and perhaps his predecessors Amenhotep or Thut-moses.

ALL the Pharaohs of Egypt were known as Moses, including Thut-moses, Ah-moses, Ra-moses, etc., as is hesitantly admitted by some scholars.

Of course, the Jews do not want you to know about the true meaning of "Israel". You do not believe me? I do not care what you believe; facts are facts. Akhenaton was even the "father of monotheism" according to the *Encyclopedia Britannica*!

The Hyksos were the Mongols who introduced horses and chariots into Egypt and conquered and enslaved the Egyptians. The "Jews"/Hyksos were the slave masters who also practiced child-sacrifice and cannibalism, and who enslaved the Israelites/Egyptians! This is what the actual records of history show, but of course almost no one wants to accept these facts!

I am aware that what I am saying is so strange to the average person that it will be rejected out of hand. I also know, too, that a few people know enough about ancient Egyptian and Middle Eastern

history (not the modern version taught in universities) to see the truth in what I am saying. My hope is that some few of them at least can begin to see how well the actual evidence comes together!]

The first proof, then, is the archeology. [So archaeology is the proof? Archaeology is the proof, all right, if you do not lie about the facts and use reasonable interpretations. There are many, many books and articles that cover the fact that archaeology does not support the *Old Testament* stories. For instance, *Biblical Archaeology Review*, May/June 1999, p.6: "The reader should be aware that we have no direct evidence of the existence of characters best known to readers of the *Bible*, including—but not limited to—Abraham, Sarah, Isaac, Jacob, Esau, Moses, Joshua, Deborah, Gideon, David, Goliath, and Solomon." So writes Rabbi S. David Sperling, professor of *Bible* and chair of the faculty at Hebrew Union College—Jewish Institute of Religion in New York, in his recent book *The Original Torah*. Sperling contends that the *Pentateuch* is, to use his term, 'unhistorical'. By this he means that the text can tell us nothing about the period of which it speaks, only about the time hundreds of years later when the text was composed—and the stories made up. The stories in the *Torah*, he contends, are 'politically charged texts [that] provide historical evidence [only] for the period in which they were composed'. Therefore, he concludes, 'I am compelled to read the *Torah* allegorically because it cannot be read historically.' "

I could quote many more references, including many Jewish authors, who admit or state that the *Old Testament* scriptures are not archaeologically sound.

Israel found in ancient Egyptian writings. It states: "Israel is laid waste, his seed is not." James B. Pritchard dates Merneptah at about 1230 B.C. The problem is that the Libyans and Merneptah have now been found to have been much later in history. Geoffrey Gammon has suggested dates of 738-730 B.C. for Merneptah (*Society for Interdisciplinary Studies Review* III:2, p.56), and John Bimson (*SISR* III:2, pp.57-59) has demonstrated that these dates appear sound. Immanuel Velikovsky in *Ramses II And His Time* dates the accession of Merneptah to circa 569 BC (table, p. 254). Merneptah defeated the Libyans in his 5th year. Bimson points out that: "There has been much debate over the status of Israel indicated by the stele. The name 'Israel' appears there with the hieroglyphic determinative of a people and not, like the other names, with that of a territory." I maintain that the Israelites were Egyptians who initially followed Ra, and were not defined by a specific geographical area.

Plus the assumption is made that a reference to Israel is a reference to Jews, in spite of the fact that the first time the word "Jews" is used in the *Bible* (*2 Kings* 16:6), the Jews are AT WAR WITH Israel!

Frank Yurco did research at Karnak, and there, at the so-called "Ashkelon Wall", he investigated blocks with scenes of battle between 19th Dynasty Egyptians and Israelites whom he associated with the "Israel" of the Merneptah Stela. (I see it spelled either Merneptah or Merneptah, I do not know which, if either, is correct.) According to these reliefs, the Israelites employed chariots in their armed forces. (See Yurco's *Biblical Archaeology Review* 16:5 article, p.32, with photo.) There are few if any scholars who would state that Israel had chariots during the Exodus, Conquest, or even during the time of the Judges. And again the assumption is that these "Israelites" are Jews or related to Jews—but in fact I suggest they were originally a tribe of Egyptians, as their name, geography, and history show.]

The second proof of Israel's right to the land is the historic right. History supports it totally and completely.

[No. Only very modern history, rewritten by Jewish or Jewish-controlled authors, and published by Jewish or Jewish-controlled publishers. Histories for 2,000 years generally do NOT support any such "right" until very recently.]

We know there has been an Israel up

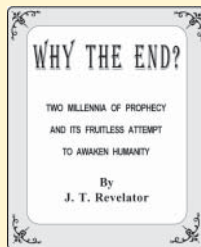
Oh, there are a very few items that people use to support the supposed historicity of the *Bible*. For instance, books such as *Halley's Bible Handbook* tell of a tablet called "Merneptah's Israel Tablet" that mentions Israel. The tablet is a commemorative hymn relating to Merneptah's victory over the Libyans and is the only mention of

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until the time of the Roman Empire.

[Show me ANY ancient reference to the BIBLICAL nation of Israel before the Roman Empire, not counting the unreliable religious writings of biblical interpretations. The Bible documents were mostly created shortly before and around the time of Christ, then were destroyed with the Roman invasion, and were re-created beginning mostly around 350 A.D., and not mostly finalized until around 1,000 A.D. I dare you to show me a reference to biblical Israel from a non-biblical source of, say, prior to Rome! Just one! I may be wrong; if so, just show me! After all, Israel was a GREAT NATION around the time of Solomon (generally taught to be shortly after 1,000 B.C.), so we are told. But where is the proof? For instance, the great ancient historian Herodotus, writing about 450 B.C., wrote an extensive history of the Middle Eastern and Mediterranean countries and NEVER ONCE mentions the Jews or Israel or David or Solomon.

“What about Jehu?” some will ask. There is an obelisk showing Jehu, a king of Israel, bowing before Shalmaneser III, who had conquered Jehu in circa 841 B.C., conventional dating. Shalmaneser is mentioned in the El Amarna tablets among the correspondence with Akhenaton or Amenhotep. The Amarna letters mention Abimilki “a loyal servant of Egypt” and in EA 154, Abimilki mentions one Yawa, a name which is phonetically identical with Yaua, by which name Jehu is mentioned by Shalmaneser. The actual text about Shalmaneser receiving tribute from Jehu is “Yaua mar Humri” which is translated as “Jehu of Beth Omri” and this is taken to mean Jehu the Israelite. However, Brad Aaronson points out that the Hebrew “yhw” (Jehu) differs from the Tetragrammaton “jhw” only by the last consonant, which is silent in both cases. He said: “It is possible that the Masoretes intentionally altered the vocalization of Jehu’s name lest readers come too close to pronouncing the sacred Tetragrammaton.”

Keep in mind that the Amarna letters were from local commanders to their leader, the Pharaoh, and consider that in one of the letters (EA 230) to Akhenaton, Jehu states: “Say to the king, my lord/Thus says Yama, your servant/At your feet I fall down/Behold, I am your servant.” Samuel Mercer identifies Yama with the Yawa

(Jehu), saying they are the same, citing the common m/w shift in Akkadian. Abimilki, also known as Pygmalion, was king of Tyre and mentions Jehu by name. If you consider that Jehu may have been an Egyptian appointed or allowed to rule over a local city by Akhenaton or Amenhotep III, Akhenaton’s predecessor, you see that the actual evidence does not truly support the viewpoints based on biblical stories. And considering the fact that Jehu’s actual Hebrew name was Yahweh (or could be spelled and translated that way), it becomes even more curious. Consider, too, that Akhenaton was the advocate of Aton, and Jehu’s real name was the tetragram, Aton. I mention that not as proof of anything; I suppose it is mere coincidence. But there are some STRANGE COINCIDENCES involved in some of these things.]

The Romans conquered the land. Israel had no homeland, although Jews were allowed to live there. They were driven from the land in two dispersions: One was in 70 A.D. and the other was in 135 A.D. But there was always a Jewish presence in the land.

[They were present in the land while they were absent and driven from the land? These statements make no sense.]

The Turks, who took over about 700 years ago and ruled the land up until about World War I, had control.

[Ruled over whom? Had control over whom? Answer me that! Control over the Jews? I am confident you do not mean that. Could it be that the Turks had control over PALESTINIANS who were already there 700 years before the Jews?]

Then the land was conquered by the British. The Turks entered World War I on the side of Germany. The British knew they had to do something to punish Turkey, and also to break up that empire that was going to be a part of the whole effort of Germany in World War I. So the British sent troops against the Turks in the Holy Land.

[Yes, the modern nation of Israel was created as an act of war against the Turks.]

One of the generals who was leading the British armies was a man named Allenby. Allenby was a Bible-believing Christian. He carried a Bible with him everywhere he went, and he knew the significance of Jerusalem.

The night before the attack against Jerusalem to drive out the Turks, Allenby prayed that God would allow him to capture the city without doing damage to the holy places.

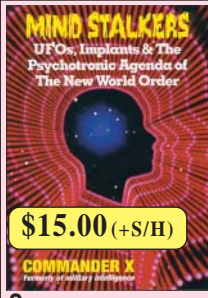
That day, Allenby sent World War I biplanes over the city of Jerusalem to do a reconnaissance mission. You have to understand that the Turks had at that time never seen an airplane. So there they were, flying around. They looked in the sky and saw these fascinating inventions and did not know what they were, and they were terrified by them. Then they were told they were going to be opposed by a man named Allenby the next day, which means, in their language, “man sent from God” or “prophet from God”. They dared not fight against a prophet from God, so the next morning, when Allenby went to take Jerusalem, he went in and captured it without firing a single shot.

The British Government was grateful to Jewish people around the world, particularly to one Jewish chemist who helped them manufacture niter. Niter is an ingredient that was used in nitroglycerin, which was sent over from the New World. But they did not have a way of getting it to England. The German U-boats were shooting on the boats, so most of the niter they were trying to import to make nitroglycerin was at the bottom of the ocean. But a man named Weitzman, a Jewish chemist, discovered a way to make it from materials that existed in England. As a result, they were able to continue that supply.

The British, at that time, said they were going to give the Jewish people a homeland. That is all a part of history. It is all written down in history. They were gratified that the Jewish people, the bankers, came through and helped finance the war. [Yes, both sides.]

The homeland that Britain said it would set aside consisted of all of what is now Israel and all of what was then the nation of Jordan—the whole thing. That was what Britain promised to give the Jews in 1917.

In the beginning, there was some Arab support for this action. There was not a huge Arab population in the land at that time, and there is a reason for that. The land was not able to sustain a large population of people. It just did not have the development it needed to



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handle those people, and the land was not really wanted by anybody. Nobody really wanted this land. It was considered to be worthless land.

I want the Presiding Officer to hear what Mark Twain said. And, of course, you may have read *Huckleberry Finn* and *Tom Sawyer*. Mark Twain—Samuel Clemens—took a tour of Palestine in 1867. This is how he described that land. We are talking about Israel now.

He said:

“A desolate country whose soil is rich enough but is given over wholly to weeds. A silent, mournful expanse. We never saw a human being on the whole route. There was hardly a tree or a shrub anywhere. Even the olive and the cactus, those fast friends of a worthless soil, had almost deserted the country.” [Sounds just like what parts of New Mexico or Arizona were back then, too; doesn't it?]

Where was this great Palestinian nation? It did not exist. It was not there. Palestinians were not there.

[Who do you suppose made the roads upon which Clemens walked? Lost cows? Or were these the farm-to-market roads of the Palestines who lived there?]

Palestine was a region named by the Romans. But at that time it was under the control of Turkey, and there was no large mass of people there because the land would not support them.

This is the report that the Palestinian Royal Commission, created by the British, made. It quotes an account of the conditions on the coastal plain along the Mediterranean Sea in 1913. This is the Palestinian Royal Commission. They said:

“The road leading from Gaza to the north was only a summer track, suitable for transport by camels or carts. No orange groves, orchards, or vineyards were to be seen until one reached the Yavnev village. Houses were mud. Schools did not exist. The western part toward the sea was almost a desert. The villages in this area were few and thinly populated. Many villages were deserted by their inhabitants.”

That was 1913.

[Yes, World War I. Although technically WWI did not start until 1914, Italy had declared war upon Turkey in 1911, and the Balkans were at war.]

The French author Voltaire described Palestine as “a hopeless, dreary place”. [The people living there might not have felt the same way.]

[Editor's note: Is it just me, or did the well-paid silver-tongued Senator from Oklahoma all of a sudden shift from outlaying a timeline in history that was at about 1913, BACK several hundred years, to the time of Voltaire: 1694-1778? We must appreciate the rarefied, well-honed, professional level of deceit utilized here—and realize how such masterful prevarication is way out of the league of we mere honest-citizen amateurs! That's why we get to pay the taxes and they get to spend them.]

In short, under the Turks the land suffered from neglect and low population. **[Like New Mexico and Arizona?]** That is a historic fact. The nation became populated by both Jews and Arabs because the land came to prosper when Jews came back and began to reclaim it.

Historically, they began to reclaim it.

If there had never been any archaeological evidence to support the rights of the Israelis to the territory, it is also important to recognize that other nations in the area have no longstanding claim to the country either.

[Are you ADMITTING that “there had never been any archaeological evidence to support the rights of the Israelis to the territory”?]

Did you know that Saudi Arabia was not created until 1913; Lebanon until 1920? Iraq did not exist as a nation until 1932; Syria until 1941; the borders of Jordan were established in 1946; and Kuwait in 1961.

[These nations were created as acts of war with little or no regard for the wishes and cultures of the resident populations.]

Any of these nations that would say Israel is only a recent arrival would have to deny their own rights as recent arrivals as well. They did not exist as countries. They were all under the control of the Turks.

Historically, Israel gained its independence in 1948.

[No, sir; Israel was CREATED in 1948.]

The third reason that land belongs to Israel is the practical value of the Israelis being there. Israel today is a modern marvel of agriculture. Israel is able to bring more food out of a desert environment than any other country in the world.

[Due to help and billions of dollars from Americans. If we had helped the Palestinians, they could have done

SIDEBAR: Mystery Of Dead Sea Scroll Unravels

Editor's note: Calvin has asked that the following very important informational “sidebar” be added to his article. As he said at one point in the outlay of his history lesson: “I maintain that the Israelites were Egyptians who initially followed Ra, and were not defined by a specific geographical area.”

The “professional” opposition to the brilliant hypothesis presented below is understandable—since (1) they didn't think of it first, and (2) there is a lot of power and money behind keeping the accepted history as it is—a carefully crafted fraud justifying both Israel's position and that of many churches and other religious “businesses”.

If you read the following AFTER finishing Calvin's superb history lesson, you'll have no trouble seeing either why Calvin wishes to share this with all of you (as remarkably timely and important verification of several points he makes), or why certain vested interests would heatedly oppose such inconvenient Truth.

Mystery Of Dead Sea Scroll Unravels

by Claudia Joseph
of *The Independent* of London
(Independent.co.uk)
31 March 2002

It is a mystery that has baffled religious

scholars for 50 years. Now the secret of the Copper Scroll, one of the Dead Sea Scrolls, may finally be unravelled.

Robert Feather, a member of the Institute of Metallurgists, will claim in a television documentary tonight that he has cracked the secret code of the Copper Scroll. Mr. Feather rejects current thinking that the copper document was written by the Essenes monastic sect 2,000 years ago.

A member of the Jewish Historical Society, and the Egypt Exploration Society, Mr. Feather believes the engraved scroll, which lists treasures buried in the Holy Land, is written in Egyptian not in Hebrew. He suggests it can be traced back to the monotheistic court of the Egyptian pharaoh Akhenaten and Queen Nefertiti, in Amarna, 600 miles south of the Dead Sea and halfway down the Nile between Cairo and Luxor. He is lobbying the

equally as well—probably better because of living in peace instead of the current warfare state.]

The Arab nations ought to make Israel their friend and import technology from Israel that would allow all the Middle East, not just Israel, to become an exporter of food. Israel has unarguable success in its agriculture.

The fourth reason I believe Israel has the right to the land is on the grounds of humanitarian concern. You see, there were 6 million Jews slaughtered in Europe in World War II.

[There were 37 million people killed during World War I, and 55 million Russians, Germans, Japanese, French, Americans, British, etc., slaughtered during World War II. I suppose they all also own a piece of Palestine? The Zionists keep hammering on us that they are something special, which is nothing more than a clever bullying propaganda ploy, with NO TRUTH to back it up.]

The persecution against the Jews had been very strong in Russia since the advent of communism. **[Because the communists who brought the holocaust upon Russia were Jews, as any researcher sees who looks at their names.]** It was against them even before then, under the Czars. **[The Czars saw how the Jewish bankers and friends were financing terrorism and murder.]**

These people have a right to their homeland. **[Yes, especially the original resident Palestinians, not the foreign invaders.]** If we are not going to allow them a homeland in the Middle East, then where? **[The Jews should have stayed where they were, or gone to where they**

were welcome.]

What other nation on Earth is going to cede territory, is going to give up land? **[Why should Palestinians be forced to give up land? You just implied that no other nation on Earth would cede territory, so why should Palestine?]**

They are not asking for a great deal. The whole nation of Israel would fit into my home state of Oklahoma seven times. It would fit into the Presiding Officer's state of Georgia seven times. They are not asking for a great deal. The whole nation of Israel is very small. It is a nation that, up until the time that claims started coming in, was not desired by anybody.

The fifth reason Israel ought to have their land is that she is a strategic ally of the United States.

[So is Mexico. So give Palestine to the Mexicans. Or give Mexico to the Israelis. Stupid reasoning.]

Whether we realize it or not, Israel is a detriment, an impediment, to certain groups hostile to democracies and hostile to what we believe in, hostile to that which makes us the greatest nation in the history of the world.

[So we are told. Israel, with their current policies, is a detriment to EVERY nation.]

They have kept them from taking complete control of the Middle East. If it were not for Israel, they would overrun the region. They are our strategic ally.

["They" being the "certain groups" or Israel? The reason the Middle Eastern nations are hostile towards Americans is BECAUSE of the bloodthirsty Zionists. The Middle Easterners would be our best friends if not for our being a tool of

the Israelis. Or should I say *Israelies*.]

It is good to know we have a friend in the Middle East on whom we can count.

[Ha. Hogwash. Remember the Liberty. And the World Trade Center. Israel was behind the World Trade Center crashes/bombings, as is abundantly revealed by researchers on the Internet.]

They vote with us in the United Nations more than England, more than Canada, more than France, more than Germany—more than any other country in the world.

The sixth reason is that Israel is a roadblock to terrorism.

[Another bald lie. Israel is the CREATOR of modern terrorism. So says Israel! Menachem Begin was a famous member of the Stern Gang terrorists. He eventually became Prime Minister of Israel. Begin was asked by Mike Wallace on the 60 Minutes TV program: "Did you really introduce terrorism into the politics of the Middle East?" Begin answered: "Not just the Middle East—THE WHOLE WORLD!"]

The war we are now facing is not against a sovereign nation; it is against a group of terrorists who are very fluid, moving from one country to another.

[Yes, Zionist Jews. The Palestinians move to another country only when they are evicted from their own.]

They are almost invisible. That is whom we are fighting against today.

[When you say "we", you show you are an Israel-firster and not a loyal American. Americans are not fighting Palestinians. Even our fight in Afghanistan is a hoax and ploy to get out

Egyptian antiquities department for permission to excavate the site.

The location of the treasures themselves has baffled scholars. Mr. Feather makes a convincing argument for his theories in tonight's BBC2 programme, *The Pharaoh's Holy Treasure*, but his claims are hotly contested by other academics.

"If the numbering system is Egyptian and the weights system makes sense using Egyptian weights, then why not look to Egypt? It's the logical thing to do. Virtually every major character in the *Old Testament* spent huge amounts of time in Egypt—born there, lived there, or influenced by Egypt. It's an undeniable fact of the Jewish religion that Egypt was a powerful force throughout its early history" said Mr. Feather.

The Copper Scroll was discovered in March 1952 by a team of Jordanian and

French archaeologists. It was broken into two chunks and hidden in a cave in Qumran, Israel. Later, scientists, finding it too brittle to unroll, sliced it into 23 segments. The scroll was 30 cm wide and, in total, 2-1/2 m long.

Historians deduced that the text, engraved down 12 columns and listing 64 caches of treasure from gold bars to silver ingots, was written in Hebrew, but they were mystified by the figures of 25 tonnes of gold and 65 tonnes of silver—more than the entire amount mined worldwide at the time of the engraving.

Mr. Feather, who is married with two children and lives in north London, believes he has found new clues in the text. One is the inverted "u" for the number 10, which indicates that the engraving was Egyptian and that the measure was the 10.2 gm Egyptian kite rather than the 35 kg Hebrew kikka, making the total treasure a much more

credible 7.5 kg of gold and 19.2 kg of silver.

He has also discovered that the 14 Greek letters spell the name Akhenaten the Pharaoh, who was crowned Ahmenotep the fourth but changed his name to mean "servant of the sun disc" after decreeing there was only one God, Aten.

"The back of my neck was tingling. It was just one of those moments of incredible excitement because no one had ever before cracked this Greek cryptic puzzle" said Mr. Feather, who backs his theory by interpreting the scroll's words "Great River" not as the River Jordan but as the River Nile. He has also weighed the gold bars found at the part of the archaeological site known as Crock of Gold Square, and the treasures discovered in Queen Nefertiti's tomb, and believes they match the spoils identified in the Copper Scroll.

troops into position for something else, of which you, being a Senator, are no doubt aware.]

We need every ally we can get. If we do not stop terrorism in the Middle East, it will be on our shores. [Sounds like the same argument we used for our involvement in Vietnam, doesn't it?]

We have said this again and again and again, and it is true.

[It is not, no matter how many times you say it. Repetition is a tool of propaganda and brainwashing, not a factor of truth.]

One of the reasons I believe the spiritual door was opened for an attack against the United States of America is that the policy of our Government has been to ask the Israelis, and demand it with pressure, not to retaliate in a significant way against the terrorist strikes that have been launched against them.

[We were open to attack because of our pressuring Israel? You appear to know the truth behind the lies you are telling.]

Since its independence [no, creation] in 1948, Israel has fought four wars: The war in 1948 and 1949—that was the war for independence—the war in 1956, the Sinai campaign; the Six-Day War in 1967; and in 1973, the Yom Kippur War, the holiest day of the year, and that was with Egypt and Syria.

You have to understand that, in all four cases, Israel was attacked. They were not the aggressor. Some people may argue that this was not true because they went in first in 1956; but they knew at that time that Egypt was building a huge military to become the aggressor. Israel, in fact, was not the aggressor and has not been the aggressor in any of the four wars.

Also, they won all four wars against impossible odds. They are great warriors. [As long as they have British or Americans and American equipment supporting them, such as Allenby and Ord Wingate.] They consider a level

playing field being outnumbered 2 to 1. [Yes they consider helicopters, tanks, and F-16s against rifles, stones and 18-year-old girls a level playing field.]

There were 39 Scud missiles that landed on Israeli soil during the Gulf War.

[And some of them, if not all, were loaded with concrete. Does anybody remember that? And does anybody remember the *New York Times* article that told that we were lied to also about the Patriot missiles (“Scud Missile’s Success In Gulf War Is A Myth, Israel Officials Say” by Tim Weiner, *New York Times*, only date recorded on my clipping is 20 Nov. Or *Austin American-Statesman*, Sept. 30, 1992, p.C20, article entitled “Patriot More Miss Than Hit, Study Says”.)]

Our President asked Israel not to respond. In order to have the Arab nations on board, we asked Israel not to participate in the war. They showed tremendous restraint and did not.

[Another lie. In fact, Israelis flew a lot of the bombing missions, a fact that was mostly kept out of the press to prevent the Arab nations from getting too upset.]

Now we have asked them to stand back and not do anything over these last several attacks.

[Do you call murdering innocent women and children, bulldozing houses with the families still in them, firing on ambulances, shooting shackled prisoners in cold blood, etc. “standing back”? You are obviously an “Israel-firster”. Are you an Israeli Mishpuka or Mossad agent like so many of your fellows?]

We have criticized them. We have criticized them in our media. Local people in television and radio often criticize Israel, not knowing the true facts. We need to be informed.

[Some of us ARE informed. And you, being a U.S. Senator, are no doubt informed, so your statements prove you are a mouthpiece for Israel and should be investigated for treason.]

I was so thrilled when I heard a reporter pose a question to our Secretary of State, Colin Powell. He said:

Mr. Powell, the United States has advocated a policy of restraint in the Middle East. We have discouraged Israel from retaliation again and again and

again because we've said it leads to continued escalation—that it escalates the violence. Are we going to follow that preaching ourselves?

Mr. Powell indicated we would strike back. In other words, we can tell Israel not to do it, but when it hits us, we are going to do something.

["Don't do as I do, do as I say."]

But all that changed in December when the Israelis went into the Gaza with gun ships and into the West Bank with F-16s [against women and children and little boys with rocks]. With the exception of last May, the Israelis had not used F-16s since the 1967 Six-Day War. And I am so proud of them because we have to stop terrorism. [You stop terrorism by being the source of terrorism?] It is not going to go away. [Probably not.] If Israel were driven into the sea tomorrow, if every Jew in the Middle East were killed, terrorism would not end. You know that in your heart. Terrorism would continue. [Yes, it would continue, because the bulk of Jews are now in Europe and the United States, the United States of Israel.]

It is not just a matter of Israel in the Middle East. It is the heart of the very people who are perpetrating this stuff. Should they be successful in overrunning Israel—which they won't be [yes, it is hard to defeat tanks and helicopter gunships and F-16s with stones and 18-year-old girls]—but should they be, it would not be enough. They will never be satisfied.

No. 7: I believe very strongly that we ought to support Israel, that it has a right to the land. This is the most important reason: Because God said so.

[This is the god that said: “I will send a fire upon Judah, and it shall devour the palaces of Jerusalem. For three transgressions of Israel, and for four, I will not turn away its punishment, because they sold the righteous for silver, and the poor for a pair of shoes.” (*Amos 1:5-6*) There are LOTS of prophecies that god would destroy Israel. This is NOT the REAL GOD, Who is God of Palestinians and Israelis and all else, equally.]

As I said a minute ago, look it up in the book of *Genesis*. It is right up there on the desk. In *Genesis 13:14-17*, the *Bible* says: “The Lord said to Abram:

[This is the Abram who swore on his penis and erected phallic pillars all over the place (see, for instance, *Genesis 47:29* in *Bullinger's Companion Bible*).]

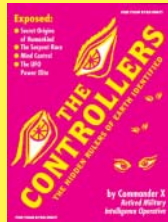
‘Lift up now your eyes, and look from the place where you are northward and southward and eastward and westward, for all the land which you see, to you will I give it, and to your seed forever.... Arise,

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walk through the land in the length of it and in the breadth of it, for I will give it to thee.' ”

That is God talking.

[Yes, the god of this world—also known as Satan. The REAL God said: “Thou shalt not steal.” And: “Thou shalt not kill.” He said this through a messenger/angel to Pharaoh Thutmose, who recorded the event on the walls of the temple at Karnak, Egypt. For proof see “Reign Of Thutmose III And Hatshepsut” in *Ancient Records Of Egypt, Vol. II (1906)*, by James Henry Breasted, paragraphs 134 & 141, or Zecharia Sitchin’s translation in *Divine Encounters*, p.229, and *The Stairway To Heaven*, p.115, and compare with the *Tulli Papyrus*.]

The *Bible* says that Abram removed his tent and came and dwelt in the plain of Mamre, which is in Hebron, and built there an altar before the Lord. Hebron is in the West Bank. It is at this place where God appeared to Abram and said: “I am giving you this land.”—the West Bank.

[My mother’s maiden name traces directly back to this location. I am Jewish; I am an Israelite; I am Semitic. Much more so than Ariel “the Butcher” Sharon and his Mongol/Khazar friends and ancestors.]

This is not a political battle at all. It is a contest over whether or not the word of God is true. **[Ah, out of the mouths of the foolish, sometimes comes truth!]** The seven reasons **[lies]**, I am convinced, clearly establish that Israel has a right to the land.

Eight years ago, on the lawn of the White House, Yitzhak Rabin shook hands with PLO Chairman Yasser Arafat. It was an historic occasion. It was a tragic occasion.

At that time, the official policy of the Government of Israel began to be “Let us appease the terrorists. Let us begin to trade the land for peace.” This process continued unabated up until last year.

Here, in our own nation, at Camp David, in the summer of 2000, then Prime Minister of Israel Ehud Barak offered the most generous concessions to Yasser Arafat that had ever been laid on the table.

He offered him more than 90% of all the West Bank territory, sovereign control of it. There were some parts he did not want to offer, but in exchange for that he said he would give up land in Israel proper that the PLO had not even asked for.

And he also did the unthinkable. He even spoke of dividing Jerusalem and allowing the Palestinians to have their capital there in the East. Yasser Arafat stormed out of the meeting?

Why did he storm out of the meeting? Everything he had said he wanted was offered there. It was put into his hands. Why did he storm out of the meeting?

A couple of months later, there began to be riots, terrorism. The riots began when now Prime Minister Ariel Sharon went to the Temple Mount **[knowing full well he was provoking a war]**. And this was used as the thing that lit the fire and that caused the explosion.

Did you know that Sharon did not go unannounced and that he contacted the Islamic authorities before he went, and secured their permission and had permission to be there? It was no surprise.

The response was very carefully calculated. They knew the world would not pay attention to the details.

They would portray this in the Arab world as an attack upon the holy mosque. They would portray it as an attack upon that mosque and use it as an excuse to riot. Over the last 8 years, during this time of the peace process, where the Israeli public has pressured its leaders to give up land for peace because they are tired of fighting, there has been increased terror.

In fact, it has been greater in the last 8 years than at any other time in Israel’s history. Showing restraint and giving in has not produced any kind of peace. It is so much so that today the leftist peace movement in Israel does not exist because the people feel they were deceived.

They did offer a hand of peace, and it

was not taken. That is why the politics of Israel have changed drastically over the past 12 months. The Israelis have come to see that: “No matter what we do, these people do not want to deal with us. They want to destroy us.”

That is why, even yet today, the stationery of the PLO still has upon it the map of the entire state of Israel, not just the tiny little part they call the West Bank that they want. They want it all.

[And the Israelis want it all, from the Nile to the Euphrates, per their own Zionist maps.]

We have to get out of this mindset that somehow you can buy peace in the Middle East by giving little plots of land. It has not worked before when it has been offered.

[If I stole the furniture out of your house, and then offered to make peace by giving a few pieces back, would you be happy with the deal?]

These seven reasons show why Israel is entitled to that land.

[Reasons convincing only if you are brain-dead or brain-washed.]

[End quoting of Senator’s speech.]

The only thing that will bring peace to the Middle East is a recognition and acceptance of TRUTH. Will it happen? It could. And you could walk outside and find a winning lottery ticket on the sidewalk.

However, recognition and acceptance of TRUTH is a CHOICE. What will be your choice?

So it is, so be it. Choices have consequences. △



“Oh, I’ll print it all right, Mr. Paine. But a title like ‘Common Sense’ isn’t going to appeal to very many people.”

The “Psychic Internet” Is As Close As Your Thoughts

5/10/02 HATONN

Good afternoon, my scribe. It is I, Gyeorgos Ceres Hatonn, come in the Radiant One Light of Creator God. Be still and allow the message to come forth.

Over and over again, we of the Lighted Realms who monitor your world’s current evolutionary transition, speak of the need to go within and find your own answers. This makes many of you quite uncomfortable for it suggests that YOU are responsible for your own knowing and discernment. And indeed you are!

You can follow another if you choose, and there IS wisdom in learning from one another. However, there is a great need for you each to become self-sufficient with respect to your individual ability to interpret the communications that ARE being directed your way.

You each are “psychic”. The only reason some ones appear to be more “psychic” than others is because some have taken the time to interpret the subtle nuances of sensations and feelings that impact the mind.

The majority on your world are in a constant and chronic state of perceptual distraction. Each of you who resonate with this sort of message, and diligently seek insights, are specifically the ones I am addressing.

You need not wait for the next issue of this publication to receive a message from any of the Lighted Guides who have come to assist at this time. This is just a gentle reminder to you ones that there is no magic or mystery, and once the communication process is recognized and perceived first-hand for yourself, you will then realize that it has been there ALL your life, helping to Guide you along your journey.

Some ones would have you believe that it take years of meditation and practice in order to achieve clear communication. Perhaps this is so for those who believe they must struggle in order to achieve. However, I say to you that you each are constantly “practicing” every time you sit in contemplation, in search of answers to whatever challenge you may be facing.

Many of you know that sometimes you need to have “peace and quiet in order to think”. Innately you know that, when you still the commotion in your life, a greater clarity of thought can be achieved.

Many ones will often only experience this point just prior to falling asleep or just prior to waking up from a restful sleep. This is often the reason why many will want to “sleep on it” prior to making a large decision.

You each practice this sort of communication with your Guides each and every day, though many of you fail to recognize the inner connections or the mechanism. The “voice” your Guides use is your own inner voice. Why? Because all ones are connected and part of a larger Wholeness.

From a much larger perspective, the “roots” of the soul essence from which consciousness and self-awareness are born, for all ones, is a single point of Absolute Stillness and Infinite Potential. It is from this point of common origin that Oneness is recognized and ALL ones share the same “inner voice”. It is from this point that “All is connected to All”.

Your collective experience in your current expression into the physical will give you clues and insights of which I speak. Sitting in quiet contemplation will always result in subtle shifts of perception, and slightly different points of view will be achieved.

Many of you simply expect to hear a distinct voice when God, Angels, or Spirit Guides speak to you. This is rarely the case.

Though there are ones who have acute sensitivity, who can distinguish the subtleties of communication and thus “hear” a distinct voice clearly not their own, these same ones will also admit that when they are following “their” intuition, it is a Guidance that seems to come most often in their own voice, though they recognize it as Guidance—usually after the fact.

I must make a very important point here. The inter-connectedness of all ones does NOT distinguish between “good” and “bad”—meaning ALL ones can

utilize this same conduit. Remember that even ones such as Lucifer were created by God, and thus share the same common heritage as you and me in terms of Original Source.

The chosen path of the individual does NOT somehow disconnect them from the rest. It is for this reason that you would be most wise to learn to protect yourself from those who seek their growth through destructive low-frequency pathways.

Each of you can easily create pain, frustration, anger, and grief for yourself as well as others. These are the base emotions of reactionary cause-and-effect that ones will naturally experience as they become consciously self-aware.

However, as you progress in your evolution, you will find it to be more challenging and satisfying to create peace, humor, and joy. These finer, higher-frequency emotions accelerate your learning—while the lower, more base frequencies tend to retard your growth.

Some entities have become addicted to the lower-frequency energies, much like an alcoholic is addicted to alcohol. These ones will do anything to get their next fix. Many have become masterful tricksters who will manipulate you into doing whatever it takes to ensure you trust them as they steer you down a path of hardship and confusion, full of pain and grief, all the while reassuring you that you must struggle in order to grow.

Dear ones, growth need not be a struggle whatsoever. Learn to go within and connect with memories of laughter, peacefulness, and joy. Call upon your Guides to surround you with these high-frequency energies. In doing so, you will naturally be protecting yourself from those who operate in the lower-frequency ranges, for the only way they will be able to get a message to you in such a high-frequency state, is to MATCH that frequency. This is something that is too difficult for most dark energies to do, and if they do so, they will naturally have achieved a state of compassion, and thus will not desire to control or manipulate you.

Many of you, who have been reading these messages and applying the suggestions we offer, set aside some time each day when you consciously make an effort to raise your frequency—and thus likewise clear your space of Dark influence. This is as it should be.

However, we also witness many of you ones subsequently going about your day allowing yourselves to get angry, frustrated, annoyed, and so forth. This too is fine, for it is your challenge to find a way to always stay connected and centered, no matter what the situation that presents itself to you.

There IS goodness and potential for growth and greater understanding in EVERY experience you have. Let's say someone cuts you off at an intersection. You can get very angry, and allow it to affect you in a negative way.

Or, you might take a different approach and say to yourself: "Hmm—all things happen for a reason, and though I may not see the reason for this happening to me, perhaps my Guides are trying to make me more aware of something. Perhaps I need to learn to give others more space. Or maybe that person's actions were so that I would be more alert to something that is about to happen."

The point here is to illustrate that, with the proper perspective, even the most disconcerting kinds of events, if looked at from a larger perspective, will be discovered to have tremendous positive value. If you can manage to adopt this sort of philosophy, and incorporate it into your day-to-day thinking, you will find that happiness, peace, and joy will have been achieved, as you will naturally attract more and more of this same positive energy into your life. This will also cause a greater clarity of thought and intuition, for you will be nurturing peacefulness, rather than anger and confusion.

There is no way to address each of your personal concerns in such a general dissertation. Therefore, we encourage you each to learn to help yourselves.


Or, if you still struggle with the personal belief that you somehow are "different" and "can't hear"—then seek the assistance of ones you trust, and ask them questions and opinions about what options they see regarding matters of concern to you. Often, even those who believe psychics and such are "of the devil" will instinctively go within and tap this Inner Source for answers when trying to help another.

Again: you are all "psychic"—meaning you have the ability to tap this Inner Source of Knowing, regardless of your beliefs. You each tap this Creative Source on a daily basis to varying degrees of awareness.

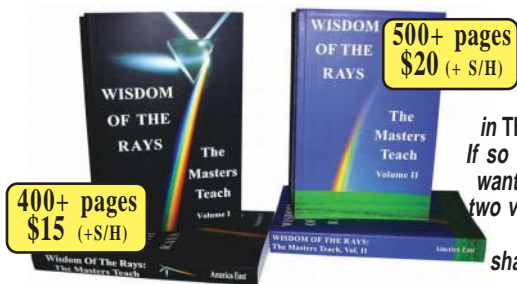
I do realize that this is somewhat of a repetitive message for many of you. However, there are ones who will be reading this sort of message for the first time, and many others need to be reminded, again and again, of these basic Truths.

May you each take this message to heart, and learn to always remain centered—regardless of the impact of your ever evolving experience.

I am Gyeorgos Ceres Hatonn, come in Service to The One Light—Creator Source—the One who created you and me. When YOU grow in awareness, so too do ALL ones, everywhere, grow. Your growth is connected to mine, and it is with great love, compassion, and satisfaction that We of the Lighted Realms of Creation come to assist you ones.

In the Light (that which symbolizes the liberation of knowing Truth) and Love of Creator God, blessings to you all! Salu. 

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"Be not in fear of the changes that are upon you, for they are a very necessary part of the [planetary] transition. The Earth will heave to and fro, and many wondrous things will you experience, but lose not your sight upon the final goal. We will *always* be there with you, and we are but a call away."

— Ceres Anthonious "Toniose" Soltec

"You live in perhaps the most unique time that your planet will ever experience—COMING OUT OF IGNORANCE (DARKNESS) AND INTO KNOWLEDGE (LIGHT). Would it not be wise to take full advantage of this exquisite learning environment?!"

— Sanat Kumara ("Grandfather")

"The physical body is 'merely' a conduit for the interaction into and the interfacing with the physical experience. I say 'merely' because that body is a most exquisite creation indeed and poorly understood by your current level of so-called medical science."

— Master Hilarion

"Be at peace, you who acknowledge and take within these messages of Higher Guidance, for you are being given that which you will need, in the way of instruction, to meet and surmount these challenges ahead."

— Aton, *The One Light*

"Our Elder Brothers from the Higher Realms of Creation are attempting to communicate with ALL of us at this time. Why? Take a look around you. The old ways of doing things aren't working. Our planet is entering a time of massive, turbulent change and renewal. To put it bluntly: we NEED help! And that's where these books come into the picture. Yes, eventually 'the Phoenix will arise from the ashes' after this Great Cleansing process, but the ride could be

quite a bumpy one, especially for those ill-prepared for what is to happen."

— Back Cover, Vol. I

"Let us begin with WHO you are. You, the non-physical YOU, are an infinite thought projection of the One who created you. (God!) You are the product of His desire. You are, in effect, Desire manifest in uniqueness of purpose."

— Esu "Jesus" Sananda (Vol. II)

The Case For Sedition

By The Bush Cabal

Iran-Contra Insider (2001, National Liberty Press, \$19.95; toll free order line: 1-866-317-1390). He lives at an undisclosed location, since the criminals named in his book have been returned to national power and prominence. His column "Behind the Scenes in the Beltway" is published regularly on his <http://www.almartinraw.com> Internet website.

AL MARTIN

The Case For Sedition (Part 1):
High Crimes Of The Bush Cabal
(4/2/02)

Editor's note: Though the controlled media prostitutes would never speak such blasphemy, many of the more awake and outspoken among the citizenry have noted the unfolding pattern that smacks of déjà vu. Some of the more ornery of the citizenry say they really can't tell the difference between Daddy Bush and Junior Bush—and speculate about exactly which one is actually the President of the United States and which one is "retired" from office.

Much more important is the quiet but growing wave of concern by the citizenry about what is being done TO this country, especially bleeding it financially, through the flimsy excuse of a so-called "War On Terrorism" that not even the professional newsmakers seem able to package convincingly.

What Al Martin has to say here is something that MANY with a long memory are concluding—but have been hoodwinked into thinking is a minority opinion, since the spin doctors of mind control have carefully conditioned the public to feel that any such questioning is "unpatriotic" at this most "serious" time since the 9/11 tragedy.

Some of you will take issue with Al's analysis, saying that it does not penetrate to the level of the ACTUAL ones pulling the strings of the puppets who sit visibly in the positions of power. And while that's true, let's also keep in mind that A LOT can be discerned simply from observing what the puppets are up to. And Al is a master at THAT level of analysis—which most ones can follow more easily than the antics of the Shadow Government's diabolical misfits.

For example, Al provides us with an EXTREMELY important and revealing insight when he reminds us: "We must remember what George Bush Sr. said in 1992, when he was asked what Iran-Contra was all about. This was all done, as George himself once said, for 'the continuous consolidation of money and power into higher, tighter, and righter hands'." What more Truth

do you want?!

Another matter to point out here is for those of you who may be particular about word use. If you check the word "sedition" in a good dictionary, the general definition of that word suggests that Al actually means the word "treason". These two words are often used interchangeably to mean conspiratorial traitorous activity against a country or its people.

Later in this article, Al gives a source for his use of the term "sedition" (Statute 792 of U.S. Title Code 18), and still later he gives his definition. But drawing from such precise and specialized technical interpretations of the word "sedition" definitely does not help to make the point clearer to a general audience who mostly may only consult the nearest dictionary of word usage.

However, it's important that we don't get lost in the details of technical definitions and interpretations of law—and lose sight of the overall powerful message being shared here. After all, Al's history lesson shows how easily the same tricks can be used over and over again against a mostly sleeping populace.

From the level of the rumblings, it would seem that more ones are awakening THIS time around. And perhaps that means the game is about over. What to do? For a start, consider carefully Al's elegant suggestion of a Grand Jury. The people HAVE THE POWER if they only awaken to that fact.

For those readers not familiar with this crusader, according to his own biographical statement, Al is America's foremost whistleblower on government fraud and corruption. A retired U.S. Navy Lt. Commander and former officer in the Office of Naval Intelligence, he has testified before Congress (the Kerry Committee and the Alexander Committee) regarding Iran-Contra. Al Martin is the author of The Conspirators: Secrets Of An

A case for sedition can be made against the Bush Cabal, including George Herbert Walker Bush, James Baker, Cappy Weinberger, and the late Bill Casey et al. They perpetrated a series of frauds against the public purse under the thinly disguised veil of political policies—to wit, the tremendous increase in military and defense expenditures in order to try to defeat the "Evil Empire" of the Soviet Union, which in itself was a ruse.

This enormous multi-trillion-dollar increase in defense spending was used by the Bush Cabal to suck money out of the public purse by the commission of a variety of schemes and to bleed money out of defense appropriations by incessant payments from defense contractors to a shadowy network of Republican-controlled arms companies, security research consultant companies, and offshore research institutes.

This can be ascertained when you look at the big Research and Development (R & D) expenditures that were done on the so-called Star Wars missile defense program. You can see the endless list of "security consultants" who were put on as subcontractors, most of whom had absolutely nothing to do with the development of the weapons.

These security consultant firms would put together proposals for estimated usage of weapons, etc, but since they knew the weapons were never going to work, they knew it was really meaningless anyway.

In addition, there was the "spare parts industry" that goes along with the Bush Cabal, which increases the cost of spare parts (which don't work) by ten or twenty times.

These actions of the Bush Cabal then constitute gross economic malfeasance, which, in my view, could rise to the level of sedition. The

definition of sedition is four pages long, and it can be found in Statute 792 of U.S. Title Code 18.

In other words, the Bush Cabal knew that what they were doing would severely weaken the United States, both militarily and economically. The country is weakened militarily by loading U.S. military inventories with a lot of high-tech weapons systems that don't work. The country is weakened economically by many years of purported multi-hundred-billion-dollar deficits, claimed to be \$350- or \$400-billion-dollar deficits, but which were actually (as we have pointed out before) TWICE as high as claimed at any given time.

The Bush Administration just disguised the numbers through a series of smoke-and-mirrors accounting tricks, as we have said before. [See Al's article "Numbers Don't Lie, Bushes Do" at his Internet website.]

The premise of the case is that this malfeasance was created, not under the Reagan-Bush Regime, as referred to before, but by the Bush-I Regime.

The Bush-I Regime, the period from 1980-1992, is so named because Ronald Reagan was simply a figurehead. Reagan never formulated any policies on his own and he hardly had any of his own people in the cabinet.

When you think about it, the only pure Reaganite was Donald Regan, and he was intimidated by George Bush. He even publicly said so. The big powerhouses in the administration, like James Baker, Bill Casey, Cappy Weinburger, Brent Scowcroft, were all old Bush Cabalists. These were not Reaganites.

We need to remember that prior to 1980, before the use of the word "Reaganite", Ronald Reagan didn't have any political faction of his own. He wasn't a politician. He was a two-term governor of the state of California.

When he left office, the State of California was teetering on the brink of bankruptcy. That says a lot for his ability to manage things. People should have known then. When he first came in as governor of California, the state budget had a record surplus and all state accounts had surpluses. When he left, two terms later, the state was nearly bankrupt and had a record deficit. California had asked for federal assistance to bail out several state agencies, and the surpluses were all gone.

Reagan never had a vested political

constituency of his own. People ask: "Where did the term 'Reaganite' or 'Reaganomics' come from?"

It was the Bush people in the Reagan Administration who fostered the use of these terms. James Baker used it all the time, and that was to lay all the crap in Reagan's lap.

In marketing, it's called branding. They knew Reagan was the popular figurehead, not George Bush—so why not name everything after him?

It was easier to sell because of Reagan's popularity, and it also disguised the real power in the administration. The Bush people knew that what they were doing would severely weaken our government and our economy, but later on they'd have some political dodge by being able to say "Hey, Reagan was the president."

In fact, everyone knew that George Bush controlled things, which was particularly true in Reagan's second term, when Reagan frankly didn't have any idea what was going on anymore.

Regarding the sedition issue, we must remember what George Bush Sr. said in 1992, when he was asked what Iran-Contra was all about. This was all done, as George himself once said, for "the continuous consolidation of money and power into higher, tighter, and righter hands".

The implication is that there was a grand design behind this illegal covert operation of government, the greatest ever committed by the U.S. Government, which had nothing to do with providing a bulwark against the growing Red Tide in Central America.

In fact, it was a covert operation. And like all other covert operations, which is what Bush implied, its real agenda was simply to form a political machine under the guise of an illegal covert operation of State to suck ever-increasing quantities of money out of

the U.S. Federal Treasury.

The "plan" was well publicized:

- To build an envisioned 50,000-man contra army. That never happened.

- To impede the Soviet build-up of arms and influence in Central America. That never happened.

- To shore-up our right-wing dictatorial regime friends in Guatemala and El Salvador. That never happened.

All the stated goals of the stated cover story were not accomplished because nobody cared about accomplishing them. It was just a ruse.

Star Wars was the same thing—just a ruse. And they all knew that Star Wars was just a ruse.

Jack Verona, then chief of Defense Advanced Research Projects Agency (DARPA), probably could have gotten himself assassinated because he had loose lips. He used to like to drink at these Republican cocktail parties, and he was often reported, off the record, in the *Washington Post*, saying that **the weapons systems we're spending hundreds of billions on are pie-in-the-sky. He stated that they either won't work, or in the case of the few that do have a chance of working, we wouldn't have the technology to make them work for another fifteen or twenty years.**

The billions and billions (an aggregate \$2.77 trillion dollars) that was spent on Star Wars programs at the time (the so-called "Brilliant Pebbles" and "Bright Star" the ASAT programs) was all wasted.

The Bush people would say that you have to commit to research and development in order to make a weapons system that works. That seemingly would make sense, but they knew going into it that it was untrue, based on what Verona kept telling

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them. Since he was the technical guy (the chief of DARPA), that was his job. He was supposed to tell the administration what was technically possible with technology at the time and what wasn't. And he told them that the technology to build what you want to build just doesn't exist—and it won't exist for decades.

The Star Wars program then had contractors making enormous soft-money donations to Republican institutions. You saw all these newly created companies in 1985 with names like VigiTech and SynDyne and SolarPlex—names that would imply “high tech”.

In fact, they were just shell companies with offices in McLean, Virginia, with offshore accounts that were run by Republican interests. They had enormous subcontracting fees.

And what does this have to do with sedition? You must realize that most of the big, big Republican money (the trillion-dollar-type money) was made by huge short positions in the market during the timeframe of 1987-1989.

This was extensively discussed by Jeb Bush and others in 1985—and rather openly so. They were shorting entire indexes, and that's what distorted the markets. That's why there was so much distortion in 1987, 1988, and going into 1989, when all these different types of spreads came up, and people couldn't figure out what they were.

In other words, the Bush Cabal entered into a policy which they knew would weaken the economic marketplace, the capital marketplaces of the United States, and hence worldwide—since, when we sneeze, the rest of the world gets the flu, economically speaking.

They capitalized on it further by instituting enormous short positions in a market because they were themselves the ones causing the economic damage to the underpinnings of the nation, which would eventually be felt in the nation's capital marketplaces.

The companies used were the same old list of favorites, like Merrill Lynch and Goldman Sachs. Practically every Republican I knew at the time did business there. They would form offshore investment groups that they would all pool into.

Trilateral Investment Group, Ltd. was one name I remember. Another was **Omni Investment Group, Ltd.** They would all be Republican controlled, and they would institute huge short positions in the markets. A lot of times they were dealing with Republican-controlled institutions, so if they got into an unsecured debit balance position, nobody ever put the arm on them for the money. They could carry positions much longer, outside of market rules.

They made enormous amounts of money. Alan Greenspan sent a series of secret memorandums to George Bush, prior to the market crash of 1987. He was very nervous during this time. He knew what they were doing, and he told George Bush secretly that: “You're undermining the capital markets of the United States. Where do you think this is all going to lead?”

I have made this contention before—that the stock market collapse in October of 1987 was caused by a massive draining of capital out of the United States, principally due to a variety of schemes originally proffered by the Bushites. The market did not reach its bottom until December 4, 1989, and enormous amounts of money were made in that period of time.

It's a zero-sum game. What was being done, again, is shifting money from the American citizen, this time in his capacity as an investor, to the all-powerful Bush Cabal. Previously we had simply been shifting money to the all-powerful Bush Cabal through citizens wearing their hats as taxpayers.

The Bush idea was (I remember Jeb used to say this): “Look, you hit them in every single hat they wear.” That was the idea. He used to call them

“fodder”. You hit the fodder in their hats as Taxpayers. You hit them in their hats as Investors and Savers. You hit them in their hats as Insurance Policy Owners through all these insurance scams his brother was involved in. Then there was, of course, Jeb's International Medical Corporation. Jeb also liked healthcare scams.

But that was the idea the Bushes had—that you take the American taxpayer (which they called “One Fodder Unit” or OFU) and you hit them in every single hat they wear.


I don't know where the term came from, but “One Fodder Unit” became a popular term on the Republican cocktail party circuit in 1985. According to them, each individual American citizen equals One Fodder Unit.

Today we have the results of that. When George Bush left office, the federal budget deficit was actually twice what they claimed it was. They were able to hide about half of the federal budget deficit through the Bush Regime. Then Clinton came in, and he had a pretty good idea of what the problems were, up front. That's one reason why he kept Alan Greenspan, by the way. It was because the marketplaces, both here and abroad, had a lot of faith in Greenspan.

He told Greenspan early on that we're going to have to bring interest rates down and flood the market with money, which was done in 1993. Interest rates fell precipitously, and then there was the sharp spike in 1994. This was necessary to bleed some of the problems out of the economy.

After Bush got out of office, it was important that the economy be re-liquefied as quickly as possible, regardless of the inflationary impact. You can always control the inflationary impact later on by raising the interest rates.

Clinton had a good idea of the problems that the Bush Administration had created. Congressman Bill Alexander, who knew Clinton personally for years and used to have lunch with him, used to tell me (this is when they were trying to work out a deal for me) that Clinton was absolutely appalled and even frightened about the enormity of the situation. At the lunch that Bill Alexander had with him at the White House, Clinton looked at him and said: “Bill, I hope you have enough to pay for that lunch. The United States



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Government doesn't have any money left."

When he got there, he realized there was nothing left. He said we are probably \$14 or \$15 TRILLION in debt and we're continuing to bleed. Three days after taking office, he begins to discover the real story. And he was frankly scared out of his wits.

Can you imagine coming into the Oval Office and finding out that there are no capital reserves left, the nation is \$14 trillion in debt, all of the capital marketplaces are shaky as hell, and the nation is bleeding red ink at the rate of \$1 billion a day, as the Bush Administration publicly admitted?

Clinton then found out that the actual red ink was about twice that amount (about \$2 billion a day) and that there was an accumulated \$14 trillion in debt—with the rest of the world still in recession.

And then there was another bombshell—an unknown and much more serious malfeasance by the Bush Cabal which Clinton inherited. The West German and Japanese governments started pressing Clinton for repayment of an aggregate \$150 billion in secret loans they made to the Soviet Union in 1987, after George Bush Sr. put the arm on them to keep the "Evil Empire" financially afloat a little longer.

The concept was that Bush knew that the Soviet Union was going to collapse in 1987, and he was scared because it would reveal his lies to the American people about why he needed more money for "defense" and other military expenditures. Bush obviously knew that the United States couldn't lend them the money, a country we had spent trillions of dollars to defeat.

If the Soviet Union had collapsed in 1987, people would say "Why did we have to spend trillions of dollars on 'defense'?" The Bush Cabal's lies were premised on the idea that the Soviet Union wouldn't fall apart until 1992.

Then they could say they were responsible for the collapse (the "defeat" of the "Evil Empire") rather than being responsible for wasting trillions of dollars.

The CIA's annual report of the Soviet Union's strength assessment was that the Soviet Union was falling apart. The Bush

Administration would then issue two reports—one of them indicating that the Soviet Union was falling apart, and the other, a false report, stating that the Soviet Union continues to get stronger.

George Bush Sr. then talked the German, Japanese, and Korean governments into making direct intergovernmental loans to the Soviet Union in 1987 totaling about \$150 billion. The deal was that the United States would be the ultimate guarantor. That's another \$150 billion that U.S. taxpayers would be responsible for.

After lending \$80 billion to the Soviet Union at Bush's request, Germany's Chancellor Kohl told him that he couldn't hide any more from his government.

George Bush Sr. then lied to the Japanese about the money he wanted them to give the Soviet Union. He told them that if the Japanese gave them the money, then the Russians would give back the northern island possessions the Russians illegally seized from the Japanese at the end of the Second World War. It was a complete lie.

After Gorbachev was gone, Yeltsin said he wouldn't honor the deal because he knew that this was a scam just between Bush Sr. and Gorbachev. It was a political scam that Bush and Gorbachev did in order to make Bush look good and make his policies "viable". Yeltsin actually knew the extent of the conspiracy that existed between Gorbachev and Bush.

It is no wonder that George Bush told reporter Sarah McClendon: "If the American people really knew what we had done, we would be chased down the streets and lynched."

What George Bush said then is a case of what happens in Washington when you don't take your Prozac and you have a "lie lapse".

When Clinton came into office, he

had a real sense of fear and foreboding.

Knowing what he knew, he used to kid about it. Bill Alexander told me this in April or May of '93. He said: "Six months after being here, I got high blood pressure. I got hemorrhoids. I got all these things wrong with me that I never had before."

If people understood what happened within the Clinton Regime—the fact that Clinton (who was a weak politician to begin with) was forced to accept a lot of Bush holdovers—that was one of the distinctions of the Clinton Regime. There was a record number—**over 1,700**—Bush holdovers in senior positions in various federal agencies.

Clinton managed to weed out some of them, although he didn't do it as quickly as he wanted because even he understood the bigger picture. He understood the temerity of the situation.

He was often criticized: why didn't he weed out these Republican Cabalist holdovers? But he knew what they were there for—to control the liability of the Bush Administration.

He was surprised by the numbers, but he came to realize the enormity of the crime committed by the Bush-I people, and the fact that it could literally take the whole world down economically, if the total of this gross economic malfeasance was to be revealed. And then there was the wholesale looting of the federal treasury, and the fact that trillions and trillions couldn't be accounted for.

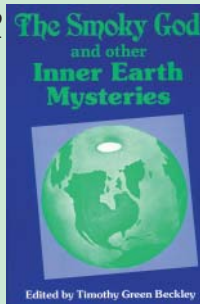
Clinton understood that you needed Bush Cabalists who know how to control liability—even within his own administration. He used to tell Alexander that "We're Democrats, and we don't have this inherent liability control structure that the Republicans have."

A Republican can go into a roomful of a million documents in file cabinets, take one breath, and know exactly which one document you have to shred in the whole million. Republicans have an intuitive instinct of this that they've built-up over the years.

Clinton did the right thing. Even he understood, at least early in his regime, what the Bush Cabalists (he used to

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call them the Bush Faction or Cabalists or Trilateralists) had done. He should be commended because he let this Republican control apparatus stay in his government and he gave them a very free hand.

Unfortunately there were many people who suffered because of it—whistleblowers who knew too much. You have to remember that, in 1991-1992, and even later, in 1993-1994, people were still suffering. People who knew too much were disappearing and dying under mysterious circumstances.

And I was one of the people who suffered—but at least I understood the necessity of my suffering. There were some people who whined about it, but I maintained a constant position—that is, I am owed money. I was mistreated, lied to, and I was owed money—after always doing what I had been told to do.

And that wasn't right—the way I was treated. I didn't whine about it. I didn't threaten anyone about it because I understood.

People have asked me why I didn't write my book (*The Conspirators: Secrets Of An Iran Contra Insider*) in 1991 or 1992 or 1993. I would answer that it would have been politically impossible at the time to write it. That's true, but I could have self-published it. The REAL reason I didn't is because I understood the Bigger Picture as well. As my attorney used to say to me back in 1991 or 1992: "Al, if you write a book now, we had better pray that people don't believe it."

But even I understood what the Bigger Picture was—and so did Clinton, who was smart enough to let that Republican control group exist because he knew what the repercussions would be if everything that the Bushes had done became public. He knew there would be havoc. **It's global in nature, but we're talking about a time in 1992 when the Bush Administration had just re-capitalized the nation's Savings and Loans—which the very same people, including some of the Bush family's relatives, had taken down.**

When you just re-capitalized that, at an enormous cost to the American taxpayer, the economy was still losing \$2 billion a day. The world's financial markets were

tenuous at best. The Soviet Union had now converted over, but was in a state of crisis. Brazil had now effectively fallen apart. Argentina was falling apart for the first time. Mexico was right on the verge.

In other words, Clinton accurately understood that, had the Grand Bushonian Malfeasance been revealed, the massive loss of investors' confidence could have been the straw that broke the camel's back. Therefore he appropriately kept a guy like Greenspan, who had a good market reputation. Greenspan understood the temerity of the economic situation and stepped on the economic gas pedal. This is something that George Bush tried to get him to do in 1992 and he refused.

George Sr. has always blamed Greenspan for his defeat. He was fond of saying that the economy was on the upswing at election time—had Alan Greenspan stepped on the economic gas pedal earlier.

Bush threatened to have Greenspan dismissed, which is the president's power. And Greenspan said "Go ahead and see what happens to the remaining confidence in the nation's marketplace." This was a real battle, which was unknown in history.

Greenspan told George Bush Sr. that the nation's and the world's economy cannot survive another Bush term. He said I'm not going to get you reelected. And that's why he purposely kept the economic reins tight in 1992, when the economy was showing some nascent signs of recovery, at a time when prudent economic policy would have dictated that the Fed would have begun to loosen. He purposely dragged his feet, thus choking off the nascent recovery and giving Bill Clinton a double whammy for free.

The double whammy was that the repressed consumer demand, that was going on in the last half of 1992 because Greenspan was keeping his foot on the economic brake, was

creating a repressed consumer demand. The minute you stepped on the gas, what would happen is that interest rates would come down.

Greenspan didn't do it to help Clinton politically. It was really done to pump up the economy in 1993. Greenspan was trying to provide every ounce of monetary stimulus he possibly could.

One way was to keep pent-up demand that was occurring in 1992 pent up. He did it by refusing to lower interest rates. Then in the next administration, you step hard on the economic gas.

He dramatically increased the nation's short term (M1) and intermediate term (M2) money supply. He dramatically increased the liquidity, and in so doing, he increased short and intermediate term liquidity, thus allowing rates to fall quite substantially. This brought in additional consumer demand.

There was a two-fold action going into the first quarter of 1993, with leftover demand from 1992 (pent-up demand). It was a demand for housing, for consumer goods, big-ticket durables, but that demand wouldn't come forth until rates came down. And that allowed this tremendous economic growth to happen which we had in 1993 and for interest rates to fall so low.

The interest rates on the 30-year long bond had fallen 400 basis points from October 1992 to October 1993. That is a tremendous drop in interest rates. Because of that, Greenspan was able to get, through some crafty manipulation of monetary policy, an awful lot of bang for the monetary buck in terms of economic stimulation. It really changed the tone of the nation's capital marketplaces.

I've always said this, and I know that Greenspan personally thinks the same: 1993 was the pivotal year that saved the nation's (and possibly the world's) economy. There was a tremendous

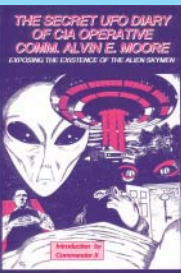
increase in GDP. A lot of banks and brokerage firms were able to re-liquefy again. It was re-liquefied by over-stimulating the economy. That in turn allowed previously illiquid assets to become liquid.

Greenspan shifted the economy into neutral, stepped hard on the economic brake (4th quarter of 1993), and contracted the

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money supply very quickly, instead of doing it over 18 months. He knew that was a risk in an economy still so debt-leveraged. So he compressed the economic cycle.

He knew he had over-stimulated, which he felt necessary to save the whole world essentially and created incipient inflation in an economy that had to be weeded out. Instead of doing it the traditional way by creating a recession, he took a chance and compressed the entire cycle into less than twelve months, a cycle which ordinarily would have taken twenty-four months.

The key in the case for sedition against the Bush Cabal is that they knew what their policies would lead to. The Bush Administration knew they were creating policies in order for a certain cabal within government, a faction, a segment of society, industry that supports that cabal, to bleed ever larger and larger amounts of money out of the public purse. And they knew what they were doing.

“Industry” here refers to the entire Military-Industrial Complex and perhaps the entire Bush faction within government and the civilian population, which represents about 3 million people or so. This was indeed a continuation of the consolidation of money and power to which Bush referred.

The key is that they knew what they were doing. They knew what the long-term economic impact would be for the United States. They purposely created that negative impact so they could capitalize on it by instituting huge amounts of institutional short positions, when the eventual and inevitable economic effects of all of this missing money began to be felt in the summer of 1987.

At that time, suddenly banks looked around and said we don't have any capital left. Our capital base is depleted.

Insurance companies looked around and said our insurance net reserves are depleted. There was nothing left.

By the third quarter of 1987, the great and all-powerful Bush Cabal had drained so much money out of the economy, combined with perpetual federal budget deficits, that there literally was no money left in the country.

The actions of the Bush Cabal—George Bush Sr. and his cabal, some of the men we've named, and the profits they made, based on policies that they themselves enacted, or proffered and fostered, both legally and illegally—these rise to the level of sedition, insofar as they knew what they were doing.

And what is sedition? To willfully and maliciously act in a fashion as to sap, suborn, or otherwise undermine the United States of America, its lawful authority thereunto as duly constituted government, or its national security.

Is not economics the ultimate national security of the country? This is the key in the case for sedition against the Bush Cabal.

The Case For Sedition (Part 2):
Increasing Hostility
And Bush Cabal Fraud
(4/10/02)

There is a common misperception that just as much money was stolen during the Clinton Regime as during the Bush Regime. But I would say that this contention is not true.

Of course, the Department of Defense admits that \$2.3 trillion disappeared. But that wasn't even in the same range as the amount of money that disappeared during the Bush Cabal's reign.

Also it was not a State-sponsored systematic operation of fraud because they didn't have the Republicans' organizational capability. Besides the Clinton Administration (unlike the Bush Regime) did not specifically form operations to commit fraud.

You can simply look at all the people who were involved in all the large frauds of the 1980s (including members of the Vice President's and subsequent President's own family) as well as the number of assistant cabinet Secretaries, who were directly involved in the fraud by being

members of limited partnerships and so on. They didn't even try to hide it.

It's not that \$2.3 trillion is a small amount of money. But what made the Clinton Administration different is that there was not the State sponsorship of organized fraud, which had existed before.

This would include a lot of the fraud committed against HUD, in which senior HUD officials were on the board of directors or involved in general partnerships of offshore secret limited partnerships and bogus real estate deals that were committing scams against their own agency. There was no real effort to hide it because it was State-acquiesced. And there was such control of the media (as there always is) that there was little fear of it ever being exposed.

By the time of the Clinton Administration, things had changed. It was just an eight-year interlude or interruption in Bushonian control. Of course, I'm not saying that Clinton was wearing a white hat. He most certainly was not.

But when you think about it, what was Clinton most noted for? The same old Democratic foibles: Women, Whiskey, and Weed. This is the well-known Achilles heel of the Democrats. The only difference this time is that the Republican Right was so well organized that they could make a big deal out of it.

Throughout the 1980s, there was Congressman Mills, who was involved with the stripper, Congressman Dellums with his cocaine habit, and Senator Boren with the little boys. Did you see the Republicans exploiting it? No, they didn't bother. They knew that, in the American people's minds, Democrats are naturally associated with such peccadilloes.

When you think of foibles involving Women, Whiskey, and Weed, you naturally think of Democrats. Automatically. That's just what you do. How much additional political mileage can they get by pointing out what the American people already expect?

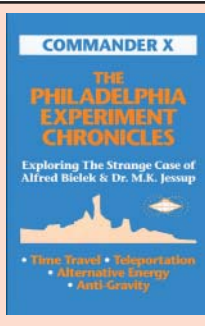
I am not defending the Clinton Administration and all their policies. God knows—I would be the last guy to do that, considering that they went back on their word to me in 1992-93.

I kept my mouth shut about Clinton and Mena, and

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Clinton and a lot of other things that I knew about. They promised to help me, but they pulled the plug on me. And in that way, they certainly acted like Republicans do in order to cover up their own liability. In context, though, when it comes to cutting up the Fraud Pie in Washington, the Democrats just get the crumbs.

Look at all the frauds the Clintons were involved in: Whitewater, Flowerwood Development, Beverly Enterprises, and on and on and on. These are all very small numbers—\$300,000, \$800,000, \$1.8 million, that type of thing.

Compare that with the fraud that the Bush sons were involved in. You see numbers like \$300 million, \$1 billion, \$3 billion. And again you could say: “Why don’t the Democrats use that against the Republicans?”

The reason why they don’t is that it goes the other way. The American people already expect it. The very word “Republicanism” is conjoined with fraud. People just roll their eyes and say: “Oh, it’s just another right-wing Republican billion-dollar fraud.”

A question you can ask is this: Does the Monica Lewinsky situation even begin to approach the level of various frauds committed by the Bush Sons?

People should have a sense of perspective. For instance, there was Jeb Bush and his partner Miguel Recarey, the infamous Cuban swindler and their International Medical Corporation scam, which the General Accounting Office, by 1989, finally figured out cost the American taxpayers **\$353 million**.

What’s more important to the

American people—that the president gets a blowjob, or that they get hit in the wallets for \$353 million? Since they exert such influence in the American media, they can spin it and make a blowjob sound more injurious to the American people than a multi-billion-dollar fraud.

Money certainly did evaporate during the Clinton years. The difference is that it was not a government-sponsored and organized scheme to defraud. You then decide for yourself what has a more negative impact on the nation: **Fourteen trillion dollars in debt** accumulated by the systemic waste, fraud, abuse, graft, and corruption of the Reagan-Bush Regime, or the fourteen blowjobs that Monica Lewinsky gave Clinton?

People get hung-up on the politics, and what they don’t understand is that politics is meaningless—social agendas, even military agendas to some extent, are meaningless. When someone says that a nation boils down to a political, economic, social, military, foreign policy sphere, it really doesn’t.

There’s only one thing that makes any difference—and that’s economics. All other venues of government are subordinated to economics.

What media tries to do is to compartmentalize—that which is social, military, etc.—without looking to the next level to understand that the only thing that makes any difference, and where all power flows, is from economics.

But to get back to the sedition of

the Bush Cabal, there are actual historical parallels in this country, such as the activities of the great Robber Barons of the 1870s. Before there was regulation, and before the trusts were broken, there was unbridled monopoly capitalism.

After the Civil War, from 1865 to the early 1890s, there was an enormous consolidation of money and power. By 1892, less than one-half percent of the citizenry controlled 96% of the wealth of the nation. This led to a dramatic drop in economic liquidity, which is what happens when all the money gets congested into very few hands. It doesn’t leave enough capital for the rest of the country to run. This, in turn, has often been blamed for the great economic depression of 1894.

Essentially the entire country became illiquid. This was before the time of the Federal Reserve, when the U.S. Treasury would intervene directly into the economy. This is before any money supply was controlled. The illiquidity started at the U.S. Treasury. We were then on a species economy, and it was the scene of the Great Silver Debate. This was the time of William Jennings Bryan, who was called the “silver-tongued orator”. He promoted the concept of the “tyranny of gold”—which was the original Democratic Party platform. Thirty years later, the famous economist John Maynard Keynes called gold “the barbarous metal”.

There was such a consolidation of money (i.e. gold) in the hands of so few people, and the Treasury had been so drained of this gold, that by late 1893 the Treasury ran out of gold, and thus could produce no more gold-backed bank notes. That’s where the illiquidity started.

And then, as it happens, during the great recessions and depressions of the nineteenth century, there was a knee-jerk reaction in the rest of the business community.

It should be remembered that the Great Depression of 1894 was global; it was not just in the United States. What was different about the depression of 1894 was that it was the first global depression. It was felt throughout the world and it nearly sunk the British Empire. This was the first time that the venerable Barings Bank nearly went down the tubes. (A hundred years later it went down for good.)

The illiquidity started as a gold shortage, which soon became

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worldwide. At the time, the Bank of England was the bank of last resort for the whole world. When the massive drain on Bank of England gold reserves began in late 1893, Britain ceased redemption of imperial currency and notes by July 1894 in order to preserve what gold they had left. That led to a massive loss of confidence.

The concept was to cease currency conversion of imperial bank notes and let it all fall apart. Then, when it stabilized, they picked it back up again. That's why there were fierce debates with William Jennings Bryan, who wanted a silver-backed economy. At the time the United States Treasury had over three hundred times the silver deposits that it had of gold. This country has always been richer in silver.

By the 1890s, the U.S. Treasury was swimming in it. The counter-debate was that the U.S. would lose their currency convertibility overseas. Trade by then had become a very important part of the U.S. economy. U.S. banknotes would effectively have to have a second-tier market, then.

Britain and other countries complained that Bryan's idea would consistently force down the price of silver, and in fact, it did exactly that. The fixed value of an ounce of silver at \$1.25 per toy ounce—this is one of the things that broke the Treasury. Because of Bryan's popularity, the price of silver had declined until it eventually reached \$0.60 an ounce. The market reaction caused the price of silver to fall, and Bryan had actually made the situation worse without realizing it at the time.

Regarding the sedition issue, though, here is the chain of events instigated by the Bush Cabal's organized criminal conspiracy, which produced the net effect:

A. The thinly veiled political policies, which allowed the fraud to take place.

B. The mechanism of the fraud, that is, all the little nickel and dime companies which don't really exist.

C. Sharply declining financial capital marketplaces are the result, from which the conspirators take the money they've stolen from A to B, and use it to short the market.

D. The net result is a destabilized U.S. Government, or sedition.

The question, then, becomes simple: Did A, B, and C in concert rise to the level of D, or sedition?

The proper forum for this kind of

case would have to be a Grand Jury action directly by the People of the United States. That's the only way it would work. It would be a People's Grand Jury.

And what would constitute standing in a case like this? *The People of the United States would have to prove that they were harmed by these actions—that they were harmed as taxpayers, as investors, as savers, and as people in a society expecting an actual defense to be maintained to defend them. That wouldn't be hard. The argument is simple.*

There have been many citizen grand juries in the past, but most of them haven't amounted to much because they represent such a minority of the people. The reason why this would have a chance is that it would be the People of the United States, in its truest form.

It's in the law. People have the right to form a Citizens' Grand Jury, so that the plaintiff is no longer the government of the United States, but the People of the United States.

This is also better than a class-action suit or a RICO suit because it gets around the statutes of limitation. The problem with RICO is that to get around the statutes of limitation, you have to prove OCC (Ongoing Criminal Conspiracy). As any attorney will tell you, this is not an easy thing to prove.

The People's Grand Jury is codified in law. It has been used numerous times, and it's as old as the *Constitution* and the *Bill Of Rights*. The reason none have ever been successful is because there has never been a suit filed wherein you could say that the plaintiff is the entirety, or nearly the entirety, of the nation.

The Republican Party used to form these Citizens' Grand Jury suits against the Roosevelt Administration incessantly in the early 1930s to prevent him from coming in with the New Deal and the Raw Deal and so on. The problem was that the Republicans were still only about 40% of the population at the time, and they were looked at as a political animal. You have to keep away from that, since that's been the problem with these things before. You have to also make sure that it's not perceived as a bunch of people acting out of sour grapes.

You would have to keep it bi-partisan, and you'd have to have big names involved. You would need to have figureheads from both sides of the aisle—the Grand Old Men of the moderate wings of both parties. These would be men who are known to be politically moderate and who are respected.

It would also be a unique idea to try a civil class-action suit. In this case, you'd have a group of lawyers formed to represent the People of the United States. But it's probably not workable because you would have to send out a class-action consent form to every person in the United States. As a practical matter, it would become unwieldy.

The whole point of this is to show that now we have another Bush Regime that is hell-bent on doing the same thing—except the ruse is different. Instead of Iran-Contra, we are now pummeled with the "War on Terrorism" scam, another endless black hole of government expenditures, with the ultimate guarantor of this fraud being the American citizens.

Well, I would—if they realized that we—again if—if we led them back to that stalemate only because that our retaliatory power, our seconds, or strike at them after our first strike, would be so destructive that they couldn't afford it, that would hold them off.

— Ronald Reagan, when asked if nuclear war could be limited to tactical weapons.

Meanwhile there seems to be a significant shift in Bush Administration foreign policy. They are purposely antagonizing as many different nations as possible, particularly the Russians.

It seems as though they are going out of their way to antagonize the Russians during the last several weeks. The latest problem was that the Bush Regime announced that they would begin Voice of America broadcasting into Chechnya—without telling the Russians first. The Russians were upset because it will be a lot of anti-Russian rhetoric. The week before, the decision was announced to lift the weapons ban against Azerbaijan—again without informing the Russians first. This means we will be allowing U.S. arms dealers to sell Class-One U.S. armament systems directly to Azerbaijan. This will effectively end the relationship of Azerbaijan being a weapons client of Russia. At some point, this would make Azerbaijan a potential threat to the Russian republic. As you can imagine, Putin was upset about that.

The week before, the Bush Administration announced unilaterally that we have come to an agreement to place U.S. troops in Uzbekistan and to upgrade our military links with Uzbekistan—again without telling the Russians first.

It seems that we have purposely gone out of our way to antagonize the Russians. Instead of supporting the Putin regime, as we had been doing, we are effectively beginning to undermine Putin and the moderates in the Duma, the Russian Parliament. What is re-emerging in the Duma is the hard right, or the hawks, in other words.

The Putin regime wasn't that strong to begin with, and now, by this constant antagonizing of Russia, Bush is putting Putin in a very bad position. The hawks in the Duma are telling him that you're supposed to be an equal partner with the U.S. Why is it that you're not being told by the United States of its policy decisions in advance? Doesn't it clearly indicate that Russia is being stepped on and you, Putin, are being sidelined as a nobody?

Is this being done on purpose to push Putin and the moderates out? After all,

we had helped Putin get into power. But now we seem to be reversing that policy. We will then be left with a substantially more hostile Russia.

If Putin wants to survive politically, he will be forced to distance himself from the Bush Regime and from their new friends in Europe. In order to stay in office, Putin will have to increase the Russian troop presence in the Trans-Caucasus, to potentially defend their southern borders because the Bush Administration has become so chummy with Chechnya, Uzbekistan, Azerbaijan, and Turkmenistan.

Bush is offering to put troops into Turkmenistan and Tajikistan. We have negotiated separately with them, which broke our agreement that we would include the Russians in any deals.

What we are doing is militarizing the Russian Republic's Trans-Caucasus by becoming friendly to states which are hostile to Russia to begin with, and we are placing U.S. troops in those states and arming them with sophisticated weapons. We are purposely creating a threat to the Russian State.

The fact that all these states are well-known oil producers comes into the mix. We are trying to potentially guarantee oil supplies.

The Azerbaijani pipeline deal has come back to the fore, but instead of a joint U.S.-Russian project, we're now talking about us, the U.S. taxpayers, funding these weak individual states to build it—under U.S. control. This would in turn destabilize the strategic situation between the Caucasus states and Russia.

The U.S. then has the rationale to put in U.S. troops to defend what would effectively be strategic assets of the United States. Putin will be put in a position where, if he backs off, that's the end of him politically, and the far

right takes over in Russia. Or he's going to have to do what he can, militarily, to threaten the United States. That is apparently what the Bush Administration is trying to do.

The United States has also recently changed a lot of its positions with China. And we have purposely antagonized Beijing.

For example, the Bush Administration never cared about the issue of Tibetan independence. The Bush-I regime never cared about it and Republicans in general don't care about that issue. It has only been the Democrats that tried to make an issue out of it. Now all of a sudden the Republicans are playing the "Great Humanitarian". They are beginning to increase pressure on China over the issue of Tibetan independence. Then they tell China they can't put more military forces into their far western regions to "quell rising Fundamentalist Islamic Terrorism".


Western China has the same problem with Islamic terrorism, but now we will tell the Chinese that they can't use their military within their own borders because the U.S. is linking that to their human rights policy. Suddenly there's also the increase in pressure against China over the religious freedom issue. The Chinese responded to that by invading a few Protestant churches and overrunning them with Chinese troops. The ministers were even beat up.

In addition to that, out of the blue, we suddenly announced that we were upgrading military ties to Taiwan. We will begin to sell Taiwan more sophisticated weapons systems than we had originally agreed. And all of these things have antagonized the Chinese, putting the Chinese moderates in Beijing once again in a difficult position because we're strengthening the hand of the Chinese

Army (the hawks), which is the other big faction. The hawks have been saying all along that the Chinese should never have entered into negotiations with the United States because it's not in China's best long-term interests.

From these actions, it can be determined that some group within the Bush Administration wants a more hostile world.

What we're doing is creating a global situation (which the Bush Faction has



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always wanted) of hard and fast boundaries and borders—military, psychological, and commercial. We are creating the circumstances wherein we are forcing others to build a new Iron Curtain.

The Pakistani situation has also changed. Suddenly the Bush Administration stopped pressuring Pakistan on the nuclear weapons issue. Now we are offering to re-supply them, while we purposely downgraded our relationship with India. India then immediately responded by increasing its nuclear posture against Pakistan, which then forced the Chinese to increase their nuclear posture against India, which in turn forced Russia to increase its nuclear posture against Pakistan.

The United States has been increasing hostilities worldwide. We have created a mess in the Middle East and the West Bank by essentially supporting agreements, which Arafat could not have possibly agreed to. We have threatened the Syrians outright about the 1967 border issue. The Lebanon situation is also becoming unraveled.

We are creating tension and hostility everywhere. It has to be a deliberate policy to ratchet up international tension. And I have said this from the beginning: the “War on Terrorism” in itself may be a ruse for something larger.

The Bush faction has consistently done this, even during the Reagan-Bush Regime, which as I’ve said before should be considered the Bush-I Regime. One policy then becomes a ruse for a much larger policy.

Could it be that this “War on Terrorism” is, in fact, a ruse to disguise a larger agenda?

Simply put, it is to turn back the clock to a New Cold War. As Marlin Fitzwater used to say about the Cold War: “That’s something we fat, bald, old Republicans understand.”

And it’s true. It is something the old Republican Cabal understands—a world which is divided, a world divided by hostility. They understand this because then you just spend endless money on defense in a cold-war posture. The old Military-Industrial Complex becomes a lot more solidified when there is an “enemy”. It’s a whole new [old] spin on the way of looking at things.

Since September 11, we have followed a pattern of Bush lies. Just look at what Bush said on September 14, when he gave his first big speech

on what was going to happen. He said we’re going to go to Afghanistan and we’re going to get Osama bin Laden and we’re going to smash the al Qaeda. And that was it.

Then suddenly that gets expanded to overthrowing the Taliban government, which no matter how you look at it, was a duly constituted government. So then we did that and installed a pro-Western secular government at an enormous cost to the American taxpayers.

Then we make preparations to get involved in Yemen and Somalia and Sudan.

Then suddenly we get more deeply involved in Israeli-Palestinian negotiations. Then suddenly we’re involved in the Philippines. We want to become involved in Colombia. We want to get involved in Indonesia.

This is not what the American people were told up front.

In the end, the Bush Administration may find out it’s biting off more than it can chew. What is the rationale of threatening “terrorist” groups, particularly in Colombia, for instance, or in the Philippines, which have never threatened the United States? They have never attacked the United States, and they have never attacked U.S. assets abroad.

Why do we suddenly encourage new enemies? Why are we going out and making new enemies?

The first thing the Bush Administration said was that we’re going to go out and make new friends in this world. No, we’re not. That was a lie.

We’re going to make new enemies as a precursor to increase global tension, which in turn is a precursor to turn back the clock to a world that we understand, a world where the Old Cabal works, a world where it is the waste, fraud, abuse, graft, corruption, and malfeasance of yesterday that the Bushonian Faction of the Military-Industrial Complex understands. It is a world where things can remain hidden under “National Security”.

One of the principal reasons why they love a “Cold War” is that so much can be hidden under “National Security”—defense appropriations, the way the money is spent, the way it’s accounted for. That can all remain secret.

We are using a state of undeclared hostility, namely a “Cold War” to continuously expand the definition of that information which should be classified under “National Security”.

Now we understand that what was called “National Security” information is really political information about Cabalist activities and frauds and corruption schemes.

It’s really very simple. In order to hide behind the *National Security Act*, the United States must have an enemy.

When he was three-quarters of the way through a quart of Old Bushmill’s Irish Whiskey at the Turnberry Club in North Miami Beach, former Iran-Contra notable Major General Richard V. Secord used to say: “Son, there’s no more heroes, and nobody makes any money without a bogeyman.” △



“Eighty more white men in your boat? How do we know you won’t send over four or five hundred before you’re finished?”

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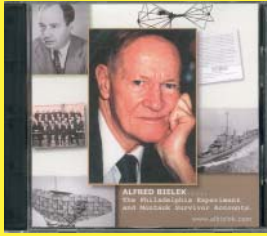
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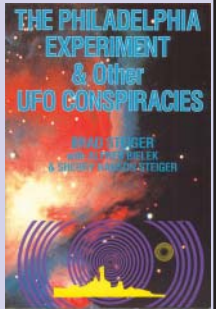
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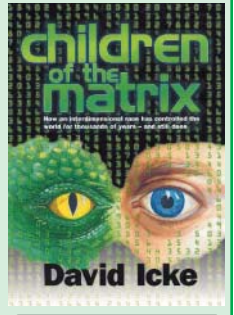
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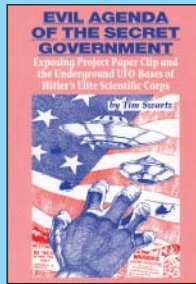
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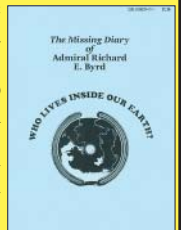
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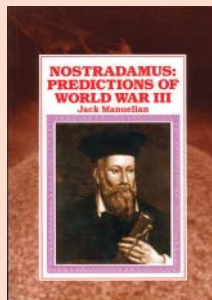


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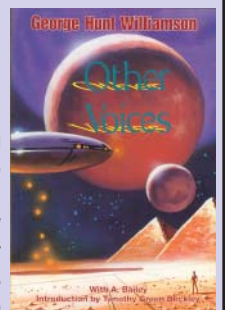
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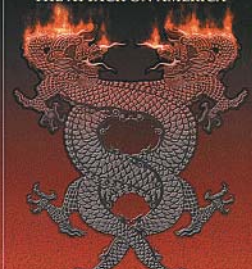
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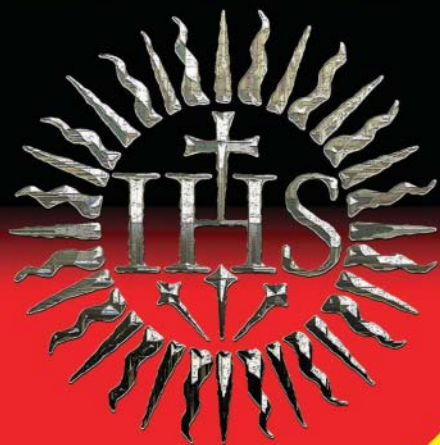
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